


Spring 1996

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WKU Women in Transition

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The Transition Line

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Women in Transition Western Kentucky University

*Dedicated to the advancement of Western Kentucky's
nontraditional female students*

Spring 1996

Volume 2



Inside:

- * *A fond farewell to faculty advisor Catherine Ward and a warm welcome to her replacement, Nancy Goldfarb..*
- * *Election results for 1996-97 WIT officers..*
- * *How the changes in WIT will affect members next year.*
- * *Becoming user-friendly with the Internet..*
- * *New WIT policies..*

Published twice each semester, in the Fall and Spring by Women in Transition. Distribution is made to all members, the advisory board and all other interested persons. Submissions may be made by contacting one of the officers or by leaving the information in the WIT room located in the Garrett Conference Center, room 102 on the Western Kentucky University campus.

We would like to congratulate the following members for their accomplishments this year:

- * *Roxanne Ganter who has been tutoring at the writing center in Glasgow as a student assistant.*
- * *Beverly Anderson who has been editor-in-chief of the WKU - Glasgow Liberty Views newsletter*
- * *Gina Owens who has been volunteering 3 hours a week at the Birthright Center in Owensboro.*

And in addition to all those who are so very busy and to whom we have not addressed here, a big thanks for your contributions, and congratulations on your accomplishments.

Women in Transition is a student run, non-profit organization designed to meet the needs of nontraditional women university students.

Questions or information regarding WIT can be obtained by contacting one of the officers or by stopping by the WIT room located at the Garrett Conference Center in room 102 on the Western Kentucky University main campus.

Officers for the spring semester include:

*Millie Jessup, President
Linda Lee, Vice President
Sharon Vincent, Secretary
Cathy Mounce, Correspondence Secretary
Anita Coursey, Treasurer*

Farewell to Our Friend and Mentor - Catherine Ward

At the end of this semester, Women in Transition will be saying farewell to our founder and mentor, Catherine Ward. Although she will still be teaching part-time, she has officially retired from her position as faculty advisor to WIT. We wish to express our sincere appreciation for all of her efforts on our behalf. Women in Transition owes its very existence to Ms. Ward's vision and determination. Without her help and guidance WIT would not be the outstanding organization it is today. Catherine Ward has accomplished more during her time here than some people do in a lifetime, and for this we congratulate her and hope that she will succeed in whatever endeavors she chooses.

She has been our advisor, our leader, our inspiration and our friend, and for this we owe her a debt of gratitude. Mis. Ward, we assure you, you will not be forgotten. Thank you, your friends in WIT

Welcome Nancy Goldfarb

We would like to extend a warm welcome to Nancy, WIT's new Faculty Advisor.

Nancy is an Assistant Professor in the Department of English. She received her Ph.D in Comparative Literature from the University of Michigan and has taught at the University of Cincinnati, Johannes Gutenberg University in Mainz, Germany, and the University of Michigan. She received the unanimous endorsement of the Faculty Advisor Search Committee, chaired by Teresa Edmundson.

Besides her outstanding academic credentials, Nancy brings to her position a loving personality, a wealth of enthusiasm, and a joyous outlook on life. We extend to her the warmest of welcomes and hope that she finds in WIT a second home.

We would like to say goodbye to our retiring board members

To Nancy Alfonso, Marlice Pillow, Carol McClure and Paula Quinn who have given WIT their time and concern we would like to wish them well and thank them for their contributions to our organization.

Dates to Remember

- * Finals week Monday April 29th - Friday May 3rd
- * Graduation May 5th
- * *May 31 + June 1st WIT Yard Sale*
- * July 12th - last day to pay deposit for fall registration
- * August 19th - Fall classes began

Notes From the President...

Dear WIT members,

We have had a very productive and positive semester, primarily due to everyone's team spirit. I am proud to be a member of this group and I would like to thank everyone for their efforts.

Our recent Faculty Appreciation Luncheon was a tremendous success and I have received many calls from people who mentioned that they truly appreciated what WIT did and wanted to express their appreciation to all the members.

It has been an exciting time for me to be president; WIT has grown so much, with many people learning to use WIT's computer, (and the Internet) doing well in their classes and people working to help each other.

WIT itself has been featured in the Faculty Newspaper and on television recently, as well as having several other projects in progress, and we have also completed numerous other projects such as the Haynes reception, a clothing drive, committee reorganization and so forth.

