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The Colonelette

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## The Colonelette (March 1983)

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# ***The Colonelette***



**AMERICAN BUSINESS WOMEN'S ASSOCIATION  
KENTUCKY COLONEL CHAPTER  
Bowling Green, Kentucky**

\*\*\* THE COLONETTE \*\*\*

KENTUCKY COLONEL CHAPTER  
AMERICAN BUSINESS WOMEN'S ASSOCIATION  
BOWLING GREEN, KENTUCKY

Dinner Meeting -- Fourth Tuesday  
6:00 p.m. -- Social  
6:30 p.m. -- Dinner  
7:15 p.m. -- Business Session

Briarpatch Restaurant  
956 Fairview Avenue  
Bowling Green, Kentucky



The COLONETTE is edited and published monthly by the Bulletin Committee of the KENTUCKY COLONEL CHAPTER of the American Business Women's Association, Bowling Green, Kentucky.

\*\*\* BULLETIN COMMITTEE \*\*\*

Mary Hext, Chairman  
Rt. 13, Box 403  
Bowling Green, KY 42101

\*\*\* NATIONAL DIRECTORS \*\*\*

FOUNDER . . . . . Hilary Bufton, Jr.  
EXECUTIVE DIRECTOR . . . . . Mrs. Ruth Bufton  
ASSISTANT EXECUTIVE DIRECTOR . . . . . William H. Blair  
ADMINISTRATIVE DIRECTOR . . . . . Mrs. Glorine Touhey

\*\*\* NATIONAL OFFICERS 1982-83 \*\*\*

PRESIDENT . . . . . Connie Aden  
NATIONAL FIRST VICE PRESIDENT . . . . . Sylvia M. Jordan  
SECRETARY/TREASURER . . . . . Velda J. Tilling  
VICE PRESIDENT - DISTRICT II . . . . . Genny Dupin

\*\*\* NATIONAL COLORS \*\*\*

Black and Gold

\*\*\* NATIONAL FLOWER \*\*\*

White Carnation

\*\*\* NATIONAL MOTTO \*\*\*

"Better Personality for Better Living"

\*\*\* NATIONAL THEME \*\*\*

Project: Innovate

\*\*\* OBJECTIVE \*\*\*

The objective of this Association shall be to promote the professional, educational, cultural, and social advancement of business women.

\*\*\* NATIONAL MAGAZINE \*\*\*

Women in Business

\*\*\* NATIONAL HEADQUARTERS \*\*\*

AMERICAN BUSINESS WOMEN'S ASSOCIATION  
9100 Ward Parkway  
P.O. Box 8728  
Kansas City, Missouri 64114







\*\*\* MARCH MEETING \*\*\*



A G E N D A

DATE . . . . . March 22, 1983

TIME . . . . . Social - 6:00 p.m.  
Dinner - 6:30 p.m.

PLACE . . . . . Briarpatch Restaurant

INVOCATION . . . . . Angie Yokley

PLEDGE OF ALLEGIANCE . . . . . Anne May

DINNER

VOCATIONAL SPEAKER . . . . . Kathy Lyon

Kathy Lyon has been a member of our chapter for approximately two years. She is employed at Kinder Kollege where she teaches three year old children. She is a graduate of Murray State University where she earned her bachelor's and master's degrees.

PROGRAM . . . . . "Let's Get Physical"

S U R P R I S E ! ! ! ! !

BUSINESS SESSION . . . . . Michele Neal

BENEDICTION . . . . . Lydia Wallace





\*\*\* MINUTES OF THE EXECUTIVE BOARD \*\*\*

The Executive Board Meeting of the Kentucky Colonel Chapter was held at 5:15 p.m. on February 15, 1983, at the Board of Education Office. Those members in attendance were: Michele Neal, Vickey Branstetter, Theresa Wyatt, Angie Yokley and Karen Towell.

