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The Truth about Type 1 Diabetes Mellitus: The Myths Exposed

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Children with type 1 diabetes, T1DM, live with a widely misunderstood, chronic disease. The daily management regimens and psychosocial aspect of T1DM bring attention to the child with diabetes. Myths and misconceptions of diabetes management abound. The intent of this research is to address myths and misconceptions by reading a children's book, written and illustrated by the researcher, to students in grades 3-5 at a local elementary school and measuring change in knowledge with an assessment tool based on book content.