

1-2012

Transforming a RN to BSN Program to an On-line Delivery Format

Cathy H. Abell

Western Kentucky University, cathy.abell@wku.edu


Deborah Williams

Western Kentucky University, deborah.williams@wku.edu

M. Susan Jones

Western Kentucky University, susan.jones@wku.edu

Follow this and additional works at: http://digitalcommons.wku.edu/nurs_fac_pub

 Part of the [Curriculum and Instruction Commons](#), [Instructional Media Design Commons](#), and the [Nursing Administration Commons](#)

Recommended Repository Citation

Abell, Cathy H.; Williams, Deborah; and Jones, M. Susan. (2012). Transforming a RN to BSN Program to an On-line Delivery Format. *Kentucky Nurse*, 60 (1).

Original Publication URL: <http://www.aldpub.com/Kentucky/Kentucky.pdf>

Available at: http://digitalcommons.wku.edu/nurs_fac_pub/49

This Article is brought to you for free and open access by TopSCHOLAR®. It has been accepted for inclusion in Nursing Faculty Publications by an authorized administrator of TopSCHOLAR®. For more information, please contact topscholar@wku.edu.

An Award Winning Publication

KENTUCKY NURSE



Constituent of the American Nurses Association

THE OFFICIAL PUBLICATION OF THE KENTUCKY NURSES ASSOCIATION

Circulation 66,000 to All Registered Nurses, LPNs and Student Nurses in Kentucky

January, February, March 2012

Volume 60 • No. 1



**District 2
Update
Page 4**



**Can One Nurse, A Dream,
and Two Cans of Green
Beans Make a Difference
Page 10**

One RN Makes A Difference

It's as simple as . . .

Every RN must decide for her/himself that being a professional means being informed and making your voice heard when issues affect patients. This is true regardless of where you work, what your specialty is, what level of preparation you've received, or whether you are an advanced practitioner, staff nurse, public health nurses, nursing executive, or educator. If a law, regulation, or policy is being created that affects patients anywhere, it is your responsibility as a professional nurse to learn about it, have an opinion about it, and express your opinion.

It is not unusual for nurses of all varieties to overlook their own extraordinary level of expertise and qualification. Most nurses do not recognize that they are more qualified to comment on matters concerning healthcare than most policy makers and, furthermore, that policy makers want the input of nurses. Nursing is the most trusted and respected profession in the country and is recognized by policy makers as the backbone of the healthcare delivery system.

When nurses speak, people listen. When nurses speak, patients benefit. When nurses speak, healthcare improves. If only nurses would speak.

In the 2012 Kentucky General Assembly, we are sure to see legislation that affects advanced practitioners, nursing education, and possibly other health professions that seek to perform nursing functions. Many RNs will glance at those issues and determine that they do not directly affect them or their personal practice. That will be tragic for patients and the nursing community. All of those issues have an impact on patients, even if they are not your patients. Patients anywhere are patients and nurses anywhere have a professional duty to what they can to protect them.

If RNs from all areas do not make their voices heard on these issues, other voices will drown out nursing professionals and render nursing irrelevant, risking the welfare of patients. The relevance of nursing is built and preserved by the strength of nursing's professional association voice AND by the numbers of RNs who join the effort individually. Every Registered Nurse, no matter the nature of her/his practice, shares with every other Registered Nurse a cherished common membership in the community of professional RNs. RNs of all varieties share a rare combination of expertise, perspective and dedication to patients that is unique to professional nursing. There is far more that bonds RNs than there is that separates and it is incumbent upon the nursing community as a whole, and as individuals, to recognize and respond to the imperative that nursing learns to speak with a unified voice, as it did many years ago.

The polarization of the nursing community into sub groups based on varying educational preparation, varying specialties, varying job descriptions, workplaces or any other identifiers has weakened the voice of the nursing profession on the whole. While the diversity of nursing is a great strength for the profession and for patient

care in most cases, it has become an obstacle to sharing a unified voice, even when the profession is unified on an issue.

In this age of health care reform, changes in Medicare and Medicaid, an aging patient population and other issues that make health care a key issue for our country, nurses must decide if they want to be a part of the decision making process or if they prefer to allow other professions to make decisions for them. If nurses wish to assert their voice, it must be the voice of nearly 70,000 RNs in Kentucky, and not just the voices of smaller groups who are distinguished from the rest of the nursing community by their type of practice. It must be all for one, and one for all. There is a home for that community voice where all of nursing can come together and raise a unified and loud voice . . . that is the Kentucky Nurses Association. The KNA is home to all RNs, regardless of educational preparation, specialty, membership in specialty organizations, or job description. Every individual RN who becomes a member of the KNA increases the size of the voice of the entire community of nursing and makes a contribution by adding their name.

RNs of all types—take the time to know what is happening that affects the delivery of health care, your practice and patients everywhere. Take a minute to share your voice as a uniquely and highly qualified opinion, capable of educating policymakers with a simple voicemail or e-mail. And invest in yourself and your professional by adding your name to the collective voice of the larger nursing community.

How do you do it? It's simple.

Join the Kentucky Nurses Association

Visit the KNA website for information at www.kentucky-nurses.org

Know who represents you in the state legislature

To find out, call 1-888-VOTE-SMART or go to www.vote-smart.org where you can enter your address to find your state and federal elected officials and their contact information.

Make contact with one or many

To leave a message for a single state legislator or for all the members of a Committee, Caucus or Chamber, call 1-800-372-7181

To contact a Legislator Directly:

502-564-8100 (Phone) 502-564-6543 (Fax)

To send an email to ALL KY Legislators, use the following email address:

legislators2012@lrc.ky.gov or to mail a letter,

use State Capitol, Frankfort, KY 40601

To Contact Governor Beshear:

502-564-2611 (Phone) 502-564-2517 (Fax)



current resident or

Presort Standard
US Postage
PAID
Permit #14
Princeton, MN
55371

Highlights

Accent on Research	3	Welcome New Members.	11
Transforming a RN to BSN Program to an On-line Delivery Format	5	Calendar of Events	11
Community Cardiovascular Care	6	Human Touch Collection	12
KNA Members on the Move.	7	Nursing: Light of Hope	12
2nd Annual Surviving Your First Year	7	Membership Application	13
UofL SON Partners to Develop Acute Care Nurse Practitioner Program.	8	Home Study Courses	14
Kentucky Nurse Readership Survey	9	The Human Touch	14
		KNA Centennial Video	14
		Clearance Sale Checkout	15

INFORMATION FOR AUTHORS

- **Kentucky Nurse** Editorial Board welcomes submission articles to be reviewed and considered for publication in **Kentucky Nurse**.
- Articles may be submitted in one of three categories:
- Personal opinion/experience, anecdotal (Editorial Review)
- Research/scholarship/clinical/professional issue (Classic Peer Review)
- Research Review (Editorial Review)
- All articles, except research abstracts, must be accompanied by a signed **Kentucky Nurse** transfer of copyright form (available from KNA office) when submitted for review.
- Articles will be reviewed **only** if accompanied by the signed transfer of copyright form and will be considered for publication on condition that they are submitted solely to the **Kentucky Nurse**.
- Articles should be typewritten with double spacing on one side of 8 1/2 x 11 inch white paper and submitted in triplicate. Maximum length is five (5) typewritten pages.
- Articles should also be submitted on a CD in Microsoft Word or electronically
- Articles should include a cover page with the author's name(s), title(s), affiliation(s), and complete address.
- Style must conform to the Publication Manual of the APA, 6th edition.
- Monetary payment is not provided for articles.
- Receipt of articles will be acknowledged by a letter to the author(s). Following review, the author(s) will be notified of acceptance or rejection. Manuscripts that are not used will be returned if accompanied by a self-addressed stamped envelope.
- The **Kentucky Nurse** editors reserve the right to make final editorial changes to meet publication deadlines.
- Articles should be mailed, faxed or emailed to:

Editor, **Kentucky Nurse**
 Kentucky Nurses Association
 200 Whittington Parkway, Suite 101
 Louisville, KY 40201-2616
 (502) 637-2546
 Fax (502) 637-8236
 or email: CarleneG@Kentucky-Nurses.org

District Nurses Associations Presidents 2012

- | | | |
|-----|---|--|
| #1 | Carolyn Claxton, RN
1421 Goddard Avenue
Louisville, KY 40204-1543
E-Mail: CarolynClaxton@yahoo.com | H: 502-749-7455 |
| #2 | Peggy A. Riley
3029 Adwalton Road
Lexington, KY 40509
E-Mail: priley@midway.edu | H: 859-846-5319 |
| #3 | Maureen D. Kenner, BSN, RN, CPN
1681 Glens Drive
Florence, KY 42042
E-Mail: mpk4@fuse.net | H: 859-283-1953 |
| #4 | JoAnn Wever, MSN, BSN, RN
300 Covington Avenue
Springfield, KY 40069
E-Mail: jwever@att.com | H: 859-336-5938 |
| #5 | Aimee M. Thompson, MSN, RN
330 Rosewood Drive
Paducah, KY 42003
E-Mail: Aimee.Thompson@kctcs.edu | H: 270-534-4068 |
| #6 | Kathy A. Fields, RN, CS, MPA
73 Donald Court
London, KY 40962
E-Mail: Kathy.Fields@mail.state.ky.us | H: 606-598-0362
W: 606-864-4764 Ext. 119
FAX: 606-598-6615 |
| #7 | Cathy Abell, PhD, MSN, RN, CNE
637 Willow Bend Circle
Bowling Green, KY 42104
E-Mail: cathy.abell@wku.edu | H: 270-782-3923
W: 270-745-3499 |
| #8 | Carol Murch, MSN, RN, CHPN, ACNS-BC
Assistant Nursing Coordinator
KNAT Coordinator
Assistant Professor of Nursing
Office Location: AT 205 C
Office Phone: 270-831-9787
Fax: 270-831-9718
Henderson Community College
2660 South Green Street
Henderson, KY 42420
E-mail: carolmurch@kctcs.edu | |
| #9 | Peggy T. Tudor, EdD, MSN, RN
21 Trail Lane
Lancaster, KY 40444-9578
E-Mail: peggy.tudor@eku.edu | H: 859-548-2540 |
| #10 | OPEN | |
| #11 | Loretta J. Elder, MSN, RN, CAPA
1150 Baptist Hill Road
Providence, KY 42450
E-Mail: lelder0001@kctcs.edu | H: 270-667-9801 |

"The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky."

Copyright #TX1-333-346

For advertising rates and information, please contact Arthur L. Davis Publishing Agency, Inc., 517 Washington Street, PO Box 216, Cedar Falls, Iowa 50613, (800) 626-4081, sales@aldpub.com. KNA and the Arthur L. Davis Publishing Agency, Inc. reserve the right to reject any advertisement. Responsibility for errors in advertising is limited to corrections in the next issue or refund of price of advertisement.

Acceptance of advertising does not imply endorsement or approval by the Kentucky Nurses Association of products advertised, the advertisers, or the claims made. Rejection of an advertisement does not imply a product offered for advertising is without merit, or that the manufacturer lacks integrity, or that this association disapproves of the product or its use. KNA and the Arthur L. Davis Publishing Agency, Inc. shall not be held liable for any consequences resulting from purchase or use of an advertiser's product. Articles appearing in this publication express the opinions of the authors; they do not necessarily reflect views of the staff, board, or membership of KNA or those of the national or local associations.

