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WKU Student Affairs

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By CAITLIN CARTER | caitlincarter@wkherald.com

When Nashville freshman Ronique Shelton’s half-sister needed a kidney transplant, Shelton didn’t know if she could be a possible donor.

“I’ve already been identified as a potential donor, and Shelton needed to have her blood drawn and tested because she isn’t from Bowling Green,” Shelton said. “She wouldn’t have known where to go for the test if it hadn’t been for Health Services on campus.”

As it turns out, Shelton was a match for her sister’s half-sister, and Shelton donated her kidney because the transplant hadn’t been needed yet when she stopped in to donate her kidney. Shelton now knows she’s a match.

Shelton and her half-sister are in the Academic Complex and into the new Health Services building in January 2008, the center has seen not only an increase in students such as Shelton who may not have known where to go otherwise, but also faculty, staff and their families.

By TESIA DUVAL

As a big girl’s guide to
GROWING UP

THE DETOURS • PAGE 3

**NEWSTAND AVAILABLE**

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Historic spoonholder making campus comeback near Grise

By CAITLIN CARTER caitlincarter@wkherald.com

Nearly a century ago, men and women on WKU’s campus weren’t allowed to freely visit one another in dorms, so they adapted by spending time together outside. Students walking up the middle of campus past Grise Hall may now notice a new seating area situated around a large tree. This new seating area, called a spoonholder, is named after a wooden structure built in the early 1900s around an elm tree in front of Potter Hall, Landscape Architect Helen Siewers said.

“The spoonholder was popular then because this is where courting would occur,” Siewers said. “Earlier, there were strict rules regarding visiting the opposite sex. They would come here and talk and eat ice cream.”

When Willmore freshman Ben Rogers rolled up on his handmade, double-decker bike, a clown on stilts blowing balloon animals garnished the attention of the crowd outside of Pearce-Ford Tower. But Wilmore freshman Rogers took the air out of the clown’s balloon show, and the PFT courtyard became the WKU Big Top.

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At sunset on Sept. 4, the Islamic Center on MLK Drive offered a large selection of ethnic foods such as Turkish, Italian, Middle Eastern and Bosnian cuisine.

The Holy Month of Ramadan is a time for Muslims to get closer to Allah, said Nabil Loutfi, a computer programmer originally from Morocco who now lives in Bowling Green.

Ramadan is a time for Muslims to concentrate more on their connection with Allah. They believe that when someone eats during the day and is well fed, the mind is more open to distractions by worldly things. But, according to the belief, when the body is hungry, the mind thinks about food, and it is not as easily distracted by other things.

At sunset, Muslims break their fast with an evening meal called iftar. Iftar begins with the ritual eating of a date, followed by prayer, and ends in the meal.

The fast ends on Friday with the festival if-Ad i-Fitr for kids by Student Islamic Academy, the spiritual leader of the Islamic Center.

“It’s a beautiful way to start the day and is well fed, the mind is more open to distractions by worldly things. But, according to the belief, when the body is hungry, the mind thinks about food, and it is not as easily distracted by other things.”

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“People need to ride bikes more,” he said. “They believe that when someone eats during the day and is well fed, the mind is more open to distractions by worldly things. But, according to the belief, when the body is hungry, the mind thinks about food, and it is not as easily distracted by other things.”

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Meal Plans

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Libby Greaney, director of Health Services, attributes the increase to the convenient location, a general increase in enrollment at WKU and efficient scheduling.

Greaney said the new Health Services building was strategically built to leave room for growth and to be close to the Preston Center.

Health Services, which sees thousands of patients over the course of the school year, is currently staffed by three providers — one nurse practitioner and two medical doctors. A third medical doctor will start very soon, Greaney said.

Patients now have the option to pay the bill for their visit online at the Health Services website, which makes things more convenient, Greaney said.

In addition to being a primary care facility, Greaney said Health Services also has a health education department that does outreach events in the WKU community such as WellU, e-CHUG and HIV testing.

