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2014-15 WKU TRACK AND FIELD CROSS COUNTRY RECORD BOOK



WKU IN SBC HISTORY

Men's Cross Country

Championships Held: 35

Championships Won by WKU: 15

Most Consecutive WKU Titles: 6 (1982-87)

2013	Texas Arlington
2012	UALR
2011	WKU
2010	UALR
2009	Middle Tennessee
2008	WKU
2007	UALR
2006	South Alabama
2005	WKU
2004	Louisiana-Lafayette
2003	WKU
2002	UALR
2001	UALR
2000	North Texas
1999	South Alabama
1998	WKU
1997	WKU
1996	South Alabama
1995	WKU
1994	WKU
1993	South Alabama
1992	WKU
1991	South Alabama
1990	South Florida
1989	South Florida
1988	South Florida
1987	WKU
1986	WKU
1985	WKU
1984	WKU
1983	WKU
1982	WKU
1981	South Alabama
1980	South Florida
1979	South Florida
1978	South Alabama

Women's Cross Country

Championships Held: 28

Championships Won by WKU: 17

Most Consecutive WKU Titles: 6 (2006-11)

2013	Arkansas State
2012	Georgia State
2011	WKU
2010	WKU
2009	WKU
2008	WKU
2007	WKU
2006	WKU
2005	UALR
2004	WKU
2003	WKU
2002	UALR
2001	UALR
2000	New Orleans
1999	WKU
1998	WKU
1997	Texas-Pan American
1996	WKU
1995	Texas-Pan American
1994	WKU
1993	South Alabama
1992	South Alabama
1991	WKU
1990	South Florida
1989	WKU
1988	South Alabama
1987	WKU
1986	WKU
1985	WKU

Men's Indoor Track and Field

Championships Held: 23

Championships Won by WKU: 4

Most Consecutive WKU Titles: 2 (2012-13)

2014	Texas Arlington
2013	WKU
2012	WKU
2011	Middle Tennessee
2010	WKU
2009	Middle Tennessee
2008	WKU
2007	Arkansas State / South Alabama
2006	Middle Tennessee
2005	South Alabama
2004	Middle Tennessee
2003	Middle Tennessee
2002	Middle Tennessee
2001	Middle Tennessee
2000	Arkansas State
1999	Louisiana Tech
1998	Arkansas State
1997	Arkansas State
1996	Louisiana-Lafayette
1995	Louisiana-Lafayette
1994	Arkansas State
1993	Louisiana-Lafayette
1992	Louisiana-Lafayette

Women's Indoor Track and Field

Championships Held: 23

Championships Won by WKU: 7

Most Consecutive WKU Titles: 6 (2006-11)

2014	WKU
2013	Arkansas State
2012	Middle Tennessee
2011	WKU
2010	WKU
2009	WKU
2008	WKU
2007	WKU
2006	WKU
2005	North Texas
2004	Middle Tennessee
2003	Middle Tennessee
2002	Middle Tennessee
2001	Middle Tennessee
2000	Louisiana Tech
1999	South Alabama
1998	Arkansas State
1997	UALR
1996	UALR
1995	Arkansas State
1994	UALR
1993	Louisiana-Lafayette
1992	Arkansas State

Men's Outdoor Track and Field

Championships Held: 23

Championships Won by WKU: 7

Most Consecutive WKU Titles: 5 (2008-12)

2014	Texas Arlington
2013	Middle Tennessee
2012	WKU
2011	WKU
2010	WKU
2009	WKU
2008	WKU
2007	Middle Tennessee
2006	Middle Tennessee
2005	Arkansas State
2004	WKU
2003	WKU
2002	North Texas
2001	Middle Tennessee
2000	North Texas
1999	Arkansas State
1998	Louisiana-Lafayette
1997	Louisiana-Lafayette
1996	Louisiana-Lafayette
1995	Louisiana-Lafayette
1994	Louisiana-Lafayette
1993	Louisiana-Lafayette
1992	Louisiana-Lafayette

Women's Outdoor Track and Field

Championships Held: 23

Championships Won by WKU: 7

Most Consecutive WKU Titles: 6 (2006-11)

2014	WKU
2013	North Texas
2012	North Texas
2011	WKU
2010	WKU
2009	WKU
2008	WKU
2007	WKU
2006	WKU
2005	Middle Tennessee
2004	New Mexico State
2003	North Texas
2002	New Mexico State
2001	Arkansas State
2000	Middle Tennessee
1999	Louisiana Tech / South Alabama
1998	Arkansas State
1997	Louisiana-Lafayette
1996	UALR
1995	Arkansas State
1994	Arkansas State
1993	Louisiana-Lafayette
1992	Lamar

2014 WKU CROSS COUNTRY SUMMARY

2014 WKU Lady Toppers Meet-By-Meet Summary

Meet	Belmont (5K)	Vanderbilt (5K)	Louisville (5K)	Evansville (5K)	Sun Belt (5K)	Southeast (6K)
Team Finish	NTS	8th / 21	12th / 20	1st / 8	3rd / 10	25th / 38
Carlin, Taylor	50th / 20:01.58	59th / 18:47.06	68th / 18:46.69	8th / 18:47.18	20th / 19:02.6	106th / 22:36.9
Hill-Stirling, Louise	24th / 18:59.19	39th / 18:16.28	DNC	DNC	DNC	DNC
Hinken, Lindsey	31st / 19:15.82	DNC	20th / 17:55.10	2nd / 17:38.56	2nd / 17:47.8	DNC
Lever, Katie	33rd / 19:20.61	46th / 18:29.59	51st / 18:28.83	3rd / 17:39.89	4th / 18:03.3	37th / 21:26.1
Miller, Jodi	DNC	34th / 18:10.80	62nd / 18:40.12	9th / 18:47.92	17th / 18:56.4	206th / 23:55.8
Riedling, Allison	67th / 21:14.01	119th / 20:07.03	DNC	DNC	DNC	DNC
Shofner, Baylee	47th / 19:56.10	66th / 18:55.02	116th / 19:32.49	11th / 18:55.88	25th / 19:13.9	148th / 23:06.1
Waterbury, Courtney	71st / 21:29.27	105th / 19:47.92	153rd / 20:25.61	38th / 20:30.97	41st / 20:02.5	222nd / 24:23.0
Wigginton, Tori	DNC	140th / 20:34.05	163rd / 20:51.51	48th / 21:02.64	63rd / 21:40.8	238th / 24:59.1

2014 WKU Hilltoppers Meet-By-Meet Summary

Meet	Belmont (5K)	Vanderbilt (8K)	Louisville (8K)	Evansville (8K)	Sun Belt (8K)	Southeast (10K)
Team Finish	NTS	14th / 19	19th / 19	2nd / 8	5th / 9	23rd / 35
Agaba, Peter	DNC	DNC	DNC	5th / 26:00.66	8th / 25:56.4	68th / 30:51.6
Amos, Joshua	DNC	DNC	163rd / 30:38.42	46th / 29:15.25	DNC	DNC
Atherton, Lucas	100th / 19:03.76	161st / 30:13.21	162nd / 30:38.42	52nd / 29:35.46	63rd / 30:15.3	230th / 36:07.0
Mangojeane, Kamohelo	94th / 18:26.42	153rd / 29:20.21	152nd / 28:36.00	27th / 27:38.66	52nd / 28:28.9	227th / 35:44.0
Mokone, David	5th / 15:57.02	6th / 25:21.82	58th / 25:59.30	1st / 25:20.86	1st / 25:20.4	36th / 30:09.7
Price, Joshua	69th / 17:28.53	148th / 28:51.39	DNC	DNC	DNC	DNC
Stevens, Aaron	35th / 16:44.37	59th / 26:14.58	98th / 26:42.86	8th / 26:07.03	26th / 26:54.2	155th / 32:26.7

2014 HILLTOPPER INDOOR SEASON BESTS



WKU MEN'S INDOOR TRACK/FIELD TOP PERFORMANCES 2014

55-meter dash	Mark	Competition
Ventavius Sears	6.58	MTSU Christmas Invitational (12/7)
DeAngelo Strickling	6.61	MTSU Christmas Invitational (12/7)
Anthony Thompson	6.96	MTSU Christmas Invitational (12/7)

60-meter dash	Mark	Competition
Ja'Karyus Redwine	6.71*	SBC Indoor Championships (2/24)
Prince Iworah	6.79	SBC Indoor Championships (2/24)
Elvyonn Bailey	6.81	UAB Blazer Invitational (1/10)
Emmanuel Dasor	6.83	SBC Indoor Championships (2/24)
Ventavius Sears	6.85	SBC Indoor Championships (2/24)
DeAngelo Strickling	7.02	Kentucky Invitational (1/17)

200-meter dash	Mark	Competition
Elvyonn Bailey	21.18	SBC Indoor Championships (2/24)
Ja'Karyus Redwine	21.21	SBC Indoor Championships (2/24)
Ventavius Sears	21.28	Meyo Invitational (2/7)
Emmanuel Dasor	21.53	SBC Indoor Championships (2/24)
Chris Chamness	21.70	Iowa State Classic (2/14)
DeAngelo Strickling	22.15	Kentucky Invitational (1/17)
Kirk Oxendine	23.66	SIU Invitational (2/7)
Anthony Thompson	24.54	Indiana Relays (1/31)

400-meter dash	Mark	Competition
Elvyonn Bailey	46.52*	Vanderbilt Invitational (1/24)
Chris Chamness	47.51	SBC Indoor Championships (2/24)
Ja'Karyus Redwine	48.33	Vanderbilt Invitational (1/24)
Marcus Winstead	48.79	Indiana Relays (1/31)
Kirk Oxendine	51.01	Vanderbilt Invitational (1/24)
DeAngelo Strickling	57.40	SIU Invitational (2/7)

800-meter run	Mark	Competition
David Mokone	1:49.49	Iowa State Classic (2/14)
Peter Agaba	1:53.87	Vanderbilt Invitational (1/24)
Aaron Stevens	1:56.19	Vanderbilt Invitational (1/24)
Josh Amos	2:04.08	MTSU Christmas Invitational (12/7)
Sye Head	2:06.92	Kentucky Invitational (1/17)

Mile Run	Mark	Competition
David Mokone	4:10.17	UAB Blazer Invitational (1/10)
Peter Agaba	4:13.57	Kentucky Invitational (1/17)
Endalow Takele	4:16.31	Vanderbilt Invitational (1/24)
Aaron Stevens	4:18.65	SBC Indoor Championships (2/24)

3,000-meter run	Mark	Competition
Endalow Takele	8:27.93	Kentucky Invitational (1/17)
Peter Agaba	8:35.22	SBC Indoor Championships (2/24)
Sean Hurd	8:49.51	SBC Indoor Championships (2/24)
Joshua Price	9:26.76	SIU Invitational (2/7)
Lucas Atherton	9:58.17	MTSU Christmas Invitational (12/7)

5,000-meters	Mark	Competition
Endalow Takele	14:49.42	UAB Blazer Invitational (1/10)
Sean Hurd	15:27.11	SBC Indoor Championships (2/24)
Peter Agaba	15:34.60	UAB Blazer Invitational (1/10)
Joshua Price	16:43.94	Vanderbilt Invitational (1/24)
Lucas Atherton	17:17.47	Vanderbilt Invitational (1/24)

4X400 Relay	Mark	Competition
Sears, Winstead Chamness, Bailey	3:07.80	Iowa State Classic (2/14)

Distance Medley	Mark	Competition
Stevens, Chamness Mangojeane, Mokone	10:06.11	SBC Indoor Championships (2/24)

60m hurdles	Mark	Competition
Cyrus Johnson	8.22	Kentucky Invitational (1/17)

High Jump	Mark	Competition
Derrick Hill	2.18m*	SBC Indoor Championships (2/24)
Cyrus Johnson	2.11m	Kentucky Invitational (1/17)

Triple Jump	Mark	Competition
Cyrus Johnson	15.30m	Meyo Invitational (2/7)

Long Jump	Mark	Competition
Ventavius Sears	7.37m	Meyo Invitational (2/7)
Anthony Thompson	7.30m	SIU Invitational (2/7)
Cyrus Johnson	7.01m	Vanderbilt Invitational (1/24)

Shot Put	Mark	Competition
Travis Gerding	17.54m	SBC Indoor Championships (2/24)
Nathan Robitaille	15.38m	SBC Indoor Championships (2/24)
Dakota Westmoreland	14.90m	Vanderbilt Invitational (1/24)
Luke Woolbright	12.40m	MTSU Christmas Invitational (12/7)

Weight Throw	Mark	Competition
Travis Gerding	18.81m	Meyo Invitational (2/7)
Cedric Stodom	14.81m	Kentucky Invitational (1/17)
Eric Marr	14.79m	Kentucky Invitational (1/17)
Dakota Westmoreland	14.74m	Kentucky Invitational (1/17)
Nathan Robitaille	11.99m	MTSU Christmas Invitational (12/7)
Luke Woolbright	11.38m	MTSU Christmas Invitational (12/7)

*Denotes WKU Record



WKU WOMEN'S INDOOR TRACK/FIELD TOP PERFORMANCES 2014

55-meter dash	Mark	Competition
Carrol Hardy	7.05	MTSU Christmas Invitational (12/7)
Gelela Cooley	7.21	MTSU Christmas Invitational (12/7)
Chioma Agwunobi	7.23	MTSU Christmas Invitational (12/7)
Sandra Akachukwu	7.34	MTSU Christmas Invitational (12/7)
Ana Camargo	7.68	MTSU Christmas Invitational (12/7)
Klara Michalska	7.77	MTSU Christmas Invitational (12/7)

60-meter dash	Mark	Competition
Carrol Hardy	7.41*	SBC Indoor Championships (2/24)
Chioma Agwunobi	7.59	SBC Indoor Championships (2/24)
Sandra Akachukwu	7.66	SBC Indoor Championships (2/24)
Gelela Cooley	7.66	Music City Challenge (12/3)
Klara Michalska	8.29	Kentucky Invitational (1/17)

200-meter dash	Mark	Competition
Chioma Agwunobi	23.99	SBC Indoor Championships (2/24)
Carrol Hardy	24.16	SBC Indoor Championships (2/24)
Gelela Cooley	24.61	SBC Indoor Championships (2/24)
Sandra Akachukwu	25.49	Vanderbilt Invitational (1/14)

400-meter dash	Mark	Competition
Gelela Cooley	54.91	SBC Indoor Championships (2/24)
Sherria Hester	56.29	SBC Indoor Championships (2/24)
Chioma Agwunobi	1:00.29	Kentucky Invitational (1/17)

800-meter run	Mark	Competition
Taylor Carlin	2:15.87	SBC Indoor Championships (2/24)
Jodi Miller	2:20.40	SIU Invitational (2/7)
Courtney Waterbury	2:31.76	SIU Invitational (2/7)

Mile Run	Mark	Competition
Taylor Carlin	4:59.13	SBC Indoor Championships (2/24)
Jodi Miller	5:09.61	Indiana Relays (1/31)
Courtney Waterbury	5:14.06	SBC Indoor Championships (2/24)
Baylee Shofner	5:20.62	Indiana Relays (1/31)
Tori Wigginton	5:35.36	MTSU Christmas Invitational (12/7)

3,000-meter run	Mark	Competition
Katie Lever	9:42.37	SBC Indoor Championships (2/24)
Lindsey Hinken	9:48.23	SBC Indoor Championships (2/24)
Taylor Carlin	10:12.35	Kentucky Invitational (1/17)
Jodi Miller	10:25.16	Vanderbilt Invitational (1/24)
Courtney Waterbury	11:04.79	Kentucky Invitational (1/17)

5,000-meters	Mark	Competition
Katie Lever	16:44.20	Vanderbilt Invitational (1/24)
Lindsey Hinken	16:48.41	SBC Indoor Championships (2/24)
Baylee Shofner	18:37.39	UAB Blazer Invitational (1/10)

4X400 Relay	Mark	Competition
Hester, Agwunobi Cooley, Hardy	3:47.53	Meyo Invitational (2/7)

Distance Medley	Mark	Competition
Carlin, Hester Shofner, Miller	12:02.62	SBC Indoor Championships (2/24)

60m hurdles	Mark	Competition
Klara Michalska	9.04	Kentucky Invitational

High Jump	Mark	Competition
Sandra Akachukwu	1.76m*	SBC Indoor Championships (2/24)

Triple Jump	Mark	Competition
Ana Camargo	12.56m	SBC Indoor Championships (2/24)
Klara Michalska	12.21m	Kentucky Invitational (1/17)
Chioma Agwunobi	10.84m	Indiana Relays (1/31)

Long Jump	Mark	Competition
Sandra Akachukwu	5.97m	Meyo Invitational (2/7)
Chioma Agwunobi	5.85m	Meyo Invitational (2/7)
Ana Camargo	5.38m	Kentucky Invitational (1/17)
Klara Michalska	5.36m	Indiana Relays (1/31)

Pole Vault	Mark	Competition
Karleigh Parker	3.95m*	SBC Indoor Championships (2/24)
Katie Brown	3.64m	SBC Indoor Championships (2/24)

Shot Put	Mark	Competition
Jessica Ramsey	16.47m*	SBC Indoor Championships (2/24)
Lexia Robinson	15.60m	SBC Indoor Championships (2/24)
Jenessa Jackson	14.10m	Meyo Invitational (2/7)
Satrina Oliveira	13.98m	SBC Indoor Championships (2/24)
Janie Burnett	13.92m	SBC Indoor Championships (2/24)

Weight Throw	Mark	Competition
Jessica Ramsey	20.37m*	Indiana Relays (1/31)
Satrina Oliveira	19.39m	Wilt Memorial Invitational (3/1)
Lexia Robinson	19.03m	Music City Challenge (12/3)
Jenessa Jackson	18.45m	SBC Indoor Championships (2/24)
Janie Burnett	16.23m	Meyo Invitational (2/7)

