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## The Colonelette (May 1974)

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# *The Colonelette*



AMERICAN BUSINESS WOMEN'S ASSOCIATION  
KENTUCKY COLONEL CHAPTER  
Bowling Green, Kentucky

Chapter Chartered June 3, 1964

THE COLONELETTE is edited and published monthly by the Bulletin Committee of the Kentucky Colonel Chapter, American Business Women's Association, Bowling Green, Kentucky.

BULLETIN COMMITTEE

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CHAPTER OFFICERS

President  
Vice President  
Rec. Secretary  
Corres. Sec.  
Treasurer

Brenda Williams  
Gladys Walker  
Peggy Richardson  
JoAn Stacker  
Bobbie Cardwell

MONTHLY MEETING - Fourth Tuesday

6:30 Social - 7:00 Dinner

RED CARPET INN - Scottsville Road

OFFICIAL PUBLICATION - WOMEN IN BUSINESS

AMERICAN BUSINESS WOMEN'S ASSOCIATION  
 9100 Ward Parkway  
 Kansas City, Missouri 64114

Founder & Executive Dr. - Hilary A. Bufton, Jr.  
 Conv. Dr. & Asst. Ex. Dr. - William H. Blair  
 Administrative Dr. - Mrs. Ruth H. Bufton  
 Dr. of Chap. Relations - Mrs. Glorine Tuohy

NATIONAL OFFICERS

President - Mrs. Vivian Gardner  
 National First Vice Pres. - Mrs. Joyce Hilliard  
 Secretary-Treasurer - Mrs. Polli Davis  
 Dist. II, Central Reg. - Mrs. Virgie Dugas

COLORS: Black and Gold FLOWER: White Carnation

NATIONAL MOTTO

"Better Personality For Better Living"

NATIONAL SLOGAN

"Meeting Tomorrow's Challenges"

PURPOSE

The purpose of the American Business Women's Association shall be to elevate the social and business standards of women in business by uniting them nationally for training designed to make them more efficient, more considerate, and more cooperative toward their work, their employers, and their customers, thereby increasing their earning ability success, and happiness.



May 15, 1974

FROM THE DESK OF

**Brenda Williams**

We have just concluded one of our Ways and Means Projects for the year. Many thanks to our 1974 Chairman of the Little Miss Bowling Green Pageant, Mrs. Florence Perkins, for heading the project and to everyone who made this event so successful! A net profit of approximately \$350 was made and this accomplishes another of our Banner Chapter goals.

May is designated throughout ABWA as Scholarship Month. It has been proclaimed by Governor Wendall Ford as Scholarship Month in the Commonwealth of Kentucky; Judge Basil Griffin in the county of Warren; and Mayor Spero Kereiakes in the city of Bowling Green. Miss Linda Perdue is serving as Chairman of the month's events. In observance of this month Dr. James B. Graham, Superintendent of the Bowling Green City Schools, will be our guest speaker. Miss Brenda Strausburg, a teacher at High Street School, will give her vocational talk. Also in conjunction with this observance, Linda will introduce our Scholarship Recipients for 1974 who will be guests at our May meeting.

Miss Jean Fulkerson, Mrs. Florence Perkins, and Mrs. Patricia Glasscock are members attending the Regional Meeting, May 17-19. As your representative, I will give you the highlights of the meeting at our next dinner meeting.

June 28 is our annual Boss Night event. Miss Mary Frances Brown is our chairman and she will be informing us of the progressing plans.

I shall look forward to seeing each of you at our dinner Meeting, May 28, at the Red Carpet Inn.

## ABWA SCHOLARSHIP MONTH

36129

May has been designated as ABWA SCHOLARSHIP MONTH in Kentucky by the proclamation of Gov. Wendell Ford. The Governor's statement, honoring the American Business Women's Association, is in recognition of its progressive scholarship program. A joint proclamation was signed by Mayor Spero Keriakes and Judge Basil Griffin proclaiming May as ABWA Scholarship Month in Bowling Green and Warren County.

Last year ABWA allocated over \$450,000 through various local chapter scholarship programs. An additional \$100,000 was awarded in grants and interest free loans from the national educational fund which is administered by the association's national officers.

