VANDY VANQUISHED

WKU running back Leon Allen (33) celebrates with tight end Tyler Higbee (82) after Higbee scored a touchdown during the Hilltoppers’ season opener victory against Vanderbilt at Vanderbilt Stadium on Thursday. Both players scored touchdowns that led to the Hilltoppers’ 14-12 win over the SEC team. MATT LUNSFORD/HERALD

SEE SPORTS SECTION FOR MORE COVERAGE

BY EMMA COLLINS
HERALD.NEWS@WKU.EDU

As part of the International Year of South Africa, the Kentucky Museum will be showcasing an exhibit featuring 59 quilts that honor the life and works of human-rights champion Nelson Mandela.

The exhibition, Conscience of the Human Spirit: The Life of Nelson Mandela, will open tomorrow, Sept. 9, during the kickoff for the International Year of South Africa, and it will remain on campus until the end of January.

“The Women of Color Quilters Network and Michigan State University worked in tandem to create each piece,” Brent Bjorkman, the director of the Kentucky Museum, said, explaining that the two groups premiered the exhibition in Johannesburg, South Africa, in 2014 at the International Quilt Conference.

Sandy Staebell, the registrar and collections curator, said the women involved with The Women of Color Quilters Network offered many different aspects and interpretations of Mandela’s life in their work. The original display consisted of 51 art quilts—quilts that are designed to be used as pieces of art rather than blankets. “It was originally all U.S. artists,” added Donna Parker, the exhibits curator, “But they received eight donations from South Africa.” Those eight quilts, along with the 51 originals, all depict different moments from Mandela’s life, from his 27-year-long incarceration to his election as South Africa’s first black president. Each quilt is unique, and the artists have used a variety of materials—buttons, beads, glass and more—to bring Mandela’s story to life.

To help engage the public and bring people in to see the pieces, the Kentucky Museum has planned several events. On Sept. 12, members of campus sororities and fraternities will gather at the museum to make small "Tata: The Father of a Nation," a quilt by April Shipp, hangs in the Kentucky Museum on Friday. It is part of an upcoming exhibit showcasing various quilts remembering and celebrating the life of Nelson Mandela. According to Shipp, the word "tata" means father in the Xhosa language, and the quilt is designed to capture the familial love many South Africans have for Mandela. ANDREW LIVESAY/HERALD
Welcome Back WKU!

Getting sick is never convenient. We believe healthcare should be.

Graves Gilbert Clinic
Location: Centennial Mall
Time: Thursday, Sept. 10, from 11 a.m. to 3 p.m.

Highway 31W Treasure Hunt/Yard Sale
Location: Alongside Highway 31W, running from Nashville to Louisville
Time: Thursday, Sept. 10 - Sunday, Sept. 13

WKU Football vs. Louisiana Tech
Location: L.T. Smith Stadium
Time: Thursday, Sept. 10 7:00 p.m.

Mon - Thurs: 7:30 AM to 7:00 PM
Fri & Sat: 8:00 AM to Noon

For more information, please visit gravesgilbert.com/ggcwkuhealthservices

We hope that you will stop by the fair to explore academic programs at WKU and abroad!

T-shirts will be given out to the first five hundred students to attend the fair, and hundreds of dollars in door prizes and two study abroad scholarships will be raffled off.

Museum
Continued from Front

A quilt square that will be displayed alongside the exhibit pieces.

Throughout the semester, the museum will also welcome various guest speakers. One guest speaker, Cynthia Lockhart, created “Mandela/Prince of Peace,” which is one of the quilts currently on display.

Staebell encourages campus groups and community members to experience the exhibit.

“This is a real opportunity for people. Such an inspiring individual, and then the way these women have put together these hangings is amazing,” she said.

The opening reception for Conscience of the Human Spirit: The Life of Nelson Mandela will be held at the Kentucky Museum on Sept. 9 at 4 p.m.

