

Fall 1995

## UA64/23 Linkages

WKU Consumer & Family Sciences

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**Chat With the Chair**

**A** strong department growing stronger! This sounds like a bold pronouncement. While it may be bold, you will no doubt be impressed with what faculty and friends have accomplished in the Department of Consumer and Family Sciences over the past year.

Before I share accomplishments, let me tell you that "strong and growing stronger" is occurring in a context of change at Western Kentucky University. The President has challenged faculty and students to move to new levels of excellence. This means a thor-

ough review of the way we educate and use resources.

Strong and growing stronger is evidenced by completion of a new computer and student resource facility in the department. You would be pleased to walk by this laboratory almost any time of the day and find either a class using every available computer or small groups of students at the computers, in the reference materials section, the video viewing area, or simply working with their peers at one or more of the conference tables provided. Our need for additional resources to update and maintain this fa-

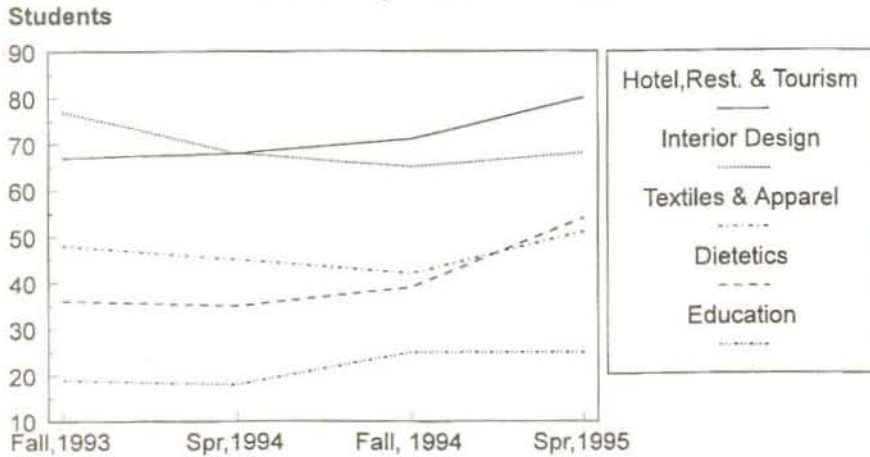
cility creates the type of problem we like to deal with. Remember, your contributions will be used to add equipment, software, and resource materials central to the education of our students.

Strong and growing stronger is further highlighted by increases in the number of majors being served. The enrollment in

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## CFS Program Enrollments



the Department of Consumer and Family Sciences increased from 247 majors in 1994 to 278 majors in 1995. Emphasis is now being placed on increasing the number of students who successfully complete programs which are part of a comprehensive strategic planning process for the department. Careful thought is going into the use of resources and patterns of programming for the Twenty-first Century.

Strong and growing stronger is also illustrated by increased emphasis on advancement activities. This

year's phonation generated significantly more dollars for the department than at any time in the past. Thank you! Your financial assistance has been used to prepare a student-generated report for the Kentucky Department of Parks, promotional materials, and to increase scholarships. In addition, concerted effort is being made through a comprehensive "Major Gifts Program" plan to increase private sector giving. It is clear that our graduates and friends are extremely proud of

the Department of Consumer and Family Sciences based on their willingness to provide financial support.

Yes, we are strong and growing stronger. With your thoughtful assistance and encouragement the Department of Consumer and Family Sciences at Western Kentucky University will provide an excellent education for those who trust their education to us.



### Spotlight on Scholarship Recipient

The Beta Delta Alumni Chapter of Phi Upsilon Omicron established the Evadine Parker Scholarship to assist under-

graduate or graduate student members of Phi U. The scholarship contributes to student development and furthers the purposes of the honor society.

This is the second year that we have introduced through Linkages one of the recipients of the Evadine Parker Scholarship and gives that recipient the opportunity to explain what the scholarship meant to her. The 1988-89 recipient was Linda Gilliland Howsen (B.S.'89). Linda was a full-time student at Western as well as a divorced mother raising a small child. To make ends meet she worked parttime on campus in order to supplement her limited resources.