The **Kentucky Nurse** is published quarterly every January, April, July and October by Arthur L. Davis Publishing Agency, Inc. for Kentucky Nurses Association, 200 Whittington Parkway, Suite 101, Louisville, KY 40222, a constituent member of the American Nurses Association. Subscriptions available at \$18.00 per year. The KNA organization subscription rate will be \$6.00 per year except for one free issue to be received at the KNA Annual Convention. Members of KNA receive the newsletter as part of their membership services. Any material appearing herein may be reprinted with permission of KNA. (For advertising information call 1-800-626-4081, sales@aldpub.com) 16mm microfilm, 35mm microfilm, 105mm microfiche and article copies are available through University Microfilms International, 300 North Zeeb Road, Ann Arbor, Michigan 48106.

2012 EDITORIAL BOARD

EDITORS

Ida Slusher, DSN, RN, CNE (2010-2014)
 Maureen Keenan, JD, MAT

MEMBERS

Trish Birchfield, DSN, RN, ARNP (2009-2013)
 Donna S. Blackburn, PhD, RN (2011-2015)
 Patricia Calico, PhD, RN (2009-2013)
 Sherill Cronin, PhD, RN, BC (2011-2015)
 Joyce E. Vaughn, BSN, RN, CCM (2010-2014)

REVIEWERS

Donna Corley, PhD, RN, CNE
 Dawn Garrett-Wright, PhD, RN
 Pam Hagan, MSN, RN
 Elizabeth "Beth" Johnson, PhD, RN
 Deborah A. Williams, RN, EdD

KNA BOARD OF DIRECTORS—2011

PRESIDENT

Mattie H. Burton, PhD, RN, NEA-BC (2010-2012)

PRESIDENT-ELECT

Kathy L. Hall, MSN, BSN, RN (2011-2012)

VICE-PRESIDENT

Michael Wayne Rager, DNP, PhD(c), MSN, FNP-BC, APRN, RN (2011-2013)

SECRETARY

Nancy K. Turner, MSN, RN (2011-2013)

TREASURER

Kathy Hager, MSN, BSN, RN, ARNP, CFNP, CDE, DNP (2010-2012)

DIRECTORS-AT-LARGE

Teresa H. Huber, MSN, RN (2010-2012)
 OPEN (2010-2012)
 Mary Bennett, PhD, APRN, RN (2011-2013)
 Peggy T. Tudor, EdD, MSN, RN, CNE (2011-2013)

EDUCATION & RESEARCH CABINET

OPEN

GOVERNMENTAL AFFAIRS CABINET

Jason T. Shuffitt, BSN, RN, ARNP (2010-2012)

PROFESSIONAL NURSING PRACTICE & ADVOCACY CABINET

OPEN

KNF PRESIDENT

Jane Younger, MSN, BSN, RN



Get your Kentucky Mandated course in Pediatric Abusive Head Trauma online!

By mandate, the Kentucky Board of Nursing is requiring all *present and future* licensees to complete a *one-time training* course of at least *one and one-half (1.5) hours* covering the recognition and prevention of pediatric abusive head trauma, as defined in KRS 620.020.

To begin the course, go to www.accesscontinuingeducation.com

Access Continuing Education, Inc. has been approved as a Kentucky Board for Nursing continuing education (CE) provider. Successful completion of this course will fulfill this recently added Commonwealth of Kentucky requirement.



www.kentucky-nurses.org



Published by:
**Arthur L. Davis
 Publishing Agency, Inc.**



Department of Baccalaureate and Graduate Nursing

Doctor of Nursing Practice

The post-MSN **Doctor of Nursing Practice** at Eastern Kentucky University is a 36 to 39 credit hour program. Coursework and immersion experiences focus on organizational leadership. In addition, knowledge and competencies for evidenced-based practice to identify innovative and creative approaches for the improvement of healthcare will be explored. Full Time and Part-time options available. Most courses are web enhanced with majority online. Application deadline: January 15.

Master of Science in Nursing

Advanced nursing preparation at the graduate level will provide you with experiences for growth and leadership in the evolving health care system. The program at EKU focuses on individuals, families, and communities in rural under-served areas.

Options:

- Rural Health Family Nurse Practitioner
- Rural Psychiatric Mental Health Nurse Practitioner
- Advanced Rural Public Health Nursing with a choice of an area of concentration in either Administration or Nursing Education

Post-MSN Certificate

A Post-Master's Certificate in a second nursing specialty or role is for nurses who have completed a master of science in nursing degree. Certificate options include:

- Rural Health Family Nurse Practitioner
- Rural Psychiatric Mental Health Practitioner
- Public Health Nursing
- Nursing Education

Application deadline for both MSN and Post-MSN: February 15.

Baccalaureate Nursing Programs

EKU offers 3 options for the baccalaureate degree:

- 4 year traditional program for high school graduates
- 2nd degree program for those with a degree in another field
- RN to BSN program for those who have an associate degree in nursing or nursing diploma and are licensed in nursing

Contact Angie Wheeler at 859-622-1838 or email angie.wheeler@eku.edu or visit our web page at <http://www.bsn-gn.eku.edu>



Accent On Research

DATA BITS Put More Pep in Your Step

Work related injuries can create hardships for both employees and employers. It is estimated that \$215 billion is spent each year on work related injuries, exclusive of the pain, suffering, and decreased quality of life experienced by the injured worker. Could some of these problems be prevented with simple stretching exercises prior to beginning work?

Heavy loads and repetitive movement can result in tissue overload and subsequent soft-tissue injuries. Studies show that stretching increases flexibility, improves range of motion, and promotes correct form and function, resulting in decreased injuries. Two nurse researchers in West Virginia decided to implement a 90-day pilot pre-shift program on stretching in an attempt to reduce work-related musculoskeletal injuries.

The study used a nonrandomized, descriptive, pre-post intervention design. The study was conducted with manual laborers at two industrial sites, a beverage company and a tin mill plant. The independent variable was pre-shift stretching and the dependent variable was the number of work-related musculoskeletal injuries incurred between December 2009 and March 2010. The injury rate during the intervention period was compared to injury rates for all eligible employees between December 2008 and March 2009, as well as to the injury rates for all eligible employees during the study period.

The volunteer sample (total of 79 participants) consisted of 37 warehouse loaders and 18 delivery drivers engaged in manual labor at the beverage company. Warehouse loaders lifted 35 to 50 pounds per carry hundreds of times during an 8-hour day, while delivery drivers handled products between the warehouse and customer locations and routinely handled 16,000 to 24,000 pounds daily. The 24

tin mill volunteers engaged in lifting, carrying, pushing, and pulling up to 100 pounds per task. The breakdown of the three groups was 47% warehouse workers, 23% were delivery drivers, and 30% were tin mill laborers. All but one of the participants were male, with an average age of 50.4 years. All were full-time workers who had not experienced a previous work-related musculoskeletal injury.

The program consisted of nine stretches targeting the neck, shoulders, upper and lower back, quadriceps, hamstrings, arms, and ankles. Each stretch was held for 10 to 15 seconds. All stretching was done in a standing position without the use of props. These stretches were first discussed with a chiropractor specializing in stretching protocols. To help the volunteers in learning proper stretching techniques, wall-sized posters of the stretches were hung in the stretching areas. Management was also taught the techniques so they could be used as a resource to help lead the program. To ensure proper tracking of volunteer participation, a daily compliance roster was given to each shift leader to maintain. To help with buy-in, the companies provided gift cards to those who participated and completed the program.

According to attendance records, 100% of eligible participants completed the study. The results showed that the 24 tin mill participants who completed the protocol were injury-free, while of the 55 beverage company participants, only one experienced an injury (1 of 79, or 1.3%). No employee reported any adverse events due to the stretching protocol. The injury rate prior to program implementation was 6.5% (51 of 785). The relative risk of non-stretchers being injured was 5.13 and the risk of injury for stretchers was 0.19. The odds of experiencing a work-related musculoskeletal injury were 5.41 times

higher for non-stretchers. Injury rates also differed significantly between the stretching group and the eligible population. The relative risk of incurring an injury was 6.70 for non-stretchers, compared to 0.14 for those who did stretch.

This project suggests that a brief, inexpensive stretching protocol is feasible in a manual labor environment and associated with short-term positive results. So nurses, what do you think about stretching before you start your shift? It could be worth the effort. The American Hospital Association has stated that work-related musculoskeletal disorders account for the largest proportion of Workers Compensation costs in hospitals and long-term nursing home facilities nationwide. The American Nurses Association reports that ergonomic injuries occur in nurses at a rate that is twice that found in the general working population. If effective stretching can help to eliminate musculoskeletal disorders and help to keep healthcare workers strong and healthy, maybe we should stretch before we go out and fetch!

Source: Gartley, R. M., & Prosser, J. L. (2011, June). Stretching to Prevent Musculoskeletal Injuries. *AAOHN Journal*, 59, 247-252.

Submitted by: Sally Beckham, RN, Mary Cox, RN, and Diana Wetterer, RN, BSN students at Bellarmine University, Louisville, KY.

Data Bits is a regular feature of *Kentucky Nurse*. Sherill Nones Cronin, PhD, RN, BC is the editor of the **Accent on Research** column and welcomes manuscripts for publication consideration. Manuscripts for this column may be submitted directly to her at: Bellarmine University, 2001 Newburg Rd., Louisville, KY 40205.



I'm not just a nurse.
I'm inventing new models
of Veteran's health care. *Chris, VA Nurse*



Apply Today:
VAcareers.va.gov

Follow VA Careers



Excel in nursing at the
University of Pikeville.


Call (606) 218-5750 or visit www.upike.edu.

RN to BSN at the UNIVERSITY OF PIKEVILLE

- New, flexible program for the working RN.
- 12-month blended online and face-to face RN-BSN courses.
- Full nursing credit for prelicensure nursing courses from a state-approved program.
- Advancing more than 25 years of excellence in nursing education.



RN-BSN Program



Lexington Clinic has an opening for a chemotherapy RN at our Southeastern Kentucky Cancer Center in Corbin KY. **This position will have a \$2,500.00 sign on bonus.** The chemotherapy RN requires formal training indicated by a current KY state RN license, undergraduate nursing degree and Oncology Nursing Society member preferred. Previous chemotherapy experience strongly preferred. This is a full-time position with a competitive salary and excellent benefits.

For a complete job listing, please visit our website at: www.lexingtonclinic.com
 Qualified candidates, apply to Lexington Clinic Human Resources, 350 Elaine Dr. Suite 208 Lexington, KY 40504, 859-258-6082, fax: 859-258-6012 e-mail: jobs@lexclin.com EOE M/F



DISTRICT 2 UPDATE

District 2 held a meeting in September. Mollie Abshire is the winner of the door prize and is shown with President Mary Whitaker. Congratulations Mollie!

Common Questions about Lactose Sensitivity

What is lactose sensitivity?

People who are lactose sensitive have a hard time digesting the sugar (called lactose) that is naturally found in milk and may experience discomfort after consuming dairy foods.

How do I know if I'm lactose sensitive?

Stomach aches, bloating or gassiness can have many different causes. Your doctor can help you find out if you are lactose sensitive if your digestive discomfort is caused by something else.

I used to drink milk all the time when I was a child. Why am I more sensitive to dairy now?

Your body makes an enzyme called lactase to help digest the lactose in milk. As an adult, your body may be making less of this enzyme than when you were younger. This may make it more difficult to tolerate dairy.