Items of discussion were:

Spring Enrollment will be held March 15, 1983, at the Houchens Center. Roberta Lawrence has declined her responsibilities as chairman of the event. It was suggested that Mary Hext be chairman of this event in her absence. Michele Neal will contact Mary as soon as possible to see if she can chair this event.

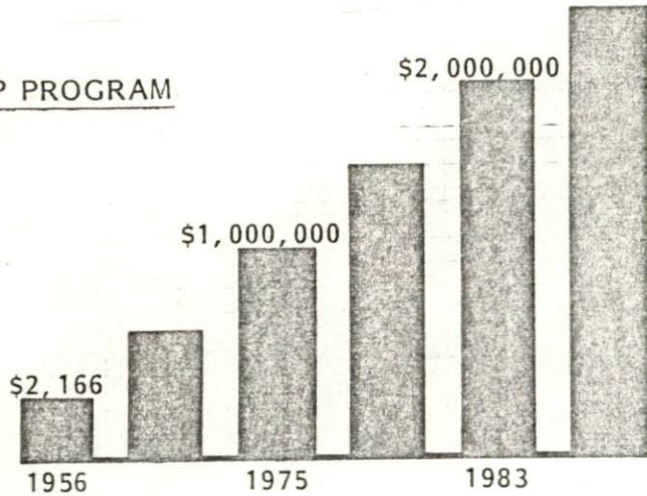
Michele had talked to the Ways and Means Committee and the committee has presented for the board's approval the suggestion to have a raffle with the item possibly being a gas grill. The board agreed on this project and will present this project to the general membership at the next meeting.

Business Associate Night plans were discussed. Michele has checked into the possibility of having the banquet on May 21, 1983, at the Indian Hills Country Club. The Ways and Means Committee will be assisting in the Souvenir Program Ad Sales.

With no further business or communications to discuss, the meeting was moved to adjourn.

SCHOLARSHIP PROGRAM

ABWA offers financial assistance to women seeking educational advancement. Since the Association's inception, chapters have sponsored scholarships for women needing additional education in order to attain higher positions in business. Last year, ABWA chapters awarded more than \$2,000,000 in scholarships.



Since 1953, on the national level, the Stephen Bufton Memorial Educational Fund has provided financial aid to women whose goals are college or university degrees. SBMEF is a non-profit fund, administered by the Association's National Board of Directors who serve as trustees and the selection board for the Fund. SBMEF is supported by tax deductible contributions from chapters, members, individuals and companies. Last year, \$280,000 was awarded to recipients of grants and loans.

\*\*\* TREASURER'S REPORT \*\*\*

	<u>CHECKING</u>	<u>SAVINGS</u>
BALANCE BROUGHT FORWARD - FEBRUARY 10, 1983	\$ 126.85	\$ 831.73
RECEIPTS:		
Dinners . . . . .	65.02	
Dues . . . . .	6.00	
TOTAL RECEIPTS:	\$ 71.02	\$ 0.00
DISBURSEMENTS:		
Postage . . . . .	20.00	
Dinners - Briarpatch . . . . .	69.86	
TOTAL DISBURSEMENTS:	89.86	0.00
BALANCE - March 10, 1983	\$ 108.01	\$ 831.73
CONVENTION FUND - BALANCE - FEBRUARY 10, 1983	\$ 118.81	
No transactions		
BALANCE - MARCH 10, 1983	\$ 118.81*	

\*This amount is included in the savings and checking account balances. This is not an additional amount.

\*\*\* NOTES \*\*\*



\*\*\* HOSPITALITY COMMITTEE REPORT \*\*\*

Chairwomen: Leanne Lockhart and Mimi Burr

1983 HOSTESSES

- March . . . . . Sandy Sikes and Karen Towell
- April . . . . . Mary Hext and Kathy Lyon
- May . . . . . Business Associate Night
- June . . . . . Lucille Walton and Peggy Sharer
- July . . . . . Michele Neal and Roberta Lawrence

\*\*NOTE: Please notify Leanne or Mimi of any changes if you are listed for a month that you are unable to attend. Other members will be called upon when there is a cancellation.