Since the first chapter was chartered in 1949 in Kansas City, Mo. ABWA has grown to over 1,100 chapters throughout the United States and Puerto Rico having more than 74,000 active members from all levels and fields of business.

Our scholarship program plays a most important roll in the achievement of our objective to promote the professional, educational, cultural, and social advancement of business women. During the current year, our chapter has awarded scholarships to Vicki L. Gibson, Phyllis Sherrell, and Marion Ann Collier, all students at Western Kentucky University. Scholarships have been approved for the upcoming summer and fall semesters for Caprice Stacker and Phyllis Sherrell. An application for an SEMEF grant for Vicki L. Gibson has been submitted to the national board of directors and now awaits their approval.

Let's all continue to make ours a progressive scholarship program.

# OFFICIAL CONVENTION REGISTRATION FORM

25th Annual National Convention—American Business Women's Association  
October 17-18-19-20, 1974—Denver, Colorado

Make checks payable to "1974 NATIONAL CONVENTION, ABWA" ...  
and mail with this form to:

**ABWA NATIONAL CONVENTION REGISTRATIONS**  
9100 Ward Parkway  
Kansas City, Missouri 64114

Name (Please print or type)

Address

Chapter

City, State & Zip

I wish to register as a: Delegate

Woman of the Year

Visiting member

Guest

## REGISTRATION FEES

Regular Registration  
(after July 15)

Early Registration  
(before July 15)

MEMBERS .....

\$45.00

\$42.50

GUESTS .....

\$55.00

\$52.50

FEES COVER all official Convention meals and events—Friday: Award Sessions and Reception; Saturday: Annual Meeting, Luncheon, Banquet and two shows (with name entertainers); Sunday: Memorial Service, Breakfast, and Convention Finale.

\*WOMEN OF THE YEAR LUNCHEON ..... \$56.00

Attendance for this special luncheon is limited to 1974 Chapter Women of the Year. It will be held on Friday, following the presentation of Women of the Year Citations. The cost is NOT included in the Regular or Early registration fee.

## IMPORTANT REGISTRATION INFORMATION

Registrations will be given priority based on the dates they are received; however, to insure that each chapter's DELEGATE and WOMAN OF THE YEAR will have the opportunity to attend the Convention, two registrations will be reserved in the name of each ABWA chapter until AUGUST 1, 1974 (this is for Convention registrations only—HOTEL RESERVATIONS MUST BE MADE BY THE DELEGATE AND/OR WOMAN OF THE YEAR).

If any chapter's reserved registrations are not claimed by August 1, 1974 it will be assumed that the chapter's DELEGATE and/or WOMAN OF THE YEAR will not be attending the Convention, and these registrations will be released and made available to any ABWA member wishing to attend the Convention.

Registrations can not be accepted after Friday, October 11, 1974.

Full registration refunds will be made if the request is received in Kansas City, Missouri, on or before September 12, 1974. A \$5.00 charge for administrative expenses will be withheld from refunds made after that date. Requests for refunds will be accepted through September 28, 1974.

Check here if you wish additional information about the Post Convention Tours to Mexico.

AMERICAN BUSINESS WOMEN'S ASSOCIATION  
National Headquarters  
9100 Ward Parkway  
Kansas City, Missouri 64114

April 23, 1974

TO: ALL CHAPTER PRESIDENTS

- I. 1974 NATIONAL CONVENTION
- II. NOMINATIONS FOR NATIONAL OFFICE
- III. POST-CONVENTION TOUR
- IV. 1977 NATIONAL CONVENTION BIDS

I. 1974 NATIONAL CONVENTION -- OCTOBER 18-20 -- DENVER, COLORADO

The "Mile-High" city will be the site for this year's National Convention when ABWA celebrates its 25th Anniversary. Colorado is nicknamed the "Silver State" -- what could be more appropriate as the site to celebrate ABWA's 25th Anniversary! By now, you have heard from General Chairman Lela Gilbert, telling of the eight sponsoring Denver chapters who will hostess this ABWA milestone. Denver members are hard at work, planning to make this National Convention the best yet; your attendance will help make it so.