*Denotes WKU Record

2014 HILLTOPPER OUTDOOR SEASON BESTS



WKU MEN'S OUTDOOR TRACK/FIELD TOP PERFORMANCES 2014

100-meter dash	Mark	Competition	5,000-meter run	Mark	Competition
Emmanuel Dasor	10.41	ASU Open (4/26)	Endalow Takele	14:42.51	Kentucky Relays (4/19)
Ja'Karyus Redwine	10.45	Florida Relays (4/3)	David Mokone	14:46.51	Rhodes Open (3/15)
Elvyonn Bailey	10.51	ASU Open (4/26)	Peter Agaba	14:55.98	Florida Relays (4/3)
DeAngelo Strickling	11.08	Vandy Black & Gold (3/28)	Sean Hurd	15:26.28	Kentucky Relays (4/19)
Cyrus Johnson	11.12	Kentucky Relays (4/19)	Aaron Stevens	16:01.52	SBC Outdoor Championships (5/9)
			Joshua Price	16:31.92	Hilltopper Relays (4/12)
			Lucas Atherton	18:33.44	Hilltopper Relays (4/12)
200-meter dash			10,000-meters		
Elvyonn Bailey	20.64	SBC Outdoor Championships (5/9)	Endalow Takele	31:25.52	SBC Outdoor Championships (5/9)
Emmanuel Dasor	20.85	SBC Outdoor Championships (5/9)	Peter Agaba	31:52.13	Rhodes Open (3/15)
Ventavius Sears	21.27	ASU Open (4/26)	David Mokone	33:00.03	SBC Outdoor Championships (5/9)
Ja'Karyus Redwine	21.63	SBC Outdoor Championships (5/9)	Sean Hurd	33:57.85	SBC Outdoor Championships (5/9)
Chris Chamness	21.71	Hilltopper Relays (4/12)			
DeAngelo Strickling	21.94	Hilltopper Relays (4/12)	400m hurdles		
Cyrus Johnson	23.18	Kentucky Relays (4/19)	Karlis Daube	53.73	SBC Outdoor Championships (5/9)
Derrick Hill	23.70	Kentucky Relays (4/19)			
400-meter dash			3K Steeple		
Elvyonn Bailey	45.52*	SBC Outdoor Championships (5/9)	Peter Agaba	9:21.94	Kentucky Relays (4/19)
Chris Chamness	47.06	Hilltopper Relays (4/12)	Aaron Stevens	9:41.02	Kentucky Relays (4/19)
Ventavius Sears	47.07	Hilltopper Relays (4/12)			
Marcus Winstead	47.46	SBC Outdoor Championships (5/9)	High Jump		
Ja'Karyus Redwine	47.95	Vandy Black & Gold (3/28)	Derrick Hill	2.11m	ASU Open (4/26)
Emmanuel Dasor	48.81	Vandy Black & Gold (3/28)	Cyrus Johnson	2.10m	Vandy Black & Gold (3/28)
David Mokone	49.33	Hilltopper Relays (4/12)			
Karlis Daube	49.97	ASU Open (4/26)	Long Jump		
DeAngelo Strickling	53.33	SIUE Classic (3/22)	Ventavius Sears	7.63m	SBC Outdoor Championships (5/9)
Anthony Thompson	57.01	Vandy Black & Gold (3/28)	Cyrus Johnson	6.98m	SIUE Classic (3/22)
			Anthony Thompson	6.58m	ASU Open (4/26)
			Derrick Hill	6.49m	SIUE Classic (3/22)
800-meter run			Triple Jump		
David Mokone	1:49.04	Stanford Invitational	Ventavius Sears	15.46m	SBC Outdoor Championships (5/9)
Chris Chamness	1:53.32	SBC Outdoor Championships (5/9)	Cyrus Johnson	15.39m	SBC Outdoor Championships (5/9)
Joshua Amos	2:07.33	Hilltopper Relays (4/12)	Anthony Thompson	14.51m	SBC Outdoor Championships (5/9)
Emmanuel Dasor	2:11.59	SIUE Classic (3/22)			
Ventavius Sears	2:14.39	SIUE Classic (3/22)	Pole Vault		
			Brad Zolke	4.0m	Hilltopper Relays (4/12)
1,500-meter run			Shot Put		
David Mokone	3:46.53	Mt. SAC Relays (4/17)	Travis Gerding	16.93m	Florida Relays (4/3)
Peter Agaba	3:57.41	Vandy Black & Gold (3/28)	Dakota Westmoreland	14.76m	Hilltopper Relays (4/12)
Endalow Takele	4:06.93	Hilltopper Relays (4/12)	Nathan Robitaille	14.74m	Vandy Black & Gold (3/28)
Aaron Stevens	4:09.52	ASU Open (4/26)			
Sean Hurd	4:10.54	ASU Open (4/26)	Discus		
Sye Head	4:21.49	Vandy Black & Gold (3/28)	Cedric Stodom	49.59m	SBC Outdoor Championships (5/9)
			Travis Gerding	49.01m	SBC Outdoor Championships (5/9)
4X100 Relay			Nathan Robitaille	47.27m	SBC Outdoor Championships (5/9)
Redwine, Sears	39.18*	NCAA Championships (6/11)	Dakota Westmoreland	42.65m	SBC Outdoor Championships (5/9)
Dasor, Bailey					
4X400 Relay			Javelin		
Chamness, Sears	3:03.02*	NCAA East Prelims (5/29)	Tomas Guerra	73.37m	SBC Outdoor Championships (5/9)
Dasor, Bailey					
			Hammer		
			Travis Gerding	55.78m	Hilltopper Relays (4/12)
			Cedric Stodom	54.34m	Hilltopper Relays (4/12)
			Eric Marr	46.40m	SBC Outdoor Championships (5/9)
			Dakota Westmoreland	44.42m	SIUE Classic (3/22)

*Denotes WKU Record



WKU WOMEN'S OUTDOOR TRACK/FIELD TOP PERFORMANCES 2014

100-meter dash	Mark	Competition	10,000-meters	Mark	Competition
Carrol Hardy	11.56*	Mt. SAC Relays (4/17)	Katie Lever	34:30.45	Stanford Invitational (4/4)
Chioma Agwunobi	11.95	ASU Open (4/26)	Lindsey Hinken	36:10.15	SBC Outdoor Championships (5/9)
Sandra Akachukwu	12.15	ASU Open (4/26)	Louise Hill-Stirling	37:23.60	SBC Outdoor Championships (5/9)
Ana Camargo	12.90	Kentucky Relays (4/19)			
200-meter dash			3K Steeple		
Carrol Hardy	23.82	Mt. SAC Relays (4/17)	Jodi Miller	11:03.31	SBC Outdoor Championships (5/9)
Chioma Agwunobi	23.93	Mt. SAC Relays (4/17)	Baylee Shofner	11:13.39	SBC Outdoor Championships (5/9)
Sandra Akachukwu	25.60	Kentucky Relays (4/19)	Courtney Waterbury	11:46.10	Kentucky Relays (4/19)
400-meter dash			High Jump		
Gelela Cooley	54.01	ASU Open (4/26)	Sandra Akachukwu	1.71m	SBC Outdoor Championships (5/9)
Sherria Hester	57.91	Hilltopper Relays (4/12)			
Carrol Hardy	1:04.40	Vandy Black & Gold (3/28)	Long Jump		
Sandra Akachukwu	1:05.45	SIUE Classic (3/22)	Chioma Agwunobi	6.23m	SBC Outdoor Championships (5/9)
			Sandra Akachukwu	6.18m	ASU Open (4/26)
			Ana Camargo	5.72m	SBC Outdoor Championships (5/9)
			France Makabu	5.49m	ASU Open (4/26)
800-meter run			Triple Jump		
Taylor Carlin	2:17.01	ASU Open (4/26)	France Makabu	13.18m	Hilltopper Relays (4/12)
Sherria Hester	2:28.84	SIUE Classic (3/22)	Ana Camargo	13.18m	Hilltopper Relays (4/12)
Baylee Shofner	2:28.94	Hilltopper Relays (4/12)	Klara Michalska	12.62m	SBC Outdoor Championships (5/9)
Courtney Waterbury	2:30.84	Vandy Black & Gold (3/28)			
1,500-meter run			Pole Vault		
Taylor Carlin	4:36.26	Vandy Black & Gold (3/28)	Karleigh Parker	3.78m	Hilltopper Relays (4/12)
Katie Lever	4:40.80	ASU Open (4/26)	Katie Brown	3.60m	Kentucky Relays (4/19)
Baylee Shofner	4:50.61	Hilltopper Relays (4/12)			
Courtney Waterbury	4:52.18	ASU Open (4/26)	Shot Put		
Jodi Miller	4:54.45	Hilltopper Relays (4/12)	Jessica Ramsey	17.49m*	Hilltopper Relays (4/12)
Tori Wigginton	5:15.98	SIUE Classic (3/22)	Lexia Robinson	14.96m	Hilltopper Relays (4/12)
			Jenessa Jackson	14.50m	SBC Outdoor Championships (5/9)
			Satrina Oliveira	13.80m	Florida Relays (4/3)
			Janie Burnett	13.18m	Florida Relays (4/3)
5,000-meter run			Discus		
Katie Lever	16:50.81	Kentucky Relays (4/19)	Jessica Ramsey	53.84m*	ASU Open (4/26)
Lindsey Hinken	17:29.87	SBC Outdoor Championships (5/9)	Lexia Robinson	52.96m	Kentucky Relays (4/19)
Taylor Carlin	17:30.16	Kentucky Relays (4/19)	Satrina Oliveira	52.71m	Kentucky Relays (4/19)
Jodi Miller	18:13.21	Kentucky Relays (4/19)	Jenessa Jackson	45.02m	ASU Open (4/26)
Louise Hill-Stirling	18:19.34	Kentucky Relays (4/19)	Janie Burnett	34.76m	SIUE Classic (3/22)
Baylee Shofner	18:56.00	SBC Outdoor Championships (5/9)			
4X100 Relay			Hammer		
Akachukwu, Cooley	44.85	NCAA East Prelims (5/29)	Jessica Ramsey	61.45m	SBC Outdoor Championships (5/9)
Agwunobi, Hardy			Lexia Robinson	54.59m	ASU Open (4/26)
			Satrina Oliveira	54.17m	SBC Outdoor Championships (5/9)
			Janie Burnett	49.48m	SBC Outdoor Championships (5/9)
			Jenessa Jackson	48.18m	ASU Open (4/26)
4X400 Relay			Javelin		
Cooley, Agwunobi	3:45.05	Florida Relays (4/3)	Antonia Susnjar	42.36m	Kentucky Relays (4/19)
Hester, Makabu			Karleigh Parker	39.61m	Hilltopper Relays (4/12)

*Denotes WKU Record

HILLTOPPER INDOOR RECORDS

55-Meter Dash

1. Jonathan Brown.....	6.25 (2004)
2. Dante Sales.....	6.26 (2011)
3. Gavin Smellie.....	6.27 (2008)
4. Dennis Mitchell.....	6.32 (2006)
5. Bryan Daniels.....	6.33 (1996)
Rod Smart.....	6.33 (2000)
Kagisho Kumbane.....	6.33 (2011)

60-Meter Dash

1. Ja'Karyus Redwine.....	6.71 (2014)
2. Dennis Mitchell.....	6.77 (2006)
3. Gavin Smellie.....	6.78 (2008)
4. Prince Charles Iworah.....	6.79 (2014)
5. Derrius Brooks.....	6.81 (2008)
Elvyonn Bailey.....	6.81 (2014)

200-Meter Dash

1. Terrill McCombs.....	21.07 (2008)
2. Gavin Smellie.....	21.10 (2008)
3. Elvyonn Bailey.....	21.18 (2014)
4. Jonathan Brown.....	21.20 (2002)
5. Ja'Karyus Redwine.....	21.21 (2014)

400-Meter Dash

1. Elvyonn Bailey.....	46.52 (2014)
2. Marcus Winstead.....	46.85# (2013)
3. Bernd Herrmann.....	47.10 (1975)
4. Terrill McCombs.....	47.28 (2008)
5. De'Myco Winston.....	47.40 (2012)

800-Meter Run

1. David Mokone.....	1:48.61 (2012)
2. Victor Ngubeni.....	1:50.10 (1989)
3. William Emase.....	1:50.25 (2006)
4. Dave Armstrong.....	1:52.60 (1981)
5. John Thomas.....	1:53.14 (1986)

Mile Run

1. Ashley Johnson.....	3:59.79 (1984)
2. Hector Ortiz.....	4:00.40 (1970)
3. Ron Becht.....	4:03.20 (1981)
4. Larry Cuzzort.....	4:04.00 (1979)
5. Simon Cahill.....	4:04.90 (1982)

3,000-Meter Run

1. Sean Dollman.....	7:59.28 (1992)
2. Shadrack Kipchirchir.....	8:07.88 (2011)
3. Ashley Johnson.....	8:11.50 (1982)
4. Peter Okwera.....	8:11.61 (2012)
5. Joseph Chebet.....	8:11.80 (2012)

5,000-Meter Run

1. Tony Staynings.....	13:30.20 (1976)
2. Nick Rose.....	13:44.10 (1975)
3. Sean Dollman.....	13:46.18 (1992)
4. Nick Aliwell.....	14:08 (1996)
5. Deus Rwaheru.....	14:15.42 (2010)

55-Meter High Hurdles

1. Tony Smith.....	7.30 (1982)
2. Marcus Pope.....	7.31 (2012)
3. Karlis Daube.....	7.40 (2012)
4. Jason Browhow.....	7.41 (2005)
5. Wallace Stanley.....	7.54 (1979)

60-Meter High Hurdles

1. Marcus Pope.....	7.91 (2012)
2. Karlis Daube.....	7.99 (2011)
3. Tony Smith.....	8.00 (1983)
4. Jason Browhow.....	8.09 (2005)
5. Cyrus Johnson.....	8.14 (2012)

4x400-Meter Relay

1. G. Smellie, A. Larin, R. McKay, T. McCombs.....	3:07.61 (2008)
2. V. Sears, M. Winstead C. Chamness, E. Bailey.....	3:07.80 (2014)
3. A. Larin, G. Smellie, R. McKay, T. McCombs.....	3:09.46 (2009)
4. K. Gregory, T. McCombs, T. Womack, E. Jones.....	3:10.57 (2010)
5. K. Gregory, T. McCombs, T. Womack, E. Jones.....	3:10.90 (2010)

Mile Relay

1. A. Larin, G. Smellie, R. McKay, T. McCombs.....	3:12.94 (2008)
2. S. Wilson, G. Smellie, T. McCombs, J. Browhow.....	3:15.25 (2008)
3. R. Diogo, S. Wilson, G. Smellie, T. McCombs.....	3:16.26 (2007)
4. A. Larin, G. Smellie, R. McKay, T. McCombs.....	3:17.20 (2009)
5. T. Womack, T. McCombs, E. Jones, E. Coleman.....	3:18.54 (2009)

Distance Medley Relay

1. A. Johnson, J. Marshall, R. Becht, D. Murphy.....	9:46.6 (1981)
2. L. Darland, J. Marshall, A. Johnson, G. Orman.....	10:00.09 (1982)
3. A. Stevens, C. Chamness K. Mangojeane, Mokone.....	10:06.11 (2014)
4. S. Hurd, K. Daube, I. Eligulachvili, D. Mokone.....	10:20.38 (2012)
5. A. Stevens, K. Mangojeane, B. Austin K. Chettleburgh.....	10:18.83 (2013)

Long Jump

1. Steve Bridges.....	26-1 (1983)
2. Forrest Killebrew.....	25-7 (1979)
3. Andrejs Maskancevs.....	24-9½ (2010)
4. Jonathan Brown.....	24-7 (2002)
5. Mandhla Mgijima.....	24-5½ (2009)

Triple Jump

1. Emmitt Briggs.....	51-7¼ (1983)
2. Cyrus Johnson.....	50-2½ (2014)
3. Greg Wilson.....	48-10¼ (1981)
4. Ventavius Sears.....	48-6 ¾ (2014)
5. Asa Dew.....	48-6 (2007)

High Jump

1. Derrick Hill.....	7-1 ¾ (2014)
2. Chuck Durrant.....	7-1 (1977)
3. Don Anderson.....	7-0 ¼ (1977)
4. Cyrus Johnson.....	6-11 (2014)
5. Donovan Halsel.....	6-10 ¾ (2013)

Pole Vault

1. Hendrik Themas.....	15-11 (2009)
2. Neil Freeman.....	15-7 (1979)
3. John Syzmula.....	15-6 (1982)
4. Matt Moore.....	15-1 (2002)
5. Eigo Siimu.....	15-0 (2002)

Shot Put

1. Jesse Stuart.....	67-4 (1975)
2. Luby Chambul.....	63-1¼ (1982)
3. Raigo Toompuu.....	61-4½ (2005)
4. John Stuart.....	60-5 (1972)
5. Chuck Eneix.....	58-4½ (1972)

Weight Throw

1. Brian Soverns.....	63-2 (2010)
2. Houston Croney.....	61-11 ½ (2013)
3. Travis Gerding.....	61-09 ¾ (2013)
4. Buddy Price.....	59-8¼ (2012)
5. Matt Taitt.....	59-4¼ (2008)

Heptathlon

1. Hendrik Themas.....	4,758 pts (2010)
2. JP Willett.....	3,076 pts (2011)

Converted time from 200m track

LADY TOPPER INDOOR RECORDS

55-Meter Dash

1. Shanea Wilson	6.90 (2006)
2. Carita Cole	6.94 (2007)
3. Angela Gay	7.02 (1982)
3. Sharika Smith	7.02 (2010)
4. Temi Akojie	7.04 (2007)
4. Miaie Williams	7.04 (2010)

60-Meter Dash

1. Carrol Hardy	7.41 (2014)
2. Carita Cole	7.52 (2007)
3. Miaie Williams	7.55 (2009)
4. Shanea Wilson	7.58 (2004)
5. Shaycoya Myers	7.58 (2011)

200-Meter Dash

1. Valerie Brown	23.74# (2009)
2. Chioma Agwunobi	23.99 (2014)
3. Kellie Morrison	24.03 (2010)
4. Temi Akojie	24.14 (2006)
5. Carrol Hardy	24.16 (2014)

400-Meter Dash

1. Valerie Brown	52.74 (2009)
2. Gelela Cooley	54.91 (2014)
3. Alecia Brown	55.00# (2009)
4. Kellie Morrison	55.32 (2010)
5. Temi Akojie	56.20 (2006)

800-Meter Run

1. Vasily Chemweno	2:08.24 (2011)
2. Monica Akello	2:12.13 (2012)
3. Aimee Wellerding	2:13.11 (2005)
4. Cara Nichols	2:13.35 (2003)
5. Mairead Looney	2:14.79 (1990)

Mile Run

1. Janet Jesang	4:41.57 (2010)
2. Vasily Chemweno	4:50.14 (2011)
3. Breeda Dennehy	4:51.4 (1991)
4. Marion Kandie	4:54.02 (2010)
5. Cara Nichols	4:55.61 (2003)

3,000-Meter Run

1. Janet Jesang	9:11.09 (2010)
2. Breeda Dennehy	9:21.28 (1992)
3. Andrea Webster	9:39.00 (1988)
4. Michelle Murphy	9:41.0 (1992)
5. Cara Nichols	9:42.10 (2005)

5,000-Meter Run

1. Janet Jesang	16:01.77 (2009)
2. Breeda Dennehy	16:31.64 (1992)
3. Marion Kandie	16:41.53 (2011)
4. Katie Lever	16:44.20 (2014)
5. Lindsey Hinken	16:48.41 (2014)

55-Meter High Hurdles

1. Gayle Watkins	7.82 (1979)
2. Samantha Smith	8.00 (2010)
3. Sharika Smith	8.00 (2011)
4. Monique Harris	8.34 (2009)
5. Anita Jones	8.40 (1978)

60-Meter High Hurdles

1. Samantha Smith	8.56 (2010)
2. Sharika Smith	8.61 (2011)
3. Jessica Delaunay	8.80 (2006)
4. Heather Hammond	8.82 (2006)
5. Tassia Cendejas	8.89 (2006)

4x400-Meter Relay

1. M. Williams, Sa. Smith, A. Brown, V. Brown	3:35.38 (2009)
2. M. Williams, Sa. Smith, A. Brown, V. Brown	3:43.13 (2009)
3. K. Morrison, T. Akojie, V. Brown, A. Brown	3:44.25 (2008)
4. K. Morrison, T. Akojie, A. Brown, H. Hammond	3:46.83 (2007)
5. S. Hester, C. Agwunobi G. Cooley, C. Hardy	3:47.53 (2014)

Mile Relay

1. M. Williams, Sa. Smith, A. Brown, V. Brown	3:45.97 (2009)
2. H. Hammond, T. Akojie, S. Wilson, C. Cole	3:46.85 (2006)
3. S. Wilson, A. Maunsell, T. Akojie, H. Hammond	3:48.05 (2006)
4. M. Williams, K. Morrison, A. Brown, V. Brown	3:48.09 (2009)
5. K. Morrison, T. Akojie, V. Brown, H. Hammond	3:48.74 (2008)

Distance Medley Relay

1. M. Finn, M. Harris, V. Chemweno, J. Jesang	11:59.84 (2010)
2. B. Paul, S. Wilson, J. Pike, C. Nichols	12:01.19 (2003)
3. T. Carlin, S. Hester B. Shofner, J. Miller	12:02.62 (2014)
3. Me. Hale, G. Cooley, V. Chemweno, M. Akello	12:07.39# (2011)
4. A. Moore, M. Harris, E. O'Brien, J. Jesang	12:13.36 (2009)

