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CHHS December/January E-Newsletter

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CFS Alumna Receives Award & Speaks at Homecoming Brunch

By Martha C. Jenkins

Dr. Janey Knight Thornton (B.S. Home Economics Education, 1970), was presented the 2010 Consumer & Family Sciences Outstanding Alumna Award at the CFS Alumni Brunch at the Homecoming Brunch on Saturday, October 30, 2010. She was also the speaker for the occasion and spoke to two nutrition classes on Monday. The Outstanding Alumna Award is presented annually by the CFS Honor Society, Phi Upsilon Omicron. It is presented to an alum of the CFS Department who has achieved an outstanding level of professional leadership and success in her field.

Dr. Thornton is currently serving as Deputy Under Secretary for Food, Nutrition and Consumer Services in the United States Department of Agriculture. In this position she is responsible for improving the health and well-being of Americans by developing and promoting science-based dietary guidance and administering USDA's 15 nutrition assistance programs.

Dr. Thornton previously served as School Nutrition Director for Hardin County Schools in Elizabethtown KY, worked with with the Kentucky Department of Education and taught vocational home economics. She has been active in the 55,600-member School Nutrition Association and served as president during the 2006-2007 school year. She has also served as President of the School Nutrition Foundation and as an active member of the Global Child Nutrition Foundation.

Dr. Thornton received her M.S. Degree in Vocational Education and School Administration from the University of Kentucky where she has been inducted into the Kentucky Human Environmental Sciences Hall of Fame and received the University of KY Centennial Laureate Award. She received her Doctorate in Hotel and Restaurant Management from Iowa State University. She has also been honored with the KY Outstanding Director of the Year Award, the Hardin County Schools Outstanding Alumni Award and others.



Dr. Janey Knight Thornton [center] receives 2010 Consumer & Family Sciences Outstanding Alumni Award from Dr. Martha C. Jenkins[right] (President, Phi Upsilon Omicron Honor Society Alumni Chapter), and Dr. Doris Sikora, CFS Department Head.

Congratulations to American Society of Interior Design (ASID) for their 2nd year in a row win with the homecoming banner. The banner is on display on the fourth floor of the Academic Complex. Some of the students that helped with the banner were Kelsey Hoehn, Sara Robinson, Jordan Bartek, Megan Meinke, Jamie Hagan, Chelsea Perrone, Carly Wise.



Recreation Program Planning Students “Making It Happen”

Each semester, Dr. Tammie Stenger-Ramsey teaches Recreation Program Planning at Western Kentucky University, a hands-on course where students take on a project and see it to its completion. This Fall, the bicycle ride fundraiser for New Beginnings became their project. Jimmy Cottrell, a graduate assistant at WKU provided some guidance but it was the students who designed the posters, wrote the press releases, contacted the media and developed the entry forms. They also recruited sponsors and participants, covered all the logistics, both set up and worked the event and even convinced a TV station to do a PSA on the event and gave live interviews on a few of the local radio stations.

“The students were truly amazing!” said New Beginnings Board Member Don Sergent whose idea it was to host the event as a way to bring in much needed funding. “I could not believe how organized the students were and how well they pulled it all together”. One of the students even hand-drew the sponsor signs which were set out all along the routes. And another student enticed the WKU Red Shirts, a cappella singing group to sing the National Anthem at the opening of the event.

The WKU recreation students raised over \$3,000 on behalf of New Beginnings, even buying their own t-shirts in order that all the funds could go back into the organization.

Sponsors for the event included:

Reynolds, Johnston, Hinton & Pepper, LLP

Independence Bank

Dudley Maples

Jenna Woosley

Kirby and Kirby CPA

Critchelow Farms

WKU SIFE Print Center

Nall's Specialized Hauling

Ron Ramsing

Law Offices of Steven Downey

Walter & Debbie York

(J.P) James P. Eubanks

Woosley's Custom Cabinets

Gary Randolph

WKU Outdoor Recreation Dept.

WKU SGA (Student Government Association)

WKU Store

Bowling Green Winlectric Co

State St. Methodist Church- New Life Sunday School Class

Chaney's Ice Cream Barn where the event was held, gave out free ice cream to all who participated with other items donated by Bowling Green Hot Rods, LaQuinta Inn & Suites, Mariah's, Lowes and "We Make Things Happen" Corporation.



KPHA Student Chapter Involved In Many Activities On & Off Campus

The WKU chapter of the Kentucky Public Health Association (KPHA) is staying busy, getting involved in many different activities on and off campus. KPHA has developed partnerships with many organizations, including the American Heart Association and Smoke-free Communities Coalition. To read about the projects that KPHA were involved in, please click [here](#).

Interior Design Student PAVE Finalist

Jordan Bartek, one of the senior students in the interior design concentration, has been selected as a finalist for the PAVE pet product fixture design competition. Her fixture is to be built and displayed at a Global Shop in Las Vegas in March. The winners will be selected from the 12 finalist designs at Global Shop.

