Fall 2003

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Outstanding CFS Scholars, Again

The students in Consumer and Family Sciences have once again proven their dedication to their educational goals. The CFS Department is pleased to announce that Ms. Rachelle Fehribach, a DMT graduate (TAM option) has earned the honor of being named the co-winner of the Scholar of the College at the Spring, 2003 commencement ceremony. Rachelle is the most recent in a string of other graduates earning the Scholar of the College designation. Rachel Smith, HM/D graduate (Dietetic option) received the honor in Spring, 2002, and Jennifer Farris-Newton, a DMT graduate (ID option) was recognized for this honor in Fall, 2003, making Rachelle the third consecutive CFS student to earn this coveted honor.

The CFS faculty and staff are certainly very proud of the accomplishments of these students and pledge to continue the teaching and mentoring efforts that help all students achieve their educational and career goals.

Greetings from Your 2003 Home Economics Alumni Association President

Hope everyone had an exciting, fun-filled summer! I believe this summer has been the shortest yet with all of those extra snow days!

On June 25, a group of 32 alumni and WKU faculty met for our 2003 Summer Meeting at Moonlite Barbeque in Owensboro. This year's event was a joint meeting with Western District Ky. Association of Family and Consumer Sciences. Not only did we enjoy great food and fellowship, but our Kentucky Humanities Council Speaker, Mr. Jonathon Jeffries, was very entertaining. Mr. Jeffries' presentation, (continued on pg. 5)
CFS Receives Donation

CFS has received the pledge of a large donation to be used by one of its programs.

Karl Miller, Development Collegiate Director, has announced that Rafferty’s, Inc. has made a $100,000 pledge over five years to be used by the Hotel, Restaurant and Tourism Management program at Western. “This is great news for our hospitality program,” said Dr. Louella Fong, CFS department head.

Thanks to Rafferty’s, Inc. for helping students to have a brighter future in this competitive industry.

Phi Upsilon Omicron
Scholarships and Awards

Several CFS students have received honors from Phi U as follows:

- **Heather Payne**, HM/D major, received a $750 scholarship from National Phi U.
- **Wilford Davenport**, FCSE major, received the Evadine Parker-Phi U Alumni scholarship and he along with **Andrea L. Elmore**, DMT major, were co-recipients of the Susie Pate-Phi U Service Award.
- **Melissa Prindle**, FCSE major, received the Marie Adams-Phi U Academic Award, which recognizes the Phi U member in good standing who has achieved the highest GPA over the college career.
- **Jenny Sue Crick**, DMT major, received the Beta Delta Chapter-Phi U scholarship for summer, 2002.
- **Rosarae Tiekern**, DMT minor, was co-recipient of the Most Active Initiate Award and the Evadine Parker-Phi U scholarship.
- **Amanda Rock**, FCSE major, received the Evadine Parker-Phi U Alumni Scholarship.
- **Annessa Beltz**, HM/D major, received the Phi U Candle Award for 2003.

Dietetics Students
Earn Scholarship

Kelly Whitcomb and Alisha Brooks, Senior Nutrition and Dietetics students at WKU, received the two scholarships given by the Kentucky Dietetic Association for 2003.

These young women received their honor at the annual meeting of the Kentucky Dietetic Association held in April, 2003, in Lexington, Kentucky. CFS congratulates these seniors for achieving this honor.

(Continued)

Another FCSE student received scholarship honors also. Holly Richardson, a junior, received the Family, Career and Community Leaders of America Agenes Foster Scholarship on July 23 in Louisville, Ky.--for the third consecutive year!

This scholarship does not have an automatic renewal, so Holly has had to apply each year to be eligible to receive this award.

Thanks for Donations

Thanks to all the faithful CFS donors. The department couldn’t do what we do without all of you. Special thanks go out to those listed below who have given most generously to the department this year.