Long Jump

1. Sharika Smith	20-7 (2011)
2. Jade Nimmo	20-5¼ (2012)
3. Antqunita Reed	20-2¼ (2011)
4. Angie Bradley	19-9 (1980)
5. Sandra Akachukwu	19-7 (2014)

Triple Jump

1. Sharika Smith	42-3½ (2011)
2. Antqunita Reed	41-7¾ (2011)
3. Ana Camargo	41-2 ½ (2014)
4. Vallery Delaunay	40-4 ¾ (2006)
5. Klara Michalska	40-0 ¾ (2014)

High Jump

1. Sandra Akachukwu	5-9 ¼ (2014)
2. Holly Wilder	5-6 (1999)
3. Kelley Barbour	5-5 (1979)
Suzzette Van-Lare	5-5 (2011)
5. Cassandra Hickman	5-4 ¼ (2006)
Vallery Delaunay	5-4¼ (2007)
Kayla Pittman	5-4¼ (2008)
Samantha Smith	5-4¼ (2010)

Pole Vault

1. Karleigh Parker	12-11 ½ (2014)
2. Anna Zhidkova	11-11 ¾ (2010)
3. Kara Dobbs	11-0 (2009)
4. Christy Green	9-9 ¼ (1999)

Shot Put

1. Jessica Ramsey	54-0 ½ (2014)
2. Lexia Robinson	51-2 ¼ (2014)
2. Monteka Flowers	48-6 ¼ (2011)
3. Felicia Yearwood	47-11 ¾ (2007)
4. Geri Brown	46-7 ½ (2008)

Weight Throw

1. Jessica Ramsey	66-10 (2014)
2. Satrina Oliveira	63-7 ½ (2014)
3. Monteka Flowers	62-7 ¾ (2011)
4. Lexia Robinson	62-5 ¼ (2014)
5. Laura Igaune	61-2 ¾ (2011)

Pentathlon

1. Heather Hammond	3,563 pts (2008)
2. Jessica Delaunay	3,456 pts (2008)
3. Monti Willis	3,364 (2013)
4. Jantelle McNeil	3,238 pts (2010)

Converted time from 200m track

HILLTOPPER OUTDOOR RECORDS

100-Meter Dash

1. Charles Hopkins	10.13 (1997)
2. Jonathan Brown	10.16 (2004)
3. Dennis Mitchell	10.19 (2004)
4. Marion Wingo	10.21 (1977)
5. Emmanuel Dasor	10.24 (2014)

200-Meter Dash

1. Elvyonn Bailey	20.15 (2014)
2. Jonathan Brown	20.40 (2004)
3. Gavin Smellie	20.43 (2009)
4. Ventavius Sears	20.58 (2014)
5. Emmanuel Dasor	20.60 (2014)

400-Meter Dash

1. Elvyonn Bailey	45.52 (2014)
2. Terrill McCombs	46.24 (2007)
3. De'Myco Winston	46.29 (2012)
4. Chris Chamness	46.90 (2013)
5. Gavin Smellie	46.94 (2007)

800-Meter Run

1. David Mokone	1:47.51 (2013)
2. Victor Ngubeni	1:48.25 (1988)
3. Dave Jagers	1:49.20 (1974)
4. Louis Defreeze	1:49.70 (1975)
5. Eric Grumbach	1:49.99 (1981)

1,500-Meter Run

1. Ashley Johnson	3:38.66 (1984)
2. Nick Aliwell	3:42.09 (1995)
3. David Mokone	3:43.51 (2013)
4. Sean Dollman	3:48.34 (1992)
5. Joseph Chebet	3:49.23 (2012)

5,000-Meter Run

1. Tony Staynings	13:39.0 (1974)
2. Larry Cuzzort	13:39.73 (1979)
3. Greg Orman	13:51.55 (1982)
4. Nick Aliwell	13:53.80 (1994)
5. Dave Long	13:58.10 (1977)

10,000-Meter Run

1. Sean Dollman	27:56.32 (1992)
2. Dave Murphy	28:05.20 (1981)
3. Tony Staynings	28:32.00 (1974)
4. Nick Aliwell	28:54.00 (1994)
5. Joseph Chebet	29:01.44 (2013)

110-Meter Hurdles

1. Tony Smith	13.87 (1983)
2. Bobby Payne	14.00 (1975)
Marcus Pope	14.00 (2012)
4. Karlis Daube	14.14 (2011)
5. Donald Douglass	14.20 (1976)

400-Meter Hurdles

1. Donald Douglass	50.00 (1978)
2. Marcus Pope	50.72 (2012)
3. Jason Browhow	51.04 (2007)
4. Karlis Daube	51.90 (2011)
5. Victor Quan	52.00 (1981)

3,000-Meter Steeplechase

1. Tony Staynings	8:28.4 (1976)
2. Aaron Mullins	8:54.11 (2000)
3. Kyle Chettleburgh	9:01.35 (2012)
4. Jef Scott	9:04 (1994)
5. Peter Okwera	9:07.88 (2012)

4x100-Meter Relay

1. J. Redwine, V. Sears E. Dasor, E. Bailey	39.18 (2014)
2. D. Brooks, T. McCombs, A. Wise, T. Womack	39.85 (2010)
3. M. Mjijima, T. McCombs, G. Smellie, T. Womack	39.93 (2009)
4. D. Sales, G. Smellie, A. Wise, T. Womack	39.94 (2010)
5. M. Mjijima, G. Smellie, R. Diogo, T. McCombs	40.01 (2007)

4x400-Meter Relay

1. C. Chamness, E. Dasor V. Sears, E. Bailey	3:03.02 (2014)
2. G. Smellie, T. McCombs, A. Larin, R. McKay	3:05.48 (2009)
3. A. Larin, G. Smellie, R. McKay, T. McCombs	3:05.93 (2008)
4. C. Chamness, M. Winstead J. Redwine, E. Bailey	3:06.09 (2013)
5. G. Smellie, T. McCombs, E. Jones, K. Gregory	3:06.99 (2010)

High Jump

1. Chuck Durrant	7-1½ (1977)
2. John Milburn	7-0 (1985)
3. Andrew Rolle	6-11¾ (1998)
4. Roger Fitzpatrick	6-11 (1980)
Cyrus Johnson	6-11 (2012)
Derrick Hill	6-11 (2013)

Pole Vault

1. Henry Wadsworth	16-0½ (1965)
2. Bob Sandidge	15-7 (1976)
3. Eigo Siimu	15-5 (2002)
3. Hendrik Themas	15-5 (2010)
5. Mark Norsworthy	15-3 (1971)

Long Jump

1. Steven Bridges	26-8½ (1982)
2. Henry Jackson	26-7¾ (1970)
3. Mandhla Mjijima	25-11 (2009)
4. Forrest Killebrew	25-7½ (1979)
5. Erik Jenkins	25-4¾ (1999)

Triple Jump

1. Dave Mobley	53-8 (1979)
2. Greg Wilson	53-4 (1978)
3. Emmett Briggs	52-7 (1975)
4. Henry Jackson	52-2¾ (1970)
5. Andrejs Maskancevs	51-3 (2010)

Shot Put

1. Jesse Stuart	68-2¼ (1975)
2. John Stuart	63-5 (1972)
3. Tom Gibson	61-7½ (1972)
4. Raigo Toompuu	60-10¾ (2005)
5. Tony Towns	59-6 (1976)

Discus

1. Raigo Toompuu	192-10 (2005)
2. Chuck Eneix	192-2 (1973)
3. Bob Stoltman	186-3 (1970)
4. Brian Soverns	175-7 (2010)
5. Lee Wildman	174-1 (1980)

Javelin

1. Ignacio Guerra	258-2 (2011)
2. Tomas Guerra	240-8 (2014)
3. Kristo Galeta	228-5 (2004)
4. Eigo Siimu	200-6 (2002)
5. Nick Pfeifer	193-4 (1995)

Hammer

1. Brian Soverns	193-11 (2010)
2. Buddy Price	187-6 (2012)
3. Travis Gerding	186-9 (2013)
4. Houston Cronney	184-0 (2013)
5. Oliver Kilk	181-9 (2006)

Decathlon

1. Eigo Siimu	6,473 pts (2002)
2. Matt Moore	6,467 pts (2003)
3. Jason Neuss	6,119 pts (2010)
4. Hendrik Themas	5,930 pts (2009)
5. James Hatchett	5,883 pts (2006)

LADY TOPPER OUTDOOR RECORDS

100-Meter Dash

1. Carrol Hardy	11.37 (2014)
2. Sandra Akachukwu.....	11.56 (2014)
3. Miaie Williams.....	11.57 (2009)
4. Shanea Wilson	11.63 (2004)
5. Carita Cole.....	11.65 (2007)

200-Meter Dash

1. Carrol Hardy	23.02 (2014)
2. Miaie Williams.....	23.43 (2009)
3. Kellie Morrison.....	23.58 (2007)
4. Valerie Brown.....	23.66 (2008)
5. Antqunita Reed.....	23.72 (2011)

400-Meter Dash

1. Valerie Brown	53.68 (2008)
2. Gelela Cooley.....	53.78 (2013)
3. Alecia Brown.....	54.35 (2009)
4. Kellie Morrison.....	54.86 (2008)
5. Marcia Cole.....	55.8 (1978)

800-Meter Run

1. Vasy Chemweno.....	2:06.19 (2010)
2. Monica Akello	2:09.18 (2012)
3. Cara Nichols.....	2:12.08 (2003)
4. Camille Forrester.....	2:12.28 (1991)
5. Nicole Jagers.....	2:12.93 (2006)

1,500-Meter Run

1. Breeda Dennehy.....	4:23.76 (1993)
2. Vasy Chemweno.....	4:24.76 (2010)
3. Janet Jesang	4:28.85 (2009)
4. Cara Nichols.....	4:29.02 (2003)
5. Taylor Carlin.....	4:36.26 (2014)

5,000-Meter Run

1. Janet Jesang	15:52.22 (2009)
2. Breeda Dennehy.....	16:28.82 (1993)
3. Marion Kandie	16:40.44 (2010)
4. Olga Cronin	16:44.39 (2003)
5. Katie Lever	16:50.81 (2014)

10,000-Meter Run

1. Janet Jesang	34:08.18 (2009)
2. Katie Lever	34:30.45 (2014)
3. Valerie Lynch	35:19.63 (2000)
4. Marion Kandie	35:26.64 (2010)
5. Christina Brown.....	35:56.0 (1998)

100-Meter Hurdles

1. Gayle Harris.....	13.21 (1978)
2. Samantha Smith.....	13.56 (2010)
3. Monique Harris.....	14.15 (2009)
4. Kristina Volfova.....	14.55 (2012)
5. Monti Willis	14.77 (2013)

400-Meter Hurdles

1. Vata Allen.....	58.10 (1981)
2. Irma Maciukaite.....	1:00.77 (2012)
3. Anita Jones.....	1:01.1 (1979)
4. Kristina Volfova.....	1:01.21 (2012)
5. Monique Harris.....	1:01.69 (2009)

3,000-Meter Steeplechase

1. Michelle Finn	10:14.09 (2012)
2. Natalie Leeper.....	10:38.92 (2008)
3. Olga Cronin	10:59.89 (2003)
4. Jodi Miller	11:03.31 (2014)
5. Rachel Friedman.....	11:07.31 (2011)

4x100-Meter Relay

1. M. Williams, K. Morrison, Sh. Smith, Sa. Smith.....	44.43 (2009)
2. C. Cole, S. Wilson, T. Akojie, T. Porter-Talbert	44.81 (2005)
3. S. Akachukwu, G. Cooley.....	44.85 (2014)
4. M. Williams, K. Morrison, S. Myers, Sa. Smith.....	44.96 (2010)
5. T. Akojie, K. Morrison, M. Williams, V. Brown.....	45.05 (2008)

4x400-Meter Relay

1. M. Williams, K. Morrison, A. Brown, V. Brown	3:35.37 (2008)
2. M. Williams, K. Morrison, Sa. Smith, A. Brown.....	3:37.43 (2009)
3. M. Williams, K. Morrison, A. Brown, V. Brown	3:38.57 (2008)
4. T. Akojie, K. Morrison, A. Brown, V. Brown	3:39.14 (2007)
5. K. Morrison, H. Hammond, A. Brown, V. Brown	3:40.08 (2007)

High Jump

1. Kelley Barbour.....	5-9 (1979)
2. Sandy Seith	5-8 (1981)
3. Sandra Akachukwu.....	5-7 ¼ (2014)
4. Vallery Delaunay.....	5-6 ¼ (2006)
5. Spring Walls	5-6 (1995)

Pole Vault

1. Karleigh Parker.....	13-03 ½ (2013)
2. Anna Zhidkova.....	12-3 ½ (2010)
3. Kara Dobbs.....	10-6 (2009)
4. Christy Green	10-0 (2001)

Long Jump

1. Jade Nimmo	21-2 ¾ (2012)
2. Sharika Smith	20-10 (2013)
3. Antqunita Reed.....	20-7 ¼ (2011)
4. Chioma Agwunobi.....	20-5 ¼ (2014)
5. Angie Bradley	20-4 (1980)

Triple Jump

1. Sharika Smith	44-01 ¼ (2013)
2. France Makabu.....	43-3 (2014)
Ana Camargo.....	43-3 (2014)
3. Jessica Delaunay	41-3 (2007)
4. Antqunita Reed.....	41-0 ¼ (2011)

Shot Put

1. Jessica Ramsey	57-4 ¾ (2014)
2. Lexia Robinson.....	49-1 (2014)
3. Monteka Flowers.....	49-7 ¾ (2012)
4. Felicia Yearwood.....	48-4 ½ (2009)
5. Jenessa Jackson.....	47-7 (2014)

Discus

1. Jessica Ramsey	176-8 (2014)
2. Lexia Robinson.....	173-9 (2014)
3. Satrina Oliveira.....	172-11 (2014)
4. Monteka Flowers.....	170-5 (2012)
5. Victoria Gay	168-4 (1981)

Javelin

1. Lorri Kokkola.....	160-4 (1981)
2. Antonia Susnar	139-0 (2014)
3. Selina Blick.....	137-11 (1998)
4. Karleigh Parker.....	131-3 (2012)
5. Erin Greunke	120-7 (2005)

Hammer

1. Laura Igaune	211-5 (2011)
2. Jessica Ramsey	201-7 (2014)
3. Monteka Flowers.....	200-9 (2012)
4. Sarah Lambrecht.....	184-4 (2008)
5. Lexia Robinson.....	179-1 (2014)

Heptathlon

1. Jessica Delaunay	4,927 pts (2007)
2. Heather Hammond.....	4,874 pts (2007)
3. Jantelle McNeil	4,679 pts (2009)
4. Holly Wilder	4,506 pts (1999)
5. Kristina Volfova.....	4,310 pts (2012)

OHIO VALLEY CONFERENCE HISTORY

Men's Ohio Valley
Cross Country Champions
1964, 1974, 1975, 1976
1978, 1979, 1980

Men's Ohio Valley
Indoor Track Champions
1976

Men's Ohio Valley
Indoor Track Runner-Up
1977, 1979, 1980, 1981

Men's Ohio Valley
Outdoor Track Champions
1964, 1965, 1966, 1967
1968, 1969, 1970, 1971
1972, 1973, 1974
1975, 1979

Men's Ohio Valley
Outdoor Track Runner-Up
1951, 1955, 1963, 1978

Women's Ohio Valley
Outdoor Track Runner-Up
1981

OVC All-Half-Century
Cross Country Team
Hector Ortiz (1968-71)
Chris Ridler (1973-76)
Nick Rose (1972-76)

OVC All-Half-Century
Track & Field Team
Larry Cuzzort (1979-81)
Chuck Eneix (1971-73)
Henry Jackson (1967-70)
David Jagers (1974-76)
Lorri Kokkola (1981)
Dave Murphy (1979-81)
Nick Rose (1972-75)
Fran Smith (1966)
Tony Staynings (1975-77)
Jesse Stuart (1973-75)
Henry Wadsworth (1965-66)

Men's OVC Cross Country
Athlete-of-the-Year
1963 - Tom Graham
1973 - Nick Rose
1974 - Tony Staynings
1975 - Nick Rose
1976 - Chris Ridler
1978 - Jim Groves
1979 - Larry Cuzzort
1980 - Larry Cuzzort
1981 - Simon Cahill

Men's OVC Cross Country
Coach-of-the-Year
1978 - Del Hessel
1979 - Del Hessel
1980 - Dr. Curtiss Long

Men's OVC Indoor
Athlete-of-the-Year
1977 - Tony Staynings
1979 - Larry Cuzzort

Men's OVC Outdoor
Athlete-of-the-Year
1963 - Jerome Beasley
1964 - Tom Gard
1966 - Fran Smith
1967 - Henry Jackson
1968 - Henry Jackson
1969 - Henry Jackson
1970 - Henry Jackson
1973 - Nick Rose
1977 - Tony Staynings
1979 - Marion Wingo

Men's OVC Outdoor
Coach-of-the-Year
1963 - Tom Ecker
1964 - Tom Ecker
1965 - Tom Ecker
1966 - Tom Ecker
1967 - Burch Oglesby
1968 - Burch Oglesby
1969 - Burch Oglesby
1970 - Burch Oglesby
1971 - Burch Oglesby
1972 - Jerry Bean
1973 - Jerry Bean
1974 - Jerry Bean
1979 - Del Hessel

OVC Men's Indoor Individual Champions

60-Yard Dash
1979 - Marion Wingo (6.0h)

55-Meter Dash
1980 - Marion Wingo (6.44)

55-Meter Hurdles
1980 - Tony Smith (7.40)

60-Yard Hurdles
1981 - Tony Smith (7.45)
1982 - Tony Smith (7.30)

1-Mile Run
1977 - Tony Staynings (4:06.5h)
1981 - Ron Becht (4:05.1h)
1982 - Ashley Johnson (4:04.53)

2-Mile Run
1976 - Chris Ridler (8:48.2h)
1977 - Chris Ridler (8:49.2h)
1979 - Larry Cuzzort (8:38.7h)
1981 - Dave Murphy (8:44.00)
1982 - Ashley Johnson (8:51.97)

3-Mile Run
1976 - Tony Staynings (13:30.2h)
1977 - Tony Staynings (14:08.5h)
1981 - Larry Cuzzort (13:34.0h)
1982 - Simon Cahill (13:27.2h)

5,000-Meter Run
1980 - Dave Murphy (14:15.4h)

Distance Medley Relay - Yards
1977 - WKU (9:26.6h) *short
1981 - WKU (9:46.6h)

2-Mile Relay
1981 - WKU (7:42.0h)

600-Yard Run
1977 - Don Douglas (1:10.4h)
1978 - Don Douglas (1:11.7h)

1,000-Yard Run
1976 - Nick Rose (2:11.1h)

High Jump
1976 - Chuck Durrant (6-11)
1977 - Don Anderson (7-0.25)

Pole Vault
1979 - Niel Freeman (15-9)

Shot Put
1979 - Luby Chambul (54-11)
1981 - Luby Chambul (61-8.5)
1982 - Luby Chambul (61-10)

OVC Women's Outdoor Individual Champions

100-Meter Dash
1981 - Sarah Lewis (11.90)

400-Meter Dash
1979 - Anita Jones (56.53)
1981 - Vata Allen (56.79)

800-Meter Run
1979 - Sandy Seith (2:16.53)
1981 - Tina Jordan (2:16.90)