If I am lactose sensitive, do I avoid all dairy foods?

Lactose sensitivity is a very individual condition. Most people can continue to enjoy low-fat and fat-free dairy foods by drinking low-lactose or lactose-free milk, having small amounts of milk with meals or including natural cheeses or yogurt in their diet.

Is lactose sensitivity the same thing as a milk allergy?

No, being lactose sensitive is not the same as having a milk allergy. A milk allergy is caused by a reaction to the protein in milk. This is different from lactose intolerance, which occurs when your body has a hard time digesting the natural sugar (or carbohydrate) in milk. While people with milk allergies must avoid dairy, avoidance is not necessary for those who are lactose sensitivity.

Can I get the nutrients I need without dairy foods in my diet?

Nutrition experts advise that you still try to eat dairy foods to best meet your nutrient recommendations. The dairy food group (milk, cheese and yogurt) provides key nutrients such as calcium, potassium and vitamin D. It's difficult to get enough of these nutrients without dairy foods in your diet.

Can children be lactose sensitive?

Lactose sensitivity is less common in young children. If you think your child is lactose sensitive, talk to your family doctor, pediatrician or a dietitian.



FAST FACTS ABOUT LACTOSE-FREE MILK AND MILK PRODUCTS

Lactose-free milk is real milk, just without the lactose, and is a solution to help you get all the great nutrients found in regular milk.

HOW THEY'RE MADE: Lactose-free dairy products are the same as regular dairy products except the lactose (milk sugar) is already broken down or removed for you.

GREAT TASTING: People like the taste of lactose-free milk more than some of the available non-dairy alternatives, according to a study in the Journal of Sensory Studies.

AVAILABLE OPTIONS: A wide variety of lactose-free dairy products – including reduced-fat, low-fat, fat-free and chocolate milk, ice cream and cottage cheese – are available.



Dairy Farm Families of the Southeast
 5340 West Fayetteville Road, Atlanta, GA 30349
 800.343.4693 | www.southeastdairy.org

Transforming a RN to BSN Program to an On-line Delivery Format

Cathy H. Abell, PhD, MSN, RN, CNE
Associate Professor,
Deborah Williams, EdD, MSN, RN
Professor, and
M. Susan Jones, PhD, MSN, RN, CNE
Professor, School of Nursing
Western Kentucky University
Bowling Green, KY

Requiring the Bachelor of Science in Nursing (BSN) as the entry level for professional nursing practice is supported by many including the American Nurses Association and the American Association of Colleges of Nurses (Benner, Sutphen, Leonard, & Day; 2010; Smith, 2009). Even though dialogue continues about the BSN as the degree needed for entry into nursing practice, the first degree obtained by nurses is often an Associate Degree in Nursing (ADN). According to the National Council of State Boards of Nursing, of the total 134,708 first-time, US educated candidates for licensure, 78,665 held an ADN (2009). Many of the individuals who hold an ADN have a desire to obtain a BSN or higher degree, but may not be able to meet the demands of a traditional BSN program due to family and job responsibilities. Currently, nurses are experiencing added demands at work including mandated over-time due to staffing challenges related to the existing nursing shortage (Legg, Adelman, Mueller, & Levitt, 2009).

Rural nurses living and practicing in remote areas have additional challenges curtailing their educational mobility. They may be place bound and unable to relocate to geographic sites where traditional BSN programs are offered leaving them with the challenges of travel time and distance to a college or university (McCoy, 2009). Nurses practicing in rural areas may also encounter less support within their communities for continuing their education because the associate degree and nursing diploma have long been the education norms for nurses in their communities (McCoy, 2009). Without community and/or institutional support for continuing education, the nurses may feel isolated and alone even though they desire to complete the BSN for self-fulfillment.

As noted by Benner et al. (2010), change in nursing education is needed to enhance a smooth transition from the ADN to BSN degree. Faculty of the RN to BSN program at Western Kentucky University (WKU) believed that transition to an on-line program would be one way to support the educational mobility of rural ADN nurses desiring a BSN. This transition would require a change for faculty and students as the program moved from the current delivery method of Interactive Video System (IVS) blended with on-line.

As the faculty of the RN to BSN program contemplated the change to an on-line format, it was determined that the blended method in place enhanced the availability of resources to implement the change in a short-period of time. Faculty and students were familiar with Blackboard® and some of the on-line teaching strategies that would be used. Enhancing the already familiar strategies while maintaining academic rigor and student satisfaction were two challenges faculty would face. As noted by Legg et al (2009), application of theory is critical when implementing online education. Embarking on the transformation of a RN to BSN program from a blended delivery method to an on-line delivery method, faculty recognized the need to use a change theory supported by research to enhance the success of the program.

Lewin's Change theory served as the theoretical framework for the transition. Lewin's theory has three stages: *unfreezing*, *moving*, and *refreezing*. In the *unfreezing stage*, it is recognized that the current process or way of doing something needs to be changed. In the *moving stage*, the new process or innovation is introduced. This includes discussion of the advantages and disadvantages of the proposed change. In the *refreezing stage*, the new system is accepted and becomes the routine practice (Kelly, 2008; Yoder-Wise, 2011). Faculty followed the three steps of Lewin's theory as they proceeded with the transformation of the RN to BSN to an on-line delivery format.

In the *unfreezing stage*, discussion began with faculty and students to educate them about the proposed change. Most of the RN to BSN faculty involved had used a blended method of delivery prior

to moving to this completely on-line delivery, but a learning curve remained. Faculty had to be willing to incorporate new strategies to facilitate learning. The faculty immediately began to take advantage of opportunities to gain knowledge about the change in technology and pedagogy required for web-based classes.

As faculty entered the *moving stage*, they utilized technology in a variety of ways. Classes were delivered via Blackboard®. This allowed the use of web pages, tegrity video, talking power point, podcasts, wikis, and discussion board. To support an ongoing personal connection throughout the program, students were required to complete web pages in each nursing course. Students were asked to include a picture and information about experiences related to the specific course content. For example, in the transcultural nursing course, students were asked to include experience they had working with patients from cultures different from their own. This teaching strategy also supported a way for peer networking, advocated by Nelson (2007). In addition to providing lecture material, tegrity videos, and podcasts were incorporated to provide information to students about assignments, syllabi, and grading rubrics. Tegrity is a program that allows faculty to record lectures that students may view at anytime or anywhere they have internet access. Wikis allowed opportunities for group work with faculty supervision of group interaction. Discussion boards were used to exchange ideas and comments about various topics. This supported peer interaction and networking. Additionally, discussion boards were used to incorporate poster presentations on-line.

Currently, faculty believe they are still in the *moving stage*. As faculty reflect on the first semester of the program change, they note an increase in interest in the program by prospective students as well as leaders/managers of area health care facilities. Faculty and students have utilized the support of the University instructional technology department to view on-line videos regarding various topics related to Blackboard®. For example, many students view a video demonstrating submission of assignments. As students' knowledge level with technology and individual schedule varies, the continuous availability of these tutorials is valuable to success of students.

Faculty have learned much throughout the process. First, they suggest spending more time in the *unfreezing stage* for planning. This would include planning for faculty development, course development, additional support staff, and marketing. Secondly, they recognized that for on-line classes much more time is required for grading and providing feedback to students. To facilitate the on-line process for students, faculty communicate frequently about policies, course work, evaluation methods, and assignments. Faculty have attempted to be consistent in timeframes for assignments and availability of lectures. Again, recognizing that the RN to BSN students have varied work schedules, faculty include weekend days and traditional work week days in the timeframes. When developing assignments and evaluation methods, faculty assured different experiences were offered throughout the curriculum to ensure program outcomes were met. Additionally, the different experiences allowed students the opportunity to gain technological skills that would be beneficial to them both in the workplace and graduate school. A challenge that has been addressed and continues to be discussed is how to best evaluate the fit of student work load for an individual course and the credit hours awarded for that course.

The RN to BSN faculty perceive the on-line

program as essential for the seamless transition toward a higher academic degree. They are committed to offering this program as a means for nurses who are place bound to achieve the BSN.

In the *refreezing stage*, the change will become the routine (Kelly, 2008) Faculty look forward to this stage. However, the faculty understand that ongoing evaluation and improvement of the program will be necessary. Faculty are in the process of evaluating the program utilizing *The Essentials of Baccalaureate Education for Professional Nursing Practice* (American Association of Colleges of Nursing, 2008), *The Scope and Standards of Nursing Practice* (American Nurses Association), and recommendations from Benner et al (2010). They recognize that some change in their admission guidelines and curriculum will be needed. They will again utilize Lewin's Change Theory to promote a successful transition from the old to the new.

References

- American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, D.C.: Author.
- American Nurses Association (2004). *Nursing: Scope and standards of practice*. Washington, D.C.: Author.
- Benner, P., Sutphen, M., Leonard, V., & Day, L. (2010). *Educating nursing: A call for radical transformation*. San Francisco, CA: Jossey-Bass.
- Kelly, P. (2008). *Nursing leadership and management* (2nd ed.). Canada: Thomson Delmar Learning.
- Legg, T. J., Adelman, D., Mueller, D., & Levitt, C. (2009). *Constructivist strategies in online distance education in nursing*, 48(2), 64-69.
- McCoy, C. (2009). Professional development in rural nursing: Challenges and opportunities. *The Journal of Continuing Education in Nursing*, 40(3), 128-131.
- Nelson, R. (2007). Student support services for distance education in nursing practice. *Annual Review of Nursing*, 5, 181-205.
- National Council State Boards of Nursing (2009). *2009 Number of candidates taking NCLEX examination and percent passing, by type of candidate*. Retrieved July 12, 2010 from <https://www.ncsbn.org>.
- Smith, T. G. (2009). A policy perspective on the entry into practice issue. *OJIN: The Online Journal of Issues in Nursing*, 15(1). Retrieved November 15, 2010 from <http://www.nursingworld.org>.
- Yoder-Wise, P. S. (2011). *Leading and managing in nursing* (5th ed.). St. Louis, MO: Elsevier Mosby.

Good people
delivering
Great quality care.

Being ranked among the Top 5% of the nation's hospitals has not come easy - or overnight. It's been a process. One that's taken time, effort and working with dedicated staff to change the way we do things.

Changing processes where appropriate has not only resulted in greater quality and better care - but it has resulted in better outcomes for our patients and those they love.

Improving Quality. Improving Care. Improving Outcomes.



Owensboro
Medical Health System
2009, 2010 & 2011 Distinguished Hospital Awards
for Clinical Excellence.™

Join Our Quality Team at OMHS.
Apply online at www.omhs.org or
Call 1-877-227-3841.



Reflecting The Healing Ministry of Christ

Martin Co Home Health
Mingo Wayne Home Health
Preferred Choice Home Care
(A Mingo-Wayne Home Health Branch)
Preferred Home Health
1-800-377-6244

Offering Skilled Nursing, Home Health Aides,
Physical Therapy and Occupational Therapy

Community Cardiovascular Care: A Service Learning Project Designed to Reduce Risk for Cardiovascular Disease

Vanessa Sammons, MSN, RN, PHCNS-BC, CNE
Assistant Professor of Nursing
and
Suzanne White, MSN, RN, PHCNS-BC
Assistant Professor of Nursing
Morehead State University
Morehead, KY

Cardiovascular diseases (CVD) remain the leading cause of death in the nation and the state of Kentucky. Kentucky ranks sixth in the nation for the number of deaths due to heart disease (Kentucky Department for Public Health, 2009). The US Department of Health and Human Services document, Healthy People (2020), described the importance of identifying preventable threats to health in order to increase the length and quality of our lives. The profession of nursing has long been associated with the sacrifice of personal health. Research indicates that nursing students experience higher levels of stress than non nursing students and

some report stress severe enough to induce anxiety and depression (Beck & Srivastava, 1991; Shiver & Scott-Stiles, 2000). A service learning project was developed in partnership with the Gateway Cardiovascular Coalition as a strategy developed from evidence based practice which provides additional support to nursing students as they learn to provide care for others (Stark, Manning-Walsh & Vliem, 2005).