\*\*\*NOTE: Leanne or Mimi will be contacting members prior to each meeting to determine if you will be attending the meeting, if you will be eating, and if you will be bringing guests. If you confirm eating dinner and do not come for dinner, YOU WILL BE RESPONSIBLE FOR THAT MEAL. The Chapter is held responsible for paying for the number of meals that is telephoned in the day of the meeting. If a change in plans does occur, please notify Leanne or Mimi by NOON the day of the meeting and an adjustment will be made.

The Hospitality Committee requests your help in letting them know when one of our members is sick and in the hospital, when there is a death in the immediate family of one of our members, and when there are other occasions or events that warrant the attention of the Hospitality Committee.

\*\*\* MAKEUP MEETING INFORMATION \*\*\*

HILLTOPPERS '76 CHAPTER

Meets: 2nd Tuesday  
 Place: Red Carpet Inn  
 Time: 6:00 p.m. - social  
 6:30 p.m. - dinner  
 Call: Libby Simon  
 781-2719 - B  
 843-8725 - R

CARDINALS OF KENTUCKY

Meets: 2nd Monday  
 Place: Ambrosia  
 Time: 6:00 p.m. - social  
 6:30 p.m. - dinner  
 Call: Betty Wyatt  
 781-1000 - B  
 843-8705 - R

B.G. CHARTER CHAPTER

Meets: 2nd Monday  
 Place: Changes  
 Time: 6:30 p.m. - social  
 7:00 p.m. - dinner  
 Call: Hazel Hire  
 842-0154 - B  
 842-2166 - R



# ABWA 1983 Spring Enrollment Event

Our annual spring enrollment event was held Tuesday evening, March 15, 1983, at 7:00 p.m. at the Houchen's Center for Women. Members and guests were entertained by an award winning performance entitled "Signs of Spring" which starred:

Mary Hines as Mother Nature  
 Mimi Burr as April  
 Michelle Neal as May  
 and Pam Hunter as June.

Mary Hext was chairman of the event and also provided sound effects. Art work was provided by Mary Hines. A special thanks goes to all of them for the outstanding skit!!! Delicious refreshments with a St. Patrick's Day theme were provided by Belle Lady and Anne May. A special thanks to them too!!!

We had four guests present: Sarah Weafer and Marcia Harrell were guests of Mary Hines. Tami Cole was the guest of Lucille Walton; and Barbara Dunham was the guest of Anne May. We were very pleased to have Sarah and Barbara join our chapter that evening.

\*\*\* HAND OF FRIENDSHIP AWARDS \*\*\*

The continued growth of ABWA is shown by the eagerness of ABWA members to share membership benefits by sponsoring their friends and business associates. National Headquarters encourages this sharing through Hand of Friendship awards. These cannot be purchased but are earned. When a member has sponsored eleven new members, in addition to qualifying for the Diamond Guard, she becomes a member of ABWA's celebrated INNER CIRCLE. This is a very select group, yet is attainable by any member who demonstrates the meaning of ABWA and shares its benefits. Inner Circle members are not content to fold their hands and stop there -- but go on to earn additional Hand of Friendship awards! Here are the degrees of the Hand of Friendship program:

HAND OF FRIENDSHIP AWARD	EARNED BY SPONSORING
GOLD GUARD, to be exchanged	2 members
PEARL GUARD, to be exchanged	5 members
RUBY GUARD, to be exchanged	8 members
DIAMOND GUARD, (highest guard; hers to keep)	11 members
EMERALD STAR WITH BRACELET	22 members
GOLDEN SAPPHIRE STAR	33 members
BLUE SAPPHIRE STAR	44 members
GARNET STAR	55 members
AMETHYST STAR	66 members
PEARL STAR	77 members
DIAMOND STAR	88 members





