

Table for *Miller, M.* Predictive Validity of Critical Power and Functional Threshold Power for Mountain Bike Race Performance.

**Table 1.** Linear regression results from comparing relative measures of CP and LT<sub>4.0</sub> to mean lap time.

Variable	R	R <sup>2</sup>	Error (s)
Relative LT <sub>4.0</sub>	0.886	0.784	76.526
Relative CP	0.971	0.943	39.413