In recognition of how poor cardiovascular health severely impacts Eastern Kentucky residents, a service learning project was implemented by third semester Associate Degree Nursing Students and sophomore level Baccalaureate Nursing Students. The screening service learning project was conducted at the Center for Health Education and Research (CHER) campus and the Clay Center campus of Morehead State University. One hundred percent of participants received education on the importance of cardiovascular health, the effect of sodium, of blood pressure, and the importance of exercise.

Findings from the screening: total of 109 screenings were provided to 79 females and 30 males; 64 of 79 females returned for follow up (81%); 11 of 79 females received referrals (14%). Of the 11 receiving referrals 2 started medication (18%), 4 were normal at follow up (36%), and five did not return (45%).

As students provided the screenings they became interested in their own blood pressure readings and 100% participated in the screening process. There is evidence that as students practice and encourage self-care among peers, health habits are likely to improve. Additionally it serves as further support as they learn to provide care for others. This service learning project impacted participants thus impacting the future of nursing and the many patients who will be served.

References

- Beck, D. L., Srivastava, R. (1991). Perceived level and sources of stress in baccalaureate nursing students. *Journal of Nursing Education*, 30(3), 127-133.
- Heart Disease and Stroke Prevention Program, Chronic Disease Prevention Branch, Division of Prevention Branch, Division of Prevention and Quality Improvement, Department for Public & Health, & Cabinet for Health and Family Services. (2009). *Close to the heart of Kentucky, 2009: A report on the status of cardiovascular disease in the Commonwealth of Kentucky*. Retrieved from <http://chfs.ky.gov/NR/rdonlyres/331A518C-6083-4DF9-81E1-OF38F507E19F0/heartdiseaseprogramreportupdated05042010.pdf>
- Shriver C.B., Scott-Stiles A. (2000). Health habits of nursing versus non-nursing students: A longitudinal study. *Journal of Nursing Education*, 39(7), 308-314
- Stark, M.A., Manning-Walsh, J., Vliem, S. (2005). Caring for self while learning to care for others: A challenge for nursing students. *Journal of Nursing Education*, 44(6), 266-270.

Help Your Patients Quit Smoking



ASK about their tobacco use.
ADVISE them to quit.
REFER them to
Kentucky's Tobacco Quitline
to help with quitting.

Tobacco cessation quitlines are evidence-based cessation tools with proven efficacy. Callers receive five counseling sessions from trained cessation specialists. Hours: 8 AM-1AM Daily.

For more information, visit
chfs.ky.gov/dph/info/dpqi/hp/tobacco.htm
or contact Bobbye Gray, RN, BS at
502-564-9358 ext. 3858.

The Division of Nursing at Lindsey Wilson College invites applications for Full-time & Part-time Nursing Faculty positions in its growing and successful baccalaureate nursing program.

Immediate Full-Time Faculty opportunities include:

- Adult Health


Qualifications

- Registered Nurse with current active KY licensure
- Doctoral Degree (preferred) Masters of Science in Nursing (MSN) considered with teaching experience

Applicants should forward the following:

- Complete resume (electronic and hard copy)
- Three references with complete contact information (include name, phone, & email)

Questions and applications should be forwarded to:
Marian Smith, MSN, RN, Interim Chair/Assistant Professor, Division of Nursing, Lindsey Wilson College, Office 126, Goodin Center, 210 Lindsey Wilson Street, Columbia, KY 42728 • Office: 270-384-7442 • FAX: 270-384-7573
smithm@lindsey.edu • www.lindsey.edu




**RN Bridge
Classes
Online!**



Call Today: 502-410-6200
galencollege.edu

1031 Zorn Avenue, Suite 400
Louisville, KY 40207



Is pleased to announce the second annual
SURVIVING YOUR FIRST YEAR

After the tremendous success and positive response to our inaugural program, the KNA is happy to announce that *Surviving Your First Year* will now be an annual program designed to ease the transition into practice for new nurses, provide some refresher information for RNs returning to the workforce, or just offer topics to those interested in revisiting the basics.

We hope that you will join us

Friday, March 2, 2012
 Knicely Center, Bowling Green

To register, go to www.kentucky-nurses.org

**SURVIVING YOUR FIRST YEAR
 2012**

AGENDA

**Knicely Center in Bowling Green, KY
 Friday, March 2, 2012**

All times are Central Standard Time

8:00 – 8:30am	REGISTRATION
8:30 – 8:40am	WELCOME
8:45 – 10:00am	CLINICAL: Meds, Pumps & Drips
10:00 – 10:15am	BREAK
10:15 – 11:30AM	COMMUNICATION: Delivering information to patients & families
11:30am – 12:15pm	LUNCH
12:15pm – 1:30pm	LEGAL/KBN: The Nurse Practice Act & the KY Board of Nursing
1:30pm – 1:45pm	BREAK
1:45pm – 3:00pm	RESUMES & INTERVIEWS
3:00pm – 3:15pm	PROGRAM EVALUATIONS

REGISTER NOW TO SAVE YOUR SPACE

GO TO WWW.KENTUCKY-NURSES.ORG TO REGISTER ONLINE

KNA Members on the Move

Judith Beckham, MSN, RN, University of Louisville School of Nursing, received a certification in Nursing Professional Development through American Nurses Credentialing Center.

UK Alumni Professor **Ellen Hahn, PhD, RN, FAAN**, University of Kentucky Colleges of Nursing and Public Health, was inducted in October 2011 as a fellow in the American Academy of Nursing. She is one of seven members of the UK College of Nursing to become a fellow in the Academy. Dr. Hahn is also a faculty associate at the UK Markey Cancer Center, directs the Clean Indoor Air Partnership and the Kentucky Center for Smoke-Free Policy in the College of Nursing, and is the assistant director of the Center for Biobehavioral Research in Self-Management in the College of Nursing. Through the Kentucky Center for Smoke-Free Policy, she and her colleagues have assisted many of Kentucky's 30 communities which have gone smoke-free.

Cynthia Logsdon, PhD, WHNP-BC, FAAN, University of Louisville School of Nursing, received the Research Podium Award for her presentation at the Nurse Practitioner in Women's Health Conference in Austin, TX. Her colleagues at University of Louisville Hospital, **Roselyn Tomasulo, RN, MSN** and **Diane Eckert, RN, BSN**, were co-investigators on the study, "Use of Social Media by Adolescent Mothers."

Suzanne Prevost, PhD, RN, COI, associate dean for practice and engagement at the University of Kentucky College of Nursing, was inducted in November 2011 as the 29th president of the Honor Society of Nursing, Sigma Theta Tau International (STTI). Dr. Prevost will lead the 125,000-member global organization for the next two years. The four areas she addressed in her Presidential Call to Action included: creating a legacy of professional impact; engaging in collaboration in the global community; responding to vulnerable populations; and embracing technology.

Kathy Wheeler, PhD, FNP-BC, APRN, FAAN, assistant professor, University of Kentucky College of Nursing, was one of 27 distinguished nurse leaders from across the globe to graduate from the International Council of Nurses (ICN) Global Nursing Leadership Institute (GNLI). Established in 2009, the GNLI offers an advanced leadership program for nurses in senior and executive level positions in developed and developing countries.

In October 2011, **Donna Blackburn, PhD, RN**, Professor of Nursing at Western Kentucky University, received the American Cancer Society Mid-South Division Terese Lasser Award in recognition of her exceptional volunteer service with the Reach to Recovery program. This award honors Terese Lasser who began the program following her personal experience with breast cancer in 1952. The Reach to Recovery program was implemented by the American Cancer Society in 1969.

Deborah Whitehouse, DSN, BSN, APRN-S, who had been serving as associate dean of the College of Health Sciences at Eastern Kentucky University, will serve as interim dean upon the retirement of Dr. David Gale. Whitehouse, who joined ECU in 1984, earned her bachelor's degree from the University of Kentucky, her master's degree from the University of North Carolina and her doctoral degree from the University of Alabama at Birmingham.

Student Spotlight is a regular feature of the *Kentucky Nurse*. Donna Blackburn PhD, RN who is the editor of this column welcomes manuscripts for publication consideration. Manuscripts may be submitted electronically to her at: donna.blackburn@wku.edu.



**School of Nursing
 New BSN-DNP and
 Post-Master's DNP Program Fall 2012**

Advanced Practice DNP options:

- Clinical Nurse Specialist—100% Online
- Family Nurse Practitioner—Web based with campus visits
- Nurse Anesthesia (pending COA approval)—Web based with campus visits

More than 15 years experience in educating advanced practice nurses to meet the complex health care needs of society.

Strong faculty committed to excellence in education and practice.

For more information, please contact:
Dina Byers, PhD, APRN, ACNS-BC
 Graduate Coordinator
dina.byers@murraystate.edu/270-809-6223



**You, To a Higher Degree.
 The Online RN to BSN Degree**

The University of Memphis Loewenberg School of Nursing offers an online Bachelor of Science in Nursing (BSN) degree for Registered Nurses. Advance your career while working closely with faculty, nurses and patients – at times and locations that are most convenient for you.

All students are eligible for in-state tuition. To apply and learn more about one of the nation's top nursing programs, log on to memphis.edu/rntobsn.

901.678.2003
rntobsn@memphis.edu



Loewenberg School of Nursing
 Preparing leaders. Promoting health.

THE UNIVERSITY OF
MEMPHIS
 Dreamers. Thinkers. Doers.



Seeking nominations for the Kentucky Board of Nursing

The KNA is responsible for nominating RNs for several seats on the Kentucky Board of Nursing. KNA submits nominations to the Governor's office and the Governor's office makes appointments to the KBN.

Seats open for 2012 are:

- RN in Education
- RN in Clinical Practice
- RN in Advanced Practice

For information about qualifications or to obtain an application form, e-mail carleneg@kentucky-nurses.org

UofL School of Nursing Partners with University Hospital and Jewish Hospital & St. Mary's HealthCare to Develop Acute Care Nurse Practitioner Program

LOUISVILLE, KY—In an effort to meet the growing local demand for acute care nurse practitioners (ACNPs) in the hospital setting, the University of Louisville School of Nursing will add the acute care NP major to its list of master's level programs. University of Louisville Hospital (ULH) and Jewish Hospital & St. Mary's HealthCare (JHSMH) are helping in the initial funding to hire faculty that will develop the curriculum and teach the courses beginning in Fall 2012.

"Although the UofL School of Nursing has a strong history in offering master's nurse practitioner majors in primary care, the need for hospital acute care NPs is crucial with so many patients who are acutely ill with complex diseases and conditions," said Marcia Hern, EdD, CNS, RN, dean, UofL School of Nursing. "Working as a full partner with physicians, NPs are a valuable asset in health care."