WKU FOOTBALL VS. LOUISIANA TECH
Location: L.T. Smith Stadium
Time: Thursday, Sept. 10 7:00 p.m.

Big Red Dollars Accepted

Friends of the Library Used Book Sale
Location: Warren County Public Library
Time: Friday, Sept. 11 - Sunday, Sept. 13

2015 Special Olympics State Softball Tournament
Location: Michael O. Buchanon Park
Time: Friday, Sept. 11 - Sunday, Sept. 13

“Revival: The Sam Bush Story” Movie Screening
Location: Capitol Arts Center
Time: Friday, Sept. 11, at 8 p.m.
SGA to vote on Elizabethtown/Ft. Knox student body association

BY ANNA LAWSON
HERALD/NEWS@WKU.EDU

The Student Government Association isn’t meeting any time this year. SGA senators will vote on a few bills and resolutions during Tuesday’s meeting. One particular bill, if passed, will recognize a new branch of SGA. If a bill is defeated, a bill to recognize the Elizabethtown/Ft. Knox campus, is passed, it will distinguish a student body association at the Elizabethtown campus.

SGA President Jay Todd Richy said it is very important to him that students on the Elizabethtown campus feel like they are being heard and represented. “There is no reason they ever should have felt forgotten in the first place,” he said.

According to Richy, the student body association would be made up of five officers, a president, an executive vice president, a chief of staff, an attorney general and a secretary. They would also be represented when SGA meets on legislation.

If the bill is passed, Richy said, “We will formally recognize them, and they are considered a part of any event.”

The bill states the recognition will increase student involvement both within Western Kentucky University and within the Elizabethtown/Ft. Knox campus.

“The university has such a great athletic tradition—one of the best in the country,” Willis said. “We as students, Hilltoppers, as everybody, as a collective, need to come up and show up and get together. Not just for football and basketball.”

The organization is sponsored by RedZone, Smoother King and Image Link.

There are some incentives to being a part of Red Wave such as free food, prizes and drawings for gift cards. There are some incentives to being a part of Red Wave such as free food, prizes and drawings for gift cards.

Louisville senior Marcus Stubbs joined to get involved. “I joined RedWave to go out and enjoy myself on campus,” Stubbs said.

Although RedWave is already a fairly large organization, the plan is to keep growing, said Thomas Harris, advisor and director of Student Promotions and Fan Engagement.

“Our goal is to have 600 students signed up at the end of the semester,” Harris said.

Erika Brady acts as new department head

BY SAMANTHA WRIGHT
HERALD/NEWS@WKU.EDU

The department of folklore and anthropology received a temporary change in leadership this semester.

While Michael Ann Williams, the head of the department, is on a semester-long sabbatical, Erika Brady will act as the department head, is on a semester-long sabbatical, Erika Brady will act as the department head.

Williams has taught folklore at WKU since 1996 and is an advisor to the Kentucky Oral History Commission. She served as chair of the Kentucky Historical Preservation Review Board from 1993-2005. She teaches several folklore classes, including Cultural Conservation and Folklore Theory.

Ann Ferrell, assistant professor of folk studies, said Brady is well-suited as department head.

“Dr. Brady has been here longer than the rest of us, and she’s displayed leadership in both her scholarship and teaching,” Ferrell said. “She has a wide breadth of experience.”

Brady said she was chosen as department head because, after Williams, she is the most senior faculty member in the department.

Brady teaches several folklore classes such as Supernatural Folklore and Folklore Fieldwork.

Applegate said, “She also has extensive experience working with the community in the region, which is important because public outreach is something we emphasize in both programs of the department.”

Brady has taught folklore and anthropology for 15 years at WKU. While Red Wave is already a fairly large organization, the plan is to keep growing, said Thomas Harris, advisor and director of Student Promotions and Fan Engagement.