Above and beyond this, members have survived - families, death, birth, sickness, surgery, trips, and other upheavals in their lives; yet our people keep on ticking. (kind of like the energizer bunny!) So to all of them and everyone else who have given of their time, knowledge, money and support to help us become what we are today, we cannot express how much we appreciate your help, gifts and kindness.

I look forward to seeing everyone next semester and wish all of you the best of luck.

sincerely,

Millie Jessup, President

How Do You Become User Friendly With the Internet?

The Internet is touted as being the answer to everyone's problems. It is supposed to hold all the answers. However, this somewhat obscure and ambivalent resource can cause many problems for those who are not accustomed to dealing with the arcane stubbornness of the Net.

So, how do you become accustomed to its intricacies? The first step is to become familiar with basic computer operation. Secondly, effectively surfing the net is something you learn by doing. In other words, don't be afraid to experiment. Lastly, get a vax account so that you can send and receive email on a personal basis.

How do you do this? Explore your options, ask questions. There is little more important on a college campus or in life than learning how to find out what you don't know. Those who are successful have mastered this skill.

With a few questions and a couple of phone calls, you will be on your way to finding out what is available on campus to help you utilize this invaluable resource. To get you started, here are a couple of phone numbers which might come in handy:

745-5382 or 745-4982

Good luck and happy computing!

WIT Election Results

The following people have been chosen to serve as WIT officers next year:

President: Millie Jessup

Vice President: Linda Lee

Secretary: Ramona Racz

Correspondence Secretary: Anita Coursey

Treasurer: Michelle Ferguson

Congratulations to all of the new officers!

What the Changes in Women in Transition Will Mean for its Members

The WIT board, advisors and officers have been busy this year working on improving Women in Transition in order to make it more accessible, convenient and productive for its members. So here are some of the changes you will be seeing in the coming year:

** It has been observed that not everyone has even a little time every semester to be involved in the mechanics of running WIT. Therefore, changes are being undertaken which would provide for the elimination of committee's, to which each member must currently agree to serve on. Instead, we are actively seeking members who would be willing to serve as Coordinators, who will assume the duties of being responsible to see that the needs of the members are being met, to assist the officers in the administration of the organization and who will ensure that the activities the committees are currently doing continues, with volunteer coordinators, and voluntary participation on the part of WIT's members. It is expected that each year, new Coordinators will assume these positions and that those who are able, will aid them in their attempts to make WIT a better, more responsive place for nontraditional female students to be a part of.*

** WIT has grown, and with its increasing membership has come an increase in the cost of supplies, administration, social events, and the cost of new equipment for the members to use. As a result, another change taking place next year will be an increase in the membership fees.*

As we all know, everything has a price, and as WIT becomes a highly visible and respected component on Western's campus, and as improvements are made, members must realize that this is not without cost.

Therefore, since WIT has never had an increase in its membership fees, the new fee will be \$10.00 per member per year as of the 1996-97 school term.

However, as in the past, those who have special circumstance and, who feel that the additional expense would be more than they could afford, can ask that their fee be waived for the semester and can provide help in other ways. If anyone runs into this problem in the Fall, please contact one of the officer's who will assist you.

** Changes, changes everywhere. If you've been around the WIT room lately, you may have noticed that this year WIT has acquired a copy machine, a new computer and printer, a new membership, and most importantly, attention from the administration. This has come primarily as the result of an increased need on the part of the members and from the media attention we have received. WIT has been featured in the faculty newspaper - On Campus, has been interviewed on Western's television station, and is currently the subject of an article being written by the Herald. This, in addition to other activities which have thrust WIT into the public eye, is calling attention to the needs of nontraditional students on campus. It is hoped that this trend will continue and that it will aid WIT in its goal of improving the lives of those who recognize that it is a place where every nontradition women student can be comfortable and will always be welcome.*

Good luck for the coming year!