"Our physician colleagues are asking for these positions," said Cheryl Fugatte, chief nursing officer, JHSMH. "Acute care nurse practitioners are desperately needed and I thank Marcia Hern for coming to the table to see how we could partner together to make this program possible."

"Nurse practitioners are now an integral part of our acute care surgical teams, from trauma to general surgery and surgical specialties. Nurse practitioners greatly improve the quality of health care, facilitating better communication with patients and families, rapid response to patient needs,

and coordinating post-hospital care," said Kelly McMasters, MD, PhD, chair, UofL School of Medicine Department of Surgery.

According to University of Louisville Hospital Chief Nursing Officer Mary Jane Adams, there are too few local advanced practice registered nurses trained in acute care. Many are primary care NPs who have received on-the-job-training in the hospital setting or critical area. Acute nurse practitioners are essential for a level I trauma center at ULH and complicated cardio thoracic surgeries at JHSMH, she said.

"We wanted to partner with UofL in order to have a pipeline to train nurses interested in an advanced degree, and then recruit them to meet a need in the hospital. Many of our nurses are eager to advance their careers with this major," Adams said.

Jodie Hignite, MSN, APRN, ACNP, was recently hired to begin developing the curriculum for the program. She will serve as the track coordinator for the new major. Hignite also works as an acute care nurse practitioner for the Department of Pediatrics in the Division of Pediatric Critical Care at Kosair Children's Hospital, and she agrees with Adams.

"It is very important for advanced practice registered nurses to work the clinical portion of their program in the area where they want to specialize. Otherwise, it can be a very difficult transition with a significant learning curve if nurses seeking advanced degrees focus their clinical effort outside a hospital, then decide to pursue work in acute care," Hignite said.

SAINT LOUIS UNIVERSITY

RN-BSN in Nursing Program

- Online program for BSN completion.

MSN & Post-MSN Certificate in Nursing Programs

- Online Nurse Practitioner programs in Adult/Gerontological Acute Care, Adult/Gerontological, Family, Nursing of Children, and Psychiatric/Mental Health Nursing.

DNP in Nursing Program (Post-Master's and BSN-DNP)

- Practice-focused 28-credit-hour online program (Post-Master's).
- Practice-focused 70-credit-hour online program (BSN-DNP).

Ph.D. in Nursing Program

- On-site option: Fall and spring admission.
- Online option: Summer, fall and spring admission.

nursing.slu.edu



You know a BSN is in your future. Now, the question is, how quickly do you want it? With Sullivan University's College of Nursing, you can complete your core courses in as few as 20 months* entirely online.

A focused BSN, for the focused RN.

ONLINE. 20 MONTHS*.

Discover these distinct Sullivan Advantages:

- Accelerated curriculum that doesn't compromise quality
- Nursing courses are sequential and continuous
- Each online class is limited to 20 students
- Nursing advisors will help you reach your goal
- Faculty is readily available



CLASSES FORMING
866-755-7887
sullivan.edu/mybsn

Sullivan University
College of Nursing

* Prior to beginning nursing courses, all general education classes must be completed.

Sullivan University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award Associate, Bachelor's, Master's and Doctoral degrees. 1866 Southern Lane, Decatur, GA 404-679-4501

For program information, visit: disclosure.sullivan.edu

Makes every other card in your wallet seem pointless.

Introducing the official **KNA Visa® Platinum Rewards Card.**



No other credit card is as rewarding to you and our organization as our new custom Visa Platinum Rewards card.



- Points for purchases
- Points for billed interest
- Bonus points at select merchants
- Redeem for cash, travel, merchandise and more
- Points for balance transfers
- Personalized custom cards

Choose your official KNA Visa® card at <http://www.cardpartner.com/pro/app/kna> today.



The KNA Visa card program is operated by UMB Bank, N.A. All applications for KNA Visa credit card accounts will be subject to UMB Bank N.A.'s approval, at its absolute discretion. Please visit www.cardpartnerpro.com for further details of terms and conditions which apply to the KNA Visa card program.



Powered by UMB CardPartner.com. The #1 provider of custom credit card programs. ©2011 UMB Financial Corporation. All rights reserved. UMB is a registered service mark of UMB Financial Corporation.

NATIONAL GUARD

Now Recruiting Family Nurse Practitioners

- ★ Flexible schedule to accommodate your civilian schedule
- ★ \$75,000 student loan repayment
- ★ \$20,000 specialty pay

Choose your path to honor – Call Today!

CW2 Charlie Meador
Ph 502-472-3154
email: Charles.meador@usarec.army.mil



www.facebook.com/KYGUARD
NationalGuard.com



KENTUCKY NURSE READERSHIP SURVEY

We value the input of our readers. We are committed to meeting your needs in future publications. Therefore, we are asking for your input and suggestions by completing the survey. Survey can also be completed online at www.surveymonkey.com/s/FFWVZ7N.

1. How frequently do you read the **Kentucky Nurse**?
 - a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Seldom
 - e. Never
2. If you read the **Kentucky Nurse**, do you read the entire publication?
 - a. Yes
 - b. No
3. Which sections in the **Kentucky Nurse** do you find most helpful? (Circle All that Apply)
 - a. President's Pen
 - b. Welcome New Members
 - c. KNA Calendar of Events
 - d. District News
 - e. Cabinet News
 - f. Committee News
 - g. KNF News
 - h. KNA Members on the Move
 - i. Home Study/Continuing Education Offerings
 - j. Focus on Diversity
 - k. KBN/Practice Corner
 - l. Advance Practice
 - m. Workplace Advocacy
 - n. Accent on Research & DataBits
 - o. Student Spotlight
 - p. News From ANA
4. Which sections in the **Kentucky Nurse** do you find least helpful? (Circle All That Apply)
 - a. President's Pen
 - b. Welcome New Members
 - c. KNA Calendar of Events
 - d. District News
 - e. Cabinet News
 - f. Committee News
 - g. KNF News
 - h. KNA Members on the Move
 - i. Home Study/Continuing Education Offerings
 - j. Focus on Diversity
 - k. KBN/Practice Corner
 - l. Advance Practice
 - m. Workplace Advocacy
 - n. Accent on Research & DataBits
 - o. Student Spotlight
 - p. News From ANA
5. Have you been able to use content from the **Kentucky Nurse** in your practice setting or educational program?
 - a. Yes
 - b. No
6. What could we do to improve the **Kentucky Nurse**?

7. Additional Comments:
9. What is your age (in years)?
10. What is your highest degree:
 - a. Doctorate in Nursing
 - b. Doctorate in Related Field
 - c. Masters in Nursing
 - d. Masters in Related Field
 - e. Baccalaureate in Nursing
 - f. Baccalaureate in Related Field
 - g. Associate in Nursing
 - h. Other (please specify)
11. How many years have you been in nursing practice?
12. What is your employment status:
 - a. Full-time in Nursing
 - b. Part-time in Nursing
 - c. Not Practicing in Nursing
 - d. Retired
 - e. Nursing Student (Pre-Licensure)
13. Primary Area of Practice
 - a. Private Practice
 - b. Hospital
 - c. Nursing Home
 - d. School of Nursing
 - e. Free Standing Clinics
 - f. Community/Home/Public Health
 - g. School Nurse
 - h. Occupational Health Nurse
 - i. Office Nurse (Physician/Dentist)
 - j. Other (please specify) _____

Demographics

8. Are you a KNA member?
 - a. Yes
 - b. No

Thank you!
Send to KNA Editorial Board, 200 Whittington Parkway, Louisville, KY 40222-4900.

CAMP LAUREL
MAINE – SUMMER NURSE JOBS!

Premier coed Maine camps seek Nurse Manager, Charge Nurses, RNs, LPNs. Top salaries, travel allowance, room & board.

www.camplareel.com
sally@camplareel.com
CALL: 1.888.LAUREL.1



east Louisville Pediatrics

LPNs for busy pediatric office located in Crestwood, KY. Light lab, injections, history etc. Salary commensurate with experience. Excellent benefits. Send resume to Administrator:

4171 Westport Road, Louisville, KY 40207
or fax to (502) 895-6278.
No phone calls please

Carmel Manor

"Six Decades of Loving Care!!!"

Located just outside of Cincinnati—we have a beautiful location overlooking the Ohio River.

Carmel Manor serves the Northern Kentucky/greater Cincinnati area.

Carmel Manor is a 145-bed nursing facility—looking for RNs for a "long term" commitment.

Schedule a visit with us—you will feel the difference!!

**Carmel Manor Rd. 859-781-5111
Ft. Thomas, KY**



ADVANCE YOUR EDUCATION

ADVANCE YOUR CAREER

Indiana Wesleyan University provides education options for Kentucky nurses. Earn your degree in-class at one of our four Kentucky Education Centers, or choose the flexibility of complete online degree programs. The setting may change, but IWU's commitment to providing quality education is constant.

*Change your life.
Change the world.*

Kentucky Education Centers*

- Post-licensure (RNBSN)
- MSN in Primary Care Nurse (Family Nurse Practitioner)

IWU Online

- Post-licensure (RNBSN)
- MSN in Administration and Education
- Certificate in Parish Nursing

* Not all programs available at all locations

INDIANA WESLEYAN UNIVERSITY

**Online/Lexington/Louisville
Florence/Shepherdsville**

866-498-4968 • indwes.edu

Can One Nurse, a Dream, and Two Cans of Green Beans Make a Difference?

It was during a recent District 10 Kentucky Nurses Association (KNA) meeting at St. Claire Regional (SCR) Medical Center that current KNA President Mattie Burton, discussed service to others. Nurses, now more than ever, are needed to heed the call of service not only the patients in hospitals and clinics, but to reach even farther into the community to extend service to those in need. Those attending the meeting were bouncing ideas off of one another about community service when one nurse, Lula Pecco, an RN at SCR for twenty-five years, stated she had a life-long dream of starting a soup kitchen in Morehead. Living in the heart of Appalachia, she had first hand knowledge of the poor and the hungry.



**Lula Pecco, RN,
St. Claire Regional
Medical Center**

Lula's dream was to start a soup kitchen to feed the hungry. Something about the way she said it and the manner in which she spoke, made all of those in attendance take notice. Her entire face lit up just talking

about serving the poor. Lula had never attended a KNA meeting and she had been wondering why was she attending this one? Lula's nurse manager had asked her to attend in her place since she was going to be late. Accidents of this magnitude don't just happen...

Once Lula shared her thoughts and ideas with district members, Mattie outlined steps that would help Lula get started. Lula's family had a building that she could use to get started. Mattie provided a networking plan that would assist Lula in garnering the support she would need to begin, maintain and sustain such a worthwhile venture. The entire department of nursing wanted to support Lula's dream, which in reality would only further the mission of St. Claire Regional, "To Proclaim God's goodness through a healing ministry to the people of Eastern Kentucky."

Lula's dream came true on September 16, 2011 in Rowan County. At first she, her family, church and hospital volunteers, were serving around 30 people per day. It quickly grew to 70 per day and is now over a



120 each day. One of the most touching stories shared by Lula was a story about a young man who had been coming to eat at the soup kitchen. He told Lula he had been out of work for a while. He shared with Lula, he would have been hungry had it not been for eating at the soup kitchen. He was so grateful that she opened the kitchen and was taking it upon herself to feed the hungry. Jobless and looking for employment, he handed her 2 cans of green beans and asked if he could donate them to help feed others.