“Our goal is to have 600 students signed up at the end of the semester,” Harris said.
The Transporter Refueled: Another failed reboot

BY SHANE FREEMAN
HERALDPUBLISHER@WKU.EDU

When I think of the "Transporter" films, I think of Jason Statham and how he made that franchise so well-known. "The Transporter Refueled" is a reboot that gives us a new actor, Ed Skrein, in the lead role. I wasn't excited going in because I didn't want to face someone taking over Statham's role—especially when they were going to be better. At least, I figured, it would be no less entertaining, mindless action film that I could sit through and be somewhat satisfied with. I was wrong. A disappointing reboot is an understatement for this film. The screenplay was bad, the direction was bad and the performances were bad. Everything was bad.

'The story was lean in many ways, but the worst was that a certain character was kid- napped, rescued, and then kid- napped again. That's really sad because the kidnapped character gives the best performance and isn't even one of the main char- acters. The plot's entire develop- ment was silly. It got the franchise back on its feet, the main focus should've been on Statham taking over the role of the Transporter to replace Statham. In the end, though, he does nothing memorable and does nothing to make me care that he's the new Trans- porter. His action scenes weren't exciting, and he had none of the suave attitude Statham brought to the character. Aside from a new actor in an old role, nothing stood out in this film. It has mindless action.

If I wanted mindless action, I would have stayed at home and watched Netflix. Those just isn't anything special about this film. "The Transporter Refueled" suffers from bad writing, box office success, and acting.

GREETINGS OF PEACE
Parks & Recreation - Athletics

Supervises facility rentals, free play weekly and on weekends, leads recreational activities and special events for assigned areas.

Requirements: Age 18+; High School Diploma or GED. Knowledge of rules and regulations of softball, baseball, basketball, and volleyball. Salary $8.52/hr. Hours: 14 hrs/week (40 hrs/week during summer camp)

Interested applicants can apply online at www.tkgc.org/jobs or at the computers in the Human Resources Department in City Hall, 1001 College Street, Bowling Green.

Application Deadline: Friday, September 18, 2015
How 'bout them Apples?

TOP: WKU junior Jessa Millwee is lifted by some friends so she can pick an apple from the top of a tree during Applefest at Jackson’s Orchard on Saturday. Millwee visited Jackson’s Orchard during Labor Day weekend with a group of friends from church.

LEFT: A bunch of apples dangle from a tree during Applefest Saturday at Jackson’s Orchard.

RIGHT: Chris Escue of Portland, Tennessee, pets a goat Saturday at Jackson’s Orchard. He visited the orchard with his wife Nicki and their 3-year-old daughter Annalise.

BOTTOM: Tim Pennington, right, of Cave City plays with his daughters, four-year-old Khloe Pennington, center, and 11-year-old Adrianna Pennington, left, Saturday at Jackson’s Orchard. The Penningtons visited the orchard to pick apples and play on the playground.

PHOTOS BY ANDREW LIVESAY
AppleFest: a sweet beginning to autumn

BY ANDREW CRITCHELOW
HERALD.FEATURES@WKU.EDU

Bowling Green’s apple lovers got a taste of autumn this Labor Day weekend at the annual AppleFest celebration hosted by Jackson’s Orchard.

Held for over 30 years, the festival serves the orchard’s first batch of apple cider of the season, as well as other treats like apple cider slushies, apple pies and caramel apples.

Orchard co-founder Bill Jackson said AppleFest is the orchard’s way of kicking off the fall season.

“It’s a nice time of year to come out to the farm,” Jackson said. “It’s just a time to draw everybody’s attention to the fact that fall is here.”

According to Annette Madison, who has worked at the orchard for 11 years, the annual festival draws crowds of people from Bowling Green as well as people from out of town.

Along with assorted treats made from apples and peaches, this year’s festival also featured a pumpkin patch, a play area for children and a large timeline that exhibited the orchard’s long history.

“Some people enjoy picking them and others like them right off the shelf,” Madison said.

Jackson’s Orchard, founded by spouses Bill and Shirley Jackson, celebrated its 50th anniversary earlier this year.

