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Helpful hints, early start provide key to aceing finals

John and Yvette got together on the sixth floor of Cravens Library Sunday night to study for Monday's Advanced Chemistry final. They dropped their books and notes on the table and plopped into their seats with a sigh.

"This test is gonna be a dog," John said.

"For real," Yvette replied, popping a couple of caffeine pills into her mouth. "I wish I'd studied sooner, but you know how easy it is to put it off."

It's easy to be like John and Yvette—and many other students—and procrastinate when you should start studying for final exams. The semester is ending, you're understandably tired and the urge to cram is hard to resist.

But take heart. With a little planning and discipline, you can study effectively and methodically for final exams and make the grade you know you are capable of achieving.

Start now

Barbers, preachers, chefs and teachers have special tips and helpful hints that improve their abilities, so why shouldn't students? Here are some tips to help you study more effectively and thus make higher grades on your final exams.

But first, one warning: these tips are helpful only when taken with a large dose of seriousness.

— About three weeks before the scheduled final, begin to gather all of your lecture notes, handouts, daily assignments and, if applicable, old tests. These, along with the textbook, will be your primary review tools.

— Compare your notes with someone in the class who takes good notes. This should benefit both of you because you may have missed something important.

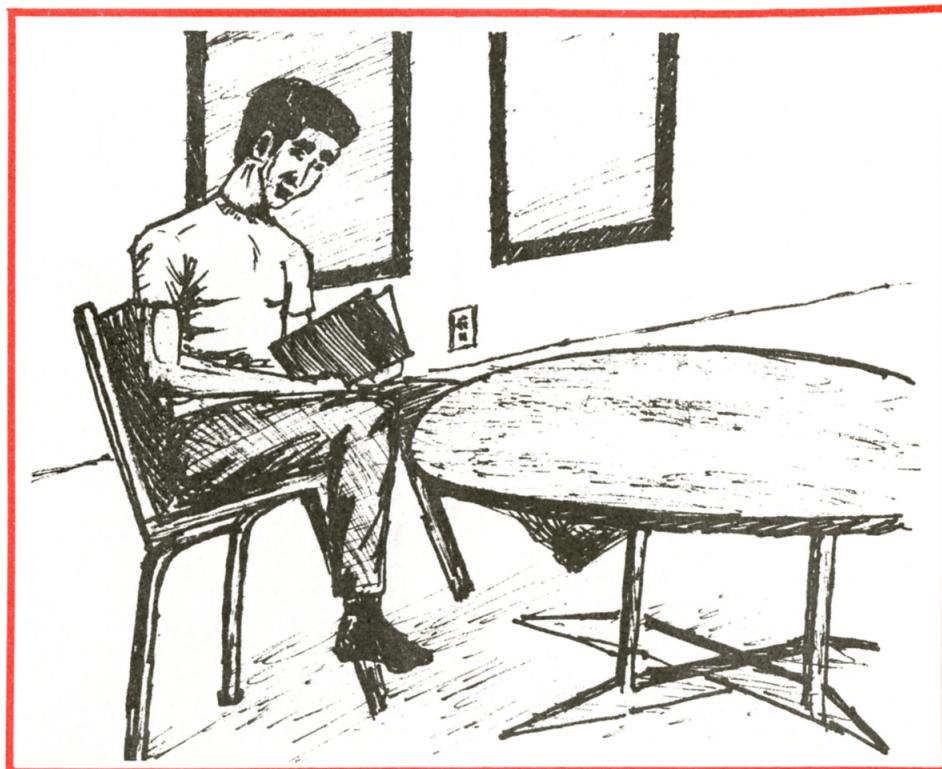


Illustration by Louis Jones

— If the teacher distributes a study guide, then stick to it. When an instructor says something will or will not be on the exam, he means it. Don't waste precious time studying information that won't be on the test.

— Know what kind of test you will be studying for. Subjective tests such as essay tests require that you know how to express often broad concepts. Objective tests, however, usually require you to be able to remember an important fact or recognize correct information when you see it.