5,000-Meter Run
1982 - Shellie Meyers (18:15.0)

400-Meter Hurdles
1979 - Anita Jones (1:01.06)
1981 - Vata Allen (1:03.49)

4x100m Relay
1980 - WKU (46.85)

800-Meter Medley
1981 - WKU (1:42.90)

4x400m Relay / 4x440y Relay
1979y - WKU (3:53.60)
1980m - WKU 3:52.10)

2-Mile Relay
1979 - WKU (9:11.75)

3,200-Meter Relay
1980 - WKU (9:19.80)

Long Jump
1980 - Angie Bradley (18-2)

Shot Put
1980 - Lorri Kokkola (42-3)
1981 - Victoria Gay (45-10)

Discus
1980 - Victoria Gay (155-11)
1981 - Victoria Gay (166-6)

Javelin
1981 - Lorri Kokkola (148-5)

OHIO VALLEY CONFERENCE HISTORY

OVC Men's Outdoor Individual Champions

100m/100y Dash

1969y - Ken Burton (10.0)
1971y - William Green (9.9)
1973y - Robert Ware (9.5)
1975y - Robert Dudley (9.4)
1979m - Marion Wingo (10.51)
1982m - Steve Bridges (10.55)

200m/220y Dash

1977m - Richard Hopkins (21.00)
1978m - Richard Hopkins (20.70)
1979m - Marion Wingo (21.24)

400m/440y Dash

1964y - Roy Turner (48.3)
1966y - Fran Smith (47.4)
1975y - Bernd Herrmann (46.6)

800m/880y Run

1966y - Fran Smith (1:51.80)
1967y - Alan Holder (1:52.40)
1968y - Dave Holdman (1:53.30)
1974y - David Jagggers (1:49.90)
1975y - David Jagggers (1:50.20)
1976y - David Jagggers (1:50.40)

Mile Run

1964 - John Sears (4:13.9)
1967 - Darrell Myers (4:16.1)
1970 - Hector Ortiz (4:06.4)
1971 - Hector Ortiz (4:09.5)
1972 - Ortiz/Rose, tie (4:09.7)
1973 - Nick Rose (4:08.0)
1974 - Nick Rose (4:02.6)
1975 - Nick Rose (4:03.0)

3-Mile/5,000m Run

1971y - Hector Ortiz (13:48.0)
1973y - Nick Rose (13:19.8)
1975y - Tony Staynings (13:37.8)
1976y - Tony Staynings (13:30.7)
1977m - Tony Staynings (14:02.5)
1979m - Larry Cuzzort (14:11.9)
1980m - Larry Cuzzort (14:30.2)
1981m - Larry Cuzzort (14:15.0)
1982m - Greg Orman (14:12.67)

10,000m

1979 - Dave Murphy (28:39.64)
1981 - Dave Murphy (28:59.75)

110m/120y High Hurdles

1974y - Bobby Payne (14.4)
1982m - Tony Smith (14.11)

400m/440y Intermediate Hurdles

1966y - Dearing King (54.8)
1968y - Sam Pearson (54.5)
1969y - Sam Pearson (53.2)
1971y - David Rivers (52.1)
1973y - Mike Yates (50.7)
1979m - Don Douglas (52.39)

220-Yard Low Hurdles

1950 - Willie Watson (26.8)
1963 - Tom Gard (25.10)

400m/440y Relay

1965y - WKU (41.5)
1966y - WKU (41.2)
1969y - WKU (41.4)
1971y - WKU (40.8)
1972y - WKU (41.2)
1974y - WKU (41.4)
1975y - WKU (40.6)
1978y - WKU (40.7)
1979y - WKU (41.76)

1,600m/1-Mile Relay

1966y - WKU (3:12.0)
1974y - WKU (3:13.4)
1975y - WKU (3:16.7)

Long Jump

1950 - Max Stevens (20-8)
1952 - Max Stevens (21-6.5)
1955 - Joe Cunningham (21-10)
1963 - Tom Gard (22-6.5)
1964 - Tom Gard (23-10)
1967 - Henry Jackson (24-9.5)
1968 - Henry Jackson (24-11)
1969 - Henry Jackson (25-10.5)
1970 - Henry Jackson (26-5.5)

Triple Jump

1964 - Tom Gard (46-0.5)
1965 - Mickey Brown (46-4.5)
1967 - Henry Jackson (49-1)
1968 - Henry Jackson (52-1.5)
1969 - Henry Jackson (52-2.75)
1970 - Henry Jackson (50-10.25)
1972 - Emmitt Briggs (51-6.5)
1975 - Emmitt Briggs (49-5.5)

Pole Vault

1963 - Paul Woodard (13-0)
1964 - Gary Imel (14-0)
1965 - Henry Wadsworth (15-6.5)
1966 - Henry Wadsworth (15-0)
1971 - David Cutler (14-6)
1975 - Bobby Sandidage (15-3)

High Jump

1951 - Cleon Wyatt (6-1.5)
1966 - Henry Wadsworth (6-6)
1967 - Henry Jackson (6-4)
1968 - Henry Jackson (6-8.75)
1969 - Henry Jackson (6-7.75)
1970 - Henry Jackson (6-10)
1971 - Larry Lock (6-6)
1972 - John Reed (6-8)
1973 - Chuck Durrant (6-10)
1974 - Chuck Durrant (6-11.25)
1976 - Chuck Durrant (6-10)
1977 - Chuck Durrant (7-1)
1979 - Jim Durrant (6-9)
1980 - Roger Fitzpatrick (6-11)

Shot Put

1951 - James Sacca (42-11)
1953 - Arnold Oaken (41-2.75)
1954 - Bill Strawn (45-6)
1955 - Bill Strawn (44-3)
1967 - John Toye (54-7.75)
1968 - Eugene Smith (54-1.25)
1969 - Eugene Smith (54-7)
1970 - Eugene Smith (55-2.75)
1971 - Eugene Smith (56-9.25)
1972 - Chuck Eneix (56-2)
1973 - Jesse Stuart (61-8)
1974 - Jesse Stuart (64-2)
1975 - Jesse Stuart (61-2.5)
1981 - Luby Chambul (57-1)
1982 - Luby Chambul (60-5)

Discus

1959 - John McClearn (143-3)
1960 - Larry Nutter (138-5)
1964 - John Toye (161-3)
1965 - John Toye (149-10)
1966 - Frank DeBiase (156-6)
1967 - Bob Stoltman (172-6)
1969 - Bob Stoltman (173-0)
1970 - Bob Stoltman (173-2)
1971 - Chuck Eneix (164-5)
1972 - Chuck Eneix (174-6)
1973 - Chuck Eneix (179-2)
1975 - Doug Langdon (166-9)
1979 - Lee Wildman (159-8)
1980 - Lee Wildman (164-6)
1981 - Lee Wildman (162-4)

Javelin

1973 - Cecil Ward (214-5)
1974 - Larry Prochazka (215-4)

SUN BELT CROSS COUNTRY HISTORY

1982 (5 mile - Tampa, Fla.)

Team Finish: 1st (27 pts)

All-Sun Belt Honorees:

1. Simon Cahill 24:00
2. Ashley Johnson 24:36
5. Jon Barker 25:03
9. Mike Snyder 25:37
10. Cam Hubbard 25:43

1983 (5 mile - Tampa, Fla.)

Team Finish: 1st (18 pts)

All-Sun Belt Honorees:

1. Ashley Johnson 23:46
2. Shawn George 24:31
3. Jon Barker 24:47
4. Simon Cahill 24:59
8. Cam Hubbard 25:16
10. Larry Park 25:22

1984 (5 mile - Charlotte, N.C.)

Team Finish: 1st (15 pts)

All-Sun Belt Honorees:

1. Jon Barker 24:55
1. Cam Hubbard 24:55
1. Phillip Ryan 24:55
1. Mike Snyder 24:55
1. Sean George 24:55
9. Jeff Peeples 25:19

1985 (5 mile - Norfolk, Va.)

Team Finish: 1st (31 pts)

All-Sun Belt Honorees:

1. Jon Barker 25:46
2. Phillip Ryan 26:04
6. Jeff Peeples 26:22
7. Brian Blankenship 26:23

1986 (5 mile - Jacksonville, Fla.)

Team Finish: 1st (27 pts)

All-Sun Belt Honorees:

1. Tariku Bulto 24:41
4. Victor Ngubeni 25:31
4. Kevin Banks 25:31
6. Phillip Ryan 25:40

1987 (5 mile - Bowling Green)

Team Finish: 1st (35 pts)

All-Sun Belt Honorees:

1. Kevin Banks 24:51
4. Victor Ngubeni 25:37
7. Mike Lutz 25:41

1988 (5 mile - Richmond, Va.)

Team Finish: 2nd (71 pts)

All-Sun Belt Honorees:

3. Steve Gibbons 25:23
5. Kevin Banks 25:36
7. Victor Ngubeni 25:44

1989 (5 mile - Mobile, Ala.)

Team Finish: 2nd (34 pts)

All-Sun Belt Honorees:

1. Steve Gibbons 24:35
3. Sean Dollman 24:47
5. Michael Lutz 24:56

1990 (5 mile - Charlotte, N.C.)

Team Finish: 3rd (76 pts)

All-Sun Belt Honorees:

1. Sean Dollman 24:13
6. Ed O'Carroll 24:56

1991 (5 mile - Orlando, Fla.)

Team Finish: 2nd (46 pts)

All-Sun Belt Honorees:

1. Sean Dollman 25:04
9. Jeremiah Twomey 26:20
10. Steve Gibbons 26:22

1992 (5 mile - McAllen, Texas)

Team Finish: 1st (20 pts)

All-Sun Belt Honorees:

1. Eddie O'Carroll 25:08.15
2. Hendrick Maako 25:08.31
4. Jeremiah Twomey 25:27.25
5. Jeff Scott 25:31.39
8. Howard Shoaf 25:48.29

1993 (5 mile - Jacksonville, Fla.)

Team Finish: 2nd (38 pts)

All-Sun Belt Honorees:

4. Jeff Scott 25:16
6. Hendrick Maako 25:35
7. Howard Shoaf 25:38
10. Sean Torr 25:45

1994 (5 mile - Ruston, La.)

Team Finish: 1st (46 pts)

All-Sun Belt Honorees:

1. Nicholas Aliwell 24:19
4. Hendrick Maako 25:04
9. James Scott 25:17

1995 (5 mile - Bowling Green)

Team Finish: 1st (30 pts)

All-Sun Belt Honorees:

1. Nicholas Aliwell 24:48
3. Bradley Tucker 25:36
4. Duncan Kukard 25:40
9. Daryn Lambooy 26:04

1996 (8k - Little Rock, Ark.)

Team Finish: 2nd (54 pts)

All-Sun Belt Honorees:

1. Nicholas Aliwell 23:25.48
3. John Johnson 24:20.27
10. Robert Wells 24:52.64

1997 (8k - McAllen, Texas)

Team Finish: 1st (22 pts)

All-Sun Belt Honorees:

2. Duncan Shangase 24:27
3. Nicholas Aliwell 24:42
4. Aaron Mullins 24:45
6. John Johnson 24:58
7. Daryn Lambooy 25:02

1998 (8k - Little Rock, Ark.)

Team Finish: 1st (18 pts)

All-Sun Belt Honorees:

1. Aaron Mullins 25:30
2. Iain Don-Wauchope 25:38
4. Robert Pritchett 26:06
5. Duncan Shangase 26:16
6. Brant Beard 26:18
9. Brandon McKinney 26:56

1999 (8k - Jonesboro, Ark.)

Team Finish: 2nd (45 pts)

All-Sun Belt Honorees:

4. Duncan Shangase 27:09.1
6. Aaron Mullins 27:25.9
9. Brandon McKinney 27:40.7
10. Robert Pritchett 27:55.6

2000 (8k - Little Rock, Ark.)

Team Finish: 2nd (66 pts)

All-Sun Belt Honorees:

5. Robert Pritchett 25:46
7. Enda Grandfield 26:10

2001 (5 mile - Bowling Green)

Team Finish: 3rd (91 points)

All-Sun Belt Honorees:

3. Enda Grandfield 25:23.32
10. David Altmaier 25:56.14

2002 (8k - Denton, Texas)

Team Finish: 2nd (80 pts)

All-Sun Belt Honorees:

8. Daniel Roberts 27:07
9. Enda Grandfield 27:12

2003 (5 mile - Bowling Green)

Team Finish: 1st (38 pts)

All-Sun Belt Honorees:

1. Daniel Roberts 26:10.84
5. David Altmaier 26:40.38
6. Kevin Dick 26:51.66
8. Enda Grandfield 27:07.12

2004 (8k - Little Rock, Ark.)

Team Finish: 3rd (82 pts)

2005 (5 mile - Bowling Green)

Team Finish: 1st (67 pts)

All-Sun Belt Honorees:

6. William Emase 25:36.54
10. Cosmas Sigei 26:04.61

2006 (8k - Little Rock, Ark.)

Team Finish: 2nd (90 pts)

All-Sun Belt Honorees:

9. Cosmas Segei 25:16.81
10. Daniel Kipsiro 25:33.25

2007 (5 mile - Bowling Green)

Team Finish: 4th (81 pts)

All-Sun Belt Honorees:

5. Bethuel Kiplagat 25:32.95
7. Cosmas Bor 25:58.03

2008 (5 mile - Bowling Green)

Team Finish: 1st (50 pts)

All-Sun Belt Honorees:

2. Patrick Cheptok 25:00.04
5. Cosmas Bor 25:36.99
6. Patrick Jenkins 25:40.57

2009 (8k - Monroe, La.)

Team Finish: 5th (161 pts)

All-Sun Belt Honorees:

3. Patrick Cheptok 26:47.78

2010 (8k - Bowling Green, Ky.)

Team Finish: 4th (124 pts)

All-Sun Belt Honorees:

1. Shadrack Kipchirchir 24:33.1
2. Deus Rwaheru 24:52.7

2011 (8k - Bowling Green, Ky.)

Team Finish: 1st (36 pts)

All-Sun Belt Honorees:

2. Deus Rwaheru 24:27.5
4. David Mokone 24:47.0
5. Peter Okwera 24:53.1
9. Kyle Chettleburgh 25:28.5

2012 (8k mile - Bowling Green)

Team Finish: 5th (142 points)

All-Sun Belt Honorees:

1. Joseph Chebet 24:46.70
4. David Mokone 25:21.40

2013 (8k mile - Troy, Ala.)

Team Finish: 5th (145 points)

All-Sun Belt Honorees:

1. David Mokone 25:20.4
8. Peter Agaba 25:56.4

Men's SBC Cross Country
Coach-of-the-Year

- 1982 - Dr. Curtiss Long
- 1983 - Dr. Curtiss Long
- 1984 - Dr. Curtiss Long
- 1986 - Dr. Curtiss Long
- 1992 - Dr. Curtiss Long
- 1994 - Dr. Curtiss Long
- 1995 - Dr. Curtiss Long
- 1996 - Dr. Curtiss Long
- 1997 - Dr. Curtiss Long
- 2003 - Dr. Curtiss Long
- 2005 - Dr. Curtiss Long
- 2008 - Erik Jenkins
- 2011 - Erik Jenkins

Men's SBC Cross Country
Most Outstanding Performer

- 1994 - Nicholas Aliwell
- 1995 - Nicholas Aliwell
- 1996 - Nicholas Aliwell
- 2003 - Daniel Roberts
- 2010 - Shadrack Kipchirchir
- 2012 - Joseph Chebet
- 2013 - David Mokone

Men's SBC Cross Country
Freshman of the Year
2011 - David Mokone

Men's Sun Belt Conference
All-Time Cross Country Team

- Nick Aliwell (1994-97)
- Jon Barker (1982-85)
- Simon Cahill (1980-83)
- Sean Dollman (1988-91)
- Enda Grandfield (2000-03)
- Ashley Johnson (1980-83)
- Aaron Mullins (1997-99)
- Eddie O'Carroll (1989-92)
- Philip Ryan (1983-96)

All-time Runner: Sean Dollman
All-Time Coach: Dr. Curtiss Long

SUN BELT CROSS COUNTRY HISTORY

1985 (5k - Norfolk, Va.)
 Team Finish: 1st (24 pts)
 All-Sun Belt Honorees:
 2. Ellen Gluf 19:28
 4. Andrea Webster 19:55
 5. Kitty Davidson 19:58
 6. Kathleen Moreland 20:06
 7. Beth Millay 20:08
 9. Michelle Leasor 20:23

1986 (5k - Jacksonville, Fla.)
 Team Finish: 1st (39 pts)
 All-Sun Belt Honorees:
 5. Kitty Davidson 18:54
 6. Kathleen Moreland 18:57
 7. Andrea Webster 18:58
 10. Melissa McIntyre 19:20

1987 (5k - Bowling Green, Ky.)
 Team Finish: 1st (36 pts)
 All-Sun Belt Honorees:
 3. Andrea Webster 18:14
 4. Beth Millay 18:21
 7. Kitty Davidson 18:32
 9. Melissa McIntyre 18:47

1988 (5k - Richmond, Va.)
 Team Finish: 2nd (61 pts)
 All-Sun Belt Honorees:
 1. Gwen Van Rensburg 17:30
 3. Mairead Looney 18:12

1989 (5k - Mobile, Ala.)
 Team Finish: 1st (35 pts)
 All-Sun Belt Honorees:
 1. Mairead Looney 18:31
 2. Mary Dwyer 18:33
 7. Michelle Murphy 18:52
 9. Breeda Dennehy 19:01

1990 (5k - Charlotte, N.C.)
 Team Finish: 4th (85 pts)
 All-Sun Belt Honorees:
 1. Breeda Dennehy 17:38.9
 3. Michelle Murphy 17:54

1991 (5k - Orlando, Fla.)
 Team Finish: 1st (39 pts)
 All-Sun Belt Honorees:
 1. Breeda Dennehy 17:29
 2. Michelle Murphy 18:29
 10. Catherine Hancock 19:45

1992 (5k - McAllen, Texas)
 Team Finish: 2nd (83 pts)
 All-Sun Belt Honorees:
 1. Michelle Murphy 17:59.74

1993 (5k - Jacksonville, Fla.)
 Team Finish: 4th (110 pts)
 All-Sun Belt Honorees:
 6. Catherine Hancock 18:31.0
 8. Kimberly Hancock 18:46.92
 10. Silvia Moreno 19:00.21

1994 (5k - Ruston, La.)
 Team Finish: 1st (30 pts)
 All-Sun Belt Honorees:
 3. Christina Brown 18:07
 4. Kirsten Birmelin 18:12
 5. Kerstin Hoffman 18:14
 7. Kimberly Hancock 18:21

1995 (5k - Bowling Green, Ky.)
 Team Finish: 6th (149 pts)
 All-Sun Belt Honorees:
 2. Christina Brown 17:51

1996 (5k - Little Rock, Ark.)
 Team Finish: 1st (39 pts)
 All-Sun Belt Honorees:
 2. Valarie Lynch 17:59.09
 4. Christina Brown 18:26.84
 8. Patricia Dorgan 18:46.01

1997 (5k - McAllen, Texas)
 Team Finish: 2nd (61 pts)
 All-Sun Belt Honorees:
 3. Terri Hennessey 18:11
 5. Patricia Dorgan 18:14

1998 (5k - Little Rock, Ark.)
 Team Finish: 1st (36 pts)
 All-Sun Belt Honorees:
 1. Valarie Lynch 18:12
 3. Claire Gibbons 18:57
 6. Lisa Cronin 19:16