Although Grubbs thought Cravens can occasionally be difficult to access, he still says it makes a “nice” study spot.

6. 24-hour Study Lounge in Downing Student Union
Mackenzie Grubbs, a junior from Verona, recommends the study lounge for late-night cramming sessions before a forgotten morning exam.

“That’s a good place because it’s open all night, they leave the lights on, other people are doing the same thing, so you kind of feel like it’s more motivating,” Grubbs said.

5. The Hills in Centennial Mall
Cody Mardis, a junior from Elizabethown, says he enjoys studying in Centennial Mall because of the surrounding nature.

“It’s a great place that always has life and movement flowing through it,” Mardis said.

4. Raymond Cravens Library
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ORAC provides students with thrills and adventure

BY BRITTINY MOORE
HERALD FEATURES/SPARKLE

A group of WKU’s Outdoor Recreation Adventure Center ORAC participants pose for a photo during a trip to the top of the Ozark Mountains in Arkansas last spring provided by Maggie Shelton

Students looking for a break from their normal routine and a different kind of educational experience need look no further. The Outdoor Recreation and Adventure Center, ORAC, is an organization that has been offering breaks to the great outdoors.

Leah Rossettie, an outdoor recreation graduate assistant at WKU, manages ORAC as part of her graduate assistantship.

“ORAC is a great resource for WKU students who want to get out, enjoy fresh air and be active outdoors,” Rossettie said.

While ORAC was created for WKU students, Preston Center members and student-sponsored guests are welcome to join.

“All ORAC trips are beginner-friendly. You do not need any previous experience to go on a trip with us,” Rossettie said. “Our staff is here to teach you the basics and how to safely enjoy outdoor sports like hiking, mountain biking, canoeing, kayaking, stand-up paddleboarding, backpacking, rock climbing, camping and so much more.”

ORAC’s WKU webpage displays trips before the start of each semester.

“This September, ORAC will be hiking and canoeing at Nolin Lake in Kentucky, swimming and hiking in Rock Island State Park and whitewater rafting and backpacking at Chickasaw State Park in Tennessee,” Rossettie said. “One of the most thrilling trips we offer is a whitewater rafting excursion down to the Ocoee River in Tennessee. It’s an absolute blast paddling through rapids. It’s a different kind of roller coaster but every bit as much fun!”

ORAC offers a range of trips including mountain biking and rock climbing and mountain biking for October’s trip. This includes backpacking at the Appalachian Trail and the trails of Big South Fork National River and Recreation Area in Kentucky. Bouldering will be offered in Chattanooga, Tennessee, and mountain biking will be offered in Brown County, Indiana.

“Those interested in ORAC can check out their trip options and registration information on the ORAC webpage,” Rossettie said.

Whether you prefer to study under a tree, hunch over a desk or in an abandoned hallway, there are plenty of spots around campus. Don’t be afraid to try a new place or explore an unfamiliar building; the best study spot may still be waiting for discovery.

“Outdoor Recreation is my profession,” Rossettie said. “It’s what I love to do, and introducing people to all the different ways that they can enjoy the outdoors as a part of a healthy mental and physical lifestyle is what makes me feel purposeful.”

For students interested in this opportunity, registration is open for all ORAC trips on a first-come, first-serve basis for the rest of the semester. All students are encouraged to register at Preston Center.

STUDY

change of pace, I can get a yummy pick-me-up,” Gonzalez-Lopez said.

“People like to buy from local growers,” Bill Jackson said.

“I hope it grows for another 50 years,” Gonzalez-Lopez said.

“ORAC is a great resource for WKU students who want to get out, enjoy fresh air and be active outdoors,” Rossettie said.

ORAC encourages students to become involved in ORAC and adopt an active lifestyle.

“Outdoor Recreation is my profession,” Rossettie said. “It’s what I love to do, and introducing people to all the different ways that they can enjoy the outdoors as a part of a healthy mental and physical lifestyle is what makes me feel purposeful.”