- Margaret Berg
- Debra C. Bryant
- Mr. & Mrs. Glenn Deaton
- Carol Detmer
- Joseph Feeney
- Mr. & Mrs. Larry Hall
- Sarah Hamlin
- Mr. & Mrs. Von Harshman
- Mr. & Mrs. Glenn Higdon
- Holiday Inn University Plaza
- Martha Hunter
- Mr. & Mrs. Tony Johnson
- Robin Lashley
- Linda K. Lindsey
- Frances R. Lovell
- Mr. & Mrs. Chip Miles
- Eleanor B. Mitchell
- Cheryl Pagel
- Delma C. Schnellenberger
- Jing Fang "Jim" Wang
- Lucie B. Williams
- Mr. & Mrs. Raymond Williams
- Martha M. Young
## NEW BEGINNINGS IN THE CFS DEPARTMENT

### New CFS Program Offerings Announced

CFS has added two new programs to our offerings. The first, already in place, is the Food, Nutrition, and Wellness option of the Hospitality Management/ Dietetic major for those students who are interested in the discipline, but not interested in becoming registered dietitians. With the current emphasis on health, longevity and wellness, there will be many new career opportunities in the field.

CFS is now ready to offer the Associate degree in Hospitality Management in collaboration with the Ky. Community and Technical College System institutions pending final approval from the Council on Postsecondary Education in Frankfort. Implementation is tentatively scheduled for spring, 2003.

### New CFS Program Offerings Announced

CFS is pleased to announce that Western Kentucky University is the first four-year institution in Kentucky to develop an articulation agreement with the secondary schools regarding coursework transfer, which means that if the students meet specific criteria, complete specific courses and pass skills tests, then they will be given credit for one college course. This agreement has been signed for the child development area of study, and the department is now contemplating a similar arrangement in the hospitality area.

### New CFS Program Offerings Announced

An exciting project currently being directed by Dr. Lou Fong is the recruitment of bilingual adults who are interested in earning the Associate of Arts degree in Interdisciplinary Early Childhood Education. The first cohort will begin coursework in Fall 2003. Their participation in the program, funded by the Jessie Ball duPont Foundation, will enable each to become well trained, learn about children and families and implement developmentally appropriate practices.

Completion of the program will enable the participants to enter the workforce as paraeducators in public school systems, teachers in private preschools, teachers in agencies such as Head Start, and in particular, to help children and families whose first language is not English. Successful implementation of this program will enable us to contribute to a national model of operation.

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### Chat with the Chair

(Continued from page 1)

internships at a far higher rate compared with other institutions nationwide. Similarly, 2002-2003 Textile and Apparel Merchandising graduates have been accepted into a variety of prestigious positions in such areas as management training, director of visual promotions, product development, and internships with prominent fashion designers in New York.

Our faculty have been successful in seeking external and internal funding for special projects as well. Five of the CFS faculty were awarded seven federal, state, and private foundation funds totaling approximately $300,000 during 2002-2003. Faculty were also productive in scholarship and creative activity, with a number of publications and presentations at the national and state levels. CFS is also moving into the international arena, with faculty members participating in projects in Belgium, Nepal, and Mexico.

We hope you are all pleased with the progress the department is making. I also want to take this opportunity to thank you for your continued support of the department and it's programs, and look forward to seeing you at our Homecoming Luncheon on Saturday, November 1, 2003!

--Louella Fong, Department Head

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### Jones Returns to CFS

A familiar face will be returning to CFS this fall. Ms. Cindy Jones (TAM, '81, '83) has been instructing CFS students for the past 19 years. She began teaching textiles courses on a part-time basis in 1984 and became a full-time faculty member in 1991. However, in 1996, she was asked by Dr. Barbara Burch, Provost and Vice President, to help implement a new project "Freshman 101." Ms. Jones later became the Director of the Freshman Seminar program, a title she held until June 20, 2003.

While she never left CFS in spirit and the Freshman Seminar position was rewarding, she will now be in CFS teaching and advising students, tasks that she not only enjoys, but also at which she excels.
CFS Speaker's Bureau, 2003-2004

Were you aware that CFS maintains a Speaker's Bureau? Current CFS faculty are available to come to your group meeting and speak on the following topics:

**Dr. Louella Fong**- Child Abuse/Neglect, Elder Abuse/Neglect, Relationship Violence, Child Development, Interpersonal and Family Relationships, Family Finances.

**Dr. Danita Kelley**- General Nutrition and Health Information, Dietary Supplements, and information about the CFS Nutrition and Dietetics program.