1999 (5k - Jonesboro, Ark.)
 Team Finish: 1st (24 pts)
 All-Sun Belt Honorees:
 1. Valarie Lynch 17:59.1
 2. Olga Cronin 18:23.7
 6. Terri Hennessey 18:51.3
 7. Lisa Cronin 18:52.4
 8. Evelyn Corona 18:58.6

2000 (5k - Little Rock, Ark.)
 Team Finish: 2nd (68 pts)
 All-Sun Belt Honorees:
 2. Valarie Lynch 17:36
 3. Olga Cronin 17:39

2001 (6k - Bowling Green, Ky.)
 Team Finish: 2nd (65 pts)
 All-Sun Belt Honorees:
 4. Jill Shannon 22:42.25
 5. Bonita Paul 22:54.38

2002 (6k - Denton, Texas)
 Team Finish: 2nd (47 pts)
 All-Sun Belt Honorees:
 3. Olga Cronin 23:09
 5. Bonita Paul 23:20
 7. Cara Nichols 23:33

2003 (6k - Bowling Green, Ky.)
 Team Finish: 1st (38 pts)
 All-Sun Belt Honorees:
 1. Bonita Paul 22:35.40
 3. Cara Nichols 23:50.68
 9. Nicole Jagers 24:30.33
 10. Emily Leeper 24:30.58

2004 (5k - Little Rock, Ark.)
 Team Finish: 1st (33 pts)
 All-Sun Belt Honorees:
 1. Cara Nichols 18:34.8
 5. Nicole Jagers 19:09.1
 6. Natalie Leeper 19:12.2
 8. Heather Coulter 19:16.6

2005 (5k - Bowling Green, Ky.)
 Team Finish: 2nd (57 pts)
 All-Sun Belt Honorees:
 6. Natalie Leeper 18:08.68
 7. Nicole Jagers 18:10.09
 10. Heather Coulter 18:17.59

2006 (5k - Little Rock, Ark.)
 Team Finish: 1st (39 pts)
 All-Sun Belt Honorees:
 2. Janet Jesang 17:35.74
 4. Natalie Leeper 18:02.03
 7. Emily Leeper 18:13.80
 9. Amanda Adams 18:36.35

2007 (5k - Bowling Green, Ky.)
 Team Finish: 1st (52 pts)
 All-Sun Belt Honorees:
 1. Janet Jesang 17:28.29
 7. Eimear O'Brien 18:15.53
 9. Natalie Leeper 18:29.50

2008 (5k - Bowling Green, Ky.)
 Team Finish: 1st (32 pts)
 All-Sun Belt Honorees:
 1. Janet Jesang 17:27.09
 4. Eimear O'Brien 18:32.97
 6. Sarah Namara 18:46.18
 8. Ashley Moore 18:53.04

2009 (5k - Monroe, La.)
 Team Finish: 1st (53 pts)
 All-Sun Belt Honorees:
 1. Janet Jesang 19:09.83
 2. Marion Kandie 19:29.53

2010 (5k - Bowling Green, Ky.)
 Team Finish: 1st (39 pts)
 All-Sun Belt Honorees:
 1. Marion Kandie 17:34.2
 2. Vasily Chemweno 17:43.4
 t-4th. Michelle Finn 18:01.0

2011 (5k - Bowling Green, Ky.)
 Team Finish: 1st (60 pts)
 All-Sun Belt Honorees:
 1. Marion Kandie 17:21.5
 4. Vasily Chemweno 18:00.1
 8. Michelle Finn 18:21.2

2012 (5k - Bowling Green, Ky.)
 Team Finish: 3rd (83 pts)
 All-Sun Belt Honorees:
 7. Lindsey Hinken 18:18.9
 9. Vasily Chemweno 18:25.5

2013 (5k - Troy, Ala.)
 Team Finish: 3rd (68 pts)
 All-Sun Belt Honorees:
 2. Lindsey Hinken 17:47.8
 4. Katie Lever 18:03.3

Women's SBC Cross Country
 Coach-of-the-Year
 1985 - Dr. Curtiss Long
 1987 - Dr. Curtiss Long
 1989 - Dr. Curtiss Long
 1991 - Dr. Curtiss Long
 1994 - Dr. Curtiss Long
 2003 - Dr. Curtiss Long
 2004 - Dr. Curtiss Long
 2006 - Dr. Curtiss Long
 2007 - Dr. Curtiss Long
 2008 - Michelle Scott
 2009 - Michelle Scott
 2010 - Michelle Scott

Women's SBC Cross Country
 Most Outstanding Performer
 2003 - Bonita Paul
 2007 - Janet Jesang
 2008 - Janet Jesang
 2009 - Janet Jesang
 2010 - Marion Kandie

Women's Sun Belt Conference
 All-Time Cross Country Team
 Christina Brown (1993-96)
 Olga Cronin (1999-02)
 Breeda Dennehy (1989-91)
 Mairead Looney (1988-89)
 Valarie Lynch (1995-96,98-99)
 Michelle Murphy (1989-92)
 Cara Nichols (2001-04)
 Bonita Paul (2001-03)
 Gwen Van Rensburg (1988)

All-Time Runner: Breeda Dennehy
 All-Time Coach: Dr. Curtiss Long

HILLTOPPER INDOOR ALL-SUN BELT PERFORMERS

All-Sun Belt Conference Honorees

55-Meter Dash

1997 - Charles Hopkins, 2nd (6.43)
1999 - Bryan Daniel, 1st (6.35)
1999 - Rod Smart, 3rd (6.45)
2000 - Rod Smart, 1st (6.36)
2002 - Jonathan Brown, 2nd (6.41)
2006 - Dennis Mitchell, 2nd (6.32)
2008 - Gavin Smellie, 1st (6.29)
2008 - Derrius Brooks, 2nd (6.39)
2009 - Gavin Smellie, 2nd (6.33)

60-Meter Dash

2014 - Ja'Karyus Redwine, 2nd (6.71)

200-Meter Dash

2000 - Rod Smart, 2nd (21.95)
2002 - Jonathan Brown, 1st (21.20)
2004 - Jonathan Brown, 2nd (21.29)
2006 - Dennis Mitchell, 3rd (21.43)
2008 - Terrill McCombs, 1st (21.07)
2008 - Gavin Smellie, 2nd (21.19)
2009 - Gavin Smellie, 1st (21.39)
2010 - Gavin Smellie, 2nd (21.37)
2010 - Ennis Jones, 3rd (21.58)
2014 - Elvyonn Bailey, 1st (21.18)
2014 - Ja'Karyus Redwine, 2nd (21.21)

400-Meter Dash

2002 - Justin Miller, 2nd (48.18)
2008 - Terrill McCombs, 1st (47.28)
2008 - Romaine McKay, 2nd (47.63)
2008 - Alexander Larin, 3rd (48.23)
2009 - Alexander Larin, 1st (48.36)
2009 - Terrill McCombs, 3rd (48.47)
2010 - Ennis Jones, 1st (48.17)
2010 - Terrill McCombs, 2nd (48.70)
2012 - Marcus Winstead, 2nd (47.46)
2012 - De'Myco Winston, 3rd (47.73)
2013 - Elvyonn Bailey, 1st (46.70)
2014 - Elvyonn Bailey, 1st (47.19)
2014 - Chris Chamness, 2nd (47.51)

800-Meter Run

2000 - Nick Washum, 3rd (1:55.10)
2011 - David Mokone, 2nd (1:55.04)
2012 - David Mokone, 2nd (1:53.92)
2013 - David Mokone, 1st (1:55.82)
2014 - David Mokone, 2nd (1:54.81)
2014 - Kamohelo Mangojeane, 3rd (1:55.6)

1 Mile Run

1999 - Aaron Mullins, 1st (4:13.30)
2000 - Aaron Mullins, 2nd (4:15.19)
2001 - Peter Kimaru, 2nd (4:20.50)
2011 - Shadrack Kipchirchir, 2nd (4:13.10)
2011 - David Mokone, 3rd (4:16.19)
2012 - David Mokone, 1st (4:10.08)
2012 - Joseph Chebet, 2nd (4:10.82)
2012 - Peter Okwera, 3rd (4:11.58)
2013 - David Mokone, 1st (4:14.17)
2014 - David Mokone, 3rd (4:16.14)

3,000-Meter Run

1992 - Sean Dollman, 1st (8:14.18)
1992 - Stephen Gibbons, 3rd (8:30.10)
1993 - Eddie O'Carroll, 1st (8:22.91)
1994 - Nicholas Aliwell, 1st (8:22.98)
1994 - Bradley Tucker, 3rd (8:25.29)
1996 - Nicholas Aliwell, 1st (8:23.53)
1997 - Nicholas Aliwell, 1st (8:38.40)
1999 - Aaron Mullins, 1st (8:28.41)
1999 - Robert Pritchett, 2nd (8:30.43)
1999 - Iain Don-Wauchepe, 3rd (8:31.65)

2000 - Aaron Mullins, 2nd (8:27.54)
2004 - David Altmaier, 1st (8:42.73)
2010 - Deus Rwaheru, 3rd (8:18.59)
2011 - Shadrack Kipchirchir, 2nd (8:26.89)
2011 - David Mokone, 3rd (8:28.35)
2012 - Joseph Chebet, 1st (8:11.80)
2012 - Deus Rwaheru, 3rd (8:13.75)
2013 - David Mokone, 2nd (8:29.02)
2013 - Joseph Chebet, 3rd (8:31.61)

5,000-Meter Run

1992 - Sean Dollman, 1st (14:32.25)
1992 - Stephen Gibbons, 3rd (14:52.29)
1993 - Eddie O'Carroll, 3rd (14:47.86)
1994 - Nicholas Aliwell, 1st (14:27.08)
1994 - Hendrick Maako, 3rd (14:34.22)
1996 - Nicholas Aliwell, 1st (14:30.86)
1997 - Nicholas Aliwell, 2nd (14:34.76)
1998 - Duncan Shangase, 2nd (14:53.94)
1999 - Iain Don-Wauchepe, 1st (14:44.06)
1999 - Aaron Mullins, 2nd (14:58.19)
1999 - Duncan Shangase, 3rd (14:59.55)
2002 - Enda Grandfield, 1st (14:51.11)
2004 - David Altmaier, 1st (15:11.55)
2004 - Daniel Roberts, 2nd (15:15.09)
2009 - Patrick Cheptoek, 3rd (14:42.63)
2010 - Deus Rwaheru, 2nd (14:28.69)
2010 - Shadrack Kipchirchir, 3rd (14:39.15)
2011 - Shadrack Kipchirchir, 2nd (14:40.81)
2012 - Deus Rwaheru, 1st (14:27.82)
2012 - Peter Okwera, 2nd (14:29.29)
2013 - Joseph Chebet, 1st (14:36.04)

55-Meter Hurdles

2005 - Jason Browhow, 3rd (7.49)
2007 - Jason Browhow, 3rd (7.52)
2011 - Karlis Daube, 1st (7.52)
2011 - Marcus Pope, 3rd (7.71)
2012 - Marcus Pope, 1st (7.34)
2012 - Karlis Daube, 3rd (7.61)
2013 - Cyrus Johnson, 3rd (7.68)

60-Meter Hurdles

2014 - Cyrus Johnson, 3rd (8.24)

4x400m / 4x440y Relay

2007m - WKU, 1st (3:17.53)
(Diogo, Wilson, McCombs, Browhow)
2008y - WKU, 1st (3:12.94)
(Larin, Smellie, McKay, McCombs)
2009m - WKU, 2nd (3:16.46)
(Smellie, Larin, Jones, McCombs)
2014m - WKU, 1st (3:11.87)
(Winstead, Redwine, Chamness, Bailey)

Distance Medley Relay

1995 - WKU, 3rd (10:21.08)
1998 - WKU, 3rd (10:24.10)
1999 - WKU, 2nd (10:23.22)
2012 - WKU, 3rd (10:20.38)
(Hurd, Daube, Eligulachvili, Mokone)
2014 - WKU, 1st (19:06.11)
(Stevens, Chamness, Mangojeane, Mokone)

High Jump

1997 - Andrew Rolle, 2nd (6-8)
1998 - Andrew Rolle, t-3rd (6-9.75)
2004 - Brian Gifford, 2nd (6-7.50)
2006 - Brian Gifford, 3rd (6-8)
2012 - Cyrus Johnson, t-3rd (6-4.75)
2013 - Derrick Hill, 1st (6-10.75)
2013 - Donovan Halsel, 2nd (6-10.75)
2013 - Cyrus Johnson, 3rd (6-10.75)
2014 - Derrick Hill, 1st (7-1.25)

Long Jump

1996 - Derrick White, 3rd (23-4.50)
1997 - Derrick White, 2nd (24-1)
1999 - Erik Jenkins, 2nd (24-1.75)
2002 - Jonathan Brown, 3rd (24-7)
2007 - Mandhla Mgijima, 3rd (22-11.75)
2008 - Mandhla Mgijima, 3rd (24-0.75)
2009 - Mandhla Mgijima, 3rd (24-2.50)
2010 - Andrejs Maskancevs, 2nd (24-7)
2011 - Toms Andersons, 2nd (23-10.75)
2014 - Ventavius Sears, 3rd (24-1)

Triple Jump

2006 - Asa Dew, 3rd (47-9)
2007 - Mandhla Mgijima, 3rd (47-4.25)
2013 - Cyrus Johnson, 3rd (48-6)
2014 - Cyrus Johnson, 3rd (49-1)

Shot Put

1999 - Shawn Evans, 3rd (53-3.50)
2002 - Raigo Toompuu, 1st (53-8.50)
2003 - Raigo Toompuu, 2nd (52-10.25)
2004 - Raigo Toompuu, 1st (55-10.50)
2004 - Kristo Galeta, 3rd (50-8.75)
2005 - Raigo Toompuu, 1st (60-8.75)
2007 - Matt Taitt, 1st (55-8.25)
2008 - Matt Taitt, 1st (54-7.25)
2008 - Brian Soverns, 2nd (53-0)
2009 - Brian Soverns, 1st (57-3)
2009 - Matt Taitt, 2nd (55-3.75)
2010 - Brian Soverns, 1st (54-0)
2012 - Brad Wright, 3rd (54-0)
2014 - Travis Gerding, 3rd (57-6.5)

Weight Throw

2002 - Raigo Toompuu, 2nd (46-8)
2003 - Raigo Toompuu, 2nd (49-10.5)
2003 - Ryan Thomas, 3rd (49-0.50)
2004 - Raigo Toompuu, 1st (55-3.50)
2004 - Craig Morehead, 3rd (50-8)
2005 - Raigo Toompuu, 2nd (58-6.50)
2005 - Craig Morehead, 3rd (52-6.75)
2006 - Oliver Kilik, 3rd (54-5.25)
2007 - Matt Taitt, 2nd (54-8.75)
2008 - Matt Taitt, 1st (59-4.25)
2008 - Brian Soverns, 2nd (58-9.25)
2009 - Brian Soverns, 1st (59-4.75)
2010 - Brian Soverns, 1st (59-11.75)
2011 - Houston Croney, 3rd (58-1.75)
2012 - Houston Croney, 1st (60-6.50)
2012 - Buddy Price, 3rd (59-8.25)
2013 - Travis Gerding, 2nd (61-9.75)
2013 - Houston Croney, 3rd (61-5.75)

Heptathlon

2010 - Hendrik Themas, 3rd (4,758 pts)

Year	Location	WKU (pts)
1992	Jonesboro, Ark.	4 th (35)
1993	Jonesboro, Ark.	6 th (32)
1994	Jonesboro, Ark.	4 th (41)
1995	Jonesboro, Ark.	8 th (20)
1996	Jonesboro, Ark.	6 th (37)
1997	Jonesboro, Ark.	5 th (48)
1998	Jonesboro, Ark.	6 th (33)
1999	Jonesboro, Ark.	2 nd (104)
2000	Jonesboro, Ark.	6 th (61)
2001	Jonesboro, Ark.	8 th (26.50)
2002	Murfreesboro, Tenn.	2 nd (100.50)
2003	Jonesboro, Ark.	3 rd (66)
2004	Murfreesboro, Tenn.	3 rd (97)
2005	Jonesboro, Ark.	6 th (52)
2006	Murfreesboro, Tenn.	5 th (63)
2007	Jonesboro, Ark.	3 rd (85)
2008	Murfreesboro, Tenn.	1 st (128)
2009	Jonesboro, Ark.	2 nd (127)
2010	Murfreesboro, Tenn.	1 st (136)
2011	Jonesboro, Ark.	2 nd (103)
2012	Murfreesboro, Tenn.	1 st (160.5)
2013	Jonesboro, Ark.	1 st (139)
2014	Birmingham, Ala.	2 nd (149)

Men's SBC Indoor Track

Coach-of-the-Year

2008 - Erik Jenkins
2012 - Erik Jenkins
2013 - Erik Jenkins

Men's SBC Indoor Track Most Outstanding Performer

1992 - Sean Dollman
1994 - Nicholas Aliwell
1996 - Nicholas Aliwell
1999 - Aaron Mullins
2002 - Jonathan Brown
2007 - Matt Taitt (Field)
2008 - Matt Taitt (Field)
2010 - Brian Soverns (Field)
2012 - David Mokone (Track)
2013 - David Mokone (Track)

Men's SBC Indoor Track

Freshman of the Year

2011 - David Mokone
2014 - Ventavius Sears

Men's SBC Indoor Track

Top Point Scorer

1996 - Nicholas Aliwell
2002 - Jonathan Brown
2013 - David Mokone

Men's SBC All-Time Indoor Track & Field Team

Nick Aliwell (1994-97)
Jonathan Brown (2002-04)
Sean Dollman (1989-92)
Aaron Mullins (1998-99)
Rod Smart (1999-00)
Raigo Toompuu (2002-05)

LADY TOPPER INDOOR ALL-SUN BELT PERFORMERS

All-Sun Belt Conference Honorees

55-Meter Dash

1997 - Jennifer Kimbrough, 3rd (7.15)
 2004 - Shanea Wilson, 3rd (7.04)
 2005 - Carita Cole, 3rd (7.10)
 2006 - Carita Cole, 1st (6.96)
 2006 - Shanea Wilson, 2nd (6.97)
 2007 - Carita Cole, 1st (6.94)
 2007 - Temi Akojie, 2nd (7.04)
 2009 - Miaie Williams, 1st (7.06)

60-Meter Dash

2014 - Carrol Hardy, 2nd (7.43)

200-Meter Dash

2006 - Temi Akojie, 2nd (24.14)
 2008 - Kellie Morrison, 2nd (24.27)
 2009 - Valerie Brown, 1st (23.94)
 2010 - Kellie Morrison, 2nd (24.03)
 2012 - Gelela Cooley, 2nd (24.36)
 2014 - Chioma Agwunobi, 2nd (23.99)
 2014 - Gelela Cooley, 3rd (24.22)

400-Meter Dash

2007 - Alecia Brown, 2nd (55.05)
 2008 - Valerie Brown, 1st (54.63)
 2009 - Valerie Brown, 1st (53.28)
 2009 - Alecia Brown, 2nd (55.30)
 2010 - Kellie Morrison, 1st (55.32)
 2014 - Gelela Cooley, 1st (45.91)

800-Meter Run

2005 - Aimee Wellerding, 2nd (2:16.98)
 2006 - Nicole Jagers, 3rd (2:16.95)
 2008 - Alecia Brown, 3rd (2:16.91)
 2010 - Vasily Chemweno, 2nd (2:12.92)
 2011 - Vasily Chemweno, 2nd (2:13.24)
 2012 - Monica Akello, 2nd (2:12.35)

