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TRANSCRIPTION

Name of Oral History Project Trance Channeling Experiences
 Tape 1 of 1. The number of the tape being transcribed 1.
 Name of narrator: Marilyn Cline
 Address: 7233 Newburgh Road
Evansville, Indiana Tel. 812-479-0326.
 Name of principal interviewer: Sara J. McNulty
 Date of interview: 11-16-87 Place of interview: Marilyn's Home
 Other persons present at interview: None

Equipment used: Reel-to-reel ; Cassette X; Model:
Super Tape Realistic
 Tape used: Brand Gold; Amount (side 1) A-30; (side 2) B-30.

Summary description of interview context and contents:

The interview was conducted at Marilyn's home. Marilyn gave a brief definition of trance channeling. She then relates her personal experiences with channeling. She describes how it feels to trance channel as well as her personal doubts and fears. She also relates certain changes in bodily functions.

Marilyn has just gone over the donation form and is now signing it.

McNulty: We'll try again

Cline: (Chuckle)

McNulty: A broken tape recorder.

McNulty: Marilyn, since we had had this unusual experience this morning, would you mind, again, what is the purpose of channeling in your life?

Cline: Now I forget. Ha ha.

McNulty: Ha ha.

Cline: Channeling is being in tune to the right side of the brain, the intuitive side of the brain. It is listening to the higher self, as well as any spirit entities that do want to speak through.

McNulty: Very good. Thank you. That is good for your second time!

Cline: That is condensed. Ha ha.

McNulty: It is. Ha ha. So many people are in disagreement as to whether channeling is higher self or whether it is other entities. And in your definition you covered both. In your personal experience, do you feel that you are dealing mainly with your higher self, or how do you explain this?

Cline: I have both, but it is, I feel, other entities speaking through more so than the other self. When another entity is speaking through, there is a different speech pattern than there is when the higher self is speaking through. The higher self doesn't speak through except; the only times it has, they've been very isolated. Usually when an entity wants to speak through, they've got something to say to this person that I am channeling for and I wouldn't have any idea --

McNulty: Um-hum.

Cline: --what it is, that they are telling this person? There is no way I would know.

McNulty: Right. When you have the other entity come through could you give us the names of several of them or some characteristics that you know how you can distinguish one from the other?

Cline: Okay. First of all, they have different energy patterns and when I am in my, let's say a light trance, I can feel a different energy pattern that is working through me and one of the entities, her name is Taorah, she is from a different galaxy, another planet. When she speaks she calls the people here, anybody she is talking to, as "you earthlings." She is not technical. She is more a healer. More of a, wants you to realize that everything is alright, that you are loved, that you have guidance, more of a healer.

McNulty: Spiritual healer?

Cline: Yes. When she comes around I feel the vibration of green, a definite green. She is very light, very

loving.

McNulty: When you say you feel the vibration of green, does that mean that you see it, or does it have a certain warmth or coldness?

Cline: It is an impression. An impression of green. I'm auditory. I'm also what's called clairsentient and that's feeling. I feel, I'm not a real visual person. Every now and then I see visions and I see the colors but a lot of it's the impression I get. I have one entity that speaks through me that is my husband's guide. And he really only talks to him. He has a heavy vibration. I can only tell you that it is heavy energy. And -

McNulty: Do you mean by weight or do you mean by sound? What do you mean by heavier?

Cline: When I feel him coming in my trance deepens.

McNulty: Oh. Okay.

Cline: My trance deepens and there is a stronger energy vibration rushing through my body. Then, I've had when I first started channeling I had various different entities speak through me. One was an old Indian Chief that would always come in with a salutation, an Indian salutation. Had the feeling that he was very, very old. And one evening in front of a group I had somebody else speak and I don't know who it was, a lot stronger vibration energy vibration, at that time, more intense! I don't know who it was. Last week I had one come through that was really very beautiful and she called herself the Rose and occasionally I have one that will come through and I will ask who it is and I do not get an answer or, they will say something like, "The name does not matter."

McNulty: Um-hum.

Cline: I always get a feeling that that is a temporary situation.

McNulty: Do they ever give an indication of where they are from? Have they ever come up with a name?

Cline: Taorah has. And I'm going to tell you. I don't remember. It was a planet that sounded like Tariess, but it has been long enough ago, I was trying to tape that particular channeling. It was in the very beginning and it didn't tape.

McNulty: Um.

Cline: It didn't transcribe. So ---

McNulty: Do you think that is because of frequency when you say vibration? We would be, do you think it was the ---

Cline: I don't know.

McNulty: Vibration.

Cline: That whole tape didn't come out. So I don't know and I really haven't asked since then.

McNulty: Um. It's not really that important to you where they come from?

Cline: Uh-huh. Even their names are not important to me.

McNulty: That's interesting.