Though "officially" the 1974 National Convention begins at 9:00 a.m., Friday, October 18, plans are being made for an "early bird" party for those arriving on Thursday. The ballroom of the headquarters hotel, the Denver Hilton, has been reserved for an "early bird" get-acquainted party on October 17 (you'll be hearing about this "optional event" later in the year).

In addition, Denver chapters are planning a number of special tours for members who have not visited or seen enough of colorful Colorado. These events, too, will be announced a bit later.



1974 chapter Women of the Year will be presented citations, recognizing the honor bestowed on them by their chapters. A new feature this year will be a special "Woman of the Year" luncheon (1974 Women of the Year only are eligible). Friday afternoon, chapters having earned Standard of Achievement Citations and Banner Chapter Awards will be recognized at various sessions; and on Friday evening, a Reception and Campaign Party will turn Denver's Convention Center into ABWA's National Campaign Headquarters.

The Annual Meeting on Saturday, October 19, will provide for introduction of candidates, and will update members on the Association's very active year. Already, many members have sent in their registration fee for the convention -- this year there is a special incentive for doing so. The convention registration fee is \$45.00 . . . but if registrations are received before July 15, 1974, the member may register for only \$42.50. Two thousand National Convention registrations have been reserved for chapter delegates and Women of the Year . . . but these are reserved only until August 1! Not wanting anyone to be disappointed, we are suggesting that members mail their official registrations now to:

ABWA National Convention Registrations  
9100 Ward Parkway  
Kansas City, Missouri 64114

Although the Denver Hilton is the headquarters hotel, rooms have been blocked at several fine downtown hotels in Denver. Reservations at any of these hotels may be made by mailing requests to:

ABWA Housing Bureau  
c/o Denver Convention Bureau  
225 West Colfax Avenue  
Denver, Colorado 80202

(Please note that the attached form for hotel reservations and convention registrations are to be mailed to different addresses.)

# OFFICIAL HOTEL RESERVATION FORM

25th Annual National Convention—American Business Women's Association  
October 17-18-19-20, 1974—Denver, Colorado

**MAIL TO: ABWA HOUSING BUREAU**  
c/o Denver Convention Bureau  
225 W. Colfax Avenue  
Denver, Colorado 80202

## IMPORTANT

Notify your hotel of late arrival and any changes or cancellations and please send a copy of your correspondence to our Housing Bureau. Room assignments will be made in the order received, so early registration will give you a better opportunity to obtain the hotel of your choice. If the hotels of your choice are filled, the Bureau will make the best possible arrangements in another nearby hotel.

Hotel	Singles	Doubles and Twins	Suites	
			One Bedroom	Two Bedrooms
Hilton*	\$19.00 to \$33.00	\$31.00 to \$40.00	\$80.00 to \$150.00	\$112.00 to \$200.00
Holiday Inn — Downtown	\$22.00	\$26.00 to \$28.00	\$50.00 to \$80.00	\$80.00 to \$165.00
Brown Palace	\$26.00 to \$31.00	\$31.00 to \$36.00	\$55.00 to \$110.00	\$85.00 to \$140.00
Radisson Denver	\$22.00	\$28.00	\$25.00 to \$31.00	\$41.00 to \$47.00
Capitol Plaza Inn	\$22.00 to \$25.00	\$24.00 to \$30.00	\$45.00 to \$65.00	\$65.00 and up
Cosmopolitan	\$21.00 to \$31.00	\$27.00 to \$37.00	\$40.00 to \$85.00	\$70.00 to \$120.00

\*The designated headquarters hotel is the Denver Hilton. All other hotels require a deposit equal to the first night's room charge.