Nurses have always been a shining example of compassion and servitude throughout history. One nurse's dream to feed the poor in conjunction with a hospital's mission to serve the people of Northeastern Kentucky is proving that caring and service to others is alive and well in Morehead, Kentucky.

On October 31st the hospital hosted a benefit fund raiser to the theme of MASH: "Help Fight the War Against Hunger." The event raised nearly \$3,000 dollars to support the Community Soup Kitchen. MASH themed look-alikes were in full costume, such as Radar, Hot Lips, Father Mulcahy, Klinger and Hawkeye! Every hospital department participated in some way to support this worthy cause.

May God Bless everyone during this season of giving we are approaching.

Where Tradition Meets Innovation

Earn a Credential That's in Demand Nationwide

- "Top 15" ranked nursing school
- Practice specialties for all interests
- State-of-the-art nursing informatics and facilities
- Community of scholars with broad faculty expertise
- Distance learning opportunities
- New BSN to DNP option

- **Master of Science in Nursing (MSN)**
- **Doctor of Nursing Practice (DNP)**
- **PhD in Nursing Science**
clinical interventions, health services research

Learn more. Apply today.
www.nursing.vanderbilt.edu

VANDERBILT UNIVERSITY School of Nursing

Vanderbilt is an equal opportunity affirmative action university.

Search for Balance

flexible
FULFILLING
meaningful
BALANCED
peace
live
comfort
growth

Find your perfect nursing career on nursingALD.com

Registration is free, fast, confidential and easy!
You will receive an e-mail when a new job posting matches your job search.

Gateway

Community & Technical College
HIGHER EDUCATION BEGINS HERE

**Nursing Instructor
OB & Medical/Surgical**

Qualified candidates must have both Maternity and Medical/Surgical experience.

Please visit our website at www.gateway.kctcs.edu
click on link for job seekers for more information and to apply.
An equal opportunity employer and education institution

Midway College nurses work

Health Care degree programs:

- Health Care Administration
- Associate Degree Nursing (ADN)
- RN-BSN
NEW! 12 month Blended online and in-seat RN-BSN Program
- New Online Programs**
- Medical Coding
- Medical Assisting



Find out how Midway College can work for you!
1-800-639-8725
www.midway.edu

Midway College is an equal opportunity institution.

SPENCERIAN COLLEGE

Over a Century of Career Training

A lot has changed since 1892, but not Spencerian's commitment to quality career education. Our students' success was a driving force then and continues to be today. We focus our attention on accelerated programs aimed to help meet your goals. Our commitment continues after graduation with job search assistance. Partner with a leader in medical training and change your future for the better.

Partner With a Leader. Call Today!
502-447-1000 | spencerian.edu

Spencerian College
Quality education for today's diverse careers

4627 Dixie Highway • Louisville, KY 40216
Spencerian College is accredited by the Accrediting Council for Independent Colleges and Schools

Welcome New Members

The Kentucky Nurses Association welcomes the following new and/or reinstated members since the October/November/December 2011 issue of the **KENTUCKY NURSE**.

- | | | | |
|---|--|--|--|
| <p>District #1
 Laura G. Flamini
 Claire M. Gaffney
 Semon Haines
 Karen Lynne Morrow
 Beverly Kay Valentine
 Annette Whitehouse
 Beverly J. Zanewicz</p> <p>District #2
 Sharon Brock
 Norma J. Christman
 Ellen Hahn
 Jennifer Marie Kelley
 Barbara R. Kitchen
 Felicia McAllister
 Roger H. McBride</p> | <p>Jennifer Denise Murphy
 Evelyn M. Parrish
 Lynn C. Parsons
 Patricia "Dee Dee" Pennington</p> <p>District #3
 Jackie Dianne Miles
 Patti Rhodes
 William D. Thomas
 Karen Marie Wigger</p> <p>District #4
 Rebecca L. Bell
 Adam W. Ogle</p> <p>District #5
 Kimberly Elaine Bradley</p> | <p>District #7
 Vickie Shoumake
 Nicole D. Swindle</p> <p>District #8
 Carole Nadine Mattingly
 (<i>Recruited by</i> Carol Murch)</p> <p>District #9
 Tammie Jean Bertram
 Ruth Yvonne Walker</p> <p>District #10
 Kathy Lynn Blair
 Jessica Jo Blakenship
 Linda M. Conyers</p> | <p>Sharon Kathy Fairchild
 (<i>Recruited by</i> Mattie Burton)
 Mary J. Hammack
 Courtney L. Hollingsworth
 Sandra J. Johnson
 Nancy J. Maggard
 Pamela Sue Stevens
 Mary Suzanne White
 Lanetta Dawn Winkleman</p> <p>District #11
 Lori L. Legaspi
 Abby Noisworthy
 Cagney Anne Skipworth
 Kevin P. Weaver</p> |
|---|--|--|--|



KENTUCKY NURSES ASSOCIATION CALENDAR OF EVENTS 2012

January 2012

- 1 New Year's Day
- 2 New Year's Day Observed – KNA Office is Closed
- 11 1:00 PM Governmental Affairs Cabinet, KNA Office
- 16 Martin Luther King Jr.'s Birthday – KNA Office is Closed
- 19 10:00 AM Kentucky Nurses Foundation, KNA Office

February 2012

- 13 Materials Due for April/May/June 2012 Issue of *Kentucky Nurse*
- 20 President's Day Holiday
- 21 District 7 Meeting, TBA
- 28 Surviving Your First Year – Registration Closed

March 2012

- 2 **Surviving Your First Year 2012, Carroll Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42104**

April 2012

- 17 District 7 Meeting, TBA

May 2012

- 14 Materials Due for July/August/September 2012 Issue of *Kentucky Nurse*
- 28 Memorial Day Holiday – KNA Office is Closed

June 2012

- 1 Materials Due for *Call to Convention 2012*

July 2012

- 4 Fourth of July Holiday – KNA Office is Closed

August 2012

- 13 Materials Due for the October/November/December 2012 Issue of *Kentucky Nurse*

September 2012

- 3 Labor Day Holiday – KNA Office is Closed

October 2012

- 24 **5:00 PM KNA Board of Directors Pre-Convention Board Meeting, Holiday Inn Hurstbourne, 1325 South Hurstbourne Parkway, Louisville, KY 40222**
- 25-26 **KNA Convention 2012, Holiday Inn Hurstbourne, 1325 South Hurstbourne Parkway, Louisville, KY 40222**

November 2012

- 12 Materials Due for the January/February/March 2013 Issue of *Kentucky Nurse*
- 22-23 Thanksgiving Day Holiday – KNA Office is Closed

December 2012

- 17-31 Christmas Holiday – KNA Office Closed

*All members are invited to attend KNA Quarterly Board of Directors meetings (please call KNA first to assure seating, meeting location, time and date)

THE UNIVERSITY OF ALABAMA
Online Convenience with a Tradition of Excellence



DISTANCE NURSING PROGRAMS:

UNDERGRADUATE
• RN to BSN (Online)

GRADUATE

- RN to BSN/MSN (Online)
- MSN-Case Management Leadership (Online)
- DNP-Doctor of Nursing Practice (Online)
- MSN/EdD for Nurse Educators (Online & Weekend)
- MSN-Clinical Nurse Leader (Online)
- MSN/MA in Management Dual Enrollment Program (Online)
- EdD for Nurse Educators (Online & Weekend)

INQUIRE TODAY!

THE UNIVERSITY OF ALABAMA
NURSING

BamaByDistance.ua.edu/nurseAL2
1-800-467-0227

THE UNIVERSITY OF ALABAMA
EDUCATION



NURSING FACULTY: Midway College, a four-year liberal arts college founded in 1847, seeks applications to fill faculty positions in the Associate Degree Nursing Program.

Two full-time, 12 month faculty positions located at our Midway campus. MSN degree is required, teaching experience preferred. Minimum two years Med/Surg experience required. Direct inquiries to Dr. Barbara Kitchen at (859) 846-5335 or e-mail bkitchen@midway.edu.

Review of applications will begin immediately and continue until the positions are filled. Send a letter of application, curriculum vitae, unofficial transcripts and names, addresses and phone numbers of at least three references to Anne Cockley, SPHR, Director of Human Resources, Midway College, 512 East Stephens St., Midway, KY 40347-1120. Visit Midway College at www.midway.edu.

NOTICE OF NON-DISCRIMINATION

Midway College does not discriminate on the basis of race, color, religion, national or ethnic origin, marital status, age, or disability in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other College-administered programs or in its employment practices. In conformity with Title IX of the Education Amendments of 1972, 20 U.S.C. § 1681 and its implementing regulation at C.F.R. Part 106, it is also the policy of Midway College not to discriminate on the basis of sex in its educational programs, activities or employment practices. The admission of women only in the Traditional Day Programs is in conformity with a provision of the Act. For additional information, contact the College's Title IX Coordinator, Anne Cockley, Director of Human Resources, 11 Pinkerton Hall, 512 E. Stephens St, Midway, KY 40347, 859.846.5408.

Visit Midway College at www.midway.edu.



The National Association of Clinical Nurse Specialists

2012 Conference
Optimizing Outcomes—
Influencing Across
the Spheres

March 8-10, 2012

Fairmont Chicago
Millennium Park
Chicago, IL

REGISTER TODAY!
www.nacns.org

Human Touch Collection: **EMPATHY**



“EMPATHY” © is a fine jewelry signature piece of the Human Touch Jewelry Collection. The title connotes caring, compassion, affinity, sympathy and understanding between two persons – “What comes from the heart touches the heart.” (Don Sibet)

EMPATHY was designed by professional nurses working in concert with nationally renowned silversmith Joseph Schmidlin. All proceeds from the sale of the jewelry will go toward scholarships for individuals who are currently working on becoming a nurse or advancing their nursing degree.

Actual size: 2 1/2 x 1 11/16

There are three options available to choose from:

	Option 1	Option 2	Option 3
	Sterling silver	14k gold vermeil over sterling silver	Sterling silver with a 14k gold heart
Cost	\$77.00	\$100.00	\$150.00
Tax	\$4.62	\$6.00	\$9.00
TOTAL	\$81.62	\$106.00	\$159.00
With or Without Black	Please check preference ___ No Black	Please check preference ___ No Black	Please check preference ___ No Black

Payment method: Cash Check (make check payable to: KNA- District 1)
Pin to be: Picked up Mailed, if to be mailed please fill out information below

Mail to: _____

Phone Numbers: _____

Send Payment to: **Kentucky Nurses Association – District 1**
200 Whittington Parkway, Suite 101
Louisville, KY 40222-4900
(502) 637-2546

For more information, contact KNA at (502) 637-2546 ext. 2.

Jewelry Amount	
Tax	
If Mailing, add \$6.50	
Total	



“NURSING: LIGHT OF HOPE”

by
Scott Gilbertson
Folio Studio, Louisville, Kentucky

Photo submitted by the Kentucky Nurses Association, July 2005 to the Citizens Stamp Advisory Committee requesting that a first class stamp be issued honoring the nursing profession. (Request Pending)

Package of 5 Note Cards with Envelopes - 5 for \$6.50

I would like to order “Nursing: Light of Hope” Note Cards

_____ Package of Note Cards @ 5 For \$6.50
_____ Shipping and Handling (See Chart)
_____ Subtotal
_____ Kentucky Residents Add 6% Kentucky Sales Tax
_____ **TOTAL**

Make check payable to and send order to: Kentucky Nurses Association, 200 Whittington Parkway, Suite 101, Louisville, KY 40222-4900 or fax order with credit card payment information to (502) 637-8236. For more information, please call (502) 637-2546 ext. 10 or (800) 348-5411.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Visa / Master Card / Discover: _____

Expiration Date: _____

Signature (Required for Credit Card Orders): _____

Shipping and Handling
\$0.01 - \$30.00.....\$6.50 \$60.01 - \$200.00.....\$20.00
\$30.01 - \$60.00.....\$10.95 \$200.01 and up.....\$45.00
*Express Delivery will be charged at cost and will be charged to a credit card after the shipment is sent.