Cline: They really are coming through with real pertinent information for whoever is getting it, usually, and I don't really even care anymore.

McNulty: When you first started your channeling did you notice any of your bodily functions changing?

Cline: Yes.

McNulty: Could you tell us some of those changes?

Cline: Yeah. I had a real frequency of urination which has never been my pattern before. Even getting up in the middle of the night two or three times.

McNulty: My!

Cline: I feel like that it is a cleansing, that it is getting rid of the toxins in the body. Even yet if I'm doing a lot of channeling I'll notice that, too, well, one of things that I learned early on was that there might be a weight addition, and there has been of about 10 pounds.

McNulty: And it won't come off?

Cline: No, it won't come off. My eating habits haven't changed. I've heard that that it is to be able to handle the different energy vibration frequency coming through the body.

McNulty: Do people ever lose the weight?

Cline: Yeah. I'm not that fortunate. Ha ha.

McNulty: Ha ha.

Cline: As a matter of fact one of the gals that was down at Sanibel said she looked anorexic.

McNulty: Oh my.

Cline: She just wasn't hungry anymore and she looked anorexic. Now I wouldn't want to go to that extreme. She reminded me of Olive Oil.

McNulty: Oh, my, she's that slender! Did she eat, or had she lost interest in food also?

Cline: She just said that she didn't have any interest anymore in eating.

McNulty: Um.

Cline: Now, I know that I started putting on weight about a year ago and it took about nine months then, from that period into where I started channeling. And with the group that was at this particular opening and initiations workshop, where I'm almost going to say that almost 85% of us channeled by the time we left or as soon as we got home. About all of us had put on weight within the last year. Like it's a preparation, like you are being prepared.

McNulty: Looking back you can see a preparation?

Cline: At the time you don't realize it.

McNulty: Were there any other indications in your body?

Cline: Not that I know of, not that I'm really aware of.

McNulty: After, when you channel, and when the channeling is completed are you tired or sleepy? I know that Ann is always so sleepy.

Cline: Yeah, you are. The interesting about that is, that I've heard Ann say, and I've read in books. Where, you are drained. Well, I don't feel like you are drained. It is not a physical draining. It must have to do with the energies, the vibrations that are coming through you.

McNulty: Are you more peaceful?

Cline: Absolutely, there is more peace of mind afterwards.

It is peace of mind, but, afterwards with Ann I noticed, Ann eats afterwards. She is hungry afterwards and she eats.

McNulty: She nibbles a lot.

Cline: And she has said that if you could take even a 15-minute nap that you can revive, but I have not ever been to a place after I have channeled where I have been able to take by 15-minute nap. Now, a lot of times on an evening, let's say if I've done some channeling or if I'm at that higher plane of consciousness I have the peace of mind; I am relaxed but at the same time I'm keyed-up and maybe I won't be able to go to sleep until maybe for a couple of hours and you have got this even then you have kind of an exciting kind of vibration that is going through you. You feel good; there is a peace of mind, you just feel good.

McNulty: What do you do?

Cline: I usually turn on my tapes or I read. Sometimes I write. I very, I don't watch TV because that is so mundane after that. It is so mundane that it's ... something to just kind of bring me down.

McNulty: Do you keep a journal of your experiences or when you write, what do you write?

Cline: I have a sporadic journal. It is sporadic. It isn't a continual thing. It's sporadic. Sometimes I feel like writing and I don't write it then, later on it does disappears like a dream--it disappears. And I notice maybe something that would have happened several months ago, I'll remember it. I'll think, "WOW, what an experience." I'll remember the gest of it and if I go back and read what I have just written at that time of that experience, it's different.

McNulty: Hum.

Cline: I mean it is more concentrated. It is more, they're all more detailed. Things that I know, I don't remember. I remember the gest of it, but I don't remember the details.

McNulty: Do you think having the details makes it more emphatic ---

Cline: Yeah.

McNulty: ---when you go back than just the memories?

Cline: Yeah. Because what I can seem to put down at that time is maybe the joy that I was feeling at that time or the love the when guides step in, it's like LOVE! The love that comes through! The warmth, the compassion, the security that comes through at that time, that all you can do is just sit and smile or laugh, or, it's a joy.

McNulty: It's an emotional experience too -

Cline: Hum-um.

McNulty: I would think---

Cline: It really is.

McNulty: ---that would be interesting too.

Cline: I really feel that too, I don't know what kind of channeler I am going to be. I don't think that I will be one where I'll be doing readings for people, such as Simeon and Anne Cataldo. I don't know at this time. But I noticed that I do, you know, the aura balancing or the chakra balancing. And when I'm doing that, the guides step in. And I mean they are there and they step in and if they have something to say at the time, I, anymore, just step aside and let them say it so that my particular channeling is really, as I say, on the healing end of it as to what is really bothering this person to cause the physical ailments that they're feeling that time.

