The Significance of Student Involvement on Campus [brochure and streaming video]

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Why Get Involved?

Getting involved on campus has many benefits. Your campus involvement can be beneficial to your academic success, social life, mental health, cultural awareness, and leadership skills. All of these combined will help to make you a marketable potential employee after graduation.

Academics

- Students who are engaged in extracurricular activities tend to have higher educational aspirations than those that are not.
- Also, students who are involved on campus tend to have a higher academic performance as demonstrated by their GPA.
- There are some organizations that may offer scholarships for students in your academic area.

Mental Health

- Getting involved can help create a social support system that will help alleviate stress.
- Campus Organizations can act as a therapeutic experience for students.
- Different organizations can help students have an outlet for stress and home sickness.

Social Skills

- Getting involved on campus is a great way to meet people with common interests and increase your social circle.
- Your friends can be your support system in your new home away from home.
- Those in your social group can often relate to the same struggles and experiences that you are going through.

Leadership

- It is important to learn how to direct a group of people toward a common goal, but it is equally important to be able to facilitate group cooperation to reach that goal.
- You do not always have to take on an official position in your student organization, but by simply being a member you will have the opportunity to utilize and cultivate your own leadership abilities.

Diversity

- It is important to have cultural competence and a significant understanding of how to work with people from other cultural backgrounds.
- It is imperative that you are able to communicate effectively with people from diverse backgrounds.
- Getting involved will provide you with the opportunity to learn about other cultures in a comfortable environment.
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References


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