Mile Run

1992 - Michelle Murphy, 2nd (5:00.00)
 1993 - Michelle Murphy, 2nd (5:02.33)
 1994 - Sylvia Moreno, 1st (5:07.11)
 1995 - Catherine Hancock, 2nd (5:09.17)
 1998 - Lisa Cronin, 2nd (5:11.29)
 1999 - Lisa Cronin, 3rd (5:16.94)
 2003 - Cara Nichols, 1st (5:00.27)
 2003 - Bonita Paul, 2nd (5:03.67)
 2004 - Nicole Jagers, 1st (5:07.16)
 2005 - Cara Nichols, 1st (5:08.14)
 2006 - Nicole Jagers, 3rd (5:03.52)
 2007 - Nicole Jagers, 2nd (5:11.76)
 2007 - Janet Jesang, 3rd (5:12.35)
 2008 - Janet Jesang, 1st (4:53.55)
 2009 - Janet Jesang, 1st (4:49.48)
 2010 - Janet Jesang, 1st (4:51.99)
 2010 - Marion Kandie, 2nd (4:54.02)
 2010 - Vasily Chemweno, 3rd (4:57.81)
 2011 - Vasily Chemweno, 2nd (4:58.55)
 2011 - Marion Kandie, 3rd (4:59.51)

3,000-Meter Run

1992 - Breeda Dennehy, 1st (10:03.14)
 1992 - Michelle Murphy, 2nd (10:16.47)
 1993 - Michelle Murphy, 1st (10:13.35)
 1995 - Christina Brown, 2nd (10:16.03)
 1996 - Christina Brown, 3rd (10:10.71)
 1997 - Valerie Lynch, 2nd (9:55.37)
 1997 - Christina Brown, 3rd (10:00.43)
 1998 - Christina Brown, 2nd (10:02.84)
 1999 - Valerie Lynch, 1st (10:00.75)
 1999 - Claire Gibbons, 3rd (10:14.02)
 2000 - Valerie Lynch, 1st (9:54.94)
 2000 - Olga Cronin, 2nd (9:54.97)
 2002 - Olga Cronin, 1st (9:59.37)

2003 - Olga Cronin, 1st (9:58.10)
 2003 - Bonita Paul, 2nd (10:01.56)
 2003 - Cara Nichols, 3rd (10:07.17)
 2004 - Cara Nichols, 2nd (10:02.42)
 2004 - Nicole Jagers, 3rd (10:05.95)
 2005 - Cara Nichols, 1st (10:12.32)
 2006 - Natalie Leeper, 3rd (17:56.86)
 2007 - Janet Jesang, 2nd (10:04.56)
 2008 - Janet Jesang, 1st (9:48.03)
 2009 - Janet Jesang, 1st (9:40.80)
 2010 - Janet Jesang, 1st (10:00.61)
 2010 - Marion Kandie, 2nd (10:04.73)
 2010 - Eimear O'Brien, 3rd (10:07.22)
 2012 - Michelle Finn, 3rd (9:44.77)
 2014 - Katie Lever, 2nd (9:42.37)

5,000-Meter Run

1992 - Breeda Dennehy, 1st (17:43.41)
 1993 - Michelle Murphy, 1st (17:26.73)
 1995 - Christina Brown, 3rd (18:59.18)
 1996 - Christina Brown, 1st (17:44.95)
 1997 - Valerie Lynch, 1st (17:23.83)
 1997 - Christina Brown, 2nd (17:40.34)
 1998 - Christina Brown, 1st (17:18.65)
 1998 - Valerie Lynch, 2nd (17:27.01)
 1999 - Valerie Lynch, 1st (17:24.23)
 1999 - Claire Gibbons, 2nd (17:36.28)
 2000 - Valerie Lynch, 1st (17:13.69)
 2000 - Caroline Daly, 2nd (17:15.56)
 2000 - Olga Cronin, 3rd (17:26.42)
 2001 - Chaye Mathfield, 3rd (18:01.55)
 2002 - Olga Cronin, 1st (17:31.96)
 2003 - Olga Cronin, 1st (17:07.52)
 2003 - Bonita Paul, 2nd (17:40.06)
 2006 - Natalie Leeper, 3rd (17:56.86)
 2007 - Janet Jesang, 2nd (18:12.80)
 2008 - Janet Jesang, 1st (17:18.07)
 2009 - Eimear O'Brien, 1st (17:15.00)
 2010 - Marion Kandie, 1st (17:39.48)
 2010 - Eimear O'Brien, 2nd (17:46.56)
 2011 - Marion Kandie, 1st (16:51.21)
 2013 - Lindsey Hinken, 3rd (17:36.47)
 2014 - Lindsey Hinken, 2nd (16:48.41)
 2014 - Katie Lever, 3rd (16:56.51)

3,200-Meter Relay

1992 - WKU, 3rd (9:33.11)

Distance Medley Relay

1994 - WKU, 1st (12:31.74)
 (Hoffman, Ditto, Birmelin, Moreno)
 1995 - WKU, 1st (12:18.72)
 1999 - WKU, 3rd (12:15.25)
 2000 - WKU, 2nd (12:06.67)
 2001 - WKU, 3rd (12:07.21)
 2002 - WKU, 2nd (12:20.03)
 2003 - WKU, 1st (12:12.22)
 (Sanford, Wilson, Carmack, Cronin)
 2004 - WKU, 2nd (12:24.32)
 (Leeper, Smith, Carmack, Nichols)
 2005 - WKU, 1st (12:14.80)
 (Coulter, Maunsell, Carmack, Jagers)
 2006 - WKU, 1st (12:21.32)
 (Leeper, Maunsell, Galbraith, Coulter)
 2007 - WKU, 1st (12:18.65)
 (Jagers, Hammond, Maunsell, Leeper)
 2008 - WKU, 3rd (12:25.16)
 (Moore, Williams, Hammond, O'Brien)
 2010 - WKU, 1st (11:59.84)
 (Finn, Harris, Chemweno, Jesang)
 2011 - WKU, 1st (12:11.29)
 (Ma. Hale, Akello, Cooley, Chemweno)
 2012 - WKU, 2nd (12:14.71)
 (Schreiner, Hester, Akello, Finn)

4X400-Meter Relay

2014 - WKU, 2nd (3:51.68)
 (Hester, Hardy, Agwunobi, Cooley)

High Jump

2002 - Holly Wilder, 1-3rd (5-2)
 2010 - Samantha Smith, 1-2nd (5-4.25)
 2014 - Sandra Akachukwu, 2nd (5-9.25)

Pole Vault

2002 - Christy Green, 1-3rd (9-5.75)
 2012 - Karleigh Parker, 2nd (12-1.50)
 2014 - Karleigh Parker, 1st (12-11.50)

Long Jump

2005 - Shanea Wilson, 3rd (18-9.25)
 2009 - Sharika Smith, 1st (19-9)
 2009 - Samantha Smith, 3rd (19-1.50)
 2010 - Sharika Smith, 2nd (19-9.50)
 2011 - Antqunita Reed, 2nd (20-2.25)
 2011 - Sharika Smith, 3rd (20-1.75)
 2012 - Jade Nimmo, 2nd (20-5.75)
 2013 - Sharika Smith, 2nd (20-2.5)

Triple Jump

2010 - Sharika Smith, 2nd (39-8.75)
 2011 - Antqunita Reed, 2nd (41-2.25)
 2011 - Sharika Smith, 3rd (41-0.25)
 2013 - Sharika Smith, 1st (41-01)

Shot Put

2004 - Courtney Wood, 3rd (43-11.25)
 2008 - Geri Brown, 3rd (45-8)
 2010 - Monteka Flowers, 3rd (46-10.75)
 2011 - Monteka Flowers, 2nd (48-6.25)
 2012 - Monteka Flowers, 1st (47-3.50)
 2013 - Jessica Ramsey, 1st (50-0)
 2014 - Jessica Ramsey, 1st (54-0.50)
 2014 - Lexia Robinson, 2nd (51-2.25)

Weight Throw

2003 - Misty Hair, 3rd (47-0.50)
 2004 - Angie Gardner, 1st (53-4.25)
 2005 - Country Wood, 1st (56-6)
 2005 - Angie Gardner, 3rd (56-1)
 2006 - Angie Gardner, 2nd (54-5.50)
 2007 - Courtney Wood, 1st (57-4.25)
 2008 - Geri Brown, 2nd (56-4.75)
 2010 - Monteka Flowers, 2nd (61-0)
 2010 - Adesola Adeduro, 3rd (60-2)
 2011 - Monteka Flowers, 1st (61-4)
 2011 - Laura Igaune, 2nd (60-2.50)
 2011 - Adesola Adeduro, 3rd (59-8.25)
 2012 - Monteka Flowers, 2nd (61-2.75)
 2014 - Jessica Ramsey, 1st (63-7)
 2014 - Satrina Oliveira, 2nd (62-9.50)

Pentathlon

2008 - Heather Hammond, 1st (3,563 pts)
 2008 - Jessica Delaunay, 2nd (3,456 pts)

Year	Location	WKU (pts)
1992	Jonesboro, Ark.	4 th (48)
1993	Jonesboro, Ark.	4 th (38)
1994	Jonesboro, Ark.	6 th (31.25)
1995	Jonesboro, Ark.	6 th (38)
1996	Jonesboro, Ark.	6 th (27)
1997	Jonesboro, Ark.	5 th (40)
1998	Jonesboro, Ark.	5 th (42)
1999	Jonesboro, Ark.	6 th (51)
2000	Jonesboro, Ark.	6 th (71)
2001	Jonesboro, Ark.	9 th (40.50)
2002	Murfreesboro, Tenn.	4 th (66)
2003	Jonesboro, Ark.	4 th (95)
2004	Murfreesboro, Tenn.	5 th (81)
2005	Jonesboro, Ark.	2 nd (108.50)
2006	Murfreesboro, Tenn.	1 st (115.50)
2007	Jonesboro, Ark.	1 st (126)
2008	Murfreesboro, Tenn.	1 st (149)
2009	Jonesboro, Ark.	1 st (142)
2010	Murfreesboro, Tenn.	1 st (179.33)
2011	Jonesboro, Ark.	1 st (132.5)
2012	Murfreesboro, Tenn.	5 th (82)
2013	Jonesboro, Ark.	5 th (73)
2014	Birmingham, Ala.	1st (169)

Women's SBC Indoor Track

Coach-of-the-Year

2003 - Dr. Curtiss Long
 2006 - Dr. Curtiss Long
 2007 - Dr. Curtiss Long
 2008 - Erik Jenkins
 2009 - Erik Jenkins
 2010 - Erik Jenkins
 2014 - Erik Jenkins

Women's SBC Indoor Track Most Outstanding Performer

1992 - Breeda Dennehy
 2000 - Valerie Lynch
 2005 - Courtney Wood (field)
 2008 - Janet Jesang (track)
 2009 - Valerie Brown (track)
 2010 - Janet Jesang (track)
 2011 - Monteka Flowers (field)
 2014 - Jessica Ramsey (field)

Women's SBC Indoor Track Freshman of the Year

2009 - Sharika Smith
 2014 - Sandra Akachukwu

Women's SBC Indoor Track Top Point Scorer

2003 - Bonita Paul
 2005 - Cara Nichols
 2007 - Janet Jesang
 2008 - Janet Jesang

Women's SBC All-Time Indoor Track & Field Team

Christina Brown (1995-98)
 Olga Cronin (2000-03)
 Breeda Dennehy (1990-92)
 Valerie Lynch (1997-00)
 Michelle Murphy (1990-93)
 Cara Nichols (2002-05)

HILLTOPPER OUTDOOR ALL-SUN BELT PERFORMERS

All-Sun Belt Conference Honorees

100-Meter Dash

2002 - Jonathan Brown, 2nd (10.49)
 2003 - Jonathan Brown, 2nd (10.57)
 2004 - Jonathan Brown, 2nd (10.26)
 2006 - Dennis Mitchell, 2nd (10.54)
 2007 - Gavin Smellie, 2nd (10.48)
 2008 - Gavin Smellie, 1st (10.46)
 2009 - Gavin Smellie, 1st (10.29)
 2010 - Gavin Smellie, 3rd (10.41)

200-Meter Dash

2002 - Jonathan Brown, 2nd (20.79)
 2003 - Jonathan Brown, 2nd (21.09)
 2004 - Jonathan Brown, 3rd (21.04)
 2007 - Terrill McCombs, 2nd (20.89)
 2007 - Gavin Smellie, 3rd (20.93)
 2008 - Gavin Smellie, 1st (21.15)
 2008 - Terrill McCombs, 3rd (21.25)
 2009 - Gavin Smellie, 1st (20.73)
 2010 - Terrill McCombs, 2nd (20.91)
 2014 - Elyvonn Bailey, 1st (20.15)
 2014 - Ventavius Sears, 3rd (20.58)

400-Meter Dash

1995 - Quincy DeJarnette, 3rd (47.78)
 2002 - Justin Miller, 3rd (47.34)
 2007 - Terrill McCombs, 1st (46.39)
 2008 - Terrill McCombs, 1st (47.20)
 2009 - Terrill McCombs, 2nd (47.01)
 2009 - Romaine McKay, 3rd (47.10)
 2010 - Terrill McCombs, 1st (47.29)
 2011 - De'Myco Winston, 3rd (47.66)
 2012 - De'Myco Winston, 1st (46.29)
 2013 - Elyvonn Bailey, 2nd (46.63)
 2014 - Elyvonn Bailey, 1st (45.85)

800-Meter Run

2006 - William Emase, 2nd (1:51.86)
 2008 - Steve Wilson, 2nd (1:54.53)
 2009 - Steve Wilson, 2nd (1:52.14)
 2011 - David Mokone, 2nd (1:52.25)
 2012 - David Mokone, 1st (1:55.67)
 2014 - Chris Chamness, 1st (1:54.31)

1,500-Meter Run

1992 - Sean Dollman, 3rd (3:57.66)
 1995 - Nicholas Aliwell, 2nd (3:52.18)
 1996 - Nicholas Aliwell, 1st (3:48.52)
 1997 - Nicholas Aliwell, 1st (3:50.78)
 1997 - Jeremy Kazlauskas, 3rd (3:56.18)
 1998 - Aaron Mullins, 3rd (3:57.58)
 1999 - Aaron Mullins, 2nd (3:56.53)
 2000 - Aaron Mullins, 2nd (3:51.34)
 2003 - Enda Grandfield, 3rd (3:54.80)
 2011 - David Mokone, 1st (3:53.60)
 2011 - Shadrack Kipchirchir, 2nd (3:54.71)
 2012 - David Mokone, 1st (3:50.77)
 2013 - David Mokone, 1st (3:51.71)

5,000-Meter Run

1992 - Sean Dollman, 1st (14:29.11)
 1992 - Eddie O'Carroll, 2nd (14:40.07)
 1993 - Hendrick Maako, 1st (15:00.27)
 1993 - Jeremiah Twomey, 3rd (15:05.59)
 1994 - Hendrick Maako, 3rd (14:55.67)
 1995 - Nicholas Aliwell, 1st (14:48.67)
 1996 - Nicholas Aliwell, 1st (14:33.64)
 1997 - Nicholas Aliwell, 1st (14:34.15)
 1998 - Robert Pritchett, 3rd (15:16.32)
 1999 - Iain Don-Wauchope, 1st (14:58.29)
 1999 - Duncan Shangase, 3rd (15:12.79)
 2002 - Enda Grandfield, 1st (14:37.91)
 2003 - Enda Grandfield, 1st (15:11.06)
 2009 - Patrick Cheptoek, 3rd (14:22.20)
 2010 - Deus Rwaheheru, 1st (14:06.17)
 2011 - Shadrack Kipchirchir, 1st (14:27.94)
 2012 - Joseph Chebet, 1st (14:00.64)
 2012 - Deus Rwaheheru, 2nd (14:11.77)
 2012 - Peter Okwera, 3rd (14:49.25)
 2013 - Joseph Chebet, 1st (14:36.70)
 2014 - Endalow Takele, 1st (15:06.08)

10,000-Meter Run

1992 - Stephen Gibbons, 1st (31:37.14)
 1992 - Hendrick Maako, 2nd (31:42.37)
 1993 - Hendrick Maako, 1st (30:30.78)
 1993 - Howard Shoaf, 3rd (31:37.04)
 1994 - Hendrick Maako, 1st (31:32.12)
 1994 - Bradley Tucker, 2nd (31:32.14)
 1995 - Iain Don-Wauchope, 2nd (32:16.75)
 1996 - Daryn Lambooy, 3rd (32:07.32)
 1997 - Duncan Shangase, 3rd (31:21.96)
 1998 - Iain Don-Wauchope, 2nd (32:12.86)
 1999 - Duncan Shangase, 1st (31:45.04)
 1999 - Iain Don-Wauchope, 3rd (31:55.40)
 2002 - Enda Grandfield, 1st (32:18.64)
 2003 - Enda Grandfield, 1st (33:19.45)
 2003 - David Altmaier, 2nd (33:20.92)
 2004 - Enda Grandfield, 2nd (32:35.56)
 2009 - Patrick Cheptoek, 2nd (30:49.72)
 2010 - Patrick Cheptoek, 1st (29:38.40)
 2010 - Deus Rwaheheru, 2nd (29:41.56)
 2011 - Shadrack Kipchirchir, 1st (30:16.87)
 2012 - Joseph Chebet, 1st (30:13.35)
 2013 - Joseph Chebet, 1st (31:03.42)
 2014 - Endalow Takele, 3rd (31:25.52)

110-Meter Hurdles

2011 - Marcus Pope, 1st (14.37 / 14.361)
 2011 - Karlis Daube, 2nd (14.37 / 14.364)
 2012 - Marcus Pope, 3rd (14.16)

400-Meter Hurdles

2006 - Jason Browhow, 2nd (52.84)
 2007 - Jason Browhow, 1st (51.84)
 2010 - Karlis Daube, 3rd (53.42)
 2011 - Karlis Daube, 1st (51.90)
 2011 - Marcus Pope, 3rd (52.98)
 2012 - Marcus Pope, 2nd (50.72)
 2013 - Kamohelo Mangojeane, 2nd (52.03)

3,000-Meter Steeplechase

1993 - Jef Scott, 1st (10:40.78)
 1996 - Robert Wells, 2nd (9:12.19)
 1997 - Brant Beard, 3rd (9:20.05)
 1998 - Aaron Mullins, 1st (9:18.70)
 1998 - Brant Beard, 2nd (9:19.78)
 1999 - Aaron Mullins, 1st (9:20.70)
 1999 - Brandon McKinney, 3rd (9:30.35)
 2000 - Aaron Mullins, 1st (9:08.77)
 2001 - Andy Bosak, 3rd (9:34.28)
 2004 - Daniel Roberts, 2nd (9:34.87)
 2005 - Daniel Roberts, 2nd (9:22.16)
 2009 - Kyle Chettleburgh, 3rd (9:14.24)
 2010 - Patrick Cheptoek, 1st (9:10.65)
 2012 - Kyle Chettleburgh, 1st (9:10.69)
 2012 - Peter Okwera, 3rd (9:14.21)
 2014 - Peter Agaba, 3rd (9:30.34)

4x100-Meter Relay

1996 - WKU, 3rd (41.19)
 1997 - WKU, 3rd (41.47)
 2004 - WKU, 2nd (40.52)
 (Mitchell, Eickhoff, Chandler, Brown)
 2007 - WKU, 2nd (40.03)
 (Mgijima, Smellie, Diogo, McCombs)
 2008 - WKU, 1st (40.48)
 (Brooks, Smellie, Larin, McCombs)
 2009 - WKU, 1st (39.93)
 (Mgijima, McCombs, Smellie, Womack)
 2010 - WKU, 2nd (40.49)
 (Brooks, Sales, Jones, Wise)
 2012 - WKU, 3rd (40.91)
 (Daube, Winstead, Robinson, Winston)
 2013 - WKU, 1st (40.54)
 (Bailey, Chamness, Redwine, Winstead)