McNulty: So when you are saying healing here, are you speaking of a spiritual physical healing or how would you define it? For instance, let's go back to aura balancing a little bit.

Cline: Okay.

McNulty: For people who would have no idea what aura balancing is, could you give a brief description?

Cline: Okay. There are seven major chakras in the body and they're placed at various places on the body. The first one, the root chakra, being at the tailbone, the second one is the naval chakra and that is just below the naval, the third one being the solar plexus chakra, the fourth one being the heart center chakra, the fifth one being the throat chakra, the sixth one the third eye of the brow chakra and seventh one on top of the crown of the head. All of these chakras are based at a point in the body where

there are organs. They all serve a purpose and they all serve an emotional purpose as well.

McNulty: Each chakra?

Cline: Each chakra has its own function. These chakras are energy centers and when one of these chakras or more of these chakras is clogged or off balance, things around us do not go well and if they are clogged enough and it goes on for a certain period of time, our attitude, okay our attitude, depends a lot on our health.

McNulty: I know that it true.

Cline: So that when our attitude is off, that it will clog or off-center one of these chakras and so that the energy is not appropriate right there and that will cause disease or disease, one of the two. So what happens when I do a balancing a chakra or energy balancing when the guides do it. I'm being used. I don't do it. Yeah, I'm the vehicle. I don't do it, they balance these energies at that time and uh that sometimes they don't say anything, but sometimes they'll come through.

McNulty: Oh, as you're doing?

Cline: As I'm doing this.

McNulty: When they come through are they telling you what to do ---

Cline: They do.

McNulty: ---or using you as a vehicle to tell the people what to do to stop this?

Cline: What causes the problem -

McNulty: I see, what's causing -

Cline: It is usually in the solar plexus.

McNulty: Um-hum, usually in the solar plexus.

Cline: Right here, or in the heart. A lot of times it is in the throat. With the throat you are talking about, that is your expression. You're not expressing how you feel and usually a lot of times when it's in your throat it's also in your solar plexus because what your doing is you're swallowing how you feel, you are not able to express your feeling and you're swallowing them and they are

getting caught right in here in the solar plexus and that's worry, that's fears, that's anxiety in the solar plexus. Of course, the heart is emotional.

McNulty: Um-hum. So in balancing these things, then these people are able to heal. Is that what we're saying? In opening...

Cline: In balancing these things, it feels afterwards like a good massage. You are very relaxed; you're very at peace with yourself; it stills the mind; that's what it does, it stills the body. And then, of course, it's up to the person for the healing that has to come within them as to what's causing it.

McNulty: Say a person came to you and you balanced these energy centers and information was given to them about some certain personal problem, is there any follow-up with this? Do people come back? Or are they pretty much out on their own to try to discover more. What I'm going for, is there a support group or what do, once these chakra are balanced, is there a time, say a week or two, a month that they might need to come back or does this open them to the point that they are ready for the journey by themselves?

Cline: No, that depends on the individual person. It depends on where they are. I mean it depends on how much opening they want.

McNulty: Even though some might think they want to be open actions, they really show they don't. So we're saying then, there would be not the continuity there.

Cline: Right. They could come back you know and I think that if they would come back and when they do come back the guides generally will tell you ... you know they don't tell you any more than you need to know at that time. They don't overdose you. They tell you what you need to hear at that time a lot of times what we hear is what we want to hear.

McNulty: Yes, that's true.

Cline: So they block it.

McNulty: The people block?

Cline: Uh-huh. They might. If it was taped, for instance, they may not grow into that tape for months.

McNulty: Um-hum.

Cline: You know it depends on the individual person and how well, how much of a healing they need.

McNulty: On the whole, just to say with the number of people you've worked with, do you feel like most of them are into growth or are they looking for, to ease the pain.

Cline: Oh boy!! They seek the growth. You know when you were talking about the healing, when you are talking about the growth so much of the time you are talking about subconscious change so we are not aware of it. We aren't aware of it, it's blind; it's hidden. And we, we don't see where and why we're having these relationship problems; why we're having these health problems and where ever we've got these major problems we've got severe blocks.

McNulty: Yes.

Cline: And it is like peeling away the layers of an onion; you can only peel a little bit at a time. So you get to one area you work on it to get that healed and then your thinking everything is alright and then you find, and oh, you need a little more to peel off here.

McNulty: A little more to peel off.

Cline: Yes, you know because also with this, and this goes back to your question of why, as to why, now why all of the sudden now. Because we've evolved to the state, where we are ready. Yes, because we have evolved to the state where we are ready but also we're working only not on this lifetime we're working on lifetimes ...

McNulty: Yes.