# 1983 Central Regional Meeting District II

Nashville, Tennessee

COME JOIN US  
FOR AN ABWA "SPRINGTIME IN TENNESSEE"  
May 13-15, 1983

## The Workshops

Through Regional Meeting workshops, members realize their potential and learn ways to accomplish more in their business and personal lives, and in ABWA. Each hour-and-fifteen minute workshop will be presented at 9 a.m., 10:20 a.m. and 1:35 p.m., giving you the opportunity to attend all three. The workshops are:

### Chapter Dollars and Sense

A clear understanding and ability in money management is an important asset today. Money talks . . . and people talk about money! Making ends meet in today's unpredictable economy is a challenge faced by most ABWA chapters. This workshop will focus on chapter financial planning — businesslike approaches to the expenditure and handling of chapter monies. Join in on a "dollars and sense" discussion which will help you get the most for your chapter money.

### Accurate Business Communication

The art of communication is a multi-faceted necessity. One of the keys to success is the ability to express yourself clearly and succinctly. However, it is often difficult to know if you are really saying what you mean — and if you are being understood by others. Effective communication — written, verbal, or physical — is essential in today's world of business. Area professionals will provide guidelines and examples to aid you in saying what you mean to say — better! Workshop content will incorporate fundamental skills and new techniques necessary to the successful exchange of ideas and information.

## Weekend Agenda

REGISTRATION: 9 a.m. to 9 p.m. Friday  
and 8 a.m. to 3 p.m. Saturday

### FRIDAY

Registration	9 a.m. to 8 p.m.
Exhibits	9 a.m. to 8 p.m.
*Bulletin Entry Display	9 a.m. to 8 p.m.
**Seminar, Solving the Power Puzzle	1:30 to 4:30 p.m.
Opening Session	8 to 9:30 p.m.
Mingle Time	9:30 to 10:30 p.m.

### SATURDAY

Coffee	8 a.m. to 8:45 a.m.
Registration	8 a.m. to 1:35 p.m.
Exhibits	8 a.m. to 3 p.m.
Workshops	9 a.m. to 11:35 a.m.
Break	11:35 a.m. to 1:35 p.m.
Workshops	1:35 to 2:50 p.m.
Bulletin Display	2:15 to 5:15 p.m.
Forum	3 to 4 p.m.
Social Hour	6 to 6:45 p.m.
Banquet	7 to 9:30 p.m.

### SUNDAY

Religious Services	7:45 to 8:30 a.m.
Breakfast	9 to 10:30 a.m.

\*The deadline for entering Bulletin competition is now 8 p.m. on Friday.  
\*\*Optional function not included in registration fee.

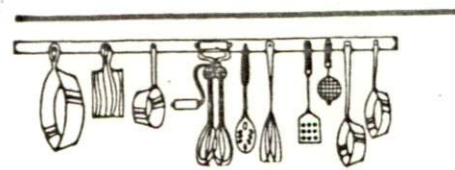
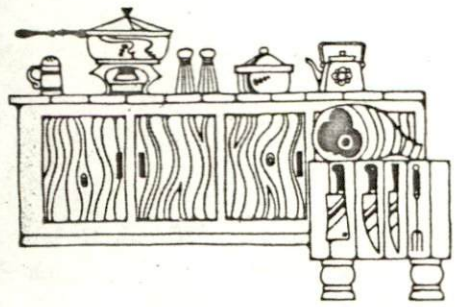
### The Superwoman Concept

If you are a successful working woman, a caring wife and mother, active in ABWA, serving in the PTA, and making good grades in night school; but you are disappointed that you can't find time to lead your daughter's scout troop, carry more school hours, improve your tennis game, prepare daily gourmet meals, do exquisite needlepoint, and you have not become a size six . . . you have the symptoms! Although these expectations aren't very realistic, they aren't very unusual either. Most

women have experienced some degree of the extreme case described. The condition is not unique to a specific age, or stage in life; and it can be depressing and destructive when allowed to exist unchecked.

Workshop leaders, Linda Moore, Kay Cronkite Waldo, and Deborah Young, will conduct sessions which examine this little-understood, but prevalent problem which has become endemic to women of the twentieth century.