— Take frequent 5- or 10-minute breaks. Information is hard to retain when you're so tired or hungry that you can't concentrate.

— Get a good night's sleep before the test. You need to be alert—not just alert enough to read the test, but alert enough to be able to think and do your very best.

— If a large part of your grade hinges on your performance on the

final, remember that. Then, on the day of the test, forget it. It's good to remember when you're studying because it will motivate you to do well, but thinking about it on test day could make you sick.

— Eat a well-balanced meal before you begin your day of testing. Avoid sugar except in fruits and other natural sources. Also avoid greases, oils and fatty foods. You will be at least slightly nervous about the test, and large amounts of cholesterol could give you stomach cramps. Be sure to eat bread and drink a glass of milk.

— Leave your notes in your room the day of the exam. If you don't know the information by then, further studying will invariably lead to cramming and confusion.

— Take at least two writing instruments to the test. If one fails, you don't have to sweat—you have a spare.

Organizational Tidbits

Black Scholastic Achievers

Black Scholastic Achievers recently inducted eight members into its ranks at a special candle-light ceremony in Garrett Conference Center.

President David Padgett, a Baltimore senior, presided over the induction ceremonies, which also included the presentation of awards to outstanding members.

Inductees were Rhonda Madison, a Louisville sophomore, Traci Mullins, a Louisville sophomore, and Kim Wilson, a Hopkinsville sophomore.

Inductees absent from the ceremony were Tonya Bufford, a Bowling Green sophomore, Samuel Cotton, a Louisville senior, James McNary, an Owensboro junior, Marilyn Roberts, an Auburn senior and Tonya Roberts, address unlisted.

Padgett also presented special awards for outstanding contributions to the club to vice-president Tyron Graves, a Tompkinsville junior, and secretary Vanessa Harris, an Elkton junior.

Lekethia Glass, a Hopkinsville junior, Victoria Thomas, a Lexington senior, Shirley Malone, Director of Scholastic Activities for Minority Students and LaMont Jones Jr., an Owensboro junior, also received medals in recognition of their service.

Western Kentucky Minority Communicators

Western Kentucky Minority Communicators, a student chapter of the National Association of Black Journalists, recently elected new officers.

Western Kentucky Minority Communicators officers, who will serve until next fall, are Dennis Jones, a public relations major, president; Kim Cameron, a public relations major, vice-president; Dorinda Carter, a broadcasting major, secretary; LaMont Jones Jr., a news-editorial journalism major, treasurer and K. K. Cheah, an advertising major, parliamentarian.

The organization chose mustard yellow and cobalt blue as its colors and plans to attend the regional NABJ conference in Louisville in January.

Full membership in WKMC is open to news-editorial, photojournalism and broadcast majors for \$12 a year.

Associate membership is open to public relations, mass communications, advertising and corporate communications majors for \$12 the first year and \$6 every year after.



Photo by Sam Upshaw Jr.



MING 1986

It was a typical Homecoming—typically wonderful to all the students who cheered at the game, the faculty and administrators who marked another year on their calendar and the smiling alumni who returned home to the Hill to share their spirit.

Although there was a different foe on the football field and different faces in the crowd, one thing remained the same—the rhythm, energy and emotion of the annual Homecoming step show after the game. Hundreds showed up to watch Western's black greeks step in their colors: Alpha Kappa Alpha, Omega Psi Phi, Alpha Phi Alpha, Delta Sigma Theta (pictured beneath) and Kappa Alpha Psi (pictured to the left).

The weekend was as eventful for more than 80 black alumni, staff and graduate students who attended an annual reception for them. They ate, relaxed and reminisced for several hours, said Shirley Malone, Director of Scholastic Activities for Minority Students. And several alumni expressed an interest in working to recruit and retain more minority students.

Homecoming 1986. It won't be forgotten.



Photo by Sam Upshaw Jr.

Aid for undergrads

Planning for a successful year should start as soon as you enter college. Here is a simple system for career and academic planning:

Freshman year

1. Identify your interests and abilities.
2. Develop time management and study skills. Plan to study at least two hours per day per course.
3. Learn about job markets.