Cline: of self abuse in some way or another. Of patterns that need to be broken and now we've come to this point where we are ready for this healing in our subconscious, our soul says you are ready for this healing. Well, when we go with healings we're dealing with pain. It is a rebirth and there is no birthing. I don't care if its a physical birth, I don't care it its a psychological birth, there is going to be pain involved. There's going to be emotions involved.

McNulty: That's part of this plane?

Cline: That's right.

McNulty: I suppose.

Cline: That's right, so once we're on that journey. that's what we're seeing right now with a lot of our friends that are going through really difficult times, especially since this convergence, because now we have to deal with it. And Everybody will come alright it -

McNulty: Yes.

Cline: But, it's really uncomfortable. Ha ha.

McNulty: Yes, Ha ha.

Cline: While you're going through it. Especially when we realize that we are all being pushed universally; pushed into a direction, phased out of things and we don't see where it is we're going. And that's our human side. We've got to see. We've got to know. Whereas the other side says have faith, you're all right.

McNulty: Those are the -

Cline: One step at a time.

McNulty: easy, right?

Cline: Yeah (chuckle)

McNulty: But you feel the entities are helping you push through it?

Cline: Yeah.

McNulty: Rather than force?

Cline: What they're wanting to to - oh they don't force us. Well, we get forced into things but that's gonna be coming out of both sides of the mouth.

McNulty: Ha ha ha.

Cline: Forced into things for our own growth. Forced into things when you talk to them through love. Ha ha ha. It is that we do love you. Ha ha. It is that we do want you to see where you are. Yet you know this growth that you are needing, yet when you look back you see that you have grown. You know, that way. But, what they're wanting to say is that we are alright! They're wanting us to say, Yes, you do have stress. Yes, you do have worries, but look

beyond that. Look at the joy. Look at what you've got around you. Look at the universe. Also, something very interesting is come through. I've heard for all this time now faith in the fathering one faith in the fathering one, faith in the guiding ones. You know it is a trust. It is a trust that you aren't going to fall, that you are going to be caught. You know, what's coming through. Now, also is to have faith in the fathering one. You do have to have faith in yourself. Yes, it goes back to self. And the fathering one is within us. So that if we don't have faith in ourselves, how can we have faith in Him?

McNulty: We're blocking Him.

Cline: Um-hum.

McNulty: Right.

Cline: That's what it is because we're blocking ourselves. We don't have, okay, you see people with arrogance; with too much ego, but even with too much ego you're talking about insecurities. You're talking about having to tell people, I am wonderful. I am great because really and truly they don't feel like they are. So what you're talking about is low esteem.

McNulty: Um-hum.

Cline: And then you've got the people that have low self-esteem that tell you I am no good, I am unworthy, I am, which is if you feel this is my own opinion, only a slap in the face to God.

McNulty: Yes, I can see that easily.

Cline: So that we don't have faith in ourselves, how can we have faith in Him? And this is kinda what's coming through now too.

McNulty: Do you think the Christian church in general is not teaching this?

Cline: Ha ha. I'm about ready to put a restriction. Ha ha.

McNulty: Honestly? I can cancel the question.

Cline: Ha ha. My feeling of the Christian church is the fundamentalists, is they want control.

McNulty: Oh, I agree with that.

Cline: Um-hum.

McNulty: To me they lose self.

Cline: They lose the self, right. It isn't the self. It is God, but it is so judgmental and that's what we need to learn is that we can not judge one another. And they also want to control. They teach fear.

McNulty: Oh yes, that's my main objection is teaching fear. Fear alienates.

Cline: They teach fear.

McNulty: It alienates a lot.

Cline: And this is the last thing that the guides want. They want us to not fear. As a matter of fact, that's what they're working on you know, release the fear, release the worry, release the anxieties, and you will see that all will be well. That you are blocking yourself through these things. That you are not using the power that you have within you.

McNulty: Yes.

Cline: But by admitting or not even admitting, cause people don't even admit that they have these things, but because they are there and that is what we are practicing, is the fear.

McNulty: Yes, and that's great control.

Cline: Oh.

McNulty: That's great control. Now, I'm going to stop this because it's about to run out and we'll turn it over.

(End of Tape 1 - Side A)

Tape 1 - Side B

McNulty: Okay, this is side B, I've got everything turned on here correctly. We were talking about channeling and I want to ask how do you know when the time to channel arrives?

Cline: That is so interesting that you should ask that because that changes as I go on and I'm beginning to wisen a lot of times.

McNulty: What is funny?

Cline: In the beginning let's start from when I first started it.

McNulty: Yes.

Cline: They would come out. Somebody would come through even if I really didn't want them to and I would realize it and I would notice a physical presence energy that would move in within me. I realized that I had done this on several occasions and didn't have any idea that, that is what I was doing I tried to tell people this feeling that I had and no one knew what it was. Because it's happened since. I was channeling. All I could tell them was that it was like somebody else was looking through my eyes, through my sockets,

McNulty: Um-hum.