*She said, "For me, scholarships such as the Evadine Parker award meant the difference between being able to stay in school to complete my degree and*

*having to quit school and give up my dream of being a registered dietitian."*

Not only did the scholarship provide financial assistance for Linda, but it gave her a psychological boost by letting her know that others had faith and confidence in her abilities to succeed in school and her profession. This kind of incentive was very important to her.

After completing her degree at Western, Linda was accepted into the internship program at Vanderbilt University Medical Center. She completed the internship, passed the National Dietetics Registration examination, and became a registered dietitian. She is presently working with the Kentucky Diabetes Control Program at the Bowling Green-Warren County Health Department Primary

Care Center. Her responsibilities include providing nutrition counseling and care to infants, children, prenatal patients, and other adults with a variety of nutrition-related problems.



## Alumni News

Barbara Freyling Disney (B.S.'73) is working with a company which contracts with the State Department of Insurance in Kentucky and Indiana to teach continuing education and pre-

licensing classes.

Hollie Hildreth (B.S.'87) is a sales specialist at Castner-Knott's in Bowling Green. Hollie and Robert Scott Cummings were married July 7, 1995.

Stephanie Hudson Hunter (B.S.'93) is co-manager at Victoria's Secret in Bowling Green. Stephanie and Wales Reading Hunter were married June 17, 1995.

Ginger Lewis (B.S.'94), Shannon Edwards Webb (B.S.'93), and Ali Bratcher (B.S.'94) are all using their creative talents at Lowe's in Bowling Green. Ginger and Shannon are Interior Design Specialists. Ali is a Kitchen Cabinet Specialist.

Pam Antle York (B.S.'90) is a Home Economics Extension Agent for the University of Kentucky and is

located in Marion County.

Corbett Dewayne Lamkin (B.S.'93) is the Front Office Supervisor at the Hyatt Regency in Louisville, KY.

Wanda Mosley Cooksey (B.S.'56, M.A.'62), a retired school administrator, is presently serving as an education consultant and lobbyist representing small school districts in Frankfort, KY.

Nannie Ruth Conkin Pogue (B.S.'64) retired from teaching home economics at Logan County High School in 1989. She is presently the owner of the N.R. Oak Reproductions at the Country Barn of Shakertown near Auburn, KY.

Patricia Coatney Montgomery (B.S.'79) is designer and manager of Barbara

Stewart Interiors in Bowling Green.

Sue Ballard de Ruiz (B.S.'87) is teaching interior design and textiles at Tyler Junior College in Tyler, TX.

Carrie Helm Cox (B.S.'88, M.A.'90) is a doctoral candidate in the Department of Textile and Apparel Management, University of Missouri at Columbia. Her emphasis is costume and museum studies.

Ann Beth Jenkins Presley (B.S.'84) received the PhD. in Textiles Science at the University of Maryland in 1992 and took a teaching/research position at Auburn University, Auburn, AL. She and William Neal Presley III were married July 23, 1994.

Sue Mattingly Smith (B.S.'88, M.A.'93) is a substitute teacher in Christian and Todd

Counties. Her husband is with USDA Soil Conservation Service.

Kathryn M. Eppinger (B.S.'93) is an interior designer at Special Effects for Interiors in Nashville, TN. She is an allied member of Nashville Chapter of ASID and served as Corresponding Secretary during 1994 and 1995.

Brenda Lynn Short Black (B.S.'92) is teaching at Heritage Hill Junior/Senior High School in Newburgh, Indiana.

Liz Shelton Stauth (B.S.'92) is an Area Sales Manager in the Sportswear Department at Elder Berman in Evansville, IN.

Alice Coop Benham (B.S.'77) is sewing educator for Singer Sewing Center, Bowling Green, and instructor at Bowling Green State Vocational Techni-

cal School. Her article "Fancy Heirloom Patchwork Christmas Ornaments" appeared in the September-October issue of Sew Beautiful, an international magazine.