**Dr. Doris Sikora**- Technology in the Classroom, Communication Skills in the Family, Teaching Strategies, and Conflict Resolution Skills.

Contact the CFS Department by phone at 270-745-4352 or by e-mail at CFS@wku.edu for more information or to schedule a speaker.

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**Focus Group Planned**

HRTM Grads, Let's Talk! Here's your opportunity to tell us what we're doing right and how we can do it better! How's THAT for an opportunity?

Seriously, this year on Homecoming Weekend, we'd like to get a focus group together to discuss how well your HRTM degree prepared you for your first (or second or third) job in the hospitality industry.

Plans haven't been finalized, but we're considering either Friday afternoon (Oct. 31) or Saturday morning (Nov. 1) for this discussion. If you're interested in participating in our focus group, please contact Patty Silfies by e-mail: patty.silfies@wku.edu. If you cannot attend the meeting, let us know if you'd be willing to fill out a questionnaire about our HRTM program. We'd love to hear from you!!

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**CFS Welcomes New Faculty Member**

Ms. Jane Simmons joined the full-time CFS Faculty in January, 2003, and is teaching dietetics and food science courses. She has previously taught courses at the Glasgow campus before joining CFS full-time at Bowling Green.

Ms. Simmons earned her baccalaureate degree in Dietetics and Institution Administration and her masters degree in Health and Nutrition both at Western Kentucky University.

WELCOME Ms. Simmons!

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**High Student Involvement Recognized at KATFACS**

Dr. Doris Sikora, FCS Assistant Professor, was recognized at the Kentucky Association of Teachers of Family and Consumer Sciences annual meeting for having 32 students who are actively involved in the Association of Career & Technical Education, Kentucky Association of Career and Technical Educators, and National Association of Teachers of Family and Consumer Sciences.

It is this kind of involvement that helps the students at WKU excel in their chosen fields.

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**CFS & Kentuckiana Girl Scouts Team Up for Fashion Camp**

Fashion, Inc. members from WKU teamed up with Kentuckiana Girl Scout Cadettes from Allen and Warren counties for a day of fashion and learning activities.

WKU students Andrea Elmore, Erin Groenert, Meg Holt, and Nichole Pedigo presented information on careers in the fashion industry, visual merchandising, textile design, fashion illustration, and fashion computer programs and design, using TAM specialty software in the CFS computer lab.

The Cadettes enjoyed viewing period costumes from the 1960s and 1970s, learning how worn and distressed looks are achieved in garments, as well as designing their own tie-dyed shirts and painted pennants to take home.

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**The HRTM/Dietetic Tailgate Party has moved!**

Visit the party at the College of Health & Human Services Tent on DUC South Lawn, November 1, 2003.

For more information, contact Patty Silfies at Patty.Silfies@wku.edu.
Greetings (Continued from pg. 1)

Duncan Hines: A Culinary Entrepreneur, tied in with our theme for the day, which was "Hometown Heroes."

We were honored to have in attendance Mr. Karl Miller, Director of Development, Mr. Donald Smith and Mr. William Skaggs from the Alumni Relations office, who expressed their support for the CFS Department and Alumni Association. All alumni should report any address changes to the Alumni Relations office to ensure future contact from WKU.

If you missed the summer meeting, mark your calendar for the Annual Homecoming Luncheon in Academic Complex 213 on November 1, 2003. This year's theme is "Big Red's Haunted Hill." The Heritage Collection Cookbook and the 10th Anniversary Supplement are filled with delicious recipes from our alumni and will be available along with interesting items from the Home Management House that will be sold at the Silent Auction. Membership dues are $5 and can be paid at the Luncheon or by returning the form on page 7 of this newsletter.

I look forward to seeing each of you this fall.
Christy Carter Marksberry
WKU Alumni Assoc. 2003 President

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The recipient of the 2002 Romanza O. Johnson Citizenship Award was Rebecca Wilkins Harrell (HEED, '73, '75). A native of Bowling Green, Becky and her husband, Woody, have three sons who have kept them busy. Becky has taught Family and Consumer Sciences at Franklin Simpson since 1980. For the past seven years, she has served on the Content Advisory Committee for testing in Kentucky's schools. She is responsible for writing and revising parts of the exam for junior high students.