Cline: and that I knew I was out here in a fog like or in a mist. My eye sockets burned. You know, I felt hot. I don't mean burning hot, but I mean they burned and it was like energy was coming through there and then, whatever was not, not now they weren't talking through me that much at that time, but that, that was the feeling I got. O.K., when I came, when I started channeling, I was talking, I knew I had to talk too and they or whoever this was came through at that time and I did channel. The voice and everything even through this gal didn't really realize it, but I knew I was because I was sitting out here on the side and I though that's what, that was. Okay. Now, I'll give you a good experience that I had and it happened to be with you on our last time that we were here. We were talking and by the time you had left, I had such a headache up here in the third eye. I knew that an entity was wanting to speak -

McNulty: Oh!

Cline: and I was holding 'em back. I was holding them back because out of fear that I wouldn't be good enough or that it was that way.

McNulty: That's interesting.

Cline: It was, it was really interesting.

McNulty: They chose you, but you didn't think you were good enough.

Cline: Yeah. I thought, You know, I ...

McNulty: Did you know what they were saying?

Cline: No, it's just a feeling. It's just a feeling that you've got that somebody wants to speak.

McNulty: Is it kinda like an intuitive feeling?

Cline: Um-hum.

McNulty: I'm trying to say -

Cline: But at that time I could feel an energy - okay - which ended up when we were talking in the third eye. When you left my head felt terrible and I said to my husband, at the time, "I have just made a big mistake." I know what I did and I told him about it. And he said, "Yes, you did. You can't do that. It's not up to you to judge. You're getting in the way. Your ego is getting in the way. They may have had something to say to McNulty. You can't do that and that's what they're letting you know. I think you'd better get downstairs right now and bring them out."

McNulty: Ha ha.

Cline: "and apologize," or whatever. And what they did at that time was say this is your, they're always nice, I mean never you know -

McNulty: Ha ha.

Cline: shake their fingers at you, and say, "You dumb bell," you know, "don't you know I'm going to sit you in the corner."

McNulty: Maybe they figure humans are good enough at that, they don't need any lessons.

Cline: It's like, it is this fear that you have within yourself that you do need to get healed. You know

that and going on that route there wasn't any finger slapping or anything, but it was just, as soon as I did, it the, headache went away and that was the week, see the Cataldos had come here that week.

McNulty: Yes.

Cline: Before they came after that, and I was going through some real processing break, kind of a hard period. At that time with it comes down to am I good enough, you know that type of thing.

McNulty: Do you see it as obedience?

Cline: Um-hum. No, I see it as -

McNulty: I see it in a negative way, you know many times if we say obedience we think of it in a negative way, but if you weren't willing to, you would block it. You know, what I mean like, in a way I see it as obedience, but that might not be a good word for it.

Cline: Well, no I see where you're coming from at that time, at that particular time what I was having trouble with was to me we've had a master channeler, a master guide coming through to us that I've learned from, that you've learned from; that all of us are learning from. He's the eloquent. He's very beneficial in what he has to say. And, I'm talking about Simeon. And so, that I feel like I have to laugh now because what it comes down to is, my guides better than your guide. You know it's that type of thing where Anne and I talked about it because I needed to talk with her about it because I had said but my guide doesn't come through like Simeon does. He isn't, he doesn't have the eloquence with the vocabulary, and and -

McNulty: So you were expecting your guide to be eloquent. Is that what you're saying Is it that you had a preconceived notion?

Cline: I just had the idea that I didn't want anybody to compare this is, here the I? I,I,I!! This is what's got to be let go with everybody and myself included. But that I was afraid, that you would compare my guide with Simeon.

McNulty: Um-hum.

Cline: You know and that the difference between the two, you know, they are not anything alike. But that's what it was coming and coming in and it was -

McNulty: Have you read Metapsychology?

Cline: Uh-hum.

McNulty: Those books, those magazines. I'll make some copies.
Each article in that magazine is by a channel and there is so much difference in the approach. You know, like there may be thirty articles and there it'll be, thirty totally different personality types. So -

Cline: Yes, I'd love to see it, but I've come through a lot of that and Anne -

McNulty: I'll make you some copies.

Cline: and I have talked about this. And she said there is a period of denial that usually you go through. She said that she suffered from paralysis for a year or something like that because she was denying it and you do go through this, in the beginning.

McNulty: I know when I interviewed her she talked about having been a channel before and being persecuted and she thought that was her initial fear. She went to that great extreme to go hear that lady. Where was it? In Iowa, I think and then when, she got there she got kind shakey, knock-kneed, but stayed anyway. I guess that's what she would be calling denial.

Cline: Well, after that particular weekend on Friday night nothing really happened. That was the night of the lecture and do you want this on there - do you want this on there?

McNulty: It's alright with me.

