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Sex and Sexual Health: What's on Your Mind? [brochure]

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Websites to visit for more information:

- http://www.cdc.gov/sexualhealth/
- http://www.menshealth.com/sex-women/
- http://kinseyconfidential.org/

Places to visit for more information:

- Your local health department
- On Your College Campus  
  - Health Services  
  - Counseling and Testing Center
- Your Local Physician

References

  http://www.guttmacher.org/pubs/fb_10-02.html
  busted?qn=12&s=11&a=1&next.x=414&next.y=0
- http://kinseyconfidential.org/resources/
- http://www.cdc.gov/sexualhealth/
- http://www.nursingschools.net/blog/2010/05/10-truly-shocking-stats-on-stds-and-college-students/

Sex and Sexual Health 101

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REMEMBER...

NO GLOVE. NO LOVE.
## Sexual Health Statistics

- 87% of men know how to use a condom correctly
- 70% believe men should carry a condom at all times
- Only 54% of students regularly use condoms during vaginal intercourse, 29% during anal intercourse, 4% during oral sex
- 60% of women know how to use a condom correctly
- 60% also say they would still have sex even if their partner refused to wear a condom.
- Over 45% of college freshmen who have been binge drinking and under the influence of alcohol failed to consider the usage of contraceptive aids when engaging in sexual intercourse.
- 1 in 4 college students has an STD
- 80% of people who have a sexually transmitted disease experience no noticeable symptoms.
- HPV is the number one sexually transmitted disease on college campuses.

### Fact or Fiction

- Men reach their sexual peak at 18, and women reach theirs at 28
  - **Fact**
- Masturbation Yields the Strongest Orgasm
  - **Fact**
- Men think about sex every 7 seconds
  - **Fiction**
- Having sex in water will kill sperm.
  - **Fact** (Though, it’s not an effective method of birth control)
- You should brush your teeth after oral sex.
  - **Fiction** (Use mouth wash instead)
- You can’t contract an STD from performing oral sex.
  - **Fiction**
- French Kissing is bad for your teeth
  - **Fiction** (It actually helps remove tooth decay and regulate plaque)
- Sex is the most commonly searched word on the internet.
  - **Fiction** (Facebook is searched 5 times more often)
- Women have increased sex drives during ovulation.
  - **Fact**
- Men’s sexual organs are designed for more pleasure than women’s.
  - **Fiction** (Women win this contest hands down)