Danielle Williamson Hobgood (B.S.'88) opened Mum's the Word Maternity Shop in 1993. The business was chosen as one of four area businesses to represent Paducah Bank in their 1994 area ad campaign.

Cindy Adams (B.S.'93) opened an interior design store called "Treasured Interiors by Cindy." The store is located on Main Street in La Grange, KY. Her store carries carpeting, wallpaper, drapery fabrics, accessories, blinds, and some antiques.

Teresa Humphrey Graves (B.S.'90, ASN'93) is working as a registered

nurse in Knoxville, Tn. where she incorporates knowledge of home economics to help improve quality of life for others.

Chris Harston (B.S.'94) is an Associate Department Manager at Castner-Knott in Bowling Green. Chris completed the "Excelled Through Leadership" program recently and expects to get his own department in the near future.

Kristie Puckett (B.S.'94) is Assistant Area Sales Manager at Elder Berman in Elkhart, IN. Her country music recording career is advancing with an independent label "Arrow Star." She is a member of the Independent Record Label Association in Nashville.

Robin Morris (B.S.'94) is assistant manager of the Limited II in Nashville at Cool

Springs. She visited the department in April and interviewed prospective candidates for position with Limited II. She also spoke to Fashion, Inc., about opportunities offered by her company. Robin had just been made manager of her own store and was moving to another location in the south.

Michelle Spivey (B.S.'94) is an assistant designer at Sprintz Furniture Showroom in Nashville.

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## Memorial to Miss Evadine Parker

If you took courses in the Department of Home Economics or, as it was later known, the Department of Home Economics and Family Living, you probably knew Miss L. Evadine Parker, whose years of service at Western

spanned that period. If you graduated before 1970, you probably had Miss Parker for Foods I and II, as well as Family Health, Household Equipment, Home Management Theory, and the Home Management House. Her teaching focused more on foods and nutrition as enrollments in the department increased, new programs in Dietetics, Textiles and Clothing, Interior Design, and Hotel and Restaurant Management were developed, and new faculty were added.

Regardless of the subject, Miss Parker set high professional standards which prompted most students to perform up to her expectations which were equally high. She seemed to know every student by name, by geographic area of origin, and after graduation, by

work history. An that was the case until a few days before her death on May 2, 1995.

Miss Parker retired from the University in 1974, but she continued to participate in her favorite activities. She was a member of the Daughters of the American Revolution and the Daughters of the American Colonists, spending much of her time engaged in genealogical research. She was an organizer and president of the Altrusa Club.

Miss Parker took great pride in the fact that she was one of the faculty who worked diligently to organize the Phi Upsilon Omicron colony at Western which was installed as the Beta Delta Chapter of the national honor society on May 14, 1966. As its first finan-

cial advisor, Miss Parker provided excellent guidance in establishing a financially sound chapter. Her continuing advice on financial matters was a key factor in the establishment of the Beta Delta Phi Upsilon Omicron Scholarship in 1973-74 and many students have benefitted from the Scholarship to date.

The Beta Delta Alumni Chapter of Phi Upsilon Omicron was installed March 27, 1971, with Miss Parker as the organizing president. She served as Treasure (1976-78) and gave generously of her time, money, and energy to support Phi U at local, district, and national levels. In 1984 the Beta Delta Alumni Chapter honored her by establishing the Evadine Parker Phi Upsilon Omicron Scholarship Fund in the College Heights Foundation. Initially,

money to establish the fund was obtained from the sale of the "Violets" print from the original commissioned by the chapter, and painted by Sandra Schapp. Scholarships from interest on the fund are awarded annually to worthy Phi U undergraduate or graduate members at Western for student development in furthering the purposes of the honor society.

The collegiate and alumni chapters of Phi U, the Department of Consumer and Family Sciences, and the University are indebted to Miss Parker for her diligence in regularly adding to the corpus of the Scholarship Fund and supporting the sale of prints of "Violets." We are also appreciative of Miss Parker's family who have asked that expressions of sympathy take the form of contributions to

the Evadine Parker Phi Upsilon Omicron Fund in the College Heights Foundation at Western.