The counseling, which will be available later this semester, will allow students to meet privately with a counselor to assess their risk for STDs or STIs. Stewart said from there, the counselor will determine what the student should be tested for if there are no symptoms present.

This will be a free service with the exception of any lab fees, Stewart said.

Greaney said outreach is an important part of what Health Services does. “It’s the commitment to student well-being,” she said. “It’s not just gaining back your health if you’re sick.”

Elizabethtown sophomore Garren Johnson went to Health Services on Friday with his friend who hurt his eye playing basketball.

Johnson said he has never used the center himself, but if he ever got sick while at WKU, Health Services would be the first place he would go because of its accessibility.

DOCTOR

CONTINUED FROM FRONT

Katheryn Stewart, assistant director of health education, said the department is looking to branch out into counseling for sexually transmitted diseases and infections.

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DETOURS

CONTINUED FROM FRONT

The White and Red Lines will be combined into a single route that will come more frequently and also on Chestnut Street, according to the e-mail. The Green Line will also drive along Chestnut Street, while the Blue Line will not be affected.

Temporary stops will be set up at the corner of Normal Drive and Regents Avenue as well as two along Chestnut Street, Rowland said.

It’s an unusual situation for Parking and Transportation to create a detour and temporary stops, but students should be able to get where they want to go, Rowland said.

Sarah Rice, a freshman from Franklin, Tenn., said the changes this week wouldn’t affect her, but she sees how some students will experience problems.

“I know there are some people who go to South Campus, and if they don’t have a car they might not understand the different bus routes,” Rice said.

Katelyn Dugger, a freshman from Frankfort, Ky., said she never uses Topper Transit. She said she would rather walk or use transportation provided by her friend, Rice.

Even though I have a class at South Campus, I drive Sarah’s car and never take the bus,” she said. “The buses are confuzzling. I can’t figure out the bus routes.”

Details and a map of the changes are posted on the Topper Transit website, e-CHUG and around the affected stops, Rowland said.

Reporter Cattie Carpenter contributed to this story.
Death and textbooks

Buying textbooks inevitably frustrating: WKU Store changes meant to help

**THE ISSUE:** The WKU Store has set new procedures for getting textbooks that restrict students to finding books on their own.

**OUR STANCE:** The service may initially frustrate some students, but with a little time, explanation and keeping self-service an option, it should make the book-buying process a little less painful.

During the first two weeks of the fall and spring semesters, the WKU Store is usually bustling with students scouring shelves for textbooks and other supplies.

Now, instead of stopping students with a piece of paper listing their classes and sending them on the hunt for a matching textbook, WKU Store clerks do the work.

The Herald sees the pros and cons of the new service and has a few suggestions for improvements.

In a society that craves immediacy, having a clerk get books for you is a good thing. But part of the college experience is having to struggle through the crowded aisles in complete confusion, matching the tiny course numbers on the shelves and book titles to a schedule.

Operations Director Jim Sears said the WKU Store wanted a personal shopper.

The service limits students’ ability to choose the condition of their books, since associates choose for them. And cashiers have processed several returns because associates supplied the wrong books.

Under the new policy, at least for the first few weeks, students give store associates a list of their classes, and the associates act as personal shoppers.

The relatively faster checkout times are good, but as with all transitions, there is room for improvement, which Sears said he appreciates the changes the WKU Store is trying in order to make the process smoother.

The service has added the option to rent books, which is a cheaper alternative. And if you waited in line to buy books during the first week, you might have gotten a WKU hat or T-shirt by playing the “Know Your Willie” trivia game. So, hey, they’re trying.

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The service may initially frustrate some students, but with a little time, explanation and keeping self-service an option, it should make the book-buying process a little less painful.

Perhaps by next semester, the planned TVs hanging from the ceiling will distract you from the looming wait, and you can catch a laugh or two as you inch closer to the front of the line.