Cline: In this particular lecture I spoke. I mean I channeled. It was an entity, I had no idea who it was and it and the energies that were coming through me were really intense. It was something different and I got in the way because I wanted to hear what this entity was going to say and her it was in front of this large group that I didn't know anybody in there. And, I got in the way and when I got in the way, I started stumbling. You follow me?

McNulty: Yes.

Cline: I lost my connection is what it was. I started stumbling and afterwards I realized I made myself

back up totally and then the entity came through with something that was pretty nice—all's well with the universe, something about a rose, and the bush being the soul and the flowers on it being the personalities of our lives.

McNulty: That's interesting.

Cline: It was, it was when it came through it had something to say and afterwards I got real embarrassed because I had stumbled around. I knew I had done it. I got in the way of my own transmission. And so I came home that night and I wasn't going to do it any more. I was chucking it! Chucking it! Chucking it!

McNulty: Ha ha!

Cline: You know, I'm no good. This is all a bunch of hocus pocus. It's the wrong word, malarky. I'm not you know, Saturday, when I went out there—that's the day you were there. I worked on some things and came back even yet with still the feeling nope I'm chucking this dude. I've got no gifts. This is my imagination and period. So then Saturday after we left there cause Kim was there too, we left to come home. We had to stop at the store to get some food and I twisted my ankle in the store.

McNulty: You did!

Cline: I broke that dude, I know I did—a little bone in it. I came on home and boy it hurt. Woke up in the middle of the night and this thing was so intense, I mean it really hurt and I realized, I think I'm gonna have to go in and get this X-rayed because it wasn't moving kinda in a distorted way. It so bad I couldn't move the foot and I couldn't walk on it. I tried walking on it. I tried walking on it and what came through to me was that you are going to have to move forward. You are going to have to move forward and that's all that came through. And I realized that I had done it to myself, that it was my attitude. I had done this to myself. They healed the foot.

Oh, I don't have any problem with that night. Well, it hurt a little bit, but I could walk on it by the next day. Monday, it was Monday I was walking on it and everything and I felt them working on the foot.

McNulty: You did!

Cline: Oh, yeah, it hurt.

McNulty: I mean it was it like - well, I'm trying to, how could we -

Cline: They moved it.

McNulty: Describe it
How could we describe so a person would have an idea?

Cline: Have an idea! They moved it very slowly, I mean I couldn't move it. They - I could feel the energies on each - the pressure on both sides of my foot. Like this and slowly not moving it this way, but somehow the foot moved and it did it three times and each time it hurt. Because I'd ask them to help me and then so that's what I and I realized it was them doing it and I, of course, I thanked them. As they were doing they were telling me you have to walk forward. You have to step forward. You have to move on and this is your direction. You know that type thing. And so, I realized they not really at that time, but I knew what was going on Sunday morning. I wasn't planning to go to the Sunday energy workshop, or whatever that was called, Light Works, and couple of people stopped over to the house that had been going to that and I told all I wasn't planning on going. It hurt my foot, but it wasn't anything like it was and they'd left. They went on out to, and then I got a call from Arthur and he said, "I think you ought to come out," - well, I didn't - Arthur doesn't do that.

McNulty: Yes, I can. Yes I wouldn't see him doing that.

Cline: And I realized that. Okay, you've got to go. I'm being directed to go, I'd better go and I got out there and I was late, just in time for Anne to take break. She and I got to talk for a little while. Then all came out as to what my feelings were. I realized that it was fear and I realized that it was self-doubt. I realized it was ego. Also, she shared with me times she had done through that, and that it was natural.

McNulty: Yes, just a part of it.

Cline: Um-hum. And so since that time I've just accepted it. Now when somebody wants to come through, I let them come through. I usually know ahead of time and when I do like, an aura balancing and if I'm getting these thoughts coming through to me, well,

I'll go ahead and tell them what the thoughts are. Sometime I'll be telling them what the thoughts are. I am getting this and this or this and they they'll just come through talking.

McNulty: I see. So you can actually say this is what's coming through.

Cline: Um-hum.

McNulty: You can make a distinction there? It's not like suddenly it takes over your

Cline: No.

McNulty: your vocabulary?

Cline: No.

McNulty: Well

Cline: But, when they start coming through they pick and choose their words or lingo whatever it is - voice pattern, articulation - I guess is what you call it would be different and usually the people know when I'm, when I'm doing it. I'll just step aside, but see I'm stepped aside anyway when I'm doing the aura balancing.

McNulty: Okay, let's talk about stepping aside. When your saying stepping aside, you mean, what do you mean? mean?

Cline: I mean I'm go, put myself into a light trance and I go to a different consciousness.

McNulty: How do you - do you consciously put yourself in a light trance?