Becky has also served as president of the Bowling Green-Warren Co. Home Economist club, the WKU Home Economics Alumni Association, and is active in her church and various service organizations in the community.

Each year, the members of the collegiate chapter of Phi Upsilon Omicron name an outstanding Alumnus. The 2002 recipient was Ms. Cindy Jones. Cindy was initiated into Phi Upsilon Omicron in November, 1982. She served as the Financial Advisor of the collegiate chapter from 1984 until 2002, when she assumed the role of Chapter Advisor. Cindy was named the Outstanding Phi U advisor in the nation in 2002 also. "Working with the students in Phi Upsilon Omicron is one of the most rewarding parts of my job," says Cindy.

**SPRIT OF WESTERN AWARD**

In 2002, President Gary Ransdell initiated a new award at WKU--the Spirit of Western. The recipient of the award was to embody these key elements: significant contributions to the Western Experience, involvement in a variety of activities that improve the lives of those who share the Western Experience, and significant and varied service activities which exceed the parameters of the discipline or job description.

In presenting this award to Cindy Jones, TAM instructor, at the faculty/staff convocation on August 12, 2003, Dr. Ransdell said, "We had a long list of very deserving nominations this year, but you were clearly the preferred choice."

Cindy has served as the Coordinator of Freshman Experience for the past six years. This program has been a major effort to improve the success of WKU's first-year students, and enrollment in this program hit almost 3000 students in Fall, 2002.

Dr. Luther Hughes, Associate Vice President for Academic Affairs, nominated Ms. Jones for the award and said, "Cindy has done a great job serving as Coordinator of the Freshman Seminar. Each year she has encouraged the incoming group of freshmen to become a part of the University and to capture 'The Spirit Makes the Master' motto."

**Former CFS Student and Faculty Member Dies**


She taught at various high school in the state for 26 years and worked for the Ky. Department of Education for more than 10 years. Her successful grant-writing efforts produced two grants resulting in one million dollars each, which contributed to the construction of four new buildings on the campus of the current Bowling Green Technical College. She also initiated eleven special programs for mentally challenged and/or disadvantaged high school students in a ten-county area.

Martha Raymer will be deeply missed by all who knew her.
Marietta Frogeatt Belcher (TAM, '96) married Benny Belcher in 2002 and is living in Clarksville, TN, where she is a color specialist at Premiumwear, Inc.

Alice Benham (FCS) is a professor and Department Head of Applied Academics at Bowling Green Technical College, where she is also on the Board of Directors. Alice is currently publishing and marketing a line of patterns for quilted handbags and accessories through her company, The Kentucky Quilt Company.

Emma Wilson Bybee (FCS) of Glasgow, died on February 18, 2003. She was a former school teacher in Breckinridge Co., a home economist for Farmers Rural Electric Cooperative and held a variety of other volunteer positions in her state and community.

Reec Carver (FCS) is working at the Kentucky Department of Education as a Program Consultant for FCS.

Brigette Cassady (FCS, '03) is the new FCS teacher at Franklin Simpson High School in Franklin, Ky.

Sarah Rueff Henderson (TAM) is working on a Masters in Teaching at the University of Louisville. She hopes to teach elementary school when the degree is completed.

Betty Heady Hornback (FCS, '78, '81, '95) is self employed at Betty's Antiques. She is helping her husband in his race for the Ky. Commissioner of Agriculture as well as promoting organ donation throughout Kentucky.

Tara Gloyd Houchens (FCS, '02) is the new FCS teacher at Warren Central High School in Bowling Green, Ky.

Stephanie Hudson Hunter (TAM, '93) won the Gold Sales Award, Fall '01 and Platinum Sales Award, Spring '01 at Victoria's Secret, but has given that job up to work with her husband, Wales, in their photography business, NFocSU Images. They have two daughters, Sarah, 5, and Lauren, 1.

Neva Kenner Jenkins (FCS, '48) is retired from teaching, after 32 years, but is still active in several professional organizations. She says, "FCS gave me a wonderful way to make a living along with my husband's career. I wouldn't trade it for anything."

