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UA12/9 October Newsletter

WKU Counseling & Testing Center

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Happy Halloween!

WKU Counseling & Testing Center Newsletter

Volume 1, Issue 2

October 2010

The staff of the Counseling & Testing Center would like to wish everyone a safe & happy Halloween! Remember that we are always here to provide a wide variety of services & resources to registered undergrad and grad students. We provide consultation services to faculty and staff as well.

Featured Speaker Harlan Cohen to Visit WKU

"The Naked Roommate Presents: College in the Nude"

October 19th — 7PM

Mass Media & Tech (MMTH)

HARLAN COHEN

Syndicated Advice Columnist, Author, Musician

He's like Dear Abby, only younger, hairier, and he's a man.

For more information please visit: www.helpmeharlan.com

LGBT Weekly Support Group

No appointment necessary

Join us in a comfortable and safe atmosphere

The sessions are confidential and any concern is welcome

Every Wednesday - 4:30PM

Potter Hall 200C - Conference Room

Social Anxiety Series

"I Wouldn't Be Nervous if it Weren't for Other People"

Lecture Series

10/19/10 — 10/26/10 — 11/2/10

DUC 308 3PM - 4PM

Become a fan of WKU Counseling & Testing Center

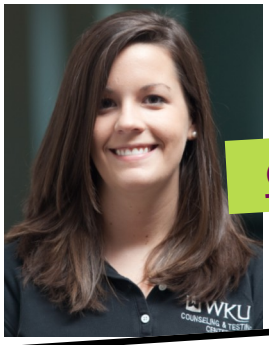
www.facebook.com/WKU.CTC

Our Staff

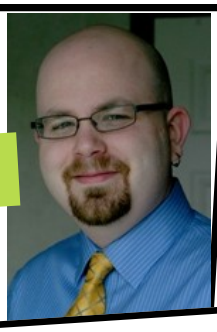
- Brian Van Brunt, Ed.D.
  - Director
- Karl Laves, Ph.D.
  - Assistant Director
- Debra Crisp, Ph.D.
  - Asst. Training Director
- Eric Manley, Ph.D.
  - Coordinator, Clinical Service & Research
- Elizabeth Mohon, MA
  - Coordinator, Sexual Assault Services
- Betsy Pierce, MA
  - Coordinator of Outreach
- Sharon Ercey, BA
  - Coordinator of Testing
- Julia Johnson, AA
  - Office Associate (Director of Awesomeness)

Graduate Assistants

- Jeannie Banter
  - Psychology GA
- Julie Goble
  - Psychology GA
- Rebekah Holder
  - Psychology GA
- Brian Lee
  - Psychology GA
- Kelly Almousily
  - Student Affairs GA
- Amanda Ball
  - Social Work GA
- Chance Littrell
  - Psychology GA



GA Spotlight



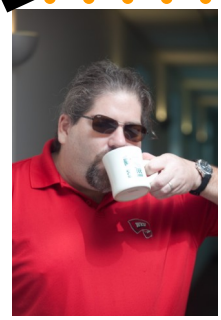
Brian Lee — Psychology GA

An alumnus of WKU, Brian is now working towards his Masters in Clinical Psychology with the hope of eventually pursuing a PhD in psychology in order to teach on the academic level. He is the musician of our group as he plays a variety of instruments, including the banjo, harmonica, piano and even the drums — just to name a few.

Rebekah Holder — Psychology GA

Rebekah graduated from Centre College in 2009 and is now pursuing her Masters in Clinical Psychology here at Western. Working as a GA in our center, she looks forward to "counseling students as well as participating in training programs." In her free time she enjoys cooking, walking her dog in the park and reading interesting books.

With ordinary talent and extraordinary perseverance... all things are attainable.



Our fearless leader

Academic Advantage Series: Workshops for Success

Dr. Brian Van Brunt (aka: Dallas) will give a presentation entitled:

"How Do I Fit College Into My Life? A Lesson in Time Management"

October 28th, 2010 - 5PM

Grise Hall Auditorium (Rm 235)

The Goat Gazette

Thank you for your goat photo submissions—the winner is: Donna Gregory from Student Affairs!

*** Have you ever heard of a fainting goat?** When frightened these goats appear to faint but it's actually a genetic mutation that causes their leg muscles to stiffen; thus, causing them to fall over. This video is a must-see! **http://www.youtube.com/watch?v=we9_CdNPuJg**

*** Goat Trivia: -** Female goats are called 'does', male goats are called 'bucks' and young goats are called 'kids.' - More people around the world drink goat milk than they do cow milk. - Goat milk is low in cholesterol, high in calcium, phosphorus and Vit. A and is sold in your local grocery store - **Coffee** was first discovered when goat herders noticed goats acting energetic after nibbling on the beans - Goats are able to jump 5 feet high!

College should be challenging, not overwhelming.

For more information please visit: www.wku.edu/heretohelp www.registerblast.com/wku

Monday – Friday

8AM – 4:30PM

Western Kentucky University
Counseling and Testing Center

Potter Hall 409

Ph: 270-745-3159