## Department Highly Visible at KAFCS Meeting in Lexington

Dr. Treva Mitchell was the keynote speaker for the annual meeting Kentucky Association of Family and Consumer Sciences (KAFCS) in Lexington, KY, in March 1995. Her topic was "Investment in Youth."

Carl Hall, Professor and Head of CFS was named recipient of the KAFCS Leader Award for 1994-95. This honor will make him eligible for the national American Association of Family and Consumer Sciences Leader Award in 1996.

Theresa Howard, Home Economics Ex-



tension Agent for Larue County received the KAFCS Young Achiever Award and will be eligible for the AAFCS Young Achiever Award in 1996.

Dr. Joyce Rasdall, Professor in CFS, participated in the Juried Research Session. Her presentation was on "Radon Issues in Kentucky: Implications for Consumers and Family Housing."

Dr. Martha Jenkins, Professor in CFS, has been named the KAFCS Outstanding Home Economist of the Year for 1994-95. This award makes her eligible for the national Outstanding Home Economist of the Year Award in 1996.

Kelli Kinkade, home economics education major was awarded the KAFCS Outstanding Student Award for 1994-95.

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**Departmental News**

**D**r. Danita S. Kelley published an article "Manipulation of Central Nervous System Histamine of Histaminergic Receptors (H1) Affects Food Intake in Rats" in the Journal of Nutrition. Dr. Kelley also presented the paper at the American College of Nutrition National meeting.

During the Spring semester, students in Dr. Casto's History of Architecture and Inte-

riors class conducted research on furniture and decorative arts objects at the Kentucky Museum. Working in pairs, the students analyzed artifacts ranging from a Rococo Revival chair to a Gothic Revival wardrobe, conducted background research, and prepared reports for Museum curator, Sandy Staebell.

Students in Dr. Casto's Restoration of Historic Interiors class spent the Spring semester gaining first-hand experience preparing an

Wendy Stivers, KAFCS Nominating Committee, presents Carl Hall with the KAFCS Leader of the Year Award.



Natalie Powers at the Kentucky Museum



interpretive plan for the Whitley House, near Crab Orchard, Kentucky. The State Parks Department will use the reports in their restoration of the site. This is the third year that Brooks Howard and Ron Langdon of the Parks Department have worked with the class. Previous projects were a detached kitchen at White Hall (opened to the public in Fall 1994) and an interpretive plan for Federal Hill.

Students in Dr. Joyce Rasdall's

Interior Design Graphics and Design Synthesis class submitted design proposals for a student competition. The designs were for wall graphics for the third floor hall of the Academic Complex and the Computer Resource Room. Finalists selected were Beth Swearingen, junior, Lisa Slinker Hunley, senior, and Cara Haggerty, senior.

Design refinements were completed in April with painting to follow as soon as possible.

We hope that our alumni will share our excitement about this project with a visit to see the department's new look.

WKU's chapter of Phi Upsilon Omicron National Home Economics Honor Society was honored with one of 10 annual national professional project awards at the 1994 National Conclave at the University of Wisconsin-Stout, Menomonie, Wisconsin. The local chapter's Fantastic Friday project featured critical leadership issues, speakers, workshops, and their instructors as well as majors in CFS. Advisors are Dr. Martha Jenkins, Dr. Joyce Rasdall, and Mrs. Cindy Jones. Beta Delta Chapter was represented at the Conclave by collegiate President Karen Costello, alumni delegate, Cindy Jones and advisor, Martha



Dawn Ballard, left, studies plans with Teresa Roach at Whitley House

Jenkins.

Dr. Jo Ann Schickel Hilliker, a member of the CFS faculty 1970-72, is acting District Extension Director of 4-H for 17 counties in North Central Florida.

Deborah Sutherlin, Hotel, Restaurant, and Tourism Management instructor, resigned her position in May to complete her dissertation and obtain her Ph.D. at Virginia Tech.