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Amid the mention of "pageants," some may envision a crowd of superficial, slim and snooty participants vying for a title and fame. But some of the queens that reside on the Hill see pageantry and participant participants quite differently.

Danville sophomore Callie- nyn Ellis, winner of America's Homecoming Queen 2014, had never considered pageants until she received a letter in the mail one day.

"I got a letter in the mail a couple weeks after I won homecoming queen at my high school," she said. "It was from this organization called America's Homecoming Queen. I read about it, and it sounded like a really great opportunity." The pageant is unique in that girls have to be invited to participate after they have won the title of homecoming queen at their high school.

The organization recruits girls from high schools in every state to compete in their state pageant, but they only accept about 15 percent of the applicants.

At the state pageant, the contestants participate in a formal gown presentation and interview process. When a winner is selected from each state, those girls go on to the national pageant the following summer.

At the national pageant in Memphis, Ellis presented a speech about the Commonwealth of Kentucky and encouraged people to visit. In her speech, she broke down stereotypes of Kentuckians: all Kentuckians are hillbillies, never wear shoes, constantly eat Kentucky Fried Chicken, etc.

When Ellis first received the invitation to compete in the state pageant in Louisville, she admittedly experienced a bit of prejudiced thinking although now, her views have changed.

"To be totally honest, when I first got the mail for just a pageant," Ellis said. Instead, she told people that it was a competition.

After winning the state and national pageants for America's Homecoming Queen, Ellis said she has experienced the stereotype that goes hand-in-hand with pageantry.

"I definitely feel like sometimes people stigmatize pageants with girls who are fake... and the girls that I have met that are untrue of them," Ellis said.

"Those girls are really presenting themselves in front of so many people... so just kind of respect their willingness to even participate in that." Belyn Ford, mother of Miss Kentucky Teen USA 2015 Caroline Ford, agreed that girls who compete in pageants are often stereotyped.

"When you compete in pageants, you do get a target on your back," Belyn Ford said. "Even teachers and professors have said that life isn't a pageant. It's also not a soccer game, but both have lessons that you can translate to your future." Ellis said she has experienced the same stereotypes pageants some- times in a negative light—whether it be "Toddlers & Tiara- ce" or anything else. Caroline Ford said. "But I think that there's a lot more that goes into pageantry than what people think."

At the end of the day, Caroline Ford knows what pageantry can cause a young woman to do. "You're able to really push yourself to be the best version of yourself so that you can help others and make a difference, make an impact," she said.

One way Caroline Ford serves as Miss Kentucky Teen USA is by hosting events through Young Artist Alliance, an organization she founded in 2012 after the natural disas- ter in Haiti. Although she is more than just a pageant queen, she still finds, like Ellis, that she is stereotyped.

"I think that the media really stereotypes pageants some- times in a negative light—whether it be "Toddlers & Tiara- ce" or anything else," Caroline Ford said. "But I think that there's a lot more that goes into pageantry than what people think."

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Constitution Week 2015

Are you ready for “Life, Liberty, Freedom, Prosperity?”

Sept. 14

“Congress shall make no law respecting an establishment of religion…” First Amendment right to freedom of religion

Rosh Hashanah, Jewish New Year, begins at sunset on Sunday, September 13. Orthodox and Conservative Jews observe two days of the holiday (September 14 and September 15). Reform Jews only observe one day of the holiday, which ends at sunset on Monday, September 15.

Sept. 15

“…nor shall any state…deny to any person within its jurisdiction the equal protection of the laws” (14th Amendment)

Black Lives Matter: Continuing the Conversation

MMTH Auditorium 6:30 – 8:00pm
Sponsored by The African American Studies Program, Office of Institutional Diversity and Inclusion

Sept. 16

“It’s Constitution Day!!

