

Western Kentucky University

TopSCHOLAR®

University Organizations

WKU Archives Records

4-1997

UA66/14/4 Kentucky Partnership Newsletter, Vol. IV, No. 2

Kentucky Partnership for Farm Family Health & Safety

Follow this and additional works at: https://digitalcommons.wku.edu/univ_org



Part of the [Agricultural Education Commons](#), [Community Health and Preventive Medicine Commons](#), [Occupational Health and Industrial Hygiene Commons](#), and the [Public Health Education and Promotion Commons](#)

This Newsletter is brought to you for free and open access by TopSCHOLAR®. It has been accepted for inclusion in University Organizations by an authorized administrator of TopSCHOLAR®. For more information, please contact topscholar@wku.edu.

Many Thanks to the Following 1997 Winterfest Participants

Sponsors

Baldock's Lumber and Farm Supply
Columbia Greenview Regional Hospital
Heritage Feed & Grain, Inc.
Kentucky Pork Producers
MATCO Tools
National City Bank
Oak Hollow
Rexall Showcase International
Rich Pond Crop Svc., Div. of Miles Farm Supply, Inc.
Southern States of Bowling Green
Springhill Pharmacy
Warren County Farm Bureau

Health Screening Volunteers

-WKU Nursing Students
-Dr. James Salmon
-Springhill Pharmacy
-Dr. Kay Wiatr
-Columbia Greenview Regional Hospital
-The Medical Center at Bowling Green
-McPeak Center for Eye Care

Booth Exhibitors

AgrAbility
Barren River District Health Dept.
Columbia Greenview Regional Hospital
Family Care Home Health
Farm Safety 4 Just Kids
Green Tobacco Sickness: WKU BS Nursing Students
Kentucky Department of Fish and Wildlife
Kentucky Tech, Southern Region
Kentucky Regional Poison Control Center
Kentucky Cancer Program
Livestock Safety: WKU BS Nursing Students
Mediplex Rehabilitation
Respiratory Safety: WKU BS Nursing Students
Rexall Showcase International
Slow Moving Vehicles: WKU BS Nursing Students
Southern States of Bowling Green
The Medical Center at Bowling Green Women's Center
University of Kentucky Injury Prevention Center
Warren County Cooperative Extension Service
Warren Rural Electric Cooperative Corporation

THE KENTUCKY PARTNERSHIP FOR FARM FAMILY HEALTH AND SAFETY, INC.

WKU Box 8266
1 BIG RED WAY
BOWLING GREEN KY 42101-3576
Phone: 502-745-6328 ♦ Fax: 502-745-3392

Administrative Assistant: Janice Williams
Marketing Coord. & Editor: Jeri Fields Covington

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
BOWLING GREEN, KY
PERMIT NO. 398



The Kentucky Partnership for Farm Family Health and Safety, Inc.

Volume IV Issue 2

April 1997

Safe Families Summer Fun

1997-1998 Board of Directors

Keith Casada- Asst. Manager Southern States- Bowling Green Coop., Casada Farms
Norma Cohron- Cohron & Son Farms
Al Dennis- Simpson Co. Community Education
Sue Donoho- Donoho Farms; retired from the ASCS office
Nell Dotson- Counselor at Bowling Green High School
Romanza Johnson- Home Economist; Green Acres Farms
Lucy Juett- Dir. of South Central AHEC at WKU
Vivian McClellan- Dir. of Staff Development for Commonwealth Health Corp.; McClellan Farms
Kristin Smith- Sec./Treas. of Heritage Feed & Grain; Green Valley Cattle Company
Wilson Stone- Diversified Farmer; Stone Farms
Peggy Tucker- Tucker Farms; Bookkeeper
Elizabeth Westbrook- Regional Coordinator for KY Cancer Program

speech, memory and the ability to walk to name a few. Additionally, head injuries result in over 60% of equestrian-related deaths.

Safety and safety helmets are a must when handling or riding horses. Helmets are acceptable and expected when playing football, baseball, hockey and bicycling, yet many horseback riders do not wear protective headgear every time they ride. Riding without a helmet is like riding in a car without a seatbelt.

In general, we think an equine related accident will never happen to us. However, the reality of such accidents has become all too familiar to both beginner and advanced riders. Sixty percent of all reported injuries occur at home or on the farm. Adults, ages 25 and over, account for at least 53% of hospital treated horse-related injuries.

Prevention is the key and a decrease in equestrian deaths and serious injuries can be accomplished through the use of an SEI (Safety Equipment Institute) certified helmet that meets the ASTM (American Society of Testing Materials) F1163-90 or F1163-95 standard. These helmets are identified by a label permanently attached to the inside shell of the helmet. However, not all helmets are constructed using these standards. ASTM-SEI certified helmets slow down the process of stopping by absorbing the collision of the rider's head with the ground or other surfaces. All helmets which have been involved in a severe injury should be replaced or re-tested for their effectiveness before riders rely on them for protection again. >

Farm Safety Day Camp for Kids

L. D. Brown WKU Ag Expo Center
June 17, 1997
11:00 am -- 5:00 pm

For Registration Information Call:
(502) 745 - 6328

Sporting a Helmet on Horseback

According to the National Electronic Injury Surveillance System, an estimated 34,636 emergency room visits were a result of horse related injuries in 1992 for children and young adults up to 24 years of age. Over 17% of all horse-related injuries are head injuries. Head injuries can result in unconsciousness or coma, loss of balance and coordination, blurred vision, and loss of >