Thirty interior design and home economics education majors participated in a special tour of Sprintz Furniture Showroom and Gallery and the 10th Annual Interior Design Showcase Home and gardens in Nashville, Tennessee on April 27.

The KAFCS Legislative Affairs Committee was instrumental in preparing a resolution,

"Visibility of the American Association of Family and Consumer Services and Public Policy Advocacy for Quality of Life Enhancement Programs," by the Kentucky delegation at the AAFCS meeting in New Orleans in June, 1995. Dr. Martha Jenkins chaired the committee which included Romanza Johnson, Joyce Rasdall, and Kelli Kinkade.

Dr. Joyce Rasdall participated on a public policy panel session at the annual meeting of AAFCS in New Orleans. Dr. Rasdall was also co-organizer of a special Public Policy workshop following the national meeting.

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**Sweat Named Vocational Teacher of the Year**

**N**ora V. Sweat, (B.S.'70) was selected as

the Region II Vocational Teacher of the Year (includes 7 Southern States). She teaches creative foods, food management, nutritional science, and parenthood education at Central Hardin High School, Elizabethtown, KY. She also serves as Department Head for Home Economics, Technology Education, and Special Vocational Programs in her high school. Her responsibilities include work with the local chapter of Future Homemakers of America, and her chapter has been recognized by both the state and national organizations.

Nora has received \$10,500 in grant monies. Included were grants on domestic violence, nutritional science, and developing programs to be aired over a satellite channel on Kentucky Education Television.

She was also honored as one of 5 Finalists of National Vocational Teacher of the Year and the 1992 Kentucky Vocational Education Teacher of the Year.

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### **Jenkins Selected Fellow in Textile Group**

Dr. Martha Jenkins has been selected as a fellow in the Textile/Clothing Technology Corp., or [TC]2.

Six fellows were chosen from applicants representing colleges and universities throughout the nation, including Dr. Jenkins' daughter, Dr. Ann Beth Jenkins Presley, who teaches in the Consumer Affairs Department at Auburn University. This is the first time that a mother and daughter have been selected for the award.

The award includes cost of tuition, round-trip transportation, a \$1000 stipend to assist with expenses and paid lodging during the five-week program at [TC]2's National Technology Center at Raleigh, N.C.

Faculty fellowships were started in 1989 to provide state-of-the-art training for a select number of faculty teaching in textile/apparel programs at colleges and universities.

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### **Bandy Receives Home Economics Alumni Award**

Mary Elizabeth Robinson Bandy (B.S'64) was awarded the 1995 Outstanding alumni Award at the Gala Awards Program of the Department of Consumer and Family Sciences on April 13. The award is given by the Beta Delta

Chapter of the Phi Upsilon Omicron Honor Society to a graduate of the department who has made outstanding contributions to his/her profession. Mary received an engraved silver tray and her name has been added to a plaque recognizing award recipients, which is housed in the Consumer and Family Sciences Department. She was also initiated into the honor society as an honorary member during the event.

Ms. Bandy is owner and founder of Bandy Bedding of Bowling Green, a unique company that manufactures and sells to furniture stores, motels, hospitals, and nursing homes, and also operates outlet stores in Bowling Green and Owensboro. She says she started the business because she "was in a job with no hope

of earning more than 5 percent increases each year, was widowed and raising three children." She also wanted to have something to leave to her children. Her son, John, is Vice-President of the company.

Prior to starting her own business, Mary was instrumental in founding and developing Exceptional Industries (now Life Skills) and was Regional Coordinator of Developmental Disabilities, supervising over 60 people in a ten-county area.

Awards are not new for Mary. She received the 1995 Women of Achievement Award for Outstanding Business Women from National Women in History, the 1994 Small Business Administration Award for Entrepreneurship, the 1981 National Award for top Ten Women in American Business Women's Association, and

numerous others.

