Voices of Discovery: Exploring Identities and Values on the College Campus

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Exploring Values and Identity in College

Ginny Durakovich & Danielle Hawks

You have so many ways to describe yourself...

CHRISTIAN gay Black Straight Democrat White Buddhist
ATHEIST Asian/Pacific-Islander Republican Bisexual Transgender

...but college can challenge your way of thinking about who you are.

Classes PROFESSORS New Friends Campus Activism Clubs & organizations MEETING NEW PEOPLE Roommates New life experiences Being away from home & family
You can explore your identity while still maintaining your values!

✧ You don’t have to let your friends and family define who you are.
✧ Keep an open mind and try out new perspectives.
✧ Talk to new people who see the world differently than you do.
✧ Get involved in a campus club or organization that relates to your identity.
✧ Attend events related to a different identity than yours.
✧ Let yourself be challenged by something or someone.
✧ Decide for yourself who you want to be.
✧ Own it!

Feeling distressed? Be sure to check out on-campus resources!

✧ Counseling & Testing Center
✧ Office of Institutional Diversity & Inclusion
✧ Women’s Center
✧ On-Campus Ministries
✧ Student Activities
✧ Clubs and Organizations

References

