

Table for *Bellumori, M.* Effects of a High Speed-Low-Resistance Bicycling Intervention in Parkinson's Disease.

	Pre-mean (SD)	Post-mean (SD)	t- value	p- value	% Change
Unified Parkinson's Disease Rating Scale	18 (6.80)	14.18 (6.08)	-4.35	0.001	-21.21
Hoehn-Yahr stage	2.55 (0.61)	2.59 (0.63)	1	0.341	1.54
Short Form (36) Health Survey	53	57.27	1.47	0.247	7.02
Activities Specific Balance Scale	77.33 (16.28)	88.26 (12.29)	2.26	0.048	15.51
Timed Up and Go (s)	7.35 (1.82)	6.15 (1.71)	-6.03	<0.001	-16.27
6 Meter Walk (s)	3.53 (0.97)	2.99 (0.71)	-4.42	0.001	-15.14
Steps taken during 6 Meter Walk (#)	8.3 (1.32)	7.23 (1.03)	-5.88	<0.001	-9.91
4 Square step test (s)	8.05 (1.53)	6.74 (1.68)	-4.75	<0.001	-16.27
9 Hole peg test (s)	24.30 (4.71)	22.35 (4.22)	-3.04	0.012	-8.05
Simple Reaction Time (s)	0.29 (0.09)	0.26 (0.06)	-2.08	0.064	-12.99
Choice Reaction Time (s)	0.43 (0.08)	0.36 (0.08)	-2.74	0.021	-16.31
Shirt Buttoning Task (s)	66.54 (42.87)	42.25 (32.66)	-2.13	0.059	-30.05
Functional Reach Test (cm)	25.1 (3.062)	32.70 (6.51)	4.1	0.003	27.13
Grip Strength (kg)	31.91 (10.06)	32.18 (10.43)	0.17	0.872	0.85
Signature Size (mm ²)	548.55 (224)	742.7 (376)	-1.70	0.119	35.40