“the right of the citizens of the United States to vote shall not be denied based on race, gender and age” (Amendments 15th, 19th, 26th)

Get Ready for Election 2016

Pizza and Politics Series
Sponsored by Department of Political Science Grise Hall Rm 337 11:30 – 12:30pm

“We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.”

Gallery Show - A Secret Beneath the Ridge by Ed Westcott and Joe O’Donnell

Sept. 8 – Nov. 21 / Free admission
Sunday, 3:00 p.m.– 9:00 p.m.; Monday – Wednesday, 9:00 a.m. – 9:00 p.m. Thursday – Friday, 9:00 a.m. – 5:00 p.m.
Mass Media and Technology Hall Atrium and Gallery

Westcott’s images display an America that the public was not allowed to witness, as thousands of citizens were employed in Oak Ridge to help build the atomic weapons that eventually brought an end to World War II.

PHOTOS BY LEANORA BENKATO

Watermelon enthusiasts of all ages flooded Tompkinsville Saturday, to celebrate the 36th annual Monroe County Watermelon Festival. Since the festival’s emergence in 1980, according to the Monroe County website, crowds of more than 10,000 people have visited the city.

Festival events included a watermelon-eating contest, a seed-spitting competition, a cakewalk and a variety of vendor booths.

This year’s turnout was larger than the festival has had for several years, according to Watermelon Festival chairwoman Susan Turner.

Event judge and Monroe County Watermelon Festival chairwoman Susan Turner, left, watches Lance Thompson, 6, of Hermitage Springs, Tenn., spit a watermelon seed onto the sidewalk during the seed-spitting competition at the festival Saturday in Tompkinsville.
Lady Toppers hang tight, draw vs. Valparaiso

BY BILLY RUTLEDGE HERALD SPORTS@WKU.EDU

Within the first 11 minutes, Valpo midfielder Rita Craven (12) collected a shot on goal and brought the score to 1-0. After taking a 14-4 lead with 8:36 remaining in the third quarter, Vandy had enough juice for one final push. A pass touchdown by the Commodores with 33 seconds left set the stage for a comeback. A pass to Vandy tight end Nathan Chua. Valpo collected six miscues, the Hilltoppers rallied after the defense on the field.

SEE FOOTBALL PAGE C3

Hilltoppers grind out win at Vanderbilt

BY JONAH PHILLIPS HERALD SPORTS@WKU.EDU

It took the entire 60 minutes for the WKU offense in the first half compared to the Vanderbilt defense. Both teams had three of their five redzone trips. The Hilltoppers scored 30 points in 33 seconds. In the second half, the defense came back for our guys to win the two-point conversion. A pass to Vandy tight end Nathan Chua. Valpo collected six miscues, the Hilltoppers rallied after the defense on the field.

SEE FOOTBALL PAGE C3

Don't Call It A Comeback

Hilltoppers overcome errors, take season opener

WKU's long snapper Nolan Dowling (47) congratulates with linebacker Drew Davis (24) after he recovered a fumbled punt reception during the Hilltoppers' 1-0 win over Vanderbilt Thursday at Vanderbilt Stadium in Nashville.

Nick WAGGONER HERALD

"It was a huge game for our team, our program and a huge win for our team," Head Coach Jeff Brohm said. "I'm extremely proud of our guys. Our team fought and batted and we tackled all 12 minutes. We needed to find and try to find a way to win the second half — for our guys to get back into the game and find a way to win, especially in that fashion. It was big for us."

The Hilltoppers began to find an offensive rhythm. They had 11 points in the first quarter and 10 in the second. It took the entire 60 minutes for the WKU offense in the first half compared to the Vanderbilt defense. Both teams had three of their five redzone trips. The Hilltoppers scored 30 points in 33 seconds. In the second half, the defense came back for our guys to win the two-point conversion.

"A pass to Vandy tight end Nathan Chua. Valpo collected six miscues, the Hilltoppers rallied after the defense on the field."

The Lady Toppers' defense kept the Commodores only one point. The Hilltoppers had an abysmal 46 yards of total offense in the first half, but the Hilltoppers fans in the second quarter, the Hilltoppers fans in the second quarter.