4x400-Meter Relay

2007 - WKU, 2nd (3:09.36)
 (Wilson, Browhow, McCombs, Smellie)
 2009 - WKU, 1st (3:08.89)
 (Smellie, Larin, Jones, McKay)
 2011 - WKU, 2nd (3:16.25)
 2013 - WKU, 1st (3:06.32) - SBC Record
 (Bailey, Chamness, Redwine, Winstead)
 2014 - WKU, 1st (3:09.85)
 (Chamness, Dasor, Winstead, Bailey)

High Jump

1997 - Andrew Rolle, 1st (6-10.75)
 2008 - Jeremy Evans, 2nd (6-8.75)
 2011 - Toms Andersons, t-3rd (6-7)
 2013 - Derrick Hill, 1st (6-10.75)

Pole Vault

2002 - Eigo Siimu, t-2nd (15-5.75)

Long Jump

1997 - Erik Jenkins, 3rd (23-3.25)
 1998 - Erik Jenkins, 3rd (24-4.25)
 1999 - Erik Jenkins, 1st (25-4.50)
 2002 - Jonathan Brown, 3rd (24-3.75)
 2009 - Mandhla Mgijima, 1st (25-11)
 2010 - Andrejs Maskancevs, 2nd (24-7.25)
 2011 - Toms Andersons, 1st (23-6.75)

Triple Jump

2006 - Mandhla Mgijima, 3rd (48-6)
 2006 - Asa Dew, 3rd (50-4.50)
 2009 - Mandhla Mgijima, 3rd (50-4.50)
 2010 - Andrejs Maskancevs, 3rd (51-3)
 2014 - Ventavius Sears, 2nd (50-8.75)

Shot Put

1998 - Shawn Evans, 3rd (53-5.50)
 1999 - Shawn Evans, 3rd (53-1.75)
 2002 - Raigo Toompuu, 1st (53-1.50)
 2003 - Raigo Toompuu, 1st (54-1)
 2003 - Krisio Galeta, 3rd (52-5.50)
 2004 - Raigo Toompuu, 1st (59-8.50)
 2004 - Krisio Galeta, 3rd (53-2.75)
 2005 - Raigo Toompuu, 1st (60-10.75)
 2008 - Brian Soverns, 1st (54-11.25)
 2008 - Matt Taitt, 2nd (54-10.75)
 2009 - Matt Taitt, 1st (55-2.25)
 2009 - Brian Soverns, 2nd (51-11.75)
 2013 - Travis Gerding, 2nd (53-10)

Discus

2002 - Raigo Toompuu, 1st (175-2)
 2003 - Raigo Toompuu, 1st (170-9)
 2004 - Raigo Toompuu, 1st (183-3)
 2005 - Raigo Toompuu, 1st (192-10)
 2005 - Oliver Kilk, 3rd (165-5)
 2006 - Matt Taitt, 1st (161-7)
 2008 - Brian Soverns, 3rd (162-8)
 2010 - Brian Soverns, 2nd (175-7)

Hammer

2002 - Ryan Thomas, 2nd (154-3)
 2002 - Raigo Toompuu, 3rd (141-10)
 2003 - Ryan Thomas, 1st (162-6)
 2003 - Craig Morehead, 2nd (155-10)
 2004 - Raigo Toompuu, 2nd (173-5)
 2004 - Craig Morehead, 3rd (160-1)
 2005 - Oliver Kilk, 2nd (181-2)
 2007 - Matt Taitt, 2nd (173-7)
 2008 - Brian Soverns, 2nd (174-10)
 2008 - Matt Taitt, 3rd (173-5)
 2009 - Brian Soverns, 2nd (172-11)
 2009 - Matt Taitt, 3rd (168-11)
 2010 - Brian Soverns, 1st (193-11)
 2011 - Buddy Price, 3rd (180-7)

Javelin

2002 - Eigo Siimu, 2nd (200-6)
 2003 - Kristo Galeta, 1st (211-5)
 2004 - Kristo Galeta, 2nd (223-4)
 2004 - Raigo Toompuu, 3rd (165-11)
 2005 - Raigo Toompuu, 3rd (182-5)
 2011 - Ignacio Guerra, 1st (251-10)
 2012 - Ignacio Guerra, 1st (237-2)
 2013 - Tomas Guerra, 1st (225-3)
 2014 - Tomas Guerra, 1st (240-8)

Decathlon

1997 - Jason Neuss, 2nd (6,119 pts)

Year	Location	WKU (pts)
1992	Lafayette, La.	5 th (64)
1993	New Orleans, La.	4 th (90)
1994	Lafayette, La.	4 th (70)
1995	New Orleans, La.	4 th (54)
1996	New Orleans, La.	4 th (75)
1997	New Orleans, La.	4 th (106)
1998	Lafayette, La.	6 th (75)
1999	Lafayette, La.	4 th (105)
2000	Miami, Fla.	9 th (40)
2001	New Orleans, La.	9 th (27)
2002	New Orleans, La.	3 rd (127.75)
2003	Denton, Texas	1 st (171)
2004	Denton, Texas	1 st (147)
2005	New Orleans, La.	3 rd (109.50)
2006	Lafayette, La.	5 th (101)
2007	Lafayette, La.	2 nd (126.33)
2008	Denton, Texas	1 st (144)
2009	Murfreesboro, Tenn.	1 st (161)
2010	Denton, Texas	1 st (138)
2011	Murfreesboro, Tenn.	1 st (144.5)
2012	Lafayette, La.	1 st (147)
2013	Miramar, Fla.	3 rd (126)
2014	San Marcos, Texas	2 nd (138)

Men's SBC Outdoor Track Coach-of-the-Year

2003 - Dr. Curtiss Long
 2004 - Dr. Curtiss Long
 2008 - Erik Jenkins
 2009 - Erik Jenkins
 2010 - Erik Jenkins

Men's SBC Outdoor Track Most Outstanding Performer

1999 - Erik Jenkins
 2003 - Enda Grandfield (track)
 2003 - Raigo Toompuu (field)
 2004 - Raigo Toompuu (field)
 2005 - Raigo Toompuu (field)
 2008 - Gavin Smellie (track)
 2009 - Gavin Smellie (track)
 2009 - Mandhla Mgijima (co-field)
 2010 - Brian Soverns (field)
 2012 - David Mokone (track)
 2014 - Elyvonn Bailey (track)

Men's SBC Outdoor Track Freshman of the Year

2007 - Terrill McCombs
 2011 - David Mokone

Men's SBC Outdoor Track Top Point Scorer

2002 - Raigo Toompuu
 2003 - Raigo Toompuu
 2004 - Raigo Toompuu
 2005 - Raigo Toompuu
 2008 - Brian Soverns
 2009 - Gavin Smellie
 2011 - Shadrack Kipchirchir
 2012 - Joseph Chebet
 2014 - Elyvonn Bailey

USTFCCCA Men's Southeast Region Coach of Year

2014 - Erik Jenkins

USTFCCCA Women's Southeast Region Athlete of the Year

2014 - Elyvonn Bailey (track)

Men's SBC All-Time Outdoor Track & Field Team

Nick Aliwell (1994-97)
 Jonathan Brown (2002-04)
 Sean Dollman (1989-92)
 Enda Grandfield (2001-04)
 Aaron Mullins (1998-99)
 Raigo Toompuu (2002-05)

LADY TOPPER OUTDOOR ALL-SUN BELT PERFORMERS

All-Sun Belt Conference Honorees

100-Meter Dash

2004 - Shanea Wilson, 3rd (11.63)
2006 - Carita Cole, 2nd (11.75)
2006 - Shanea Wilson, 3rd (11.81)
2007 - Carita Cole, 1st (11.69)
2009 - Miaie Williams, 1st (11.57)
2010 - Miaie Williams, 2nd (11.68)
2011 - Antiquita Reed, 2nd (11.79)
2014 - Carrol Hardy, 3rd (11.44)

200-Meter Dash

2007 - Kellie Morrison, 1st (23.58)
2008 - Valerie Brown, 2nd (24.02)
2009 - Miaie Williams, 1st (23.43)
2011 - Antiquita Reed, 3rd (24.45)
2012 - Gelela Cooley, 3rd (24.28)
2014 - Carrol Hardy, 3rd (23.02)

400-Meter Dash

2007 - Valerie Brown, 3rd (54.39)
2008 - Valerie Brown, 1st (53.68)
2010 - Kellie Morrison, 3rd (55.51)
2011 - Gelela Cooley, 2nd (55.21)
2012 - Gelela Cooley, 2nd (54.76)
2013 - Gelela Cooley, 2nd (53.78)
2014 - Gelela Cooley, 1st (54.09)

800-Meter Run

1994 - Kirsten Birmelin, 1st (2:14.21)
2003 - Cara Nichols, 2nd (2:15.00)
2008 - Alecia Brown, 3rd (2:13.45)
2010 - Vasily Chemweno, 1st (2:07.81)
2011 - Vasily Chemweno, 1st (2:11.72)
2012 - Monica Akello, 1st (2:11.31)

1,500-Meter Run

1993 - Breda Dennehy, 1st (4:27.78)
1993 - Michelle Murphy, 2nd (4:32.81)
1994 - Kirsten Birmelin, 1st (4:35.33)
1997 - Patricia Dorgan, 3rd (4:43.54)
2002 - Jill Shannon, 2nd (4:39.28)
2003 - Cara Nichols, 1st (4:34.11)
2003 - Olga Cronin, 3rd (4:35.71)
2004 - Cara Nichols, 1st (4:41.55)
2004 - Nicole Jagers, 3rd (4:46.09)
2005 - Cara Nichols, 2nd (4:38.52)
2005 - Nicole Jagers, 3rd (4:42.57)
2006 - Nicole Jagers, 2nd (4:40.37)
2007 - Janet Jesang, 3rd (4:40.82)
2009 - Janet Jesang, 2nd (4:30.25)
2009 - Eimear O'Brien, 3rd (4:37.94)
2010 - Janet Jesang, 1st (4:29.90)
2010 - Vasily Chemweno, 2nd (4:34.88)
2011 - Vasily Chemweno, 1st (4:33.06)
2011 - Michelle Finn, 3rd (4:36.46)
2012 - Michelle Finn, 3rd (4:37.94)

3,000-Meter Run

1992 - Michelle Murphy, 1st (10:04.84)
1993 - Breda Dennehy, 1st (9:35.12)
1993 - Michelle Scott, 2nd (10:04.56)
1995 - Christina Brown, 2nd (10:17.96)
1998 - Patricia Dorgan, 3rd (10:36.80)
1999 - Valerie Lynch, 1st (10:10.10)
1999 - Raina Larsen, 2nd (10:12.65)
2000 - Olga Cronin, 1st (10:05.54)
2000 - Valerie Lynch, 2nd (10:07.59)
2001 - Olga Cronin, 3rd (9:53.35)

5,000-Meter Run

1992 - Michelle Murphy, 1st (17:43.85)
1995 - Christina Brown, 2nd (17:54.68)
1999 - Valerie Lynch, 1st (18:02.48)
1999 - Claire Gibbons, 3rd (18:14.86)
2000 - Valerie Lynch, 1st (17:41.47)
2001 - Olga Cronin, 2nd (17:05.51)
2002 - Olga Cronin, 1st (17:35.14)
2002 - Jill Shannon, 2nd (17:37.39)
2003 - Olga Cronin, 1st (17:30.60)
2003 - Bonita Paul, 2nd (17:43.72)
2003 - Cara Nichols, 3rd (17:47.84)
2004 - Cara Nichols, 3rd (18:27.91)
2006 - Natalie Leeper, 3rd (18:03.85)
2007 - Janet Jesang, 1st (17:20.33)
2008 - Eimear O'Brien, 1st (17:48.57)
2008 - Natalie Leeper, 3rd (17:53.32)
2009 - Eimear O'Brien, 1st (17:22.85)
2009 - Marion Kandie, 2nd (17:26.41)

2010 - Eimear O'Brien, 1st (17:38.66)
2010 - Janet Jesang, 2nd (17:38.95)
2010 - Marion Kandie, 3rd (17:39.13)
2011 - Michelle Finn, 1st (17:52.15)
2012 - Michelle Finn, 2nd (17:04.87)
2014 - Katie Lever, 2nd (17:27.16)
2014 - Lindsey Hinken, 3rd (17:29.87)

10,000-Meter Run

1997 - Christina Brown, 1st (37:33.05)
1999 - Claire Gibbons, 1st (38:57.61)
2000 - Caroline Daly, 2nd (38:08.20)
2001 - Chaye Mathfield, 3rd (37:45.94)
2003 - Bonita Paul, 1st (38:54.93)
2004 - Danah Whitley, 3rd (38:21.59)
2005 - Danah Whitley, 2nd (37:47.01)
2007 - Janet Jesang, 1st (36:32.61)
2008 - Eimear O'Brien, 1st (38:55.86)
2008 - Sarah Namara, 2nd (39:14.84)
2009 - Janet Jesang, 1st (36:41.01)
2009 - Marion Kandie, 3rd (37:53.36)
2010 - Marion Kandie, 1st (35:26.64)
2010 - Janet Jesang, 2nd (36:31.81)
2010 - Eimear O'Brien, 3rd (36:32.07)
2014 - Lindsey Hinken, 2nd (36:10.15)
2014 - Katie Lever, 3rd (36:33.55)

400-Meter Hurdles

1995 - Michelle Harris, 3rd (1:02.75)
2012 - Irma Maciukaite, 3rd (1:01.20)

3,000-Meter Steeplechase

2002 - Olga Cronin, 2nd (11:06.28)
2003 - Olga Cronin, 1st (11:08.43)
2003 - Cara Nichols, 3rd (11:24.13)
2004 - Cara Nichols, 2nd (11:33.60)
2004 - Emily Leeper, 3rd (11:42.38)
2005 - Natalie Leeper, 3rd (11:14.20)
2006 - Natalie Leeper, 2nd (11:12.79)
2006 - Emily Leeper, 3rd (11:20.79)
2007 - Natalie Leeper, 1st (10:49.14)
2008 - Natalie Leeper, 2nd (11:04.24)
2008 - Ashley Moore, 3rd (11:36.41)
2010 - Michelle Finn, 1st (10:59.54)
2010 - Rachel Friedman, 3rd (11:26.24)
2011 - Michelle Finn, 2nd (10:37.43)
2012 - Michelle Finn, 1st (10:18.85)

4x100-Meter Relay

2004 - WKU, 2nd (46.30)
(Smith, Wilson, Maunsell, Porter-Talbert)
2005 - WKU, 1st (44.81)
(Akojie, Wilson, Cole, Porter-Talbert)
2006 - WKU, 1st (45.27)
(Akojie, Wilson, Cole, A. Brown)
2007 - WKU, 1st (45.36)
(Akojie, V. Brown, Cole, Morrison)
2008 - WKU, 1st (45.34)
(Akojie, Morrison, Williams, V. Brown)
2009 - WKU, 1st (45.36)
(Williams, Morrison, Smith, Smith)
2010 - WKU, 2nd (45.13)
(Williams, Smith, Smith, Myers)
2014 - WKU, 1st (44.92)
(Hardy, Agwunobi, Cooley, Akachukwu)

4x400-Meter Relay

2006 - WKU, 3rd (3:43.27)
(Hammond, Akojie, Wilson, A. Brown)
2012 - WKU, 3rd (3:47.14)

Pole Vault

2001 - Christy Green, 3rd (9-11.25)
2011 - Anna Zhidkova, 3rd (12-2)
2012 - Karleigh Parker, 1st (11-8)
2013 - Karleigh Parker, 2nd (12-3)
2014 - Karleigh Parker, 2nd (12-2.75)

High Jump

2014 - Sandra Akachukwu, 3rd (5-7.25)

Long Jump

1994 - Michelle Harris, 2nd (18-11.75)
2009 - Sharika Smith, 3rd (19-9)
2011 - Antiquita Reed, 2nd (20-7.25)
2012 - Jade Nimmo, 3rd (19-10.25)
2013 - Sharika Smith, 2nd (20-4)
2014 - Chioma Agwunobi, 3rd (20-5.25)

Triple Jump

2010 - Sharika Smith, 2nd (41-10.75)
2013 - Sharika Smith, 1st (43-5.25)
2014 - Ana Camargo, 2nd (42-4.75)

Shot Put

2006 - Courtney Wood, 3rd (46-4.75)
2009 - Felicia Yearwood, 2nd (48-4.50)
2010 - Monteka Flowers, 3rd (46-9.50)
2011 - Monteka Flowers, 2nd (47-5)
2012 - Monteka Flowers, 1st (49-7.75)
2013 - Jessica Ramsey, 1st (52-0.5)
2014 - Jessica Ramsey, 1st (55-9)
2014 - Lexia Robinson, 3rd (48-1.75)

Discus

2003 - Erin Greunke, 3rd (152-11)
2004 - Erin Greunke, 3rd (142-4)
2005 - Courtney Wood, 1st (144-0)
2006 - Sarah Lambrecht, 3rd (137-0)
2011 - Monteka Flowers, 2nd (158-5)
2012 - Monteka Flowers, 2nd (167-9)
2013 - Satrina Oliveira, 2nd (163-0)
2014 - Jessica Ramsey, 1st (172-3)

Hammer

2003 - Misty Hair, 3rd (141-7)
2004 - Angie Gardner, 3rd (147-6)
2005 - Courtney Wood, 3rd (160-8)
2006 - Courtney Wood, 1st (170-1)
2006 - Angie Gardner, 3rd (161-10)
2007 - Courtney Wood, 2nd (175-4)
2008 - Sarah Lambrecht, 1st (184-4)
2010 - Monteka Flowers, 3rd (169-11)
2011 - Laura Igaune, 1st (208-7)
2011 - Monteka Flowers, 2nd (179-4)
2012 - Monteka Flowers, 1st (200-9)
2013 - Jessica Ramsey, 3rd (169-7)
2014 - Jessica Ramsey, 1st (201-7)

Javelin

1995 - Selina Campbell, 1st (122-11)
1997 - Selina Campbell-Blick, 1st (133-5)

Heptathlon

2005 - Jessica Delaunay, 3rd (4,491 pts)
2006 - Jessica Delaunay, 3rd (4,615 pts)
2007 - Jessica Delaunay, 2nd (4,927 pts)
2007 - Heather Hammond, 3rd (4,874 pts)
2008 - Jessica Delaunay, 2nd (4,756 pts)
2009 - Jantelle McNeil, 3rd (4,679 pts)

Year	Location	WKU (pts)
1992	Lafayette, La.	6 th (29)
1993	New Orleans, La.	4 th (73)
1994	Lafayette, La.	5 th (62)
1995	New Orleans, La.	6 th (61)
1996	New Orleans, La.	10 th (29)
1997	New Orleans, La.	8 th (45)
1998	Lafayette, La.	9 th (34)
1999	Lafayette, La.	6 th (75)
2000	Miami, Fla.	7 th (71)
2001	New Orleans, La.	9 th (43)
2002	New Orleans, La.	8 th (63½)
2003	Denton, Texas	2 nd (125)
2004	Denton, Texas	4 th (109)
2005	New Orleans, La.	4 th (119)
2006	Lafayette, La.	1 st (141½)
2007	Lafayette, La.	1 st (143)
2008	Denton, Texas	1 st (143)
2009	Murfreesboro, Tenn.	1 st (153)
2010	Denton, Texas	1 st (175)
2011	Murfreesboro, Tenn.	1 st (147)
2012	Lafayette, La.	2 nd (117)
2013	Miramar, Fla.	4 th (87)
2014	San Marcos, Texas	1 st (173)

Women's SBC Outdoor Track

Coach-of-the-Year

2006 - Dr. Curtiss Long
2007 - Dr. Curtiss Long
2008 - Erik Jenkins
2009 - Erik Jenkins (co)
2010 - Erik Jenkins
2011 - Erik Jenkins
2014 - Erik Jenkins

Women's SBC Outdoor Track

Most Outstanding Performer

2003 - Olga Cronin (track)
2012 - Monteka Flowers (field)
2013 - Jessica Ramsey (field)
2014 - Jessica Ramsey (field)

Women's SBC Outdoor Track

Freshman of the Year

2007 - Kellie Morrison

Women's SBC Outdoor Track

Top Point Scorer

2003 - Cara Nichols
2007 - Janet Jesang

USTFCCCA Women's

Southeast Region

Assistant Coach of Year

2014 - Ashley Muffet-Duncan

USTFCCCA Women's

Southeast Region Athlete

of the Year

2014 - Jessica Ramsey (field)

Women's SBC All-Time Outdoor Track & Field Team

Selina Campbell-Blick (1995-98)
Olga Cronin (2000-03)
Breda Dennehy (1990-91, 93)
Valarie Lynch (1997-00)
Michelle Murphy (1990-93)
Cara Nichols (2002-05)

WKU REGIONAL QUALIFIERS SINCE 2000

2003 - Columbus, Ohio

Jonathan Brown – 100m, 200m
Olga Cronin – 5,000m
Kristo Galeta – Javelin
Enda Grandfield – 5,000m
Erin Greunke – Discus
Cara Nichols – 1,500m
Bonita Paul – 5,000m
Ryan Thomas – Hammer
Raigo Toompuu – Shot Put, Discus

2004 - Baton Rouge, La.