Christine Montross Manasco (TAM, '97) is currently a cosmetics area sales manager with Hechts-Greenhills, in Hendersonville, TN. She is married to Anthony Manasco (WKU '98), and they have twin daughters, Shelby Faith and Chloe Grace, who were born in October, 2002. Christine says her degree has, "advanced me quickly in my profession--in my areas of management/volume/location, etc."

Grace Evelyn Miller ('50) is working with a friend on Estate Tag Sales in Todd and Christian Counties in Ky. Her father died in December, 2002, at the age of 100 years.

Leslie Padgett Miller (FCS) is in her second year of teaching FCS at Bowling Green Junior High School in Bowling Green, Ky.

Tracy Pace (ID, '94) is currently in the second year of teaching Design, Merchandising, and Textiles for the CFS Department at WKU and is also the advisor for the ASID/IIA organization.

Brenna Fears Payne (ID, '99) was married in July, 2002, to Jimmy Payne, and is an interior designer with Interior Design Services in Smyrna, TN. She says her CFS degree was "well rounded."

Leah Peerce (TAM) has landed a career with Dollar General Store as a Merchandising Assistant in the infants, toddlers, and girls buying department.

Ann Beth Jenkins Presley (TAM, '84) is an Associate Professor of Textiles and Apparel at Auburn University, and was one of ten faculty selected to participate in a week-long event in Italy in March, 2003. The faculty were able to view the Design and Architectural Highlights of Italy from its historical growth to modern times, focusing on Rome and Milan.

Melissa Prindle (FCS, '02) is the new FCS teacher at Meade Co. High School.

Joyce Rasdall (ID) has been named chair of programs of the International Electrical Safety Foundation in Washington, DC. She coordinates educational publications, news releases, web site and other media outreach, as well as consults with electrical industry officials to reduce property losses and the number of injuries from electricity in the home, school, and workplace.

Deborah Seay (IEE, '03) is teaching in the year-long Community Action Head Start program. During the summer, a team of TV reporters for the Fox Network from Chicago and New York were in Bowling Green to film Deborah's classroom for a piece in conjunction with the vote in Congress on the Head Start Reauthorization bill.

Ruth Rogers Skagg (FCS) retired from teaching with 27 years of service in May, 2002. Her son, William, (WKU '95) has joined the staff of the WKU Alumni Association as an assistant director.

Kristy Vick (FCS) is working on a law degree and expects to take the bar exam in the near future.

Sarah Hawks Vincent (FCS, '70) is the foodservice director for Barren County, Kentucky, a position she has held for 26 years. She is also the finance officer for the foodservice operation which has a budget of $1,766,000 and employs 57 people. She says her CFS degree is "invaluable help with management of the county's foodservice operation."
So, What's New?
Share Your News With Us!

Update us throughout the year with the CFS Department e-mail. The address is: CFS@wku.edu

Name: ________________________
(Please include maiden name)

Current Address: ________________________

Major, Degree, & Year: ________________________

Employer: ________________________ Title: ________________________

Briefly describe your job duties:

Personal information or news:
(spouse, marriage, births, promotions, etc.)

How has your CFS degree benefited you since your graduation?

Join the HE Alumni Association!
YES! I would like to join the WKU Home Economics Alumni Association. Enclosed is my check for $5.00 annual membership made payable to Home Economics Alumni Association.

Name: ________________________
Address: ________________________
Please mail to: HE Alumni Assoc., CFS Dept., 1 Big Red Way, Western Kentucky University, Bowling Green, KY 42101.

I would like to nominate the following person for:

_____ Outstanding Alumni Award
_____ Citizenship Award

Name: ________________________
(Please include maiden name)
Address: ________________________
Phone No.: ________________________
Degree Earned: ________________________ Yr. Grad. ________________________
Name of Nominator: ________________________

Attach a sheet with reason for nomination.

YES! I will attend the Alumni Luncheon on November 1 at 11:00 a.m. My check payable to Home Economics Alumni Association is enclosed in the amount of $ _______. (Luncheon tickets are $10.00 per person.) Guests are Welcome!

Reservations are due to the CFS Dept., 1 Big Red Way, AC 302, Western Kentucky University, Bowling Green, KY 42101, by OCTOBER 17, 2003.

Please send the following information with your check:

Grad. Yr. &
Name: ________________________
Major: ________________________
Address: ________________________

Guest(s) name(s): ________________________