\*\*\* FROM ABWA KITCHENS \*\*\*

LEMONADE PIE

Prepare a 9" graham cracker crust.

For filling: mix 1 can Eagle brand milk and a small can of frozen lemonade (thawed), then add a small container of Cool Whip. Mix well and tint with yellow food coloring. Chill. Top with Cool Whip and decorate with sliced lemons.

-- Leanne Lockhart

PARTY PIZZA OR FRUIT PIZZA

- 1 box Duncan Hines Sugar Cookie Mix
- 1 8-oz. Cream Cheese
- 1/2 c. sugar
- 1 t. lemon juice
- 1 pt. strawberries
- 1 pkg. of starwberry glaze

Mix cookie mix following the directions on the package. Spread on pizza pan and bake as directed. Cool.

- Topping: 1st layer: Combine cream cheese, sugar, and lemon juice. Spread onto cookie crust.
- 2nd layer: Drain pineapple, wash strawberries, mix pineapple and strawberries, and glaze together and spread on top.

Slice as you would a pizza and serve. Keep the remaining portions in refrigerator.

-- Vickey Branstetter

PURE HEAVEN

- 1 white cake mix (Pillsbury Plus)
- 3 egg whites
- 1 1/4 c. water
- 1/2 c. oil
- 8 oz. sour cream
- 1 box French vanilla pudding

Mix all ingredients well. In separate bowl mix 1/2 cup of sugar and 1 1/2-2 T. cinnamon. Layer alternating cake mix and sugar-cinnamon mixture the cake mix into coated baking pan. Bake at 350° for 45 min. to 1 hr.

Let cool. Then cover entire cake with Cool Whip. Top with fresh strawberries. (can use peaches or pineapple)

-- Lyndia Cherry

\*\*\* FEATURE MEMBERS \*\*\*

\*\*\* KATHY LYON \*\*\*

Kathy joined our chapter approximately two years ago. She has served as the chairman of the Education Committee and is currently the chairman of the Membership Committee. She has also served on the committees for Boss Night and the Fashion Show. Kathy joined ABWA in order to grow as an individual and to help others grow as business women and to become more aware of the many areas available to business women.

Kathy has been employed as a teacher at Kinder Kollège since January. She was graduated from Murray State University with a B.S. and M.A. in Education and has taught for eight years.

Kathy is married and has one son, Chad. She just recently celebrated her anniversary. She enjoys reading, golf, and crafts. Kathy is a member of Living Hope Baptist Church and the Eastern Star. She also has one cat named "Kat."

\*\*\* SANDRA SIKES \*\*\*

Sandra has been a member of our chapter about one and one-half years. She is currently the chairman of the Public Relations Committee. She joined ABWA in order to meet other business women.

Sandra is employed as a bookkeeper at Coal Carriers, Inc., where she has worked for one year. She graduated in 1982 from Western Kentucky University with a B.S. degree in Accounting.

Sandra's birthday is October 31 and she enjoys wallyball, tennis, bowling, and softball.

\*\*\* LUCILLE WALTON \*\*\*

Lucille has been a member of ABWA for 22 years and is one of the chapter members of our chapter. At the time she joined, Lucille wanted to become involved in an organization and this one sounded like what she wanted with its ideals, scholarship programs, chapter activities, social activites, and other benefits.

Lucille has served as chairman of the Scrapbook, Social, Nominating, Banquet, Contact, Vocational, Courtesy, Woman of the Year, Ways and Means, and Yearbook Committees, and has received three merit awards. She has also served on the Education, Nominating, Social, Scrapbook, Ways and Means, and Auditing Committees. Lucille was our Woman of the Year in 1979.

Lucille is a housewife and after 34 years, has retired as a beautician. She is a graduate of Gamaliel High School in Monroe County and Summer Shade High School in Metcalfe County. She graduated from the Lois-Glyn School of Beauty in 1946. She has four children and four grandchildren. She opened her own business in 1955 and ran in for 24 years. Lucille enjoys embroidery, piece quilting, and gardening.



