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How to Get Involved on Campus

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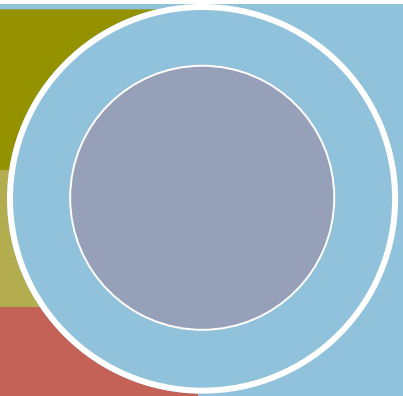
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How to Get Involved on Campus

By Allie Sharp and Vanessa David

Ways to Get Involved:

Student Activities Office:

Programming Board
Greek Life
Student Government Association
Campus Ministry
Leadership Programs
Volunteerism Programs
Other Club & Organizations

Recreation and Fitness Center:

Intramurals
Off Campus Trips
Gym Facilities

Housing and Residence Life:

Orientation Week
Residence Halls
Resident Assistant

Multicultural Office:

Student Organizations for students with diverse backgrounds

Benefits:

Retention
Social Skills
Emotional Stability

Negative Effects:

Emotional Distress
Lack of Social Skills
Lack of Life Skills

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