CONFIRM RESERVATIONS TO: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State and Zip Code \_\_\_\_\_

Please reserve:

\_\_\_\_\_ Singles; \_\_\_\_\_ Doubles; \_\_\_\_\_ Twins; \_\_\_\_\_ 1-Bedroom Suite; \_\_\_\_\_ 2-Bedroom Suite

Arrival: Date \_\_\_\_\_

**HOTEL CHOICE**

Hour \_\_\_\_\_ a.m. \_\_\_\_\_ p.m. 1st \_\_\_\_\_

Departure: Date \_\_\_\_\_ 2nd \_\_\_\_\_

Hour \_\_\_\_\_ a.m. \_\_\_\_\_ p.m. 3rd \_\_\_\_\_

The rooms requested will be occupied by: \_\_\_\_\_

**STEAK AU POIVRE**

- 4 10-ounce sirloin steaks  
Salt and freshly crushed  
peppercorns  
4 ounces butter  
4 ounces white wine  
8 ounces brown sauce  
2 ounces Lea and Perrins Sauce

Salt both sides of steaks. Then lay in bed of crushed pepper and turn. Brown peppered steaks on both sides in butter. Dispose of drippings and remove steaks from pan. Add wine and reduce; add butter, brown sauce, Lea and Perrins Sauce and salt to taste. Place steaks on plates and pour sauce over steaks. Makes 4 servings.

**ENGLISH SHERRY TRIFLE**

- 12 lady fingers  
1 cup raspberry jam  
½ cup sherry  
  
1 cup sliced bananas  
1 cup sliced peaches, drained  
1 package raspberry Jello, prepared  
1 package vanilla pudding, prepared  
½ pint whipping cream, whipped and  
sweetened  
8 maraschino cherries

Split the lady fingers and spread generously with raspberry jam. Cut each half in 3 pieces and place in 8 dessert dishes. Sprinkle with sherry. Arrange sliced bananas and peach slices in dishes. Pour cooled Jello over fruit and lady fingers. Chill. When firm, top with cooled pudding. Before serving top each serving with a dollop of whipped cream and a cherry. Makes 8 portions.

**CHICKEN GUMBO**

Clean, wash and disjoint two hens. Sprinkle pieces with salt, black pepper, and soak in milk for several

hours. In a Dutch oven make a roux by melting 1 tablespoon of shortening or butter in the skillet, then slowly sprinkle with 1 tablespoon flour. Brown very slowly until the flour and fat are a dark brown. Chop 1 onion, 4 stalks of celery, 2 bell peppers and 4 cloves of garlic. Drain chicken and place in pot with roux and vegetables. Add a pinch each of rosemary and thyme. Barely cover meat with hot water and let it boil. Simmer for 2 hours. When chicken is done, serve gumbo over hot rice. When dished up, sprinkle each portion with chopped green onion tops and gumbo filé seasoning. Makes 6 portions.

**GRINGO CABBAGE**

Coarsely chop 1 medium head of cabbage. Place in pot; sprinkle with 1 teaspoon salt. Cover with boiling

water; boil 7 minutes. Drain. Place ½ of the boiled cabbage in a buttered rectangular baking dish. Pour ½ cup white sauce (see below) over cabbage. Sprinkle with ½ cup Parmesan cheese and ½ cup buttered cracker crumbs. Layer remaining cabbage over mixture. Pour white sauce over cabbage. Sprinkle with ½ cup Parmesan cheese and ½ cup buttered cracker crumbs. Bake in 350° oven for 30 minutes. Cut in 3-inch squares for serving. Serves 6.

**WHITE SAUCE**

- ½ cup butter or margarine  
½ teaspoon salt  
¼ teaspoon cayenne pepper  
3 tablespoons flour  
1½ cups milk

Melt butter in a skillet; add flour. Slowly add milk. Cook and stir until thick. Add salt and pepper.

## "YOU ARE INVITED TO ATTEND "

The Bowling Green Charter Chapter's Boss Night  
 June 14, 1974 at the RED CARPET INN Social 6:30 p.m.  
 Dinner 7:00 p.m. \$5.00 Please contact Dorothy  
 Wareham or Brenda Williams for reservations.

## DAY OF FAITH

However long and dark the night,  
 Day is sure to break,  
 And children rise to laughter,  
 And birds to rapture wake.

However long the winter,  
 Spring will surely come,  
 Bringing gold of jonquil,  
 Silver of flowering plum.

However deep the sorrow,  
 However great the pain,  
 Be sure that peace will follow,  
 As sunlight follows rain.

