

10-2010

UA12/9 October Newsletter

WKU Counseling & Testing Center

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Recommended Citation

WKU Counseling & Testing Center, "UA12/9 October Newsletter" (2010). *WKU Archives Records*. Paper 84.
http://digitalcommons.wku.edu/dlsc_ua_records/84

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Happy Halloween!



WKU Counseling & Testing Center Newsletter

Volume 1, Issue 2

October 2010

Our Staff

- Brian Van Brunt, Ed.D.
- Director
- Karl Laves, Ph.D.
- Assistant Director
- Debra Crisp, Ph.D.
- Asst. Training Director
- Eric Manley, Ph.D.
- Coordinator, Clinical Service & Research
- Elizabeth Mohon, MA
- Coordinator, Sexual Assault Services
- Betsy Pierce, MA
- Coordinator of Outreach
- Sharon Ercey, BA
- Coordinator of Testing
- Julia Johnson, AA
- Office Associate (Director of Awesomeness)

Graduate Assistants

- Jeannie Banter
- Psychology GA
- Julie Goble
- Psychology GA
- Rebekah Holder
- Psychology GA
- Brian Lee
- Psychology GA
- Kelly Almously
- Student Affairs GA
- Amanda Ball
- Social Work GA
- Chance Littrell
- Psychology GA

The staff of the Counseling & Testing Center would like to wish everyone a safe & happy Halloween! Remember that we are always here to provide a wide variety of services & resources to registered undergrad and grad students. We provide consultation services to faculty and staff as well.

Featured Speaker Harlan Cohen to Visit WKU

“The Naked Roommate Presents: College in the Nude”



October 19th — 7PM
Mass Media & Tech (MMTH)
HARLAN COHEN

Syndicated Advice Columnist, Author, Musician

He's like Dear Abby, only younger, hairier, and he's a man.

For more information please visit: www.helpmeharlan.com



LGBT Weekly
Support Group

Social Anxiety
Series

No appointment necessary
Join us in a comfortable and safe atmosphere

*The sessions are confidential and
any concern is welcome*

Every Wednesday - 4:30PM
Potter Hall 200C - Conference Room

**“I Wouldn't Be Nervous if it
Weren't for Other People”**

Lecture Series

10/19/10 — 10/26/10 — 11/2/10
DUC 308 3PM - 4PM

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www.facebook.com/WKU.CTC



G.A Spotlight



Brian Lee — Psychology GA

An alumnus of WKU, Brian is now working towards his Masters in Clinical Psychology with the hope of eventually pursuing a PhD in psychology in order to teach on the academic level. He is the musician of our group as he plays a variety of instruments, including the banjo, harmonica, piano and even the drums — just to name a few.

Rebekah Holder — Psychology GA

Rebekah graduated from Centre College in 2009 and is now pursuing her Masters in Clinical Psychology here at Western. Working as a GA in our center, she looks forward to “counseling students as well as participating in training programs.” In her free time she enjoys cooking, walking her dog in the park and reading interesting books.

With ordinary talent and extraordinary perseverance... all things are attainable.



Our fearless leader

Academic Advantage Series: Workshops for Success

Dr. Brian Van Brunt (aka: Dallas) will give a presentation entitled: **“How Do I Fit College Into My Life? A Lesson in Time Management”**

October 28th, 2010 - 5PM
Grise Hall Auditorium (Rm 235)

The Goat Gazette

Thank you for your goat photo submissions—the winner is: Donna Gregory from Student Affairs!

* Have you ever heard of a fainting goat? When frightened these goats appear to faint but it’s actually a genetic mutation that causes their leg muscles to stiffen; thus, causing them to fall over. This video is a must-see! http://www.youtube.com/watch?v=we9_CdNPuJg



* Goat Trivia: - Female goats are called ‘does’, male goats are called ‘bucks’ and young goats are called ‘kids.’ - More people around the world drink goat milk than they do cow milk. - Goat milk is low in cholesterol, high in calcium, phosphorus and Vit. A and is sold in your local grocery store - Coffee was first discovered when goat herders noticed goats acting energetic after nibbling on the beans - Goats are able to jump 5 feet high!

College should be challenging, not overwhelming.

For more information please visit: www.wku.edu/heretohelp www.registerblast.com/wku

Monday – Friday
8AM – 4:30PM



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