Cline: I'll tell when you it comes about it just-it's kind of automatically done now and usually comes about now. I'm talking about anytime. If I'm setting out to channel or doing aura balancing when I say the prayer, I feel the guides stepping in and I step out.

McNulty: So the prayer would be the bridge?

Cline: I feel like that is the bridge. I feel like the -

McNulty: What is the prayer?

Cline: That mother-father God. We ask to be filled, surrounded and protected by the Light of the Holy

Spirit. We ask what this soul needs at this time come forward. We ask to life above and beyond the earth to areas of absolute truth. I ask to be a channel of light, of love, of truth, of healing and of blessing and I stand believing I thank you Father. That's it. It's one Ann uses.

McNulty: O.K.

Cline: I think it is beautiful.

McNulty: Did Ann write it?

Cline: No, she didn't. I don't know where she got that. I think she's told me where she has gotten that from but I don't know where it is. It might even be a Unity. I don't know.

McNulty: Like a Unity prayer?

Cline: Uh-huh. But, it is a prayer of protection and its a prayer, and they just come in. I can feel them coming in.

McNulty: O.K. When they are in, do you see yourself to the side somewhere or are you still all here physically?

Cline: I'm all here physically and it's like I move over. I just can feel I'm moving over. A lot of times when I channel I can feel myself, like for instance, when I had trouble that night channeling I knew the energies were there and I have to tell myself to step back. A lot of times I just feel myself, you wouldn't know it, but I feel myself stepping back in because they are usually coming in back here.

McNulty: They come in from behind?

Cline: And I step back into them. Uh-huh.

McNulty: Do they come into your whole body? Or does it feel like they are coming into one part of it or?

McNulty: Is it like air coming on to you?

Marilyn: It's like, sometimes it's like chills, chills. Sometimes it is just like chills going from the finger tips around the shoulders and down the arms.

McNulty: Um.

Cline: And sometimes down the back. But its, when I say chills, it's not cold, it's warm. It's love. I mean the feel that just comes with them. It's almost unexpressible.

McNulty: Sounds like it would be. You are trying to describe the dimension that we are not that familiar with, I guess.

Cline: It's joy. It feels good.

McNulty: But not in a sensual way. Is it sensual?

Cline: No.

McNulty: I don't mean like erotic. But I mean, is it a spiritual joy or is it..?

Cline: It's an "at-one-ment".

McNulty: OK.

Cline: Yeah. It's what we are after through sexual climax, the sexual climax.

McNulty: It's a unity.

Cline: Uh-huh.

McNulty: That's interesting.

Cline: It just makes me smile, all over the body, not just on the face but all over the body, and realize how much I love. It is just a loving feeling. Warmth, but yet, that feels like chills.

McNulty: That's interesting, warm but it feels like chills. Ok, well you have pretty well answered this one. I was going to work with do you remember what transpires while channeling takes place?

Cline: I don't remember what is said a lot of times, I get the jest of it. I have the understanding of it, but I do not remember and it fades fast. It's like a dream. So that now whenever I realize I've got to

get something out for myself, if something is really bothering me, I tape it. Because there is a lot in the voice inflections. There is a lot that they are saying that when I come out of it, I would miss. I have the idea of it.

McNulty: But not the details?

Cline: But not exactly what is being said.

McNulty: Do your guides give you a lot of details? Or do they talk more in mainly generalities?
Um-huh.

Cline: A lot of times it is in generalities. A lot of times it is in generalities. Now the one I had last week was in a lot of detail. Detailed generalities! Hah.

McNulty: Very good, Marilyn. Ha ha

Cline: Detailed generalities.

McNulty: Can you give us an example?

Cline: What happened, why it happened and why I feel this way now. But in general, in what to do about it. This pattern needs to be broken. It is a time to call a halt, to call a halt to this subconscious bleeding that is going on. So, you know okay, now it is time to call a halt, but now it is up to me to do it

McNulty: Um-huh.

Cline: and to sort it through as to what exactly is going on. I know why it did, and I know what happened. I see what the pattern there is that transpired there but now it is up to me to figure out how to stop it; to call a halt, as they say.

McNulty: They give you enough to get you started and then you proceed

Cline: Right.

McNulty: and then if you need help they give you another boost

Cline: Um-huh.

McNulty: or insight.

Cline: Um huh.

McNulty: Would you say insight into it?

Cline: Uh-huh.

McNulty: For you to go on, but for instance, the night you channeled when I was here with the group and you went into channeling, you don't remember any physical details of what you were doing or like do you lose sight of whether you are sitting or standing.

Cline: No, you know, you know everything. Believe it or not, you are very much aware of what everything that is going on. It's really not like you've left, you just realize you've just kind of stepped aside. It's not like you've left and you realize everything that is going on.

McNulty: Are you more aware of what is going on?