Sophomore year

1. Review your academic strategies.
2. Consider getting a part-time job.
3. Make a list of job references.

Junior year

1. File your degree program.
2. Make any necessary changes in courses.
3. Develop sound interviewing skills.
4. Start putting together your resume.
5. Put your credentials into the MESA system.

Senior year

1. Begin interviewing for career opportunities.
2. Prepare letters of acceptance and refusal.
3. Be positive and alert.
4. Maintain an employment file.

All undergraduates are encouraged to schedule an appointment at the Office of Scholastic Development, 207 Wetherby. Career and financial aid information, class scheduling and testing and tutoring information are available. Call 745-4241.

Shirley Malone
Director of Scholastic
Activities for Minority Students

Welcome

Welcome to the following new black staff at Western: Jacqueline Pope Tarrence, Instructor, Psychology Dept.; Patricia Lockett, Assistant Professor, Dept. of Sociology, Anthropology and Social Work; Sheila Curry, Director, Potter Hall; Henry Harris, Assistant Basketball Coach; Tess Dennis, Admissions Office; David Sloss, Personnel Office; Momolu Dorley, Business Department and Deborah Sloss, Registrar's Office. We hope you enjoy your stay on the Hill.

Read
THE VOICE

Tutoring

SPECIAL SERVICES PROJECT

This federally funded project provides counseling and free individual tutoring for eligible participants. For further information, contact the program office in CEB 235, phone 745-4308.

DEVELOPMENTAL STUDIES

The tutor coordinator in this office provides a matching service for students needing individual tutoring. Students may be matched with tutors for hire or with retired faculty members who have volunteered their services. For further information, contact Dr. Alice Rowe or Jim Garner at 745-5138.

ACCOUNTING

Free tutoring for students who need help in elementary accounting classes (Accounting 200-201). Grise Hall, room 455 on Monday and Wednesday, from 1-2:30. Contact Mr. Sanborn at 745-3895 for more information.

AGRICULTURE

(1) Paid tutoring by graduate students. Environmental Science and Technology Building, Room 268. Hours are flexible.

(2) Free consultation with Department of Agriculture faculty members. Environmental Science and Technology Building, Room 268, by appointment.

For further information on either of the above, contact Dr. Luther Hughes at 745-3151.

ALLIED HEALTH

Free individual tutoring available in Dental Hygiene and Medical Records classes for those who qualify. Possibly more services will be available later in the semester. For more information, contact Doris Thayer (Medical Records) at 745-5239, or Dr. Ted Parks (Dental Hygiene) at 745-2427.

BIOLOGY

Study Hall for Biology 131. TCNW 210 and 212, M-TH 8:00a.m.-12:00 noon and Friday, 8:00a.m.-4:00p.m. Contact Wayne Mason at 745-6012. This study hall is an opportunity for Biology 131 students to study lab or lecture materials on their own. Assistants will sometimes be available. For private tutoring contact Barb Dykstra or Ben Howard at 745-3696.

CHEMISTRY

Chemistry Learning Lab, Thompson Complex-North Wing Room 317. Monday 10:30a.m.-4:30p.m.; 5:30p.m.-8:00p.m.; Tuesday 10:30a.m.-3:30p.m.; Wednesday 10:30a.m.-4:30 p.m. and 5:30p.m.-8:00p.m.; Thursday 10:30a.m.-3:30p.m. Contact Dr. N.W. Hunter at 745-3457.

COMPUTER SCIENCE

Programming Consultation. Thompson Complex-Central Wing, Room 203. Help is offered in debugging programs and with equipment problems. Contact Lab Assistant at 745-2911 or 745-2541 for hours.

ECONOMICS

Economics 206 (Statistics) Lab, Grise Hall Room 439. Open 2:00p.m.-4:00p.m. **Wednesdays only.** Contact Economics Department at 745-2249.

