

The subject interviewed was 23 years old, female, and and was born in Hardensberg Kentucky. She is majoring in Journalism with a minor in Business Administration. She is caucasian and her religion is Baptist. She enjoys dancing, skiing, photography, drinking, and being socially active.

For the 'flu' she recommends the following:

1. Drink Mountain Dew, Diet Coke, or orange juice.  
(If you have a chill every other day, eat a lemon on the day which you are due to have it.†066)
2. Take vitamins for the "flu".  
(1066.)
3. Put cold rags on the face and neck to coll the fever.  
(1084 To prevent chills, wet a string in turpintine and wear it around your neck.)
4. Get lots of rest for the flu'.
5. Potato soup and/or possum soup is good for the 'flu'.  
(1113 Hot onion soup (with no water after it), taken just before retiring is fine for colds.)  
(1067 To cure chills, carry an Irish potato in your pocket.)
6. Put a trash can by your bed for vomit.
7. Place a bag next to the bed for tissues.
8. An alcohol bath is good for high fever.  
(1462 To cure fever, bathe in wiskey and water.)  
(1460 Bathe person in vinegar to cure fever.)
9. Sweat person in a steam shower to break a high fever.  
(1457 To get rid of fever, wrap the patient in many blankets and he will "sweat the fever off".)  
(1458 Keep hot water bags around a person to cure a fever.)
10. Eat jellow and icecream to soothe a sore throat.
11. Wear warm clothes when you have the "flu".  
(1138 Wear red flannel underclothes to keep off colds in the winter.)

\*That in parenthesis was taken from the Brown collection.