*Elizabeth Neal Wells  
 Merchantville, New Jersey*

## FREEDOM

Freedom is a breath of air,  
 Pine-scented, or salty like the sea.  
 Freedom is a field new-plowed,  
 Furrows of democracy.

Freedom is a country church,  
 A cathedral's stately spire.  
 Freedom is a spirit  
 That can set the soul on fire.

Freedom is a man's birthright,  
 A sacred, living rampart;  
 The pulsebeat of humanity,  
 The throb of a nation's heart.

*Clara Smith Reber*

ROSTER

Ann Bays  
1230 Broadview  
Res. 842-2650

Mary Frances Brown  
1113 Jones Avenue  
Res. 842-0669  
Bus. 842-1674

Vivian Brown  
433 Bellevue  
Res. 843-2181

Sue Bullington  
Rt. # 6-Franklin, KY  
Res. 586-5062  
Bus. 842-2481

Bobbie Cardwell  
Rt. #8-Brookwood Drive  
Box 233  
Res. 781-4032  
Bus. 781-2150

Mary Collins  
D-5 Riviera Apt.  
Res. 781-1910  
Bus. 843-4389

Carolyn Dallas  
713 E. 11th Street  
Res. 842-5361  
Bus. 781-2150

Jean Fulkerson  
526 E. 13th Street  
Res. 842-5168  
Bus. 842-1330

Wanda Gilligan  
839 Edgefield Drive  
Res. 842-1330

Patricia Glasscock  
Rt. #2-Cemetary Road  
Res. 843-4232  
Bus. 842-3688

Imogene Graves  
1220 Center Street  
Res. 842-2331  
Bus. 842-4813

Evelyn Hendrix  
Rt. #4  
Res. 842-9519  
Bus. 843-3296  
Turtle Creek Convelence Ce.

Estelle Holloway  
528 8th Street  
Res. 842-7615

Clara Holmes  
1633 Chestnut-Apt. #3  
Res. 842-7882  
Bus. 781-6200

Frances Jones  
928 1/2 Elm Street  
Res. 781-5697  
Bus. 781-2150

Linda Perdue  
Apt. L-7-Village Green  
Bus. 781-5000

Florence Perkins  
2221 Grandview  
Res. 843-3693  
Bus. 842-2411

Peggy Richardson  
412 Thames Avenue  
Res. 781-2512  
Bus. 781-3770

Chapter Roster Continued

Debbie Skinner  
 Rt. #3, Three Springs Rd.  
 Res. 781-1881  
 Bus. 781-5000  
 Proof operator -  
 Husband -

JoAn Stacker  
 214 N. Cove  
 Res. 842-9317  
 Bus. 843-8950

Gwyn Stewart  
 539 Skyline  
 Res. 842-6049  
 Bus. 781-4110  
 Discount Specialist-  
 Husband-Larry

Brenda Strausburg  
 131 W. 15th Street  
 Res. 843-3787  
 Bus. 842-1667  
 City Schools-

Nancy Thompson  
 111 Valleybrook  
 Bus. 842-5691

Gladys Walker  
 923 Elm Street  
 Res. 842-1840  
 Bus. 843-6263

Lucille Walton  
 1700 S. Sunrise Drive  
 Res. 843-4705

Neva Kaye Watt  
 R. #3-Smith Grove  
 Bus. 842-4813

Brenda Williams  
 1710 Glendale Avenue  
 Res. 843-9605  
 Bus. 842-1603

Edith Willoughly  
 454 Brentmoor  
 Res. 843-3777  
 Bus. 843-9591

Janet Wills  
 Rt. #4  
 Res. 842-6461  
 Bus. 781-2300-Ext. 207

Janice Wilson  
 715 Cottonwood  
 Res. 842-4640

Suzanne Wood  
 F203 Royal Arms Apt.  
 890 Fairview Ave.  
 Res. 843-1993  
 Bus. 781-3770  
 Draftsman-Joseph P. Wilk

Dorothy Bukauski  
 Shalimar Apt C-11  
 Glasgow, KY  
 Res 651-6240

Miriam Burr  
 Lot 40 Ky Gardens Tr Pk  
 Res 781-1185  
 Bus 781-6250

Mae Page  
 928 Elm  
 Res 843-8229