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# Transitioning to College [brochure and video]

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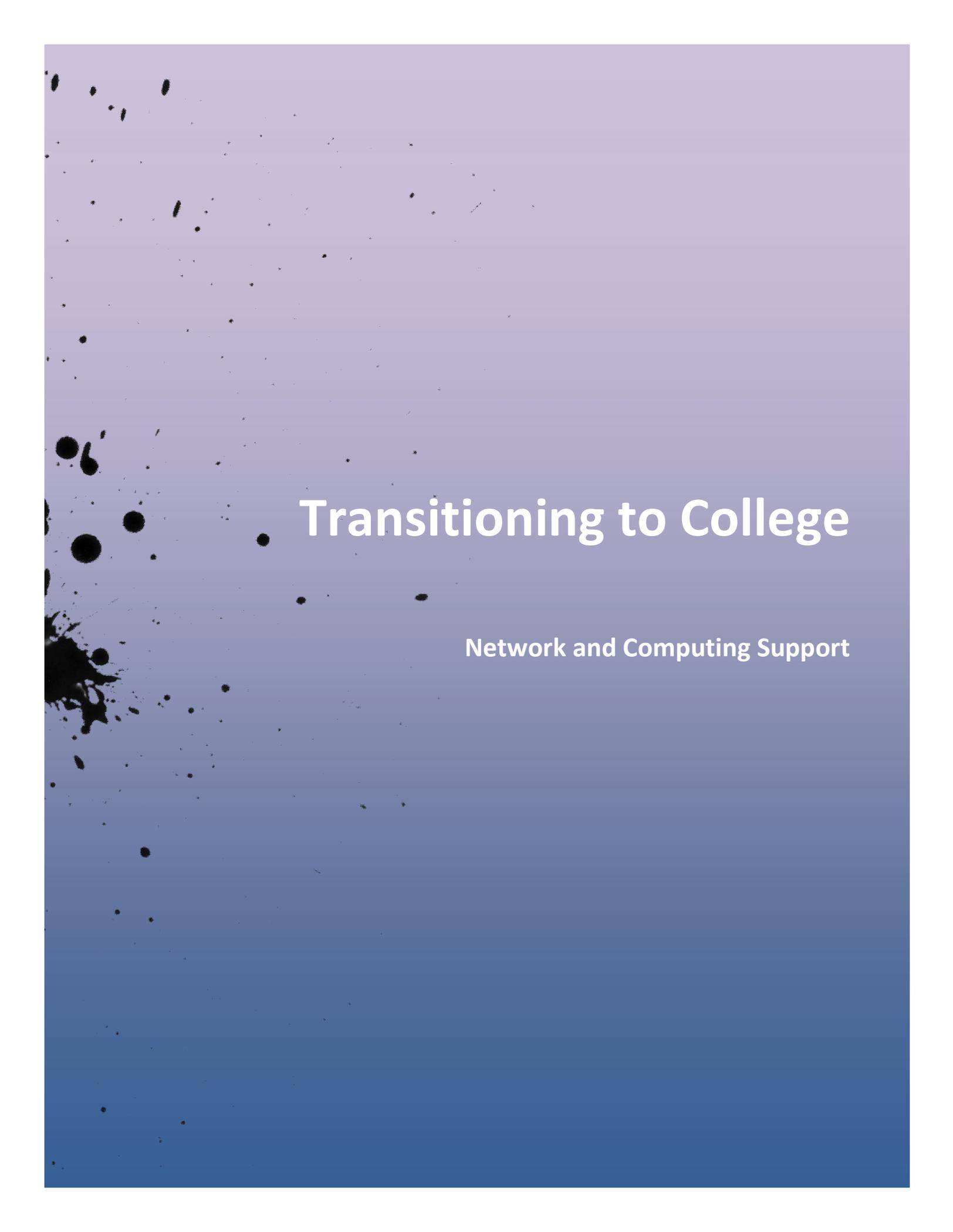
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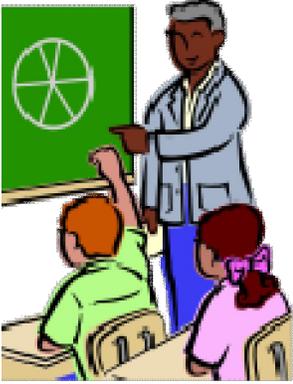
# Transitioning to College

Network and Computing Support

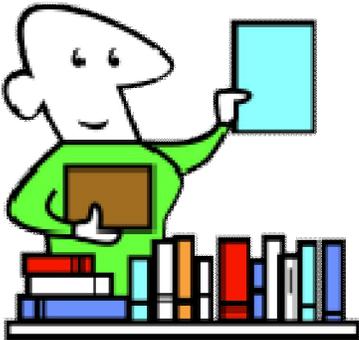
Preparation creates confidence. As a first year college student, confidence and preparation can be a key element in making a successful transition.