Cline: My hearing is very acute and I've got two ways of looking at this. I've got either it is very acute because I'm listening more and a lot harder than I have ever. You know, listened before to what is coming through on the inside or else that I know that for a long period of my life I had problems with, I gonna call them clogged ear channels. Like if I get water in my ears I won't be able to hear, So my hearing was never very good. Now maybe what has happened is that through all of this it is now healed that.

McNulty: Yes.

Cline: so that I can hear better than I could ever hear before which seems more acute to me.

McNulty: Yes.

Cline: So I don't know which way it is; it may be both.

McNulty: When you were doing the meditation that night and we had so many people, I thought, that seemed to be sad. When you are, in, into the trance, into the channeling, are you more aware of the sadness or their inner light? Are you picking up other things about them that you might not be as aware of?

Cline: I see their inner beauty. All the guides see is our inner beauty.

McNulty: I see.

Cline: Then see, they see our pain and they see our hunger. I'm talking about the search.

McNulty: Yes.

Cline: But, they see our beauty. They are looking at our higher self and they know what we came, what are striving for and that is what they try to help us with. They try to help us see what they see and to reassure us that all will be alright.

McNulty: Um huh.

Cline: That we cannot fail earth.

McNulty: That's saying a lot.

Cline: You know, you know we can't fail. To have faith in ourselves. You know and this and that and that they are here, they want us to realize that they are here guiding us and helping us and every now and then. They'll even say but that you close your, close your eyes to us or that you do close your ears to what we are saying

McNulty: Yes.

Cline: They say a lot over and over it is that they would like to you still the mind.

McNulty: That's what I've gotten from Seth a lot.

Cline: You know, they say over and over in other words that you give too much analytical thinking. Too much that we need to stop that.

McNulty: I've had to learn or I haven't gotten it but I'm learning to be still because I don't know how.

Cline: It is, it's a process.

McNulty: Um-huh.

Cline: That's part of that peeling, that onion. Our conscious mind can be one of our worst enemies and it's being human because we've got have to know why. We've got to have all understanding of everything and a lot of times we don't have to have it and that is kind of what they are saying. Have the faith, have the trust. You don't have to know why this is going on like this in A, B, C, D order. That is when we are saying, "still the mind", and along with that goes, still the body.

McNulty: Um huh.

Cline: Still the entire physical being, so that we can hear, or we can see, or we can feel. That is what they are trying to tell us.

McNulty: Do you interpret still as meaning as still like when you are in a light trance?

Cline: Uh-huh. Meditation. Day-dreaming.

McNulty: Yes. The dream state.

Cline: Um hu. I mean, we do it and we don't even realize we are doing it. If we're just looking out the window and not really thinking about anything we're doing it then.

McNulty: Do you think we stay in that state much more of our day

McNulty: than we realize.

Cline: Yes.

McNulty: I have another question I forgot, hum I'll think of it. Did, have you ever talked with anybody that has had a dangerous experience in channeling or do you see it as dangerous?

Cline: No. Let me put it this way. The beings that I have channeled on any level are beautiful. I feel very protected. I don't feel any kind of fear when they are around at all. I see only, I feel only the beauty.

McNulty: What I am wondering, in the prayer for protection, the prayer is asking for protection. So does this mean that it is possible that there, there could be a danger to us without the protection or do you think that's a traditional prayer?

Cline: I think it's tradition. I think I say the prayer mainly for the others around who are all been there before because it makes them feel better. Also, with what this being feels love and protected by the white light isn't so much for protection as much as the white light increases our vibrations for then better connection.

McNulty: So the connection is made as we increase our vibratory rate.

Cline: We increase ours and as I understand they decrease

theirs because theirs is so strong, a totally different frequency. That they have to really lower it. They have to work with it a lot to get it together and when we increase ours we don't even realize that we are doing it. I don't even realize I'm doing it. I think we do it naturally when we go into that state, into the meditative state, into the light trance.

McNulty: Do you see it as dangerous or say that a person who might come into a session once or twice and not have the continuity to understand it?

Cline: There are a lot of people that really feel fear usually they are the fundamental or religious, religion teachings, that they are really dealing with and working with a lot of fear, a lot of fear.

McNulty: The reason I asked that question is that I remember that when we talked about in meditative group some people experienced frightening visions or experiences.

Cline: I remember.

McNulty: If those people chose not to get the continuity of the group to stay with the group or to have readings what I mean by books or other means of instruction, could that be dangerous to their, could that add to their fear? Could it make them more fearful?

Cline: If they will listen to what is being said. If they don't block themselves and listen to what is being said, it could only help 'em. Because especially with those fearful type people the guides are so gentle with them and reassuring. And the only time the guides generally, thought they are always gentle, but they will get more poignant to the point when we are ready for it. And you know really we hit the nail on the head, even though got a, a beautiful way of doing they can press buttons.

Abrupt ending of the tape. Side B