Jonathan Brown – 4x100, 100m, 200m
Jeremy Chandler – 4x100
Brad Eickhoff – 4x100
Kristo Galeta – Javelin
Dennis Mitchell – 4x100, 100m
Cara Nichols – 1,500m
Tiffany Porter-Talbert – 100m
Raigo Toompuu – Shot Put, Discus
Shanea Wilson – 100m

2005 - Bloomington, Ind.

Temí Akojie – 4x100
Jason Browhow – 110m Hrdls, 400m Hrdls
Carita Cole – 4x100
Jessica Delaunay – Triple Jump
Vallery Delaunay – Triple Jump
Oliver Kilk – Discus
Dennis Mitchell – 100m
Tiffany Porter-Talbert – 4x100
Raigo Toompuu – Shot Put, Discus
Shanea Wilson – 4x100
Courtney Wood – Discus

2006 - Knoxville, Tenn.

Temí Akojie – 4x100, 4x400
Jason Browhow – 100m Hrdls, 400 Hrdls
Alecia Brown – 4x100, 4x400, 400m
Carita Cole – 4x100
Jessica Delaunay – Triple Jump
Heather Hammond – 4x400
Matt Taitt – Discus
Shanea Wilson – 4x100, 4x400, 100m
Steve Wilson – Long Jump
Courtney Wood – Hammer

2007 - Columbia, Mo.

Temí Akojie – 4x100
Jason Browhow – 110m Hrdls, 400m Hrdls
Alecia Brown – 4x100, 4x400, 400m
Valerie Brown – 4x100, 4x400, 200m, 400m
Carita Cole – 4x100, 100m
Jessica Delaunay – Triple Jump
Raymond Diogo – 4x100
Heather Hammond – 4x400
Janet Jesang – 5,000m
Bethuel Kiplagat – 4x400
Natalie Leeper – Steeplechase
Terrill McCombs – 4x100, 4x400, 200m, 400m
Mandhla Mjijima – Long Jump, 4x100
Kellie Morrison – 4x100, 4x400, 200m
Gavin Smellie – 4x100, 4x400, 200m, 400m
Steve Wilson – Long Jump

2008 - Fayetteville, Ark.

Temí Akojie – 4x100
Derrius Brooks – 4x100
Alecia Brown – 4x400, 400m
Valerie Brown – 4x100, 4x400, 200m, 400m
Asa Dew – Triple Jump
Janet Jesang – 5,000m
Sarah Lambrecht – Hammer
Alexander Larin – 4x100, 4x400
Natalie Leeper – Steeplechase
Terrill McCombs – 4x100, 4x400, 200m, 400m
Romaine McKay – 4x400
Mandhla Mjijima – Long Jump, 4x100
Kellie Morrison – 4x100, 4x400, 200m, 400m
Eimear O'Brien – 5,000m
Gavin Smellie – 4x100, 4x400, 100m, 200m, 400m
Brian Soverns – Shot Put, Discus
Miaie Williams – 4x100, 4x400, 100m
Steve Wilson – 4x100

2009 - Louisville, Ky.

Alecia Brown – 4x400, 400m
Jeremy Evans – High Jump
Monique Harris – 4x400
Janet Jesang – 5,000m
Ennis Jones – 4x400
Sarah Lambrecht – Hammer
Alexander Larin – 4x400
Terrill McCombs – 4x100, 4x400, 200m, 400m
Romaine McKay – 4x400, 400m
Mandhla Mjijima – Long Jump, Triple, 4x100
Kellie Morrison – 4x100, 4x400
Eimear O'Brien – 5,000m
Gavin Smellie – 4x100, 4x400, 100m, 200m
Samantha Smith – Long Jump, 4x100, 4x400
Sharika Smith – Long, Triple Jump, 4x100
Brian Soverns – Discus
Matt Taitt – Shot Put
Miaie Williams – 4x100, 4x400, 100m, 200m
Steve Wilson – 4x400
Tory Womack – 4x100
Felicia Yearwood – Shot Put

2010 - Greensboro, N.C.

Derrius Brooks – 4x100
Vasity Chemweno – 800m
Patrick Cheptoek – 10,000m
Tom Chouquet – 4x400
Monteka Flowers – Discus, Hammer
Kendall Gregory – 4x400
Janet Jesang – 5,000m
Ennis Jones – 4x400
Marion Kandie – 5,000m
Andrejs Maskancevs - Long, Triple
Terrill McCombs – 200m, 400m, 4x100, 4x400
Kellie Morrison – 4x100
Shaycoya Myers – 4x100
Deus Rwaheru – 5,000m, 10,000m
Dante Sales – 100m
Samantha Smith – 100m hurdles, 4x100
Sharika Smith – Long Jump, Triple Jump
Brian Soverns – Discus, Hammer
Gavin Smellie – 200m
Miaie Williams – 100m, 4x100
Andre Wise – 4x100
Tory Womack – 200m, 4x100

2011 - Bloomington, Ind.

Toms Andersons – Long Jump
Vasity Chemweno – 800m
Karlis Daube – 110m hurdles
Michelle Finn – Steeplechase
Monteka Flowers – Discus, Hammer
Ignacio Guerra – Javelin
Laura Igaune – Hammer
Shadrack Kipchirchir – 5,000m, 10,000m
David Mokone – 1,500m
Marcus Pope – 400m hurdles

2012 - Jacksonville, Fla.

Joseph Chebet - 5,000m
Kyle Chettleburgh - Steeplechase
Gelela Cooley - 200m, 400m
Karlis Daube - 400m Hurdles
Michelle Finn - Steeplechase
Monteka Flowers - Discus, Hammer
Ignacio Guerra - Javelin
Cyrus Johnson - High Jump, Triple Jump
David Mokone - 800m
Jade Nimmo - Long Jump
Marcus Pope - 110m Hrdls, 400m Hrdls
Deus Rwaheru - 5,000m, 10,000m

2013 - Greensboro, N.C.

Elvyonn Bailey - 400m, 4X400
Ana Camargo - Triple Jump
Chris Chamness - 400m, 4X400
Joseph Chebet - 10,000m
Gelela Cooley - 400m
Tomas Guerra - Javelin
Derrick Hill - High Jump
Kamohelo Mangojeane - 400m hurdles
David Mokone - 800m
Satrina Oliveira - Discus
Karleigh Parker - Pole Vault
Jessica Ramsey - Shot Put, Discus
Ja'Karyus Redwine - 4X400
Sharika Smith - Long Jump, Triple Jump
Marcus Winstead - 4X400

2014 - Jacksonville, Fla.

Chioma Agwunobi - Long Jump, 4X1
Sandra Akachukwu - 200m, 4X1, Long Jump
Elvyonn Bailey - 400m, 4X1, 4X4
Ana Camargo - Triple Jump
Chris Chamness - 4X400
Gelela Cooley - 400m, 4X1
Emmanuel Dasor - 100m, 4X1, 4X4
Tomas Guerra - Javelin
Carrol Hardy - 100m, 200m, 4X1
Derrick Hill - High Jump
Cyrus Johnson - High Jump, Triple Jump
Katie Lever - 10,000m
France Makabu - Triple Jump
David Mokone - 800m
Satrina Oliveira - Discus
Jessica Ramsey - Shot Put, Discus, Hammer
Ja'Karyus Redwine - 100m, 4X1
Lexia Robinson - Shot Put, Discus
Ventavius Sears - Long Jump, Triple Jump
4X1, 4X4
Marcus Winstead - Relay Alternate

WKU NATIONAL QUALIFIERS SINCE 2000

2002-03

Cross Country

Olga Cronin

Outdoor

Kristo Galeta - Javelin

2003-04

Outdoor

Jonathan Brown - 100, 200

Kristo Galeta - Javelin

Dennis Mitchell - 100m

Raigo Toompuu - Discus

2004-05

Indoor

Raigo Toompuu - Shot Put

Outdoor

Temi Akojie - 4x100

Carita Cole - 4x100

Tiffany Porter-Talbert - 4x100

Raigo Toompuu - Shot Put, Discus

Shanea Wilson - 4x100

2006-07

Outdoor

Jason Browhow - 400m IH

2007-08

Cross Country

Janet Jesang

Indoor

Alexander Larin - 4x400

Terrill McCombs - 200m, 4x400

Romaine McKay - 4x400

Gavin Smellie - 4x400

Outdoor

Alecia Brown - 4x400

Valeri Brown - 4x400

Alexander Larin - 4x400

Terrill McCombs - 400, 4x400

Romaine McKay - 4x400

Kellie Morrison - 4x400

Gavin Smellie - 200, 4x400

Miaie Williams - 4x400

2008-09

Cross Country

Janet Jesang

Indoor

Alecia Brown - 4x400

Valerie Brown - 400, 4x400

Janet Jesang - 5,000m

Samantha Smith - 4x400

Miaie Williams - 4x400

Outdoor

Janet Jesang - 5,000m

Alexander Larin - 4x400

Terrill McCombs - 4x400

Romaine McKay - 4x400

Mandhla Mjijima - Long Jump

Kellie Morrison - 4x100

Gavin Smellie - 200m, 4x400

Samantha Smith - 4x100

Sharika Smith - 4x100

Miaie Williams - 200m, 4x100

2009-10

Cross Country

Patrick Cheptoek

Janet Jesang

Indoor

Janet Jesang - 3,000m; 5,000m

Outdoor

Patrick Cheptoek - 10,000m

Tom Chouquet - 4x400

Kendall Gregory - 4x400

Ennis Jones - 4x400

Andrejs Maskancevs - Long Jump

Terrill McCombs - 4x400

Kellie Morrison - 4x100

Shaycoya Myers - 4x100

Deus Rwaheru - 5,000m

Gavin Smellie - 4x400

Samantha Smith - 4x100

Sharika Smith - 4x100

Miaie Williams - 4x100

2010-11

Cross Country

Marion Kandie

Shadrack Kipchirchir

Indoor

Sharika Smith - Long Jump, Triple Jump

Outdoor

Ignacio Guerra - Javelin

Laura Igaune - Hammer

Shadrack Kipchirchir - 10,000m

2011-12

Cross Country

Marion Kandie

Indoor

Jade Nimmo - Long Jump

Outdoor

Joseph Chebet - 5,000m

Monteka Flowers - Discus

Ignacio Guerra - Javelin

Marcus Pope - 400m Hurdles

2012-13

Cross Country

Joseph Chebet

Indoor

David Mokone - 800m

Outdoor

Elvyonn Bailey - 4X400

Chris Chamness - 4X400

Tomas Guerra - Javelin

Kamohelo Mangojeane - 400m hurdles

David Mokone - 800m

Jessica Ramsey - Discus

Ja'Karyus Redwine - 4X400

Sharika Smith - Long Jump, Triple Jump

Marcus Winstead - 4X400

2013-14

Outdoor

Chioma Agwunobi - 4X1

Sandra Akachukwu - 4X1

Elvyonn Bailey - 4x1, 4X4

Chris Chamness - 4X4

Gelela Cooley - 4X1

Emmanuel Dasor - 4X1, 4X4

Tomas Guerra - Javelin

Carrol Hardy - 4X1

France Makabu - Triple Jump

Jessica Ramsey - Shot Put, Hammer

Discus

Ja'Karyus Redwine - 4X1

Ventavius Sears - 4X1, 4X4

Marcus Winstead (Relay Alt.)

CoSIDA Academic

All-Americans

1996 Christina Brown

1997 Christina Brown

Kimberly Olson

2005 Cara Nichols

Cheyenne Carmack

2006 Kevin Dick

2007 Michael Duncan

2008 Michael Duncan

2009 Patrick Jenkins

USTFCCCA All-Academic

Cross Country Team

1995 WKU Women

1999 WKU Women

2006 WKU Men

WKU Women

2007 WKU Men

WKU Women

2011 WKU Men

WKU Women

USTFCCCA Cross Country

All-Academic Team Honorees

1997 Christine Brown

2000 Olga Cronin

2011 Varsity Chemweno

Shadrack Kipchirchir

USTFCCCA All-Academic

Track & Field Team

2006 WKU Women

USTFCCCA All-Academic

Team Honorees

2003 Olga Cronin

Erin Greunke

Cara Nichols

2006 Courtney Wood

2007 Jessica Delaunay

Heather Hammond

Kellie Morrison

Natalie Leeper

2008 Temi Akojie

Sarah Lambrecht

Natalie Leeper

Eimear O'Brien

2009 Sarah Lambrecht

Eimear O'Brien

2010 Monteka Flowers

2011 Varsity Chemweno

Michelle Finn

Monteka Flowers

Laura Igaune

Shadrack Kipchirchir

2012 Kyle Chettleburgh

Michelle Finn

Monteka Flowers

Cyrus Johnson

WKU ALL-AMERICANS

1970	Henry Jackson Bob Stollman	long jump (outdoor) discus (outdoor) **	1992	Sean Dollman Sean Dollman Eddie O'Carroll	5,000 meters (indoor) 10,000 meters (outdoor)* cross country
1971	Hector Ortiz Hector Ortiz	cross country mile (outdoor)	1995	Nick Aliwell	10,000 meters (outdoor)
1972	Nike Rose	cross country	2004	Jonathan Brown Jonathan Brown	100 meters (outdoor) 200 meters (outdoor)
1973	Emmett Briggs Chuck Eneix Chris Ridler Nick Rose Nick Rose Nick Rose Jesse Stuart Jesse Stuart	triple jump (outdoor) discus (outdoor) cross country cross country 2-mile (indoor) 3-mile (outdoor) shot put (indoor) shot put (outdoor)	2005	Raigo Toompuu	discus (outdoor)
1974	Dave Long Chris Ridler Nick Rose Nick Rose Tony Staynings Jesse Stuart Jesse Stuart	cross country cross country cross country* 3-mile (outdoor) cross country shot put (indoor) shot put (outdoor)*	2008	Alexander Larin Gavin Smellie Romaine McKay Terrill McCombs Janet Jesang	4x400m relay (indoor) 4x400m relay (indoor) 4x400m relay (indoor) 4x400m relay (indoor) cross country
1975	Nick Rose Nick Rose Nick Rose Tony Staynings Tony Staynings Tony Staynings Jesse Stuart	cross country 2-mile (indoor) 3-mile (outdoor) cross country 3-mile (indoor) steeplechase (outdoor) shot put (outdoor)	2009	Valerie Brown Janet Jesang Janet Jesang Gavin Smellie Janet Jesang	400 meters (indoor) 5,000 meters (indoor) 5,000 meters (outdoor) 200 meters (outdoor) cross country
1976	Chris Ridler Chris Ridler Nick Rose Tony Staynings Tony Staynings	cross country 3-mile (indoor) 2-mile (outdoor) cross country 2-mile (indoor)	2010	Andrejs Maskancevs Shadrack Kipchirchir	long jump (outdoor) cross country (Honorable Mention)
1977	Tony Staynings Tony Staynings	cross country 5,000 meters (outdoor)	2011	Ignacio Guerra Laura Igaune Shadrack Kipchirchir Sharika Smith	javelin (outdoor - 1st team) hammer (outdoor - 1st team) 10,000m (outdoor - 2nd team) long jump (indoor - 2nd team) triple jump (indoor - honorable)
1978	Donald Douglas	400 hurdles (outdoor)	2012	Ignacio Guerra Jade Nimmo Monteka Flowers Joseph Chebet Joseph Chebet Marcus Pope	javelin (outdoor - 1st team) long jump (indoor - 2nd team) discus (outdoor - 2nd team) 5,000m (outdoor - honorable) 400m hurdles (outdoor - honorable)
1979	Larry Cuzzort Larry Cuzzort Dave Long Gayle Harris Watkins	cross country 2-mile (indoor) 3-mile (indoor) long jump (outdoor)*	2013	Tomas Guerra Sharika Smith David Mokone David Mokone Joseph Chebet Elvyonn Bailey Chris Chamness Ja'Karyus Redwine Marcus Winstead	Javelin (outdoor - 1st team) Triple Jump (outdoor - 1st team) 800m (indoor - 2nd team) 800m (outdoor - 2nd team) cross country (Honorable Mention) 4X4 (outdoor - honorable) 4X4 (outdoor - honorable) 4X4 (outdoor - honorable) 4X4 (outdoor - honorable)
1980	Larry Cuzzort Larry Cuzzort Simon Cahill Angie Bradley	cross country 5,000 meters (outdoor) cross country long jump (outdoor)	2014	Elvyonn Bailey Chris Chamness Emmanuel Dasor Tomas Guerra Jessica Ramsey Ja'Karyus Redwine Ventavius Sears Chioma Agwunobi Sandra Akachukwu Gelela Cooley Carrol Hardy France Makabu	4X1 (outdoor - 1st Team) 4X4 (outdoor - 1st Team) 4X4 (outdoor - 1st Team) 4X1 (outdoor - 1st Team) 4X4 (outdoor - 1st Team) Javelin (outdoor - 1st Team) Shot Put (outdoor - 1st Team) Hammer (outdoor - 2nd Team) Discus (outdoor -Honorable Mention) 4X1 (outdoor - 1st Team) 4X1 (outdoor - 1st Team) 4X4 (outdoor - 1st Team) 4X1 (Honorable Mention) 4X1 (Honorable Mention) 4X1 (Honorable Mention) 4X1 (Honorable Mention) Triple Jump (Honorable Mention)
1981	Greg Wilson	triple jump (outdoor)			
1982	Steve Bridges Luby Chambul Lori Kokkola	long jump (outdoor) shot put (indoor) javelin (outdoor)			
1983	Ashley Johnson	cross country			
1984	Ashley Johnson Ashley Johnson	mile (indoor) 1,500 meters (outdoor)			
1987	Victor Ngubeni	1,000 meters (indoor)***			
1989	Sean Dollman	cross country			
1990	Sean Dollman	cross country			
1991	Sean Dollman Sean Dollman Breeda Dennehy	cross country* 10,000 meters (outdoor) cross country			

* NCAA Champion

** USTFF National Champion

*** Youngest All-American in NCAA History (17 years, 7 months)