Division of Continuing Education & Development

The following programs are made possible by partnerships with health care agencies, professional organizations and other academic institutions. For more details about the listed programs and information about **Online Programs** offered, refer to the web site www.ced.eku.edu after January 20, 2012 or contact, Denise Humphreys at alice.humphreys@eku.edu or 859.622.2143.

February 23	Meeting the Challenges to Improve Cardiovascular Outcomes In Collaboration with Southern KY AHEC and Baptist Regional Medical Center Corbin, KY	2.25 ANCC
February 24		2.7 KBN 7.25 ANCC 8.7 KBN
March 1-3 (W/E 1)	Faith Community Nursing “Empowering Others Through Faith & Wellness” In Collaboration with Ephraim McDowell Health Services Gilcher Building, Danville, KY	38.25 ANCC 45.9 KBN
April 12-14 (W/E 2)		
March 30	An Invitation to the 17th Annual Medical/Surgical Symposium: Nurses Applying Evidence: Making a Difference In Collaboration with Central Baptist Hospital Lexington, KY	5.75 ANCC 6.9 KBN
April 3	Common Orthopedic Injuries Encountered in Primary Care In Collaboration with EKU’s Baccalaureate & Graduate Nursing Program EKU Campus, Perkins Building, Quads A & B Morning or Afternoon Session (Please specify)	5.0 ANCC 6.0 KBN
April 27	Education and Practice: Using Tried and New Technologies to Demonstrate Competence in Tomorrow’s Nursing Leaders In Collaboration with Central KY Staff Development Group Via ITV @ EKU Campus, Richmond, Corbin, Danville, Hazard, Manchester, Somerset. (Must specify location)	5.5 ANCC 6.6 KBN



Eastern Kentucky University, The Division of Continuing Education and Development, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s COA.

When disaster strikes, who will respond?

The Kentucky Department for Public Health is seeking nurses to register and train as Medical Reserve Corps (MRC) volunteers. When events such as ice storms, flooding or pandemics occur in Kentucky, our citizens need nurses to provide compassionate care. Register to volunteer and receive training from your local MRC program today. By doing so, you can be prepared to serve your community, family and neighbors when they need it most.

To learn more, go online at <https://khelps.chfs.ky.gov> or contact your local health department.



**KENTUCKY NURSES ASSOCIATION
MEMBERSHIP APPLICATION FORM**

How Did You Hear About KNA? _____

Mrs. Ms. Miss Mr.

Last Name: _____ All Credentials: _____

First Name: _____ Graduation Month & Year: _____

Middle Name: _____ Pre-Licensure Program: _____

Maiden Name: _____ Employer: _____

Nick Name: _____ Employer Address: _____

Mailing Address: _____ Employer City/State/Zip Code: _____

City/State/Zip Code: _____ Work Phone: _____

Home Phone: _____ Work Fax: _____

Home E-Mail: _____ Work E-Mail: _____

RN Licensure Number: _____

State of Licensure: _____

**I. MEMBERSHIP CATEGORIES
(choose one)**

FULL MEMBER (Select One)

- Full Membership/Full Time Employment
- Full Membership/Part Time Employment

**ASSOCIATE MEMBER
(Receives Full Benefits) (Select One)**

- 1) RN enrolled in at least half time study as defined in KNA policies*
* **School**

(KNA reserves the right to verify enrollment)

- 2) Graduate of prelicensure program within one year of graduation

(KNA reserves the right to verify enrollment)

- 3) Registered nurse not employed

SPECIAL MEMBER (select one)

- 1) Registered nurse who is retired and not actively employed in nursing
- 2) Registered nurse who is currently unemployed as nurse due to disability
- 3) Impaired registered nurse with limited membership

NOTE: Your dues include the following annual subscriptions: **The American Nurse, the American Nurse Today, and The Kentucky Nurse**

**Make Checks Payable to:
AMERICAN NURSES ASSOCIATION**

MAIL CHECK AND APPLICATION TO:

**KENTUCKY NURSES ASSOCIATION
200 Whittington Parkway, Suite 101
Louisville, KY 40222-4900
Tel: (502) 637-2546 or 800-348-5411
Fax: (502) 637-8236**

TO PAY USING A BANK CARD

Visa / Mastercard

Card Expiration Date

Signature

All Credentials: _____

Graduation Month & Year: _____

Pre-Licensure Program: _____

Employer: _____

Employer Address: _____

Employer City/State/Zip Code: _____

Work Phone: _____

Work Fax: _____

Work E-Mail: _____

State Nurses association dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense. Consult your tax **advisor**.

**II. PAYMENT OPTIONS
(Amount Includes ANA/KNA/District
Membership)**

FULL MEMBER

- Monthly—\$24.75—Withdrawal from your checking account. (Enclose check for 1st month payment. Signature is required below.* See **monthly bank draft** section)
- Annual—\$291.00—Enclose check or pay by credit card

ASSOCIATE MEMBER

- Monthly—\$12.63—Withdrawal from your checking account (Enclose check for 1st month payment. Signature is required below.* See **monthly bank draft** section.)
- Annual—\$145.50—Enclose check

SPECIAL MEMBER

- Monthly—\$6.56—Withdrawal from your checking account (Enclose check for 1st month payment. Signature is required below.* See **monthly bank draft** section)
- Annual—\$72.75—Enclose check

***MONTHLY BANK DRAFT**

In order to provide for convenient monthly payments to American Nurses Association, Inc (ANA), this is to authorize ANA to withdraw 1/12 of my annual dues from my checking account on the 15th of each month; ANA is authorized to change the amount by giving the undersigned thirty (30) days written notice; the undersigned may cancel this authorization upon written receipt by the 15th of each month

* _____
Signature for Bank Draft Authorization

KNA Use Only

State _____ District _____

Exp. Date _____ Payment Code _____

Approved by _____ Date _____

Amount Enclosed _____



Earn \$150/hr!
Any Nurse Can Get Certified as a Legal Nurse Consultant in only 2 Days.

Orlando: March 17&18
Nashville: April 14&15
St. Louis: April 28 & 29
Indianapolis: June 2&3

Register Early: \$1249
jurexnurse.com
or call (901) 496-5447



LPNs & RNs

Louisville's finest facility has openings for LPNs & RNs.

Flexible scheduling, all shifts available
Apply in person



1705 Herr Lane
Louisville, KY • 502-426-5600



The Kentucky Association of Health Care Facilities Congratulates our 2011 Nursing Award Winners

2011 Director of Nursing

Sandra Tapley
Wolfe County Health and Rehabilitation Center, Campton

2011 Administrative Nurse

Jennifer Mitchell
Masonic Home of Shelbyville

2011 Nurse - RN

Stephanie Jones
Rockcastle Regional Hospital and Respiratory Care Center, Mt. Vernon

2011 Nurse - LPN

Rachel Honeycutt
Knott County Health and Rehabilitation Center, Hindman

For information on long-term care career opportunities contact KAHCF at 502-425-5000

Smell the roses...

Find the perfect nursing job where you can work smarter, not harder on
nursingALD.com

Registration is free, fast, confidential and easy!
You will receive an e-mail when a new job posting matches your job search.



THE PAINTING

"The Human Touch" is an original oil painting 12" x 16" on canvas which was the titled painting of Marge's first art exhibit honoring colleagues in nursing. Prompted by many requests from nurses and others, she published a limited edition of full color prints. These may be obtained from the Kentucky Nurses Association.

The Human Touch

Copyright 1980
Limited Edition Prints
by
Marjorie Glaser Bindner
RN Artist

Limited Edition Full Color Print
Overall size 14 x 18
Signed and numbered (750)—SOLD OUT
Signed Only (1,250)—\$20.00
Note Cards—5 per package for \$6.50

The Human Touch

Her step is heavy
Her spirit is high
Her gait is slow
Her breath is quick
Her stature is small
Her heart is big.
She is an old woman
At the end of her life
She needs support and strength
From another.

The other woman offers her hand
She supports her arm
She walks at her pace
She listens intently
She looks at her face.
She is a young woman at the
Beginning of her life,
But she is already an expert in caring.

RN Poet
Beckie Stewart*

*I wrote this poem to describe the painting,
The Human Touch by Marge.
Edmonds, Washington 1994

FOR MAIL OR FAX ORDERS

I would like to order an art print of "The Human Touch"©

- _____ Signed Prints @ \$20.00
- _____ Package of Note Cards @ 5 for \$6.50
- _____ Framed Signed Print @ \$180.00
- _____ Gold Frame
- _____ Cherry Wood Frame

- _____ Total Purchases
- _____ Shipping & Handling (See Chart)
- _____ Subtotal
- _____ Kentucky Residents Add 6% Kentucky Sales Tax
(Other States—No Tax Required)
Tax Exempt Organizations Must List Exempt Number
- _____ TOTAL

Make check payable to and send order to: Kentucky Nurses Association, 200 Whittington Parkway, Suite 101, Louisville, KY 40222-4900 or fax order with credit card payment information to (502) 637-8236. For more information, please call (502) 637-2546 ext. 2 or (800) 348-5411 ext. 2.

Name: _____ Phone: _____
Address: _____
City: _____ State _____ Zip Code: _____
Visa/MasterCard/Discover: _____ Expiration Date: _____
Signature (Required): _____

Shipping and Handling	
\$ 0.01 to \$ 30.00	\$6.50
\$ 30.01 to \$ 60.00	\$10.95
\$ 60.01 to \$ 200.00	\$20.00
\$200.01 and up	\$45.00

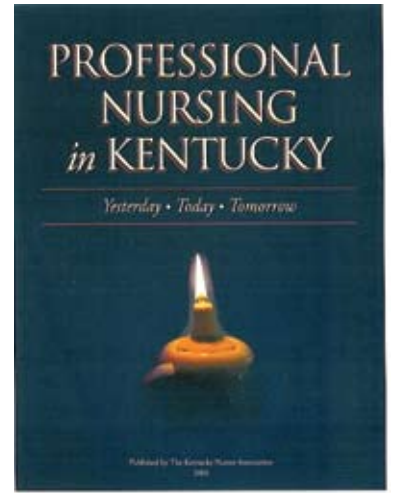
*Express delivery will be charged at cost and will be charged to a credit card after the shipment is sent.

Professional Nursing in Kentucky * Yesterday * Today Tomorrow

KNA's limited edition was published in 2006. Graphics by Folio Studio, Louisville and printing by Merrick Printing Company, Louisville.

Gratitude is expressed to Donors whose names will appear in the book's list of Contributors. Their gifts have enabled us to offer this limited edition hard-back coffee-table-type book at Below Publication Cost for Advance Purchase Orders.

The Editors have collected pictures, documents, articles, and stories of nurses, nursing schools, hospitals, and health agencies to tell the story of Professional Nursing in Kentucky from 1906 to the present.