ENGLISH

(1) WRITING LAB, Cherry Hall 101. Hours 9:15-3:10 Monday-Friday, 5:00-9:00p.m. Monday-Thursday. Contact John Reiss at 745-5711.

FINANCE AND MANAGEMENT INFORMATION SYSTEMS

Microcomputer Hardware/Business Software Lab, Grise Hall Room 336. CALL DEPARTMENT FOR HOURS AT 745-5283.

HEALTH AND SAFETY

Free tutoring in biostatistics. Science and Technology Hall, Room 410C. Hours vary; contact Dr. Baum or Robin Roach at 745-4797.

INDUSTRIAL ENGINEERING TECHNOLOGY

EET Course Tutoring, Science Technology Hall room 312, call John Carr at 745-5857 for appointment. Woodworking Opportunity Lab, Industrial Education Building room 101. Call Dr. Frank Pittman at 745-5397 for appointment.

LANGUAGES

Spanish/German/French/Russian Language practice labs, Ivan Wilson Fine Arts Center. Spanish/German Room 240; French/Russian Room 248. Both labs open Monday-Friday 8:00a.m.-4:00p.m. Contact Dr. Carol Brown at 745-2401.

MANAGEMENT AND MARKETING

Individual tutoring that is arranged with instructors.

MATHEMATICS

Math Lab, Thompson Complex-Central Wing, Lobby. Open:

Monday-Thursday 8:00a.m.-9:00p.m.

Friday 8:00a.m.-1:45p.m.

Sunday 6:00p.m.-9:00p.m.

Contact Mrs. Mary Humphrey at 745-6226.

MODERN LANGUAGES AND INTERCULTURAL STUDIES

Beginning language students may get assistance in the departmental language laboratory, **Monday-Friday from 8:00-4:00p.m.**

NURSING

Free Tutoring in nursing skills and counseling for Diabetic students, Academic Complex 112D. Call Nancy Lindsey at 745-3758 to set up an appointment.

PHYSICS

Physics 250 help session, TCCW 201 Monday, 5:00p.m. for more information call Dr. Humphrey at 745-6197. Physics 207, 208, 232, 233, 251, 261, and 271 will meet at TCCW 208, M-TH 11:45a.m.-4:00p.m. and Tues. and Wed. from 6:00p.m.-9:00p.m. Call Dr. Humphrey at 745-6197 for more information.

PSYCHOLOGY

(1) Free tutoring in Psychology 100, College of Education Building. Contact Dr. Howton at 745-2695 or 745-4390 for appointments.

VOICE
The Voice, a bisemester newsletter prepared for and by black students at Western Kentucky University, invites your submission of articles and information about your organization.

The Voice is published by the Office of Scholastic Development, WKU, Bowling Green, KY 42101.

Dr. Ronnie Sutton
Dean of Scholastic Development

Ms. Shirley Malone
Director of Scholastic Activities for Minority Students

LaMont Jones, Jr.
Student Editor

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Honorees

George Edward Kendrick, a graduate student, has been selected as an Outstanding Young Man of America for 1986, an honor that recognizes professional achievement and community service.

Kendrick's wife, Emma Kendrick, is a Western alumna and guidance counselor at Stevenson Elementary School.

Members of the Black Scholastic Achievers club were recently honored for their contributions to the academic organization. (See Tidbits section.)

of the caseload.

Big Brothers & Sisters says volunteering takes only 2-3 hours a week and a year's commitment. And it could make the difference in a child's life.

If you would like to help, stop by the office at 716 E. 10th St. or call 781-1180.

Big Brothers & Sisters

Perhaps you can help.

Big Brothers & Sisters works with families to match children with volunteers who serve as role models in a one-on-one relationship. The children aren't juvenile delinquents,

orphans or "problem" children—they're just kids who need a friend.

More than 100 children are on the waiting list. 59 percent of the girls are black and 41 percent of the boys are black. Black children matched with white volunteers make up 29 percent of the caseload and there are only three black matches—less than one percent

Office of the Dean of Scholastic Development
Western Kentucky University
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