\*\*\* ROSTER \*\*\*

BRANSTETTER, CHRISTY (Porter) Mike  
613 East 11th Street  
RP: 781-6569  
Self-Employed

BRANSTETTER, VICKEY (Jackson) Bob  
Route 2, Box 5B, Alvaton, KY 42122  
RP: 782-3834  
Fairview Paint and Wallpaper  
BP: 781-3680

BURR, MIMI  
Ky. Garden Trailer Park, Lot 40  
RP: 781-2864  
GRW Engineers, Inc.  
BP: 781-6250

COLE, PAT  
1029 Shive Lane, P-5  
RP: 843-1617  
Southeastern Utilities  
BP: 781-6972

GARRETT, MARY JANE  
1611 Vosswood Way  
RP: 781-7805  
Monarch Environmental  
BP: 781-0781

HAMMOND, GWYNNE (Runner)  
2623-A Navaho Trail  
RP: 843-6801  
Union Underwear Company  
BP: 781-6400 Ext. 487 or 306

HEXT, MARY Gary  
Rt. 13, Box 403  
RP: 781-8171

HINES, MARY  
214 Valleybrook Road  
RP: 781-0691  
Oakland Elementary School  
BP. 563-4710

HUNTER, PAM  
126-A Westwood Circle  
RP: 782-3691  
Logan County Schools  
BP: 542-6590

HUYCK, DALE  
Rt. 14, Box 264  
RP: 843-9982  
General Motors  
BP: 781-7800 Ext. 277

KEITH, BRENDA (Klusmeier)  
Rt. 14, Detour Road  
RP: 781-3064  
Sears Department Store  
BP: 842-2481

LADY, BELLE  
1337 Collegeview  
RP: 842-4991  
Butler County School System

LAWRENCE, ROBERTA  
Rt. 13, Box 108  
RP: 781-4548  
Ky. Agric. Energy Corporation  
BP: 586-9586

LOCKHART, LEANNE (Clasby) James  
Creekside Townhouse, Apt. 3  
RP: 782-3387  
Union Underwear Company  
BP: 781-6400 Ext. 574

LYON, KATHY (Townzen) Dave  
1723 Cave Mill Road  
RP: 781-8667  
Kinder College

MAY, ANNE  
Rt. 13, Box 730  
RP: 843-6300  
B.G. Orthopedic Asscn.  
BP: 782-7800

NEAL, MICHELE  
Riviera Apts. E.-3  
RP: 782-9872  
Warren Co. Board of Education  
BP: 781-5150

PERRY, SANDRA (Klusmeier)  
Rt. 9, Southern Hills  
RP: 781-9942  
American National Bank  
BP: 781-6111 Ext 262



\*\*\* ROSTER \*\*\*

SHARER, PEGGY (Hudson) Jerry  
1200 West Meade  
RP: 842-0697  
AMCA International  
BP: 781-9600 Ext. 267

SIKES, SANDRA  
2931-B North Mill  
RP: 781-1784  
Coal Carriers, Inc.  
BP: 842-1656

TOWELL, KAREN David  
1551 Chestnut Street  
RP: 843-1231  
Iron Skillet Enterprises  
BP: 781-1800

WALLACE, LYDIA  
1140 Chestnut St., Apt. 3  
RP: 842-8949  
Union Underwear Company  
BP: 781-6400 Ext. 286

WALTON, LUCILLE (Wiley) Herman  
1700 South Sunrise Drive  
RP: 843-4705  
Retired

WEAVER, JAN (Pharris) Terry  
1113 Dickens St., Rt. 6  
RP: 782-2882  
General Motors  
BP: 781-7800 Ext. 420

WYATT, THERESA (Connelly)  
1327 Shannon Way  
RP: 782-1510  
Butler Co. School System

YOKLEY, ANGIE  
1314 High Street  
RP: 782-4252  
American National Bank  
BP: 781-6111 Ext. 376