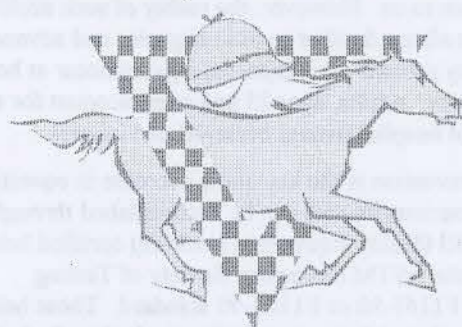


The construction of helmets has evolved and now ASTM-SEI certified helmets come in styles suitable for schooling, english and western riders. These helmets are well ventilated, light weight and designed for comfort, having removable linings, pump-up padding and fitted padding to ensure a perfect fit. Helmets come in many color covers and some helmets weigh less than 11 ounces.

When selecting a protective helmet, you should look for the ASTM-SEI certification. When fitting a helmet, make sure the jaw strap can be secured and fastened in a manner where it touches the rider's jaw and/or chin. The helmet should sit squarely on the rider's head and fit securely, yet comfortable. In a properly fitting helmet, your eyebrows should move when rocking the helmet from front to back.

Protective head gear is a must in many sports, including the sport of horseback riding. If you would like to learn more about safety helmets contact the Washington State 4-H Foundation at (206) 840-4570 to obtain the video *Every Time . . . Every Ride . . .*. This video is also available in the University of Kentucky Cooperative Extension Service Video Library. Contact your local County Extension Office to check-out a copy. □

Written by: Ashley Griffin, State 4-H Horse Specialist, U.K. Cooperative Extension Service



County Report

Warren County

April 25- presentation at Indian Hills Elementary School in Hopkinsville, KY for: "Eye on the Earth Fair"

Rinse and Return:

May 7, 1997 --9:00 am to 12:00 noon:

Plastic Pesticide Containers, properly rinsed and punctured with caps removed, can be taken to the WKU Farm across from the Dairy Barn for proper disposal. Sponsored by U.K. Cooperative Extension Service.



Summer Safety Tips:

What you can do to make your farm safe for the summer.

- ◆ Equip ponds with life preserver rings in case of emergency.
- ◆ When going out in the sun, wear sunscreen (SPF 15 or higher) on sunexposed areas of the body and a wide brimmed hat. Reapply sunscreen every 2 hours.
- ◆ Take rehydrating breaks. The body is easily dehydrated in the summer heat, drink plenty of fluids; preferably water or juices. Caffeine can hasten the dehydrating process.
- ◆ Remember to shut off equipment before getting off of it. It is tempting to hop off and pick up that limb in front of the bush hog/mower and hop back on without disengaging the blades, but it can be the most dangerous decision you make.
- ◆ Always wear safety helmets when riding ATVs, bicycles, rollerblades, skateboards, and horses.
- ◆ Update First Aid Kits for the summer. Often times, with the kids home from school this summer, you'll need a hearty supply of band-aids, antiseptic, etc. Also, make sure written directions to your house are posted near phones along with emergency numbers.

BE SAFE AND ENJOY YOUR SUMMER!!

Winterfest & 1997 Annual Meeting

The 1997 Winterfest was a huge success with over 15 booths and 7 health screenings available to the public. There were also children's activities including a storyteller, coloring contest, and petting zoo. There was lots to do and more importantly, Lots to Learn!



Warren Rural Electric's booth gets a visit from the U.S. Fish and Wildlife booth volunteers.

Participants had the opportunity to learn a vast array of information involving everything from The

Kentucky Cancer Program to Livestock Safety. The KY Partnership would like to thank all those who attended, volunteered, and participated in the 1997 Winterfest. With your help, the program was a huge success.



An enthusiastic participant enjoys the company of "Jocko 'a' clown".

The food was delicious, the atmosphere was friendly, but the best part of the 1997 Annual Meeting and dinner was the people and the message. Friends, family, and farmers gathered to enjoy an evening of heartfelt testimonies and to hear of new legislative ideas that the state of Kentucky has planned for farm health and safety.

Two courageous farm accident survivors, Denny Van Arsdale and Garnett Owens, accompanied by wife Cathy, gave touching proof that with faith, family, and friends no experience is too difficult to overcome. >

The KY Partnership would like to give special thanks to Southern States- Bowling Green Coop. for sponsoring the dinner during the 1997 Annual Meeting.



(Left to Right) Denny Van Arsdale, Cathy Owens, and Garnett Owens share their experiences as farm accident survivors.

The feature speaker, Commissioner of Agriculture Billy Ray Smith, said that one of his main goals for agriculture in KY is the importance of teaching farm health and safety.

Steps have already been taken to ensure the safety of older model tractors by five major manufacturers. John Deere, New Holland of America, Kabota, Case, and AgCo have agreed to sell at cost (+freight and installation) row bars and other safety equipment to all people owning tractors made before 1985. (For more information call your local dealership.) Along with this, the commissioner is asking for \$5,000 from each company to fund projects that are farm health and safety based. He has asked five major chemical companies to match the funds and has instructed state government directors to look for surplus in their offices to help fund the farm health and safety projects.

The KY Partnership would like to thank the commissioner for his endeavors. In reflecting on the loss of lives due to farm accidents the commissioner stated, "We can't afford to waste away the most precious resource we have." Commissioner, we agree. □



Commissioner of Agriculture, Billy Ray Smith, addresses The KY Partnership's 1997 Annual Meeting.