This editorial represents the majority opinion of the Herald’s 10-member editorial board.
HISTORIC

Although it may not be used in quite the same context as its predecessors, the modern-day spaghetti tree was built this summer to accommodate students who want to gather outside. Sprankle said.

Sprankle said the idea to build the spaghetti tree sprouted from a low stone wall already built behind the tree. The wall was in place to protect the trunk from the asphalt of the old parking lot for in front of Gray.

“It’s a miracle the tree even survived in the blacktop,” she said.

Sprankle said she enjoys sitting on the lawn in front of Cherry Hall, like some of WKU’s first students.

“It gives me a good feel,” she said. “It’s great to see people gathering outside.”

On campus, however, the lawn behind Northeast Hall is near the new spoonholder, aren’t popular. Some of WKU’s first students, believes unique seating arrangements, like the spaghetti, aren’t popular on campus because students aren’t aware of the history.

“The tree dents aren’t aware of the history on campus because students aren’t aware of the history. The tree dents aren’t aware of the history behind things,” she said. “I like things in vintage and retro things,” but I’m also very interested in history.

When I asked Nan what was so great about a Crock-Pot, she was quick to say, “You set it and forget it.” If you’re like me, you leave your house in the morning and come home when you can, which sometimes means you don’t make it back until late at the evening. The great thing about a Crock-Pot is you can make a REAL meal dinner doesn’t consist of canned noodles without having to do much. Some of Nan’s Crock-Pot favorites are pork roast and stuffed peppers.

Believe in leftovers. Between school, work and your attempts at maintaining a social life, I’ve come to realize that cooking dinner every night is out of the question for me. But I get a little free time on the weekends that I can spend in the kitchen. Nan recommends cooking a big meal one night and saving the leftovers for lunches and dinners throughout the week. Just remember that your leftovers exist, or you might get some gory mold growing in your fridge.

Now I just have to put my crash course to the test, but I’ll have to find the time to go grocery shopping. Maybe Nan has some suggestions for that one too.

I get by with a little help from my Nan

Growing Up

a big girl’s guide to

MARIANNE HALE

Herald features editor

mehale@ch Herald.com

The rules might seem fairly elementary, but they’re timing for someone with my limited experience.

Make a list

The real key to this whole grocery shopping business is to plan. Have a rough idea of what you plan to eat for the next week or so, and make a grocery list accordingly. Try to pick up too many items that didn’t make it to the list.

Shop for savings

You could pick up sales ads and compare one grocery store’s deal to another, but we both know we’re probably not going to do that. Comparing prices in the store might be more double, though. For example, when you’re comparing Spaghetti Sauce A to Spaghetti Sauce B, how much you’re paying per ounce. Many stores will list that information with the price. Also, Nan says that brand-name products aren’t necessarily indicative of quality, and you can get something just as good that might be a little cheaper. And, of course, there’s always coupon clipping. Find a local Sunday paper, and clip to your heart’s desire.

Get yourself a Crock-Pot

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Balloons festival begins this week

List of events

- **Thursday**
  - 5:00 p.m. Kids’ night
  - 7:00 p.m. Kids’ Talent Show

- **Friday**
  - 3:00 p.m. Gates open
  - Inflatable Fair
  - 5:00 p.m. Annual Hare and Hound Hot Air Balloon Race

- **Saturday**
  - Noon Gates open
  - Inflatable Fair
  - 5:00 p.m. Annual Hare and Hound Hot Air Balloon Race
  - 5:30 p.m. Musical acts
  - 6:00 p.m. Bowling Green Idol
  - 6:00 p.m. Bowling Green Idol Final fly-in

- **Sunday**
  - Final fly-in of balloons

**Notes:** Admission and parking are free. Source: www.balloonstunesbbq.com

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Balloons Green resident Michael Centimole enjoys the sound of the fountains as he plays his djembe drum while sitting in Fountain Square Park in downtown Bowling Green on Sunday. “If I close my eyes, I can almost imagine being by the ocean,” Centimole said.