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## **Harper Named International Woman of the Year**

**S**hirley Harper (B.S.'66, M.S.'82), a nutritional/dietitian consultant and educator in Russellville, KY and surrounding areas has been named International Woman of the Year for services to Nutrition and Humanity by the International Biographical Centre in Cambridge, England.

She received multiple outstanding service awards and was active in "Let's Build Our Future" campaign in 1987 and recognized at the national American Dietetic Association meeting in California for outstanding service to the American Dietetic Association Foundation. In 1990 she

was involved with a Nutrition Delegation to the Soviet Union at the invitation of the Soviet Ministry of Health as a Citizen Ambassador.

Shirley has also been elected to membership in the International Platform Association at its annual meeting in Washington, D.C. The Association provides an open marketplace for up and coming as well as established speakers.

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## Scholarship Recipients, 1994-95

**D**uring the academic year, selected students in the Department of Consumer and Family Sciences have benefitted from scholarships given by alumni, friends, and supporters of the Department. These are the 1994-95 recipients.

### Beta Delta-Phi Upsilon Omicron Scholarship

Linda Flechsig, Rebecca Francis

### Susie Page-Phi Upsilon Omicron Scholarship

Kasey Ginn, Tenny Sanderfur, Kerin Worley

### Evadine Parker-Phi Upsilon Omicron Alumni Scholarship

Susan L. Fears, Angela Owen

### Marie Adams Academic Achievement Award

Deborah Jarboe

### Susie Pate Service Award

Karen C. Jones, Kelli Kinkade

### Phi Upsilon Omicron Scholar (Rasdall Award)

Jennifer Crum, Heather Nist

### Fashion, Inc. Scholarship

Kristy Meredith, Lauri Wood

### Statler Foundation

Charlotte Reynolds

### Kentucky Hotel/Motel Association

Michelle Bideau, Michele Glorie, Daniel Ledford

### Kentucky Restaurant Association

Laurin Holt, Jackie McKinney, Lee Moore

### Mary and Douglas Keach Scholarship

Emily Buckman

### Bernice King Douglas Scholarship

Tamara Holthaus



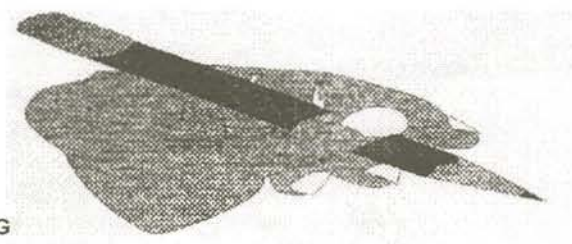
Dr. Treva Mitchell delivered the keynote address to the KAFCS convention in Lexington.



Wendy Stivers, (right) KAFCS Nominating Committee, presents Martha Jenkins (left) with the KAFCS Outstanding Home Economist of the Year Award.



Wendy Stivers, (right) KAFCS Nominating Committee, presents Kelli Kinkade (left) with the KAFCS Outstanding Student of the Year Award.



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**It Pays to Keep in Touch**

KEEP US INFORMED ON WHERE YOU ARE AND WHAT YOU ARE DOING

NAME \_\_\_\_\_  
FIRST MIDDLE LAST

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE(H) \_\_\_\_\_ (O) \_\_\_\_\_

DATE OF GRADUATION \_\_\_\_\_ MAJOR \_\_\_\_\_

NEWS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**Nominations for Outstanding Alumni Form**

Nominations are being sought for the Outstanding Home Economics Alumni Award. Any Graduate of the department who has made outstanding contributions to his/her profession is eligible for nomination. The Award was initiated in 1973 and has been given annually since then.

Nominations for Outstanding Alumni Form

Nominee's Name \_\_\_\_\_

Nominee's Address \_\_\_\_\_

Phone Number(H) \_\_\_\_\_ (O) \_\_\_\_\_

Your Name \_\_\_\_\_ Your Phone Number \_\_\_\_\_

Your Address \_\_\_\_\_

Rationale for Nomination \_\_\_\_\_  
\_\_\_\_\_

Phone Numbers You May Need

Department of Consumer and Family Sciences	502-745-4352
Admissions Office	502-745-2551
Student Financial Assistance	502-745-2755
Housing Office	502-745-4359

CLIP and mail to the Department of Consumer and Family Sciences, Western Kentucky University, 1 Big Red Way, Bowling Green, KY 42101.