NOW OR NEVER

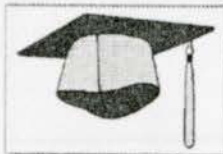
seven years ago
at forty five
i knew it was time
for a rock bottom change
time to kick over my traces
time to stand my life on its head
time to sow my autonomous oats
time to put my money where my mouth was

because i couldn't bear not to
any longer
which is not to say
it happened in one night
or even in one year
by magic and by spells
aided by rational and sympathetic talk
with my family
(quite the contrary) '
that it was trauma free
that i didn't have
insomnia backache guilt anxiety
frantic fears savage rages homicidal
scenes suicidal sobbings
that for a long time i didn't become
someone unrecognizable
to myself
but it was literally
change or die

because of middle aged
not despite it
because of knowing in my gut
time was jogging onwards
and i deserved something
better

for myself
now

Anonymous submission



Congratulations to Our Graduating Seniors

WIT Policies

Please take note of the following policy changes
which will be in effect and which members will
be expected to follow during the 1996-97 school
year:

* The WIT room will be locked Monday through
Friday at 4:30 p.m. and all days that school is
not in session. Members who wish to use the
room at that time will be required to sign in at
the desk and will be expected to sign out upon
leaving.

* Before signing out, members are expected to
pick up after themselves, turn off and lock the
computer, make sure the copier is turned off,
close the windows and turn off the lights before
they leave.

* Please be reasonable in your use of the paper,
printer, copier, and other provisions that WIT
supplies for your use. These all have high costs
associated with them. This semester, these costs
doubled what was used last semester, so please
try to limit your use of these, as much as
possible, to school related business.

* Please limit the use the WIT phone to business
and not personal calls, except for emergencies
and the like, and try to keep the calls to 10
minutes or less when possible, so that others may
have access to it also.

Many people have worked very hard to provide
WIT with the many benefits which members now
enjoy, and we hope to continue to improve WIT
and its ability to meet members needs. The room
cannot be left open for anyone who decides to
come in, or we could possibly lose some of what
we have fought so hard to gain. As a result, it is
necessary that we ask that these things be used
wisely and that these policies be followed.

(if you have any questions or suggestions regarding these or
other WIT policies, please feel free to talk to any of the WIT
officers. If you need to contact someone but are unable to,
phone numbers are supplied in the WIT directory, as well as
the school phone book)

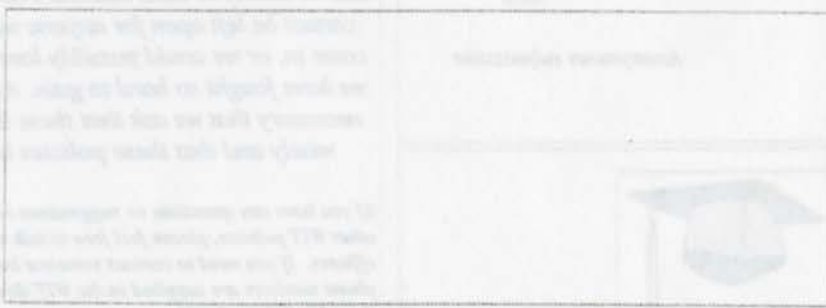
Student Health Services

Located in the Lancaster wing of the Academic Complex, Student Health Services provide a full range of outpatient medical services, health education and prevention programs. Staff members include physicians, health educators, nurses, a pharmacist, and laboratory and radiological technologists. Full-time students are assessed a mandatory health fee as part of their tuition. Part-time student are assessed the health fee during their first clinic visit each semester. After payment of the health fee, there is no charge for the office visits. X-rays, lab tests, and prescriptions are charged at reduced rates. Medical cards are accepted. The scope of services provided and the clinic hours may be obtained by calling the Student Health Service at 745-5641.

Medical and dental care is also available at The Commonwealth Health Free Clinic. The clinic is located at 740 E. 10th Street (corner of 10th and High St.) patients must have a job and provide proof of income (usually a check stub) at each visit. They must not participate in any social programs such as food stamps, medicaid, etc.. or have health insurance. There are financial guidelines in the form of a sliding scale. Income and family size are considered. The clinic is open Tuesday and Thursday evening at 5:30. Closing times vary. Twelve patients can be seen before closing. No appointments are needed and first-come first-served. Patients are advised to arrive as close to 5:30 as possible. Phone 781-9260 for additional information.

The Dental Hygiene Clinic is located in room 223 of the Academic Complex. Through this program, the students provide dental health education and preventive services to WKU students, faculty, staff, their families and the community. There is a fee for services. For more information concerning fees and hours please call 745-2426.

Women in Transition
Western Kentucky University
Garrett Conference Center Room 102
Bowling Green, Kentucky 42101



Thomas Meredith
WARB 135

Campus Mail

Congratulations to Our
Graduating Seniors