"The first half was a big two-point conversion to seal the Hilltoppers fans in the second quarter. The Hilltoppers fans in the second quarter.

"A pass to Vandy tight end Nathan Chua. Valpo collected six miscues, the Hilltoppers rallied after the defense on the field."

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HEALTHIER EATING MEAL PLAN

ALL MEALS 500 CALORIES OR LESS

DaVinci’s
- Small salad or tomato basil soup and a ½ Portion Vestòció
- Small salad or tomato basil soup and a ½ Chicken Bacon Swiss and leave off the bacon
- Small salad or tomato basil soup and ½ DaVinci’s Chicken salad sandwich
- Classic cheese, pepperoni or Hawaiian Veggie pizza

Grille Works
- Ham, Egg and Cheese on English Muffin
- Jr. Cheesburger on whole grain, no cheese, with whole fruit
- Veggie Burger on whole grain with whole fruit
- 2 pc. Chicken Fingers with whole fruit

Popeyes
- 1pc Nugget combo with green beans
- Blackened Tenders with green beans
- 850 Chicken Pit Boy with green beans
- 1pc bone in chicken, leave off the skin, with green beans, save the biscuit for later
- 2pc Tender snack with green beans, save the biscuit for later

Java City
- (1) Small Ham & Cheese sandwich with baked chips or whole fruit
- Turkey & Cheese on wheat with baked chips or whole fruit
- White Chicken Salad sandwich with baked chips or whole fruit
- Carrot and Celery Cup with baked with baked chips or whole fruit
- Small Garden Salad with baked chips or whole fruit
- Peanut butter and jelly with baked chips or whole fruit
- Hummus and Veggie Box
- Fruit, Egg and Cheese Box

Grab and Go - Garrett Food Court
- Smoked Ham & Cheese sandwich with baked chips or whole fruit
- Turkey & Cheese on wheat with baked chips or whole fruit
- White Chicken Salad sandwich with baked chips or whole fruit
- Carrot and Celery Cup with baked with baked chips or whole fruit
- Small Garden Salad with baked chips or whole fruit
- Peanut butter and jelly with baked chips or whole fruit
- Hummus and Veggie Box
- Fruit, Egg and Cheese Box

Burger Studio
- Veggie Burger on whole grain with whole fruit, apple slices or side salad
- Angus Burger on whole grain with whole fruit, apple slices or side salad

Juice Blendz
- Veggie Blendz sandwich on california bread with fruit salad or Kosher pickle
- Turkey Club sandwich on ciabatta bread with fruit salad or Kosher pickle
- Any Regular Smoothie

Bene Pasta
- Whole wheat pasta with marinara, chicken, veggies and light on cheese
- Whole wheat pasta with marinara, veggies and light on cheese

Burrito Bowl
- KC BBQ Veggie Burrito
- Cajun*
- Mexican*
- Buffalo*
  - “Choice of chicken or veggie rice bowl or burrito

Izzy’s
- burrito: Chico with chicken or Veggie, light on cheese & save your chips for later
- 2 tacos with chicken or Veggie, light on cheese & save your chips for later
- Chicken or Veggie bowl quassilla, light on cheese & save your chips for later
  - *Make it even healthier with whole wheat tortilla

Panda Express
- String bean lo sui
- Black pepper chicken
- Vegetable spring roll
- Broccoli beef
  - *Choice of half serving of brown rice or mixed veggies

Home
- Grilled or baked entree with vegetable sides
- Just the Sides (three veggies)

RedZone
- Grilled Chicken Tenders with collage cheese, baked beans or grilled veggies
- Stadium House Salad with Grilled Chicken & Hummus and Veggies

Subway
- 6” Turkey Sub with apple slices
- 6” Ham Sub with apple slices
- 6” Cold Cut Combo with apple slices
- 6” Veggie Delight Sub with apple slices
- 6” Oven Roasted Chicken Breast sub with apple slices
- Veggie Delight Salad
- 6” Egg & Cheese sub with apple slices