The website for PAVE is: <http://www.paveinfo.org/index.cfm> if you would like to see the design rules and guidelines.

Please wish her luck!

MPH Student is Drenckhahn Scholar

Pragati Gole, a student in the Master of Public Health program, was awarded the 2010 Drenckhahn Student Scholarship at The Society for Public Health Education (SOPHE) 61st Annual Meeting Awards Ceremony on Saturday, November 6, 2010, at the Denver Art Museum in Denver, Colorado. This award honors students who have been recognized nationally and internationally for their work in health education and health promotion. She received \$1500 toward completing her health education degree.

"I was very fortunate that I received the opportunity to work on a research study with the WIC clinic at Barren River District Health Department through two of my courses in Public Health. The study aims at increasing the intake of fruits and vegetables among immigrant and non-immigrant women residing in South Central Kentucky. I received excellent guidance from my faculty mentors (Dr. Darlene Shearer and Dr. Chris Nagy) and adviser at the WIC clinic, Diane Sprowl. Understanding the needs and working on an intervention with the immigrant population has enhanced my enthusiasm in Public Health to such a great extent; that now I wish to continue my doctoral studies with great commitment in the field of Public health." - Pragati Gole

Amanda Even Receives Bill March Student Achievement Award

Amanda Even, a KRS student, was recently awarded the Bill March Student Achievement Award at the Association of Outdoor Recreation and Education (AORE) conference in Keystone, CO. The Bill March Student Achievement Award is presented to an individual who makes outstanding contributions to an outdoor recreation and education program while pursuing an undergraduate or graduate degree.

Amanda currently serves the Department of Intramural-Recreational Sports as the graduate assistant for Outdoor Recreation Adventure Center (ORAC) at Western Kentucky University (WKU) where she is pursuing her graduate degree in Recreation and Sport Administration with an emphasis in Outdoor

Leadership. Amanda received her Bachelor's degree from the University of Northern Iowa (UNI) in 2009 where she was employed by UNI Outdoors as a climbing wall supervisor, equipment room supervisor, trip coordinator, and program assistant. She also received a certificate in Outdoor Skills and Leadership from the University of Alaska Southeast in 2007. In addition, Amanda spent a summer as an intern for North Idaho College Outdoor Pursuits.

Amanda has been a member of AORE for four years and has presented at all four conferences. In addition to presenting, Amanda has served on the Presenter Relations Committee for two years and is currently serving on the Student Development Committee. She has also directed the National Outdoor Book Awards (NOBA) display and silent auction at the 2009 and 2010 conferences.

Congratulations to our CHHS 2009-2010 Outstanding Achievers.

Dr. Lynn Austin- Kentucky Outstanding Faculty Advisor (KACADA)

Dr. Dana Burr Bradley- Gordon Strieb Academic Gerontologist Award (Southern Gerontological Society)

Dr. Randall Deere- Outstanding Distance Educator (South Region Association of Continuing Higher Education)

Dr. Susan Jones- Academy of Nursing Education, NLN, Fellow

Mrs. Mary Lloyd Moore, M.S., SLP-CCC, MAE- 2010 American Speech and Hearing Foundation/KSHA Clinical Achievement Award

A reception was held in their honor on Monday, November 29. Please click [here](#) to view the program for the reception.



Congrats to the ASID & TAM- Christmas Tree Decorations

ASID & TAM took first and second places respectively in the Christmas tree decoration competition. The trees were on display at the Kentucky Building.



Training Resource Center provides HOPE

The Training Resource Center (TRC) at WKU is collaborating with Murray State University's TRC and the Cabinet for Health and Family Services to provide HOPE for foster youth in Kentucky. HOPE is: **H**elping to **O**rganize, **P**rovide for and **E**mpower youth. The goal of the program is simple: to help youth in out-of-home care (foster care) transition successfully into adulthood.

TRC is a professional development program located within the College of Health & Human Services, Department of Social Work at WKU. The TRC partners with the Department for Community Based Services (DCBS) to provide training for human service professionals to enhance job performance and improve service delivery. Please click [here](#) to learn more about the TRC.

You could be a mentor to a youth who lives in your community. The TRC is looking for mentors that are at least 21 years old and can make at least a one year commitment. There will be two orientation sessions during which information on how you can help a teen will be presented.

January 20, 5:30 p.m. in Bowling Green at the ALIVE Center located at 1818 31W By-Pass
February 8, 5:30 p.m. in Glasgow at the WKU regional campus located at 500 Hilltopper Way

For more information, please contact Kellye McIntyre at kellye.mcintyre@wku.edu or call 1-877-944-9970 and ask for HOPE. Please pass this on to anyone else who may be interested in this program!