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## UA12/2/1 College Heights Herald

WKU Student Affairs

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# College Heights Herald

## THE HILL IN REVIEW

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Sophomore Marek Nelson drives to the hoop around a set of cones during WKU's first basketball pro day Thursday in Diddle Arena. Nelson is one of seven returning players on this year's roster.  
Joseph Barkoff/HERALD

### In this issue

- Students start their own kombucha business
- Listen to Topper Extra podcast



## The Fifth Gallon increases local accessibility, popularity of kombucha

1

While many students are cramming for their midterms, Gavin Mann and David Moore have something else brewing—or rather, fermenting.

Mann and Moore own The Fifth Gallon, a local kombucha business. Kombucha is a beverage made by fermenting black tea with something called “SCOBY,” a symbiotic culture of bacteria and yeast.

Mann said the idea for The Fifth Gallon began during his junior year of high school, when his health-oriented mother started making her own kombucha following the spike in store prices.

2

### Topper Extra: Previewing Charlotte

Have you given the Topper Extra podcast a listen yet?

Click the title to get to our sports podcast

Episode 7 features a preview of Charlotte, plus discussion about this year's volleyball team with Casey McCarthy, the Herald's volleyball beat writer.

3

### Opinion: Collective punishment won't fix Greek life

Universities have shown a tendency to punish Greek organizations collectively by implementing strict, blanket bans and regulations.

These types of bans and regulations are short-term consequences that do not always yield long-term change. Instead, innovative personal supervision could make a positive impact. Collective punishment has been the common punitive tactic when it comes to universities addressing the issues of alcohol consumption, hazing and sexual misconduct in Greek organizations.

4

### Students share original works at Open Mic Night

With poems and stories in hand, students stepped up to a microphone in Cherry Hall and read their original pieces of writing during “Open Mic Night” on Monday.

Winchester senior, Emily Houston, an English and international affairs double major, said she facilitated the event because she wanted to continue the event from the previous year, which was facilitated by a former student in her class.

### New C-USA schedule format looks to improve tournament odds

After six consecutive seasons of only producing one NCAA Tournament team, Conference USA is altering its scheduling format in an effort to land multiple teams in the big dance. The new scheduling format now features a grouping system that pits teams in similar standing against each other for the final four games in conference play.

C-USA hasn't put multiple teams into the NCAA Tournament since 2012, when Memphis, a former C-USA member, won the conference tournament .