Please send me information on undergraduate programs in:

- Dietetics
- Home Economics Education
- Interior Design
- Hotel, Restaurant and Tourism Management
- Textiles and Apparel Merchandising

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

High School \_\_\_\_\_ Graduation Date \_\_\_\_\_

ACT \_\_\_\_\_ or SAT \_\_\_\_\_

I need more information on:

\_\_\_\_\_

\_\_\_\_\_

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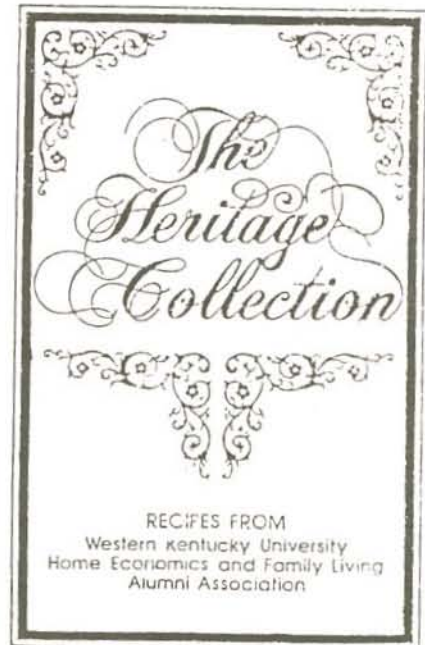
# The Heritage Collection

	<u>Price</u>	<u>Total</u>
The Heritage Collection Cookbook Includes: Recipes from Alum as well as nostalgic notes and photos from WKU archives.	\$10.00@	
The Heritage Collection Gift Basket. Includes: Country Ham Steaks, 2lbs.biscuit mix, preserves, the cookbook and a round bread basket.	\$25.00@	
The Heritage Collection Quantity Discount Includes: A case of 24 books(at \$8.00) that are individually shrink wrapped.	\$192.00	
Shipping and Handling: Individual Books.     \$2.50 A Gift Basket           \$5.95 A case of Books         \$9.95		S&H _____
	TOTAL=	

Send Orders and Make Checks Payable to:

WKU Home Economics Alumni  
1 Big Red Way  
Academic Complex  
Bowling Green, Kentucky 42101

Ship To: Name _____ Address _____ _____ _____
Enclosure Card Message: To: From:



# COME HOME TO HOMECOMING

Please join us for Homecoming on Saturday, October 14, 1995. The Alumni Association has already mailed you a brochure detailing events for homecoming. We hope that you are planning to attend.

On Saturday, October 14, CFS will sponsor a brunch at 11:00 a.m. As usual, the food is the very best and the company is GREAT! The program will last until 1:00 p.m., and you may tour the facility, if you like. We'll have a representative in the College of Education and Behavioral Sciences tent. Material for prospective students will be available.

**ACT NOW!** Send us your reservations for the brunch

NAME \_\_\_\_\_  
Last First Middle (Maiden) Year Grad.

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

Discipline: Dietetics \_\_\_\_\_ HRTM \_\_\_\_\_ CDFL \_\_\_\_\_  
ID \_\_\_\_\_ HEED \_\_\_\_\_ TAM \_\_\_\_\_

Number of Luncheon Reservations (\$6.00 each) \_\_\_\_\_  
**Please respond by September 22.** Make checks payable to:  
**Home Economics Alumni Association.** Mail to: Consumer and Family Sciences, 1 Big Red Way, Western Kentucky University, Bowling Green, KY 42101-3576.

Names of those attending. (We'll make name tags for you.)

\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_



Department of Consumer and Family Sciences

Western Kentucky University  
1 Big Red Way  
Bowling Green, KY 42101-3576