Table 1. *Descriptive Statistics for PPT and VJT*

|  |  |  |  |
| --- | --- | --- | --- |
| **CC**  **PJ** | 23.25 ± 8.24  19.29 ± 6.31 | 23.22 ± 7.98  20.98 ± 9.60 | 22.54 ± 6.65  20.56 ± 5.04 |
| **CC** | 19.83 ± 10.42 | 24.93 ± 16.01 | 22.25 ± 6.25 |
| **PJ** | 17.07 ± 6.46 | 20.14 ± 9.70 | 20.56 ± 5.10 |

# Time Group PPT-RF (lbf) PPT-BF (lbf) VJ (in) PRE

**POST**

PPT-RF: Pain pressure threshold in rectus femoris and PPT-BF: Pain pressure threshold in biceps femoris.