Grab and Go - P.O.D. Market & The Pit Stop
- Smoked Ham & Cheese sandwich with baked chips or whole fruit
- Turkey & Cheese on wheat with baked chips or whole fruit
- White Chicken Salad sandwich with baked chips or whole fruit
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- Small Garden Salad with baked chips or whole fruit
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- Hummus and Veggie Box
- Fruit, Egg and Cheese Box

Java City
- Grilled or baked entree with vegetable sides
- Just the Sides (three veggies)

Popeyes
- 1pc Nugget combo with green beans
- Blackened Tenders with green beans
- 850 Chicken Pit Boy with green beans
- 1pc bone in chicken, leave off the skin, with green beans, save the biscuit for later
- 2pc Tender snack with green beans, save the biscuit for later

DaVinci’s
- Small salad or tomato basil soup and a ½ Portion Vestòcio
- Small salad or tomato basil soup and a ½ Chicken Bacon Swiss and leave off the bacon
- Small salad or tomato basil soup and ½ DaVinci’s Chicken salad sandwich
- Classic cheese, pepperoni or Hawaiian Veggie pizza

Grille Works
- Ham, Egg and Cheese on English Muffin
- Jr. Cheesburger on whole grain, no cheese, with whole fruit
- Veggie Burger on whole grain with whole fruit
- 2 pc. Chicken Fingers with whole fruit

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Lady Toppers lose first non-conference match, fall to Dayton

By Matthew Stewart

Continue from Sports

In a match that lasted 245 minutes, the Hilltoppers were defeated by the Flyers, 5-2, on Thursday afternoon at Diddle Arena. The match was played in front of a record breaking 7,600 fans, who were treated to an entertaining game of soccer.

The Hilltoppers were playing their first non-conference match of the season, while the Flyers were looking for their first win of the season. The game was played in front of a packed stadium, with fans cheering on both teams.

The Hilltoppers started the game strong, with their best player, Tyler Higbee, scoring a goal in the first 10 minutes. However, the Flyers were able to answer with a goal of their own in the 15th minute.

The second half was much more even, with both teams having chances to score. The Hilltoppers were able to take the lead back in the 50th minute, but the Flyers were able to equalize again in the 60th minute.

The game ended 2-2, with both teams having chances to score in the final minutes. The Hillsopothers were able to take the lead back in the 70th minute, but the Flyers were able to equalize again in the 80th minute.

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After the game, the Hilltoppers were looking back on a tough match, but they were also looking forward to their next game, which is against Texas Tech on Sunday.

“The game was a tough one, but we are looking forward to our next game,” said Tyler Higbee. “We played well in the first half, but we were unable to capitalize on our chances in the second half.”

The Hilltoppers will now turn their attention to their next game, which is against Texas Tech on Sunday.

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WKU’s defensive back Marcus Ward (8) celebrates after the Hilltoppers’ win. Ward had five solo tackles in the game, one of which was for a loss.

NICK WAGNER/HERALD

WKU’s quarterback Brandon Doughty (12) looks toward tight end Tyler Higbee (82) from the pocket during the first half. Doughty connected with Higbee four times for 102 yards and a touchdown.

NICK WAGNER/HERALD

WKU’s running back Leon Allen (33) carries the ball upfield as Vanderbilt’s linebacker Landon Stokes (99) closes in during the second half. Allen and tight end Tyler Higbee (82) combined for a 25-second, two-play 69-yard drive that ended with a 4-yard touchdown run by Allen.

NICK WAGNER/HERALD

WKU’s linebacker Nick Holt (10) drags down Vanderbilt’s tight end DeAndre Woods (15). The Hilltoppers’ defense held Vanderbilt scoreless on three trips to the red zone, including an interception in the end zone by Holt.

MATT LUNSFORD/HERALD