Publication Price - \$20.00

- _____ \$20.00 per book
- _____ Add \$6.50 shipping and handling per book (for 2-5 books - \$10 or 6-19 books - \$20)
- _____ Total Purchase
- _____ Grand Total

Name _____
Address _____
City _____ State _____ Zip _____

Credit Card Payment (Circle One):
MasterCard - Visa - Discover

Number _____
Exp. Date _____
Signature _____

Fax, Mail or E-mail Order to:

Kentucky Nurses Association
200 Whittington Parkway, Suite 101
Louisville, KY 40222-4900
FAX: 502-637-8236
E-mail: carleneg@kentucky-nurses.org

Home Study Courses Offered by the Kentucky Nurses Association

Home Study Courses include a written booklet, fun activities, and an open-book post-test for CE credit. The test, regular grading, and CE Credit are included in the course price. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test. **Course must be completed and returned within 3 months of receipt to receive credit.**

Assessment of the Families at Risk: High Risk Parenting (AFR) (3) Reviews family assessment and strategies for helping families when child or parent is at medical risk. (6 contact hours) \$59.00

Management by Objectives for Nurses (MON) (9) Use the management by objectives technique in your nursing practice to manage a project, group, or professional growth. (6 contact hours) \$48.00

Marketing Nursing at the Bedside (MN) (9) Increasing the image, respect, and reputation of the nurse, your unit, and your agency by marketing yourself as a nurse directly to the patient, family, client, physician or management. (6 contact hours) \$48.00

Audiotape Courses

Audiotape courses are taught by Suzanne Hall Johnson and include a booklet with fun activities and audiotape(s). The post-test and CE credit are optional for the audiotape courses. Select just the course, or the course plus the test / credit below. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test.

Increasing Nurses' Time in Direct Care (DIR) (2) (6 contact hours, 3 tapes and booklet: \$65.00. Additional \$19 for optional test/credit.)

FACULTY

Suzanne Hall Johnson, MN, RNC, CNS is the Director of Hall Johnson Consulting and the Editor of Nurse Author & Editor. She is a Clinical Nurse Specialist, UCLA graduate with honors, and a Distinguished Alumni from Duke University. (Copyright 2003 Suzanne Hall Johnson)

To order, please check the box in front of the Home Study or Audiotape Course(s) you want to purchase, complete the information below, and return with your check, money order or credit card information to:

Kentucky Nurses Association
200 Whittington Parkway, Suite 101, Louisville, KY 40222-4900
FAX: 502-637-8236

PLEASE PRINT CLEARLY

Name _____ Date of Order _____
Home Telephone _____ Credentials _____
Last Four of Social Security # _____ Best Time to Call _____
Home Address _____ Kentucky License Number _____
City _____ State _____ Zip Code _____
Other State & License # _____
E-Mail: _____
Employer _____ Telephone _____

KNA Member Yes No
Program Costs \$ _____
KY Residents Add 6% Tax \$ _____
Total Costs \$ _____

Master Card, Visa, Discover (Circle One)

Signature _____ Exp. Date _____
(Required)

KNA Centennial Video Lest We Forget Kentucky's POW Nurses

This 45-minute video documentary is a KNA Centennial Program Planning Committee project and was premiered and applauded at the KNA 2005 Convention. "During the celebration of 100 years of nursing in Kentucky—Not To Remember The Four Army Nurses From Kentucky Who Were Japanese prisoners for 33 months in World War II, would be a tragedy. Their story is inspirational and it is hoped that it will be shown widespread in all districts and in schools throughout Kentucky.

POW NURSES

Earleen Allen Frances, Bardwell
Mary Jo Oberst, Owensboro
Sallie Phillips Durrett, Louisville
Edith Shacklette, Cedarflat

_____ Video Price: \$25.00 Each

_____ DVD Price: \$25.00 Each

_____ Total Payment



Name _____
Address _____
City _____
State, Zip Code _____
Phone _____
Visa * MasterCard * Discover *
Credit Card # _____
Expiration _____
Signature _____
(Required)

Kentucky Nurses Association
200 Whittington Parkway, Suite 101
Louisville, KY 40222-4900
Phone: (502) 637-2546 Fax: (502) 637-8236

**CLEARANCE SALE CHECKOUT
QUANTITIES ARE LIMITED**

**KNA Golf Shirt (Short Sleeve)—
REDUCED TO \$8 EACH**

- | | |
|-------------------|------------------|
| Color: Red | Navy Blue |
| ___ Small (6) | ___ Small (11) |
| ___ Medium (8) | ___ Medium (10) |
| ___ Large (5) | ___ Large (6) |
| ___ X-large (2) | ___ X-Large (1) |
| ___ 2X-Large (2) | |

**KNA Microfleece Sleeveless Vest—
REDUCED TO \$10.00 EACH**

- | | |
|-------------------|-------------------|
| Color: Red | Royal Blue |
| ___ Medium (3) | ___ Large (3) |
| ___ Large (2) | |

- | | |
|-----------------------------------|-------------|
| ___ KNA Purple Back Pack (87) | \$4.00 each |
| ___ KNA Going Green Bag (150) | \$4.00 each |
| ___ KNA Pedometer (37) | \$3.00 each |
| ___ KNA Gripper Bottle (37) | \$3.00 each |
| ___ KNA Post-It-Note Cube (100) | \$3.00 each |
| ___ KNA Black Travel Bag (10) | \$3.00 each |
| ___ Centennial Medallion (28) | \$4.00 each |
| ___ Book Mark (175) | \$1.00 each |
| ___ <i>Lest We Forget</i> VHS (2) | \$5.00 each |

- _____ Subtotal
- _____ Shipping & Handling
- _____ 6% Kentucky Sales Tax
- _____ GRAND TOTAL DUE

Payment Type: ___ Cash ___ Check ___ Credit Card

Name: _____

Address: _____


City, State, Zip Code: _____

Phone: _____

Visa / MasterCard / Discover:

Expiration Date: _____

Signature (Required for Credit Card Orders): _____



Preparing Nurses to Become Leaders

- 🏛️ Experienced and credentialed faculty
- 🏛️ Designed for the working nurse
- 🏛️ Distance Learning opportunities
- 🏛️ Doctor of Nursing Practice (DNP)
- 🏛️ Master of Science in Nursing (MSN):
 - Nurse Administrator
 - Nurse Educator
 - Family Nurse Practitioner
 - Psychiatric Nurse Practitioner

Be prepared for tomorrow today.

Call for more details
270-745-4392
or visit us online

🏛️ ADN to MSN:
Nurse Educator
Nurse Administrator

Western Kentucky University WKU School of Nursing

📍 www.wku.edu/nursing

*Feeling
Frazzled?*



*Are you
on your last nerve?*

Find a satisfying job on
nursingALD.com

Registration is free, fast, confidential and easy! You will receive an e-mail when a new job posting matches your job search.



**Recovery
doesn't always
happen overnight.**

CONTINUE THE CARE

Kindred Healthcare understands that when people are discharged from a traditional hospital, they often need continued care in order to recover completely. That's where we come in.

Doctors, case managers, social workers and family members don't stop caring simply because their loved one or patient has changed location.

Neither do we.

Kindred offers services including aggressive, medically complex care, intensive care and short-term rehabilitation.



**Come see how we care
at continuethecare.com**

Kindred Healthcare

Dedicated to Hope, Healing and Recovery

NATIONALLY, KINDRED CARES FOR PATIENTS IN:
LONG-TERM ACUTE CARE HOSPITALS • NURSING AND REHABILITATION CENTERS • INPATIENT REHABILITATION HOSPITALS
TRANSITIONAL AND SUBACUTE CARE • ASSISTED LIVING CONTRACT THERAPY SERVICES • HOME CARE • HOSPICE



Please visit our website at: Spalding.edu under the Faculty/Staff Job Openings Tab for complete job description and additional information

Is accepting applications for the following positions:

- **Assistant/Associate Professor of Nursing to teach MSN Adult/Gerontology/Primary Care Track**
Must hold national certification as an Adult or Gerontology Nurse Practitioner; DNP or PhD degree required
- **Assistant/Associate Professor of Nursing to teach in Medical/Surgical area**
Doctoral preparation preferred; MSN required; clinical practice/experience in clinical area required. Two (2) positions available

Contact:
Please send cover letter, CV and three professional references to:
**Dr. Paula Travis, Chair, School of Nursing
Spalding University, 845 S. Third Street
Louisville, KY 40203 • ptravis01@spalding.edu**

Screening of candidates will begin immediately and the positions will remain open until filled.

Spalding University is an Equal Employment Opportunity/ Affirmative Action employer. The University complies with all federal, state and local equal employment opportunity laws. It is the University's policy not to discriminate against any individual or group of individuals and to provide equal employment opportunity to all qualified persons regardless of race, color, national origin, age, disability, religion, sex, pregnancy, sexual orientation, gender identity, marital status, military status, veteran status or other protected status

BSN
(Bachelor of Science
in Nursing)

LNC
(Legal Nurse Consulting
Certificate for RNs)

RN
(Registered Nurse* /
Associate Degree of Nursing)

LPN to RN Bridge
(LPN to
Registered Nurse*)

LPN
(Licensed Practical Nurse*)

What's YOUR next step?

Sky's the Limit at Beckfield College.

- **NO WAIT LIST!**
- **HIGH NCLEX FIRST TIME PASS RATES**:**
 - LPN 95%
 - RN 90%

"Beckfield really is a great school for nursing!
I learned so much. The teachers give you the
tools to succeed and become a great nurse!"

Traci, RN graduate

*upon licensure
**2010 rates published by the Kentucky Board of Nursing

nursingadmissions@beckfield.edu • WWW.BECKFIELD.EDU • Programs vary by campus.
 Some programs offer courses in an optional online format. • Follow us on [facebook](#)

859-371-9393

FLORENCE CAMPUS

513-671-1920

TRI-COUNTY CINCINNATI CAMPUS

OH reg # 08-05-1857 T

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.beckfield.edu/about-us/disclosures.aspx. The Florence Campus's diploma and associate degree programs are approved by the Kentucky Board of Nursing (KBN). The Tri-County Campus's diploma and associate degree programs are approved by the Ohio Board of Nursing (OBN). Beckfield College is a member of the National League of Nursing (NLN) and accredited by the Accrediting Council of Independent Colleges and Schools (ACICS).



Discover the nurse you are meant to be.



Which Is Your Path to the DNP?

We pioneered the first DNP Program in the nation and have 10 years of experience behind us. And we listen to health care leaders and tailor our program options to fill the need for advanced practice nurse specialists. Join your fellow nurse professionals in making a real difference in the health of Kentuckians and beyond. *Because that's what you've been called to do.*

Our DNP tracks include:

- Adult-Gerontology Acute Care Nurse Practitioner | Adult-Gerontology Clinical Nurse Specialist | Pediatric Nurse Practitioner | Population and Organizational Systems Leadership | Primary Care Nurse Practitioner (family or adult-gerontology) | Psychiatric/Mental Health Nurse Practitioner

Our DNP Program has Web-enhanced courses with classes that meet five times per semester. Visit our new website: www.uknursing.uky.edu



UK HealthCare recruiting

For information on employment at UK HealthCare, including the possibility of advancing your education and qualifying for tuition reimbursement, visit our employment website at www.uky.edu/hr/ukjobs.