College can be an intimidating environment. It is an opportunity to leave home, leave your family, make new friends, and become acquainted with new professors and their teaching styles. For some students, this can be an overwhelming experience.



Once a student has decided to pursue their education at college, it is important for that student to learn as much about the college of their choice as possible. An informed decision will make for more interests and desires the student will want.



Before first stepping foot on a campus, a transitioning student should ask themselves some questions? Here are some examples:

- What is it that I am looking for in a university?
- What size of a university will I be comfortable with?
- Do I want to attend college far away from home or close to home?
- Does this school offer the educational programs that I am interested in?
- What kind of academic background does this university hold?
- What resources, tools and people are available to create an environment of success?
- Where can I turn to when I am in need of help?

The more a student knows about themselves and their interests the more it will help them make the right choice in selecting a college.

When a transitioning student arrives on campus they should become acquainted with the university and its operations. It will be important to know the campus rules on behavior, safety, and academic policies. A schedule of the academic calendar and school semester events can prove to be useful as well.

Important Places to know on campus:

- Dining Services
- Campus Police/Public Safety
- Campus Transit System
- Financial Aid Office
- Academic Advisors/Office Hours
- Parking Services
- Registrars Office
- Student Programs and Organizations
- Career Services
- Campus Activities
- Recreational Center and Events
- Health Services Office
- On Campus Housing Offices
- Tutoring Center
- Counseling and Testing Center
- Student Government
- Diversity Office

At some point in time a student may need some or all of these

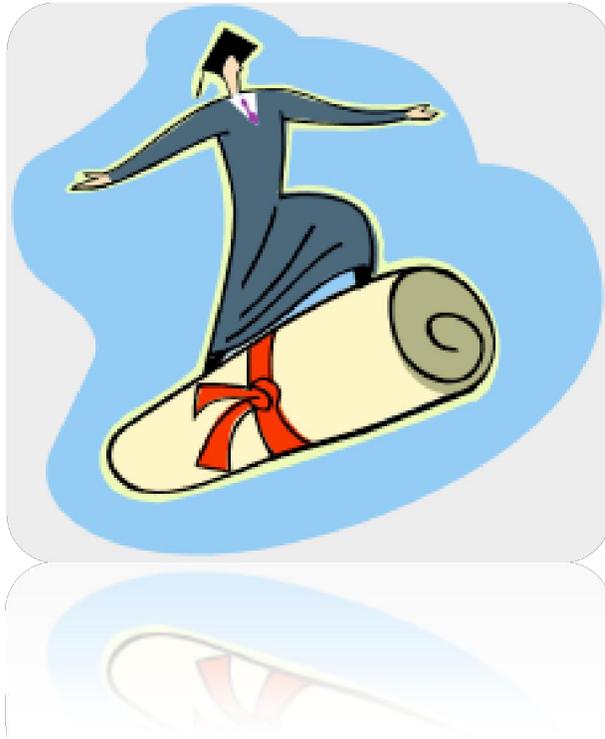


provided services on campus. It is important to know where they are located so that the student will know where to seek assistance.

There is no "One Size Fits All" approach to succeeding on campus with a successful transition to college. It will be the responsibility of the student to make sure the necessary preparations are made before starting school. After arrival the responsibility still remains on creating good habits academically and socially.

### Good Habits

- Get involved with student and campus organizations.
- Study, study, study!
- Manage time wisely, use calendars and planners to stay organized.
- Take advantage of opportunities to meet professors, campus staff, and peers.
- Get enough sleep.
- Attend class regularly and on time.
- Ask questions in class, sit up front.
- Stay aware of your financial situation.
- Use money wisely.
- Exercise regularly
- Find a mentor, communicate with them regularly.
- Make time to study.
- Studying with partners or small groups can be beneficial.
- Attend Professor Office Hours
- Maintain a healthy diet
- Know when and where to ask for help.
- Expect to have stressful days.
- Prioritize
- Be prepared for the unexpected



Choosing a major doesn't have to be a quick decision. It is no problem to take your time and not rush that choice. Don't feel obligated to jump into a degree program even if it seems that everyone else has. This is your education and your future, so the influence should come from you.

It is impossible to cover every detail for each individual transitioning college student. The tips in this brochure are only small steps to take for new students. To state it simply, transitioning students will need to make mature well-thought out decisions daily about their futures.

