

Table for *Braun, M.* Glycemic Control Following Nordic Ski Training.

Condition	Pre	20 min	40 min	60 min	80 min	AUC
CON	86.09 ± 2.2	133.05±3.7	130.09±4.9	116.29±2.9	104.43±3.0	9493
VOL	85.29±2.3	122.76±5.2	130.76±5.3	111.14±5.1	94.10±3.0	9087
HI	81.33±3.1	127.71±3.8	125.43±3.6	101.14±3.8	92.62±3.1	8825*