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**DEFENSE**

“One defense was there this weekend,” Elmore said. “Blocks, we were up in our numbers. We were with sticks. If I miss a block, behind me you have girls like Kelly and Ashley Potts flying around that are hitting balls that I didn’t realize were possible to get.”

Both Elmore, the tournament’s most valuable player, and senior defensive specialist Kelly Potts said the weekend served as a confidence boost for WKU’s defending leaders. “The defense has been our main focus for the entire preseason, and now we’re seeing it finally come along,” Potts said. “It’s like a domino effect. When one person gets that hit, we know we can get the next one on. It’s so much fun because that’s the spark that gets the whole team going.”

That spark is one that Potts, who was a walk-on freshman in 2006, said will keep the whole team going.”

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**CROSS COUNTRY**

**Lady Toppers finish runner-up at first meet**

By SAM OSBORNE

The WKU women’s cross country team knew it would have a paining hole to fill when Janet Jesang graduated last season.

Now the Lady Toppers lack All-American experience, but they showed Friday that they’re still poised to make some noise in the 2010 season.

“We lost some very good talent from last year’s team,” Head Coach Erik Jenkins said. “But Marion Kandie and Michelle Finn stepped up, and we have a group of girls that have come in and shown they can mentally prepare and step up.”

WKU opened its season on Friday with a runner-up finish at the Belmont Opener. Vanderbold, defending champion of the Opener and colsest of the event, reached the wall with 27 points while the Lady Toppers finished second behind a distant Alabama. Third was Lipscomb fourth, and Middle Tennessee 15th and Belmont sixth.

Jenkins said he saw room for improvement. “But even with that, he was pleased.”

“It was outstanding showing by the women’s team,” Jenkins said. “We’re nowhere near where we want to be, but we have a group of girls that will work hard to succeed.”

Junior Marion Kandie led WKU with a time of 14:13.87 at the 4,000-meter, taking home first place. Kandie and junior Michelle Finn are expected to fill Jesang’s four-time All-American shoes.

Sophomore quarter- back Kasen Jakes said the crowd of 83,355 at Memorial Stadium reminded WKU for nearly three hours. “We couldn’t stop Nebraska to jump out to 28-0 lead before ju- nior kicker Casey Thompson slotted the snowman with a 25-yard field goal.”

“Some people came out and weren’t prepared for the crowd, but Marion Jenkins said he has a men’s division, but the WKU men’s team did not compete. The Toppers begin their 2010 campaign Sept. 18 at home in the Old Timers Classic at Kentucky Country Club.

BARNES

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As far as Stony’s injury is con- cerned, the groin strain is some- thing of a reoccurrence.

Nearly a year to the day, she suffered the same injury in a 3-0 loss to Memphis. She was forced out of the game the second half — broke a 46-yard run and looked to complete 12-of-22 passes for 120 yards.

As far as Stony’s injury is con- cerned, the groin strain is some- thing of a reoccurrence.

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There’s room for improvement in a spotty defense and non-existent receiving corps, along with an exec- utive sacking phenomenon.

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**TOPS CONTINUED FROM PAGE 18**

Seventh-year quarter- back Kasen Jakes said the crowd of 83,355 at Memorial Stadium reminded WKU for nearly three hours. “We couldn’t stop Nebraska to jump out to 28-0 lead before ju- nior kicker Casey Thompson slotted the snowman with a 25-yard field goal.”

“Some people came out and weren’t prepared for the crowd, but Marion Jenkins said he has a men’s division, but the WKU men’s team did not compete. The Toppers begin their 2010 campaign Sept. 18 at home in the Old Timers Classic at Kentucky Country Club.

BARNES

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**FOOTBALL**

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“We split the first two games with (Xavier), and it kind of got us rattled a bit.”

Barnes, who has been scoring goals and assisting on goals, said he finally scored a goal.

“...after seeing our